# Covariance Matrix Adaptation - Evolution Strategy: A summary

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#### 1. Introduction

The Covariance Matrix Adaptation - Evolution Strategy (CMA-ES) is a global and black-box optimization algorithm. It is a randomized black-box search algorithm as it samples evaluation points from a distribution conditionned with the previous parameters. This kind of algorithm is detailed in Algorithm 1. CMA-ES uses a multivariate Gaussian as the sampling distribution  $\mathcal{N}(m,C)$ . The authors made this choice as, given the variances and covariances between components, the normal distribution has the largest entropy in  $\mathbb{R}^d$ . To goal is to find how update the mean and covariance matrix of this distribution to minimize the trade-off between finding a good approximation of the optimum and evaluate the objective function as few times as possible. In this small paper, we will present the ideas behind CMA-ES. For more details, see (Hansen 2023). Throughout this paper, we will suppose that the objective function is to be maximized.

For q in 1...k:

- 1. Let  $d_{\theta}$  a distribution on  $\mathcal{X}$  parametrized by  $\theta$ ;
- 2. Sample  $\lambda$  points:  $(x_i)_{1 \le i \le \lambda} \sim d_{\theta_i}$ ;
- 3. Evaluate the points:  $f((x_i)_{1 \le i \le \lambda})$ ;
- 4. Update the parameters  $\theta_{i+1}=F(\theta_i,(x_1,f(x_1)),...,(x_\lambda,f(x_\lambda)))$ . Algorithm 1: Black-box search algorithm.

# 2. Update the mean

In the CMA Evolution Strategy, the  $\lambda$  points are sampled from a multivariate Gaussian distribution which writes:

$$\left(x_i^{(g)}\right)_{1\leq i\leq \lambda} \sim m^{(g)} + \sigma^{(g)} \mathcal{N}\left(0, C^{(g)}\right), \tag{1}$$

where g is the generation number,  $m^{(g)}$  is the mean vector,  $\sigma^{(g)}$  is the "overall" standard deviation and  $C^{(g)}$  is the covariance matrix. It is equivalent to say that  $x_i^{(g)} \sim \mathcal{N}\left(m^{(g)}, (\sigma^{(g)})^2 C^{(g)}\right)$ .

To update the mean, we begin by selecting the  $\mu$  best points, i.e.:

$$f\Big(x_1^{(g)}\Big) \geq \ldots \geq f\Big(x_{\mu}^{(g)}\Big) \geq f\Big(x_{\mu+1}^{(g)}\Big) \geq \ldots f\Big(x_{\lambda}^{(g)}\Big). \tag{2}$$

We introduce the index notation  $i:\lambda$ , denoting the index of the i-th best point. The mean at generation g+1 becomes a weighted average of those points:

$$m^{(g+1)} = m^{(g)} + c_m \sum_{i=1}^{\mu} w_i (x_{i:\lambda} - m^{(g)}), \tag{3}$$

where:

$$\sum_{i=1}^{\mu} w_i = 1, \quad w_1 \ge \dots \ge w_{\mu} \ge 0, \tag{4}$$

and  $c_m$  is a learning rate, usually set to 1. In that case, Eq. 3 simply becomes:

$$m^{(g+1)} = \sum_{i=1}^{\mu} w_i x_{i:\lambda}.$$
 (5)

The choice of the weights is crucial in CMA-ES as they represent the trade-off between exploration and exploitation. To do so, we define the quantity  $\mu_{\rm eff}$  as:

$$\mu_{\text{eff}} = \left(\frac{\|w\|_1}{\|w\|_2}\right)^2 = \frac{\left(\sum_{i=1}^{\mu} |w_i|\right)^2}{\sum_{i=1}^{\mu} w_i^2} = \frac{1}{\sum_{i=1}^{\mu} w_i^2}.$$
 (6)

From Eq. 4, one can easily derive  $1 \leq \mu_{\rm eff} \leq \mu$ , the latter happens when all the weights are equal, i.e.  $\forall 1 \leq i \leq \mu, w_i = \frac{1}{\mu}$ .  $\mu_{\rm eff}$  quantize the loss of variance due to the selection of the best points. According to the author,  $\mu_{\rm eff} \approx \frac{\lambda}{4}$  indicates a reasonable choice of  $w_i$ . A simple and decent way to achieve that is to set  $w_i \propto \mu - i + 1$  (see 4.1). Choosing  $c_m < 1$  can work well on noisy function. However, the step-size  $\sigma$  is roughly proportional to  $\frac{1}{c_m}$  and thus, with a too small  $c_m$ , the search would moves away from the current region of relevance.

