aws summit

INDIA | MAY 25, 2023

AIMI 006

Building a virtual continuous glucose monitor and Indian food detector using AI & ML on AWS

Abhijit Khasnis (he/him) Vice President, Engineering HealthifyMe Kousik Rajendran (he/him)
Principal Solutions Architect
AWS India

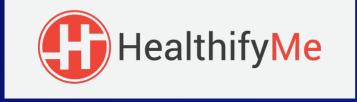


Agenda

- About HealthifyMe
- AIML for good
- Snap food detection feature
- Virtual Continuous Glucose Monitoring (CGM)
- Way forward



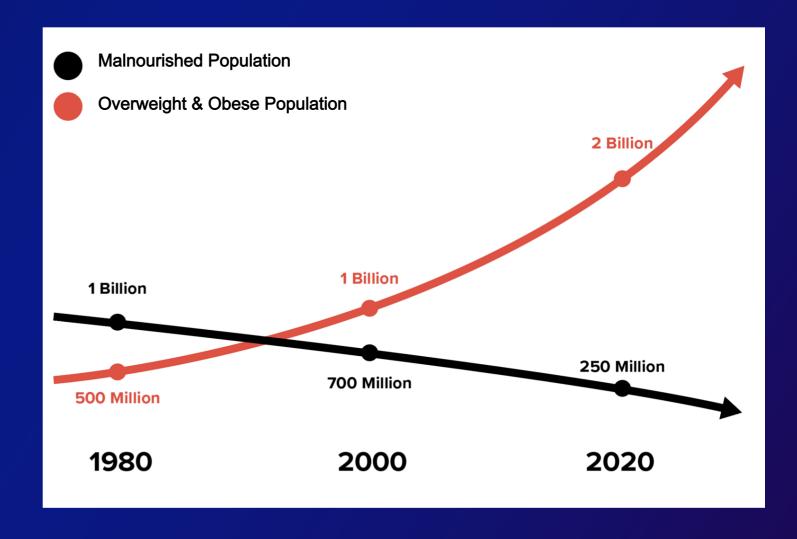
"Our mission is to healthify a billion."





About HealthifyMe

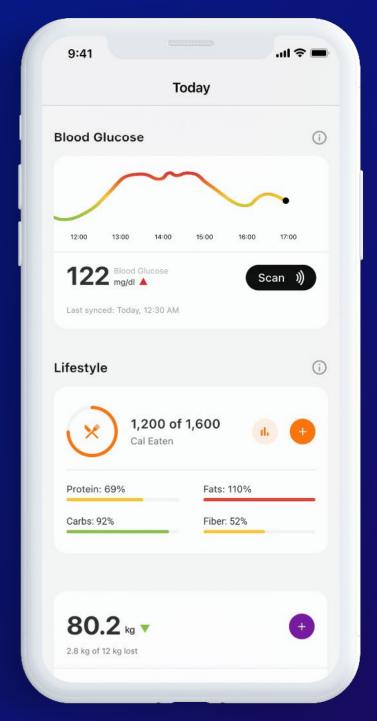
We are a behaviour change company that improves Metabolic Health by using Al & human-experts in the loop





Journey so far...

- 32 million Registered users (80% from India)
- 27M lbs Weight Lost overall
- 15% Avg. Reduction in Metabolic Markers & Lifestyle Diseases



AIML Evolution at HealthifyMe

Phase 1: AI Assists Coaches



Αl

Coach

User

2016 - 2017: Jarvis Launched to assist coaches

Phase 3: Independent Al



Δ

User

2019: Healthify Smart Launched at \$5/month

Phase 2: Al Assists User



ΑI

Coach

User

2018: Ria Launched to augment coaches

Phase 4: Generative, Multimodal, Delivered AI



ΑI

User

Work in progress

AIML for good

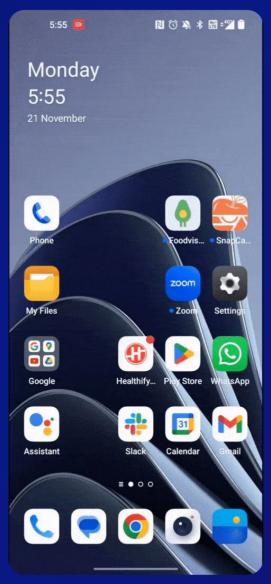


Snap

- 1. Ability to detect thousands of Indian Foods in a photo
- 2. Hosted on Amazon SageMaker
- 3. 600K+ images used to improve Indian Food Detection
- 4. Detects ~10,000 foods



A glimpse of "Snap"





