

CAE 9

Critique Paper

SPEECH TITLE:

Grit: The Strongest Predictor of Success

SPEAKER:

Angela Duckworth


SUMMARY OF THE VIDEO:

In the video, Angela Duckworth supports her claim on how to have grit and perseverance in order to achieve success in life. Angela has spoken about her personal experience as both a teacher and a psychologist in the video. Through several years of teaching students, she drew the conclusion that what we need in education is a much deeper understanding of students and learning from motivational or psychological perceptions. She went into more details on how she began to learn and understand the difference between adults and children. Furthermore, she had theorized that grit is one of the characteristics that has emerged as a strong core factor of success. Apart from social intelligence, appearance, physical fitness, and IQ, which are the basis of education. She went on to scrutinize grit in depth and test it on a variety of students in order to prove that having grit can help you achieve your life goals. Consequently, Angela encourages the audience, particularly the youth of this generation, to adopt a growth mindset. In the end, the speaker emphasized the importance of not being afraid to fail in life.

SPEECH CONTENT:

In accordance with the topic, the speaker begins a speech by directly reminiscing about personal experiences. It has become fixated on the speaker's thoughts on how she dealt with her previous profession. She had gradually introduced the topic to the audience while discussing her previous realizations and observations.

As what we're seeing in our society today, children, particularly students, lead a solitary existence. Owing to the fact that they are skeptical of their future, of what might happen if they do not perform well in their academics. The basis of education, which is the competition of having a high IQ, oppresses students and soon-to-be adults. They are struggling to be good enough and maintain their high grades at such a young age in order to repay their parents' sacrifices for them. This speaker's effort to draw attention to the unacknowledged truth about our lives.




Emerging grit in oneself is one way to put an end to this oppression of adults and children. Grit is a personality trait expressed by people who show passion and perseverance toward a goal despite significant obstacles and distractions. According to my research, those with grit can self-regulate and defer their need for positive reinforcement while working diligently on a task. You can have a high IQ, but if you lack the dedication required to deal with the natural ups and downs of life. This means that you might just initiate project after project without finishing any of them. Seeing something through to completion is a form of grit. They are said to be deserving of such a pursuit. This appears to be a one-of-a-kind example, but IQ does not get players into the championship; persistence does.

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Perseverance, on the other hand, is closely related with grit. Perseverance is a value or character trait that enables us to keep going. It is an inner strength that enables us to disregard utterly or dismiss obstacles and continue striving toward our goals or along a desired path. It is exactly what we require in order to overcome setbacks, adversity, and criticism. It must be learned and mastered through experience. Our capabilities to persevere at a given task, quest, or journey can be gradually improved. If we have succeeded in persevering to achieve a relatively simple goal, we will find our ability to persevere at a higher level the next time it is called upon. It is likely similar to, but distinct from, resilience and determination. Perseverance is the ability to not let life get in the way of your pursuit of happiness. It is the ability to endure long periods of adversity, self-doubt, and failure.




Finally, as the saying goes, all that matters is what you become as a result of the process. One amazing lesson we learn in our endeavors is the value of perseverance.

One of the highlights of the speech is understanding how to have a growth mindset. It means that your intelligence, abilities, and characteristics can be altered with effort, strategies, and learning that you employ as well as that which others teach you. Individuals with a growth mindset outperform those with a fixed mindset. Correspondingly to what she stated in her speech. People who can channel the growth mindset are energized by the prospect of learning new things, whereas those who are stuck in the fixed mindset are content with the status quo and do not seek to leave their comfort zone.

The speech was overall very eye-opening and an inspiring speech. At the ending of her speech she stated many valid arguments with very valuable life lessons. She also stated in her speech many life lessons which are justifiable due to her being a teacher, and a psychologist which are careers that revolve around human mental capability making her arguments more valid and acceptable. Her last line which was "We need to be gritty, about making our kids grittier." in my opinion states that parents or guardians need to be passionate about making their kids more hardworking, diligent, and persevering regarding their educational matters.

DELIVERY SKILLS AND TECHNIQUES:

The skills/techniques of the speaker are to recreate sound very accurately and being confident that reflects in the way the speaker carries herself to the audience and having a good communicator when it comes to addressing a large number of people. The speaker engages her audience. This makes the speaker feel less isolated as she keeps everyone involved with her message. The speaker didn't Read from a script or slide fractures the interpersonal connection. But the speaker maintains eye contact with the audience that makes the speaker keep the focus on herself and her message to the audience. Lastly, the speaker has the passion to develop and nurture to succeed as a speaker. As the speaker connects to her audience, delivers a creative presentation that is memorable, and also persists in making the presentation as perfect as possible to convince the audience. Good delivery of the speaker is a process of presenting a clear, coherent message in an interesting way.



The worst skill of the speaker is that she didn't have a proper introduction of herself, Introduction should tell people who she is and it should encourage people to engage with the speaker. The greeting is an essential part of the speaker's Introduction because it presents both the speaker and her topic to the audience. It gives listeners a flavor of what will follow. Another is that it didn't greet the audience. Greeting is equally important, it opens up the channel of communication between the speaker and the audience. It tells them whether the speaker is going to be interesting or not.

BIAS/PREJUDICE:

The speaker spoke about the plenty of stereotypes that a person should have for a possibility to gain success, one is the IQ level. She implied that those were somehow irrelevant when reaching success because the only thing that can give a head start to that is by working hard which is having grit in any different context. The speaker didn't show bias because she spoke about her going to graduate school to become a psychologist which is good because she learned it based on facts and can be supported by studies. When she teamed with an organization to observe which person will advance higher from their own position, from that observation, that's where she found grit. She made a great statement about how grit is a power of passion and perseverance. It motivates a person to do better by working hard instead of them feeling bad about themselves because they don't acquire the standard measurement for success. From a school standpoint, she mentioned that for students to have better learning and understanding is to focus on the motivational and psychological perspectives. Everyone is intelligent at different things, many people agree on that because there are those who are good at math, science, English, etc. Sure there are geniuses at everything at some point in their lives, but in the end, they have to choose which path they should take for them to find the easiest door to success. The idea she learned about building grit is called "growth mindset", an idea developed at Stanford University by Carol Denwick which is a belief that the ability to learn is not fixed, that it can change with your effort, but our brains grow and change when we persevere through our failures. In her closing remarks, we need to be willing to fail and start again with lessons learned. Her statement isn't biased or involves prejudice because she learned and based everything from studies and experience with a reason that she doesn't favor a specific group or a person because she motivates everyone. In short, everyone can be successful in their own ways, find your head start by gaining grit.

TED TALK REVIEW:

Yes, I would recommend this video because Angela Lee Duckworth quickly realized that IQ wasn't the only thing separating successful students from those who struggled. In this video, most people learn and practice something for fun, not to develop a life-long career. Deep interest emerges with time and comes from a blend of age, real-life triggers, a period of interest development, and support from others. Owing to the fact that this Ted Talk, relates to my fellow students who are experiencing anxiety to the amount of school work that needs to be finished. It indeed triggers our minds to be smarter and to work wisely in this new normal. Us students are being always challenged to do our very best to be with honors. With this, it is like a competition to reach the average grades. Moreover, we are frustrated whenever we didn't get the high scores or grades that we aim. We are already used to this, of being expected to have good grades as always and to be at the top. This is the main reason why I would recommend this, for them to also feel relaxed and to take away their worries. To take things slowly and with freedom.

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