## 3. Update the covariance matrix

To update the covariance matrix, we need to estimate it using the points  $(x_i)_{1 \le i \le \lambda}$ . In this section, we assume  $\sigma = 1$  for simplicity. If  $\sigma \ne 1$ , one can simply rescale the covariance matrix by  $\frac{1}{\sigma^2}$ . If we have enough sample, one can use the empirical covariance matrix:

$$C_{\text{emp}}^{(g+1)} = \frac{1}{\lambda - 1} \sum_{i=1}^{\lambda} \left( x_i^{(g+1)} - \frac{1}{\lambda} \sum_{i=1}^{\lambda} x_i^{(g+1)} \right) \left( x_i^{(g+1)} - \frac{1}{\lambda} \sum_{i=1}^{\lambda} x_i^{(g+1)} \right)^{\top}. \tag{7}$$

A different would be to use the real mean  $m^{(g+1)}$  computed before instead of the empirical mean:

$$C_{\lambda}^{(g+1)} = \frac{1}{\lambda} \sum_{i=1}^{\lambda} \left( x_i^{(g+1)} - m^{(g+1)} \right) \left( x_i^{(g+1)} - m^{(g+1)} \right)^{\top}. \tag{8}$$

Both are unbiaised estimators of the covariance matrix. However, they do not influence the search towards the direction of the  $\mu$  best points. To do so, one can use the same weighted selection as in Eq. 3 .

$$C_{\mu}^{(g+1)} = \sum_{i=1}^{\mu} w_i \left( x_{i:\lambda}^{(g+1)} - m^{(g)} \right) \left( x_{i:\lambda}^{(g+1)} - m^{(g)} \right)^{\top}. \tag{9}$$

This last estimator tends to reproduce the current best points and thus allows a faster convergence. However, this estimation method requires a lot of samples and  $\mu_{\text{eff}}$  must be large enough to be reliable. The author suggests another method to estimate  $C^{(g+1)}$  that tackles these two issues, the  $rank-\mu$  method.

#### 3.1. Rank- $\mu$ method

As stated before, for Eq. 9 to be a reliable estimator, one need a lot of sample, as ideally  $\mu_{\rm eff} \approx \frac{\lambda}{4}$ . However, evaluate the function is often the main bottleneck of the algorithm. The author suggests

to use the  $rank-\mu$  method to estimate the covariance matrix. The idea behind this method is to use information of previous generations in the estimation of the next one:

$$C^{(g+1)} = \frac{1}{g+1} \sum_{i=0}^{g} \frac{1}{\sigma^{(i)^2}} C_{\mu}^{(i+1)}, \tag{10}$$

where  $\sigma^{(i)}$  is the step-size at generation *i*. In Eq. 10, each generation has the same weight in the estimation of the covariance matrix of the next generation. A natural idea would be to give more weight to the most recent generations through exponential smoothing:

$$C^{(g+1)} = \left(1 - c_{\mu}\right)C^{(g)} + c_{\mu}\frac{1}{\sigma^{(g)^{2}}}C_{\mu}^{(g+1)},\tag{11}$$

where  $c_{\mu} \leq 1$  is a learning rate. The author suggests that  $c_{\mu} \approx \min\left(1, \frac{\mu_{\text{eff}}}{d^2}\right)$  is a reasonable choice. Eq. 11 can be written as:

$$C^{(g+1)} = \left(1 - c_{\mu}\right)C^{(g)} + c_{\mu} \sum_{i=1}^{\mu} w_{i} y_{i:\lambda}^{(g+1)} y_{i:\lambda}^{(g+1)^{\top}}, \tag{12}$$

where  $y_{i:\lambda}^{(g+1)} = \frac{x_{i:\lambda}^{(g+1)} - m^{(g)}}{\sigma^{(g)}}$ . This method is so called  $\mathit{rank}\text{-}\mu$  as the rank of the sum of the dot products is  $\min(\mu, d)$ . Finally, the author generalizes Eq. 12 with  $\lambda$  weights that does not requires to sum to 1 nor being positive:

$$C^{(g+1)} = \left(1 - \sum_{i=1}^{\lambda} w_i c_{\mu}\right) C^{(g)} + c_{\mu} \sum_{i=1}^{\lambda} w_i y_{i:\lambda}^{(g+1)} y_{i:\lambda}^{(g+1)^{\top}}. \tag{13}$$

