Old School Notebook

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There are 19 pages of content, with 19 unique dates.

I tried to keep each day for the thought journal to one page with notes that I could refer to If I wanted to find a specific piece of information in the future.

I had 17 different quotes and 16 reflections, I was missing a reflection because I do not think that we had One for the day one post (very first one).

I took quick notes for every single one of those days. Less on days that I understood the content well

And more on the days that I was struggling a little with it. I tried to keep most of my notes to important

Topics and specific times/ places to look for deeper information.

I tried to continue the same path that we had going before you "took the training wheels off" I kept
Getting quotes and reflecting on what was discussed as well and wrote the same type of notes that I had
Been writing, short with references to places/times I can get deeper information on that topic. As well
As discussing important topics in the notes, themselves.