

1

ask someone out 约会

英文含义: invite on a date

适合话题: leisure time and relaxing

例句: I will **ask** my best friend **out** to go shopping on weekends.

2

ask around 到处打听

英文含义: ask many people the same question

适合话题: travel

例句: People used to **ask around** when they go to a new place.

3

back someone up 支持

英文含义: support

适合话题: friends and family

例句: My wife **backed** me **up** over my decision to quit my job.

4

blow up 夸大

英文含义: exaggerate

适合话题: newspaper

例句: Newspapers sometimes will **blow up** the story.

5

blow something up 往...里面充气

英文含义: add air

适合话题: leisure time and relaxing

例句: We have to **blow** 50 balloons **up** for the party.

6

break down 出故障

英文含义: stop functioning (vehicle, machine)

适合话题: travel

例句: Our car **broke down** at the side of the highway in the snowstorm.

7

break down 情绪失落

英文含义: get upset

适合话题: gifts

例句: Some people may **break down** if they have not received birthday gifts.

8

break something down 分解

英文含义: divide into smaller parts

适合话题: games

例句: We **break** the procedures **down** to make them understandable.

9

break-in 闯入

英文含义: force entry to a building

适合话题: illegal

例句: Any **break-ins** without owners' permission would be illegal.

10

break into something 破门而入

英文含义: enter

适合话题: wedding ceremony

例句: The bridegroom and his best men will **break into** the room at the wedding day.

11

break something in 逐渐习惯

英文含义: wear something a few times so that it doesn't look/feel new

适合话题: sports

例句: It is necessary that we **break** the sports shoes **in** before we work out.

12

break in (on sth.) 打断

英文含义: interrupt

适合话题: TV and Radio

例句: The TV station **broke in** to report the news of the president's death.

13

break up 分手

英文含义: end a relationship

适合话题: friends and family

例句: Two people are easily to **break up** if they do not have the same world outlook.

14

break up 大笑

英文含义: start laughing (informal)

适合话题: friends and family

例句: Best friends usually will **break up** when they get together.

15

break out 越狱

英文含义: escape

适合话题: TV and Radio

例句: Some people like watching the kind of TV series of **breaking out**.

16

break out in something 突然...

英文含义: develop a skin condition

适合话题: travel

例句: I **broke out in** a rash after our camping trip.

17

bring someone down 使情绪沮丧

英文含义: make unhappy

适合话题: music

例句: Blues usually **bring me down**.

18

bring someone up 养大

英文含义: raise a child

适合话题: family members

例句: My grandparents **brought me up** when I was a child.

19

bring something up 提出

英文含义: start talking about a subject

适合话题: communication

例句: My mother has no patience to listen when my father **brings up** sports.

20

bring something up 呕吐

英文含义: vomit

适合话题: travel

例句: I can not take long travel because I will **bring up** if staying too much time on the vehicle.

21

call around 询问

英文含义: phone many different places/people

适合话题: travel

例句: We should **call around** the policeman when we get lost in somewhere.

22

call someone back 回电话

英文含义: return a phone call

适合话题: interviewing

例句: I **called** the company **back** but the offices were closed for the weekend.

23

call something off 取消

英文含义: cancel

适合话题: interviewing

例句: It is rude to **call off** the appointment with the manager before the interview.

24

call on someone 询问

英文含义: ask for an answer or opinion

适合话题: study

例句: I always **call on** my professor when I have problems in my study.

25

call on someone 拜访

英文含义: visit someone

适合话题: Festival

例句: I will **call on** my teacher on Teachers' Day.

26

call someone up 打电话给...

英文含义: phone

适合话题: family

例句: I often **call up** my mother twice a week and talk about my study and life in school.

27

calm down 冷静

英文含义: relax after being angry

适合话题: film

例句: It is hard to **calm down** when I watch the horror movie.

28

cut in 打断

英文含义: interrupt

适合话题: child

例句: Children like to **cut in** their parents when they want to talk about something interesting.

29

cut in 超车

英文含义: pull in too closely in front of another vehicle

适合话题: transport

例句: It is dangerous to **cut in** others in the street.

30

not care for someone/something 关心

英文含义: not like (formal)

适合话题: reading

例句: We should **not care** too much for the grammar of the passage when we read.

31

catch up 赶上

英文含义: get to the same point as someone else

适合话题: societal changes

例句: We should try our best to **catch up** with the speed of changing technology.

32

check in 登记入住

英文含义: arrive and register at a hotel or airport

适合话题: travel

例句: We will get the hotel keys when we **check in**.

33

check out 结账离开

英文含义: leave a hotel

适合话题: travel

例句: Do not forget to **check out** when we leave the hotel.