Usually,  $\sum_{i=1}^{\mu} w_i = 1 = -\sum_{i=\mu+1}^{\lambda} w_i$ . To emphasize the importance of  $c_{\mu}$ , the author introduce the backward time horizon  $\Delta g$ . It represent the number of generations used to encode roughly 63% of the information of the estimation of the covariance matrix of the next generation. E.g. if  $\Delta g = 10$ , it means that the 10 last generations are used to compute 63% of the information of the covariance matrix of the next generation. Indeed, Eq. 11 can be extended to:

$$C^{(g+1)} = \left(1 - c_{\mu}\right)^{(g+1)} C^{(0)} + c_{\mu} \sum_{i=0}^{g} \left(1 - c_{\mu}\right)^{g-i} \frac{1}{\sigma^{(i)^{2}}} C_{\mu}^{(i+1)}. \tag{14}$$

Therefore,  $\Delta g$  is defined by:

$$c_{\mu} \sum_{i=g+1-\Delta g}^{g} \left(1 - c_{\mu}\right) \approx 0.63 \approx 1 - \frac{1}{e}. \tag{15}$$

One can solve this equation to find  $\Delta g \approx \frac{1}{c_{\mu}}$  (see 4.2). It shows that, the smaller is  $c_{\mu}$  the more past generations are used to compute the covariance matrix.

## **Bibliography**

N. Hansen, "The CMA Evolution Strategy: A Tutorial," arXiv, 2023. Accessed: Apr. 4, 2023. [Online]. Available: http://arxiv.org/abs/1604.00772 (Comment: ArXiv e-prints, arXiv:1604.00772, 2016, pp.1-39)

### 4. Annex

**4.1.**  $\mu_{\mathrm{eff}}$  Proof. Let  $w_i = \frac{\mu - i + 1}{\sum_{i=1}^{\mu} \mu - i + 1}.$  Then:

$$\mu_{\text{eff}} = \frac{1}{\sum_{i=1}^{\mu} \left(\frac{\mu - i + 1}{\sum_{i=1}^{\mu} \mu - i + 1}\right)^{2}} = \frac{1}{\sum_{i=1}^{\mu} \left(\frac{i}{\sum_{i=1}^{\mu} i}\right)^{2}}$$

$$= \frac{1}{\sum_{i=1}^{\mu} \frac{i^{2}}{\left(\frac{\mu(\mu+1)}{2}\right)^{2}}} = \frac{1}{\frac{\mu(\mu+1)(2\mu+1)}{6\left(\frac{\mu(\mu+1)}{2}\right)^{2}}}$$

$$= \frac{6\left(\frac{\mu(\mu+1)}{2}\right)^{2}}{\mu(\mu+1)(2\mu+1)} = \frac{3\mu(\mu^{3} + 2\mu^{2} + \mu)}{2(2\mu^{3} + 3\mu^{2} + \mu)}$$

$$= \frac{3\mu(1+\mu)}{2(1+2\mu)} \approx \frac{3\frac{\lambda}{2}\left(1+\frac{\lambda}{2}\right)}{2(1+\lambda)}$$

$$= \frac{\frac{3\lambda^{2} + 6\lambda}{2}}{4(1+\lambda)} = \frac{3\lambda(2+\lambda)}{8(1+\lambda)}$$

$$\approx \frac{3\lambda}{8}.$$
(16)

**4.2.**  $\Delta g$ 

Proof.

$$\begin{split} c_{\mu} \sum_{i=g+1-\Delta g}^{g} \left(1-c_{\mu}\right)^{g-i} &= c_{\mu} \left(\left(1-c_{\mu}\right)^{\Delta g-1} + \left(1-c_{\mu}\right)^{\Delta g-2} + \ldots + \left(1-c_{\mu}\right)^{0}\right) \\ &= c_{\mu} \sum_{i=0}^{\Delta g-1} \left(1-c_{\mu}\right)^{i} \\ &= c_{\mu} \frac{\left(1-c_{\mu}\right)^{0} - \left(1-c_{\mu}\right)^{\Delta g}}{1-\left(1-c_{\mu}\right)} \\ &= c_{\mu} \frac{1-\left(1-c_{\mu}\right)^{\Delta g}}{c_{\mu}} = 1 - \left(1-c_{\mu}\right)^{\Delta g}. \end{split} \tag{17}$$

Thus, the problem becomes to find  $\Delta g$  such that  $1-\left(1-c_{\mu}\right)^{\Delta g}\approx 0.63\approx 1-\frac{1}{e}$ :

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$$1 - \left(1 - c_{\mu}\right)^{\Delta g} = 1 - \frac{1}{e}$$

$$\Leftrightarrow \left(1 - c_{\mu}\right)^{\Delta g} = e^{-1}$$

$$\Leftrightarrow \Delta g \ln\left(1 - c_{\mu}\right) = -1$$

$$\Leftrightarrow \Delta g = -\frac{1}{\ln\left(1 - c_{\mu}\right)} \approx \frac{1}{c_{\mu}} \text{(using Taylor's expansion of order 1)}.$$
(18)