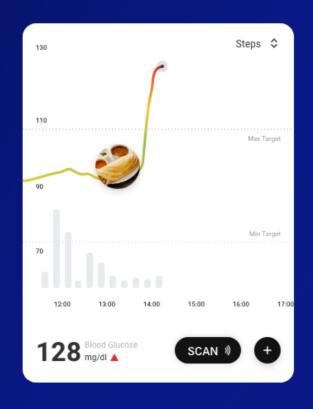
Virtual CGM

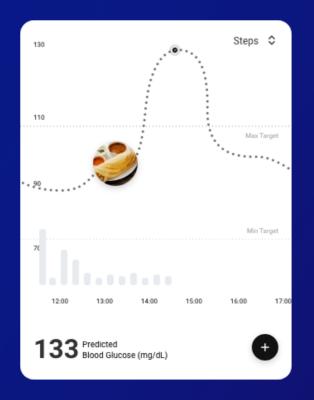
- CGM provides continuous glucose level
- CGM lasts for 14 days. The wearable is costly
- Learn from thousands of users' glucose response to various foods and predict glucose values without the CGM. Thus creating a "virtual CGM"





Virtual CGM in action





With HealthifyPro CGM

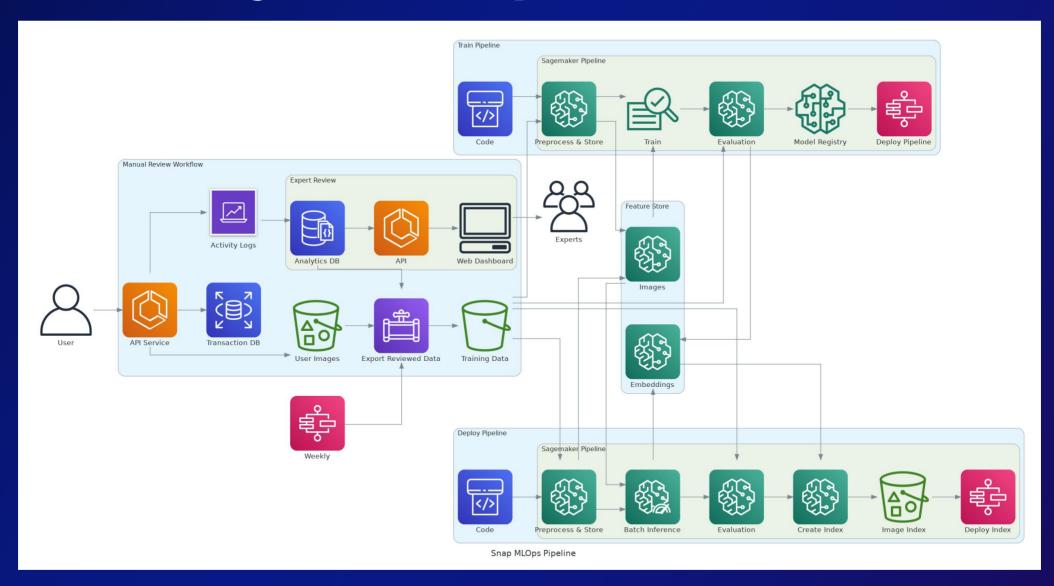
Actual Data

After HealthifyPro CGM "Virtual CGM"

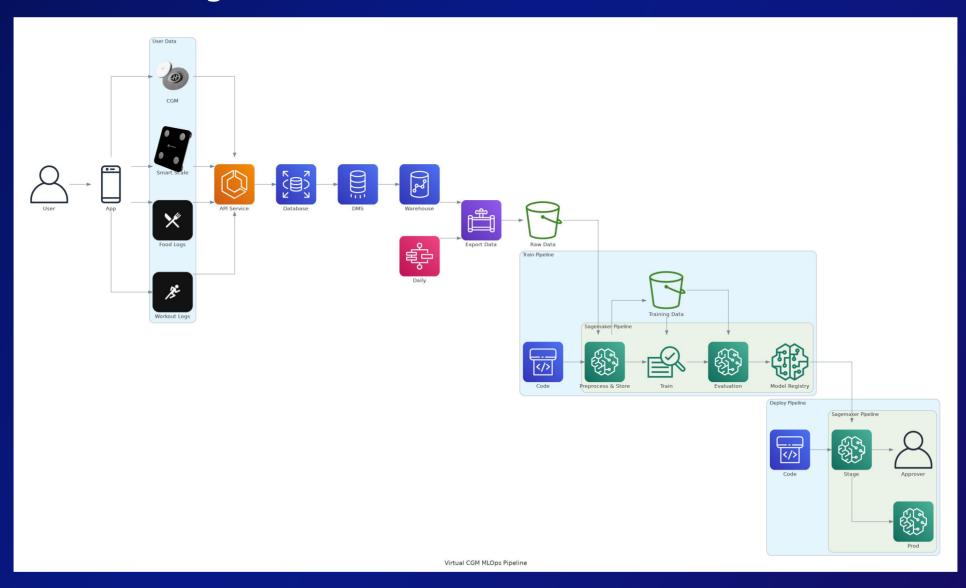
*Simplified illustrative information. Not for medical purpose



How Healthify built Snap



How Healthify built Virtual CGM



Other AI/ML use cases in pipeline

"Delivered AI" - AI+Humans delivering full value to users

- a. Automated Chat Prompts/Reactions
- b. Natural language interaction with structured information (diet plans etc.)





Your time is now

Build in-demand cloud skills your way



Thank you!



Please complete the session survey

Kousik Rajendran (he/him) Principal Solutions Architect AWS India Abhijit Khasnis (he/him) Vice President, Engineering HealthifyMe