34

check someone/Something out 考察

英文含义: look at carefully, investigate

适合话题: work

例句: The company will **check out** all new employees.

35

check out someone /something 看

英文含义: look at (informal)

适合话题: clothing

例句: People are inclined to **check out** the fashionable clothes in the market.

36

cheer up 变得高兴

英文含义: become happier

适合话题: friends and family

例句: Our parents will be **cheered up** if we call them regularly.

37

cheer someone up 使...高兴

英文含义: make happier

适合话题: friends and family

例句: Best friends can often **cheer us up** when we are together.

38

chip in 帮忙

英文含义: help

适合话题: hometown

例句: In our hometown, people often **chip in** each other to build a good relationship.

39

clean something up 打扫

英文含义: clean something up

适合话题: hobbies

例句: Some people like **cleaning up** their room when they have time.

40

come across something 突然找到

英文含义: find unexpectedly

适合话题: photo

例句: I **came across** these old photos when I was tidying the closet.

41

come apart 被拆开

英文含义: separate

适合话题: technology

例句: The camera just **came apart** the first time I used it.

42

come down with something 染上病

英文含义: become sick

适合话题: Health

例句: It is easy to **come down with** some strange illness if we do not notice hygiene.

43

come forward 自告奋勇

英文含义: volunteer for a task or to give evidence

适合话题: experience

例句: She **came forward** to be a volunteer of the Olympic games.

44

come from somewhere 来自于

英文含义: originate in

适合话题: history and arts

例句: The art of origami **comes from** Asia.

45

count on someone/something 依靠

英文含义: rely on

适合话题: family and friends

例句: I am **counting on** you to make dinner while I am out.

46

cross something out 删去

英文含义: draw a line through

适合话题: study

例句: Our composition will read better if we **cross out** these worn-out figures of speech.

47

cut back on something 减少

英文含义: consume less

适合话题: health

例句: My doctor wants me to **cut back on** sweets and fatty foods.

48

cut something down 砍倒

英文含义: make something fall to the ground

适合话题: environment

例句: We had to cut the old tree in our yard down after the storm.

49

cut in 启动

英文含义: start operating (of an engine or electrical device)

适合话题: technology

例句: The air conditioner cuts in when the temperature gets to 22° C.

50

cut something off 切断

英文含义: remove with something sharp

适合话题: experience

例句: When it is on fire, we should cut off the power at once.

51

cut something off 中断

英文含义: stop providing

适合话题: work

例句: Our parents will cut off our living expenses immediately when we begin to work.

52

cut someone off 剥夺继承权

英文含义: take out of a will

适合话题: family

例句: My grandparents cut my father off when he remarried.

53

cut something out 剪下来

英文含义: remove part of something (usually with scissors and paper)

适合话题: scissors and paper

例句: I cut this ad out of the newspaper and study it carefully.

54

do someone/something over 洗劫

英文含义: beat up, ransack

适合话题: public event

例句: He's lucky to be alive. His shop was done over by a street gang.

55

do something over 重做

英文含义: do again

适合话题: study

例句: My teacher wants me to do my essay over because she doesn't like my topic.

56

do away with something 废除

英文含义: discard

适合话题: public event

例句: It's time to do away with all of these old tax records.

57

do something up 扣紧

英文含义: fasten, close

适合话题: clothes

例句: Our parents always do our clothes up before we go out when it is snowing.

58

dress up 打扮

英文含义: wear nice clothing

适合话题: party

例句: It's a fancy party so we have to dress up.

59

drop back 落后

英文含义: move back in a position/group

适合话题: study

例句: If we do not strive, we will **drop back**.

60

drop in/by/over 顺便走访

英文含义: come without an appointment

适合话题: leisure time

例句: I might **drop in/by/over** for tea sometime this week.

61

drop someone/something off 让...下车

英文含义: take someone/something somewhere and leave them/it there

适合话题: a shopping place

例句: I have to **drop** my sister **off** at work before I go to the market.

62

drop out 退学

英文含义: quit a class, school etc

适合话题: study

例句: I **dropped out** of science because it was too difficult.

63

eat out 出去吃

英文含义: eat at a restaurant

适合话题: friends

例句: We would like to **eat out** when our friends come.

64

end up 最终

英文含义: eventually reach/do/decide

适合话题: movie

例句: We **ended up** renting the movie instead of going to the theatre.

65

fall apart 裂开

英文含义: break into pieces

适合话题: clothes

例句: My new dress **fell apart** in the washing machine.

66

fall down 落下

英文含义: fall to the ground

适合话题: child

例句: Babies often **fall down** when they are learning to walk.

67

fall out 离开

英文含义: separate from an interior

适合话题: shopping

例句: The money must have **fallen out** of my pocket.

68

fall out 脱落

英文含义: (of hair, teeth) become loose and unattached

适合话题: friends

例句: His hair started to **fall out** when he was only 35.

69

figure something out 弄明白

英文含义: understand, find the answer

适合话题: interests

例句: I need to **figure out** how to fit the piano and the bookshelf in this room.

70

fill something in 填空

英文含义: to write information in blanks, as on a form

适合话题: interview

例句: Please **fill in** the form with your name, address, and phone number.

71

fill something out 填写

英文含义: to write information in blanks, as on a form

适合话题: experiences

例句: The form must be **filled out** in capital letters.

72

fill something up 填满

英文含义: fill to the top

适合话题: hobbies

例句: I always **fill** the water jug **up** when it is empty.

73

find out 找到

英文含义: discover

适合话题: a person who helped us

例句: We don't know where he lives. How can we **find out**?

74

find something out 发现

英文含义: discover

适合话题: party

例句: We tried to keep the time of the party a secret, but Samantha **found it out**.

75

get something across/over 使...弄明白

英文含义: communicate, make understandable

适合话题: friends

例句: I tried to **get** my point **across/over** to the judge but she wouldn't listen.

76

get along/on 相处融洽

英文含义: like each other

适合话题: friends

例句: Our new roommates **get along** well with us.

77

get around 走动

英文含义: have mobility

适合话题: family members

例句: My grandfather can **get around** fine in his new wheelchair.

78

get away 度假

英文含义: go on a vacation

适合话题: travel

例句: We worked so hard this year that we had to **get away** for a week.

79

get away with something 侥幸做...

英文含义: do without being noticed or punished

适合话题: study

例句: Some people always **get away** with cheating in his math tests.

80

get back 回来

英文含义: return

适合话题: travel

例句: After five days, we **got back** home safely.

81

get something back 拿回来

英文含义: receive something you had before

适合话题: phone

例句: I finally **got** my phone **back** from the restaurant.

82

get back at someone 报复

英文含义: retaliate, take revenge

适合话题: family members

例句: My sister **got back at** me for stealing her shoes, she stole my favorite hat.

83

get back into something 重新产生兴趣

英文含义: become interested in something again

适合话题: books

例句: I finally **got back into** my novel and finished it.

84

get on something 登上

英文含义: step onto a vehicle

适合话题: travel

例句: We're going to freeze out here if you don't let us **get on** the bus.

85

get over something 康复

英文含义: recover from an illness, loss, difficulty

适合话题: teacher

例句: My professor has not **got over** yet, and we are all worrying about him.

86

get over something 克服

英文含义: overcome a problem

适合话题: study

例句: It is importance to **get over** our shortcomings to be successful.

87

get round to something 抽时间做

英文含义: finally find time to do

适合话题: graduate

例句: We should now begin to **get round to** prepare for our graduation.

88

get together 聚会

英文含义: meet (usually for social reasons)

适合话题: friends

例句: Our roommates often **get together** every three years.

89

get up 起床

英文含义: get out of bed

适合话题: study

例句: I usually **get up** early to prepare for my exam.

90

get up 起立

英文含义: stand

适合话题: seat

例句: We should **get up** and give the elderly man we seat.

91

give someone away 出卖

英文含义: reveal hidden information about someone

适合话题: friends

例句: Do not **give away** our friends because it is immoral.

92

give someone away 送...出嫁

英文含义: take the bride to the altar

适合话题: wedding

例句: Usually, father will **give** the bridegroom **away** at the wedding.

93

give something away 泄露

英文含义: ruin a secret

适合话题: experience

例句: Giving away secrets of country is illegal.

94

give something away 赠送

英文含义: give something to someone for free

适合话题: gift

例句: The library was **giving away** old books on Friday.

95

give something back 归还归还

英文含义: return a borrowed item

适合话题: borrow

例句: We need to **give back** the books we borrow from the library.

96

give in 屈服

英文含义: reluctantly stop fighting or arguing

适合话题: problem

例句: We should never **give in** to any difficulties in our study.

97

give something out 分发

英文含义: give to many people (usually at no cost)

适合话题: events

例句: Some charities will **give out** foods and clothes to the vagrant.

98

give something up 戒掉

英文含义: quit a habit

适合话题: work

例句: **Giving up** being lazy can do favor of our success.

99

give up 放弃

英文含义: stop trying

适合话题: study

例句: My math homework was too difficult so I **gave up**.

100

go after someone 追赶

英文含义: follow someone

适合话题: child

例句: Children should not **go after** each other in the street. It is dangerous.