

# PHYS479/879

(SH1 - Two Level Atoms, Density Matrix Theory and Optical Bloch Equations)

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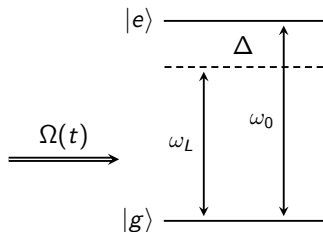
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- QM of EM-field excited two level systems
- Pauli operators
- System-bath interactions (decay/dissipation processes)
- Density operator and density matrix
- Optical Bloch equations (rotating wave approximation)
- Optical Bloch equations (no rotating wave approximation)

# Coherent dynamics of a quantum two-level system (TLS)



**Figure:** Consider a TLS interacting with a classical laser field with Rabi frequency  $\Omega(t) = \mathbf{d} \cdot \mathbf{E}(t)/\hbar$ .

“System” Hamiltonian of interest, using a dipole interaction between the field and TLS:

$$H_S = H_0 + H_{\text{Int}} = \hbar\omega_0 |e\rangle \langle e| + \hbar\Omega(t)(|e\rangle \langle g| + |g\rangle \langle e|) \quad (1)$$

# Pauli Operators

For TLSs, it is useful to use Pauli operators:

$$\sigma^+ \equiv |e\rangle \langle g| = \begin{pmatrix} 0 & 1 \\ 0 & 0 \end{pmatrix}, \sigma^- \equiv |g\rangle \langle e| = \begin{pmatrix} 0 & 0 \\ 1 & 0 \end{pmatrix}, \sigma^+ \sigma^- \equiv \sigma_{ee} = \begin{pmatrix} 1 & 0 \\ 0 & 0 \end{pmatrix}$$

$$\sigma^- \sigma^+ \equiv \sigma_{gg} = \begin{pmatrix} 0 & 0 \\ 0 & 1 \end{pmatrix}, \sigma^+ \sigma^- + \sigma^- \sigma^+ = \mathbf{1}, \sigma^+ \sigma^- - \sigma^- \sigma^+ = \sigma^z$$

Thus we can write:

$$\boxed{H_S = \hbar\omega_0\sigma^+\sigma^- + \hbar\Omega(t)(\sigma^+ + \sigma^-)} \quad (2)$$

$$\text{Rabi Frequency : } \Omega(t) \equiv \frac{\mathbf{d} \cdot \mathbf{E}(t)}{\hbar}, \quad (3)$$

where  $\mathbf{d}$  is the dipole moment (assumed real).

# TLS-Field Interaction (semiclassical - field is *classical*)

Operator for electric dipole:

$$\hat{\boldsymbol{\mu}} = -e\hat{\mathbf{x}} \quad (4)$$

Dipole matrix element for TLS (assumed real):

$$\mathbf{d}_{eg} = e \langle e | \hat{\mathbf{x}} | g \rangle = e \langle g | \hat{\mathbf{x}} | e \rangle \equiv \mathbf{d} \quad (5)$$

We can write in terms of Pauli operators:

$$\hat{\boldsymbol{\mu}} = -(\sigma^+ + \sigma^-)\mathbf{d} \quad (6)$$

Atom-field interaction Hamiltonian:

$$\boxed{H_{\text{Int}} = -\hat{\boldsymbol{\mu}} \cdot \mathbf{E}(\mathbf{r}_0) = \mathbf{d} \cdot \mathbf{E} (\sigma^+ + \sigma^-) = \hbar\Omega(t) (\sigma^+ + \sigma^-)} \quad (7)$$

Rabi frequency:

$$\Omega(t) \equiv \frac{\mathbf{d} \cdot \mathbf{E}(t)}{\hbar} \quad (8)$$

# Three common pictures of quantum mechanics

From **Wikipedia**:

## Summary comparison of evolution in all pictures [\[ edit \]](#)

For a time-independent Hamiltonian  $H_S$ , where  $H_{0,S}$  is the free Hamiltonian,

Evolution of:	Picture ( $\mathbf{V} \cdot \mathbf{T} \cdot \mathbf{E}$ )		
	Schrödinger (S)	Heisenberg (H)	Interaction (I)
Ket state	$ \psi_S(t)\rangle = e^{-iH_S t/\hbar}  \psi_S(0)\rangle$	constant	$ \psi_I(t)\rangle = e^{iH_{0,S} t/\hbar}  \psi_S(t)\rangle$
Observable	constant	$A_H(t) = e^{iH_S t/\hbar} A_S e^{-iH_S t/\hbar}$	$A_I(t) = e^{iH_{0,S} t/\hbar} A_S e^{-iH_{0,S} t/\hbar}$
Density matrix	$\rho_S(t) = e^{-iH_S t/\hbar} \rho_S(0) e^{iH_S t/\hbar}$	constant	$\rho_I(t) = e^{iH_{0,S} t/\hbar} \rho_S(t) e^{-iH_{0,S} t/\hbar}$

**Figure:** Three “pictures” of quantum dynamics.

The **interaction picture** is the most common one for describing light-matter interactions, and the dynamics of TLS, qubits (quantum bits), etc.

# Interaction Picture

For convenience when making approximations, one can use the *interaction picture* of QM, at the frame of the laser frequency ( $H_0 = \hbar\omega_L\sigma^+\sigma^-$ ).

$$\boxed{\tilde{\hat{O}}(t) = e^{iH_0t/\hbar} \hat{O}(0) e^{-iH_0t/\hbar}}, \quad (9)$$

or can obtain from  $\dot{\hat{O}} = \frac{i}{\hbar}[H_0, \hat{O}]$  (Heisenberg picture).

$$\text{Using } \mathbf{E}(t) = \frac{1}{2} \mathbf{E}_0(t) (e^{i\omega_L t} + e^{-i\omega_L t}), \quad (10)$$

we can derive

$$\boxed{\tilde{H}_S = \hbar(\omega_0 - \omega_L)\sigma^+\sigma^- + \tilde{\Omega}_0(t)[\sigma^+(1 + e^{i2\omega_L t}) + \sigma^-(1 + e^{-i2\omega_L t})]}, \quad (11)$$

with  $\tilde{\Omega}(t) = \Omega_0(t) = \mathbf{d} \cdot \mathbf{E}(t)/(2\hbar)$ , the “slowly-varying **envelope**”.

# Rotating Wave Approximation (RWA) and CW Fields

In a RWA, we neglect the fast oscillations that rotate at almost two times the TLS or laser frequency (assume average to zero), so that:

$$\boxed{\tilde{H}_S = \hbar(\omega_0 - \omega_L)\sigma^+\sigma^- + \tilde{\Omega}_0(t)(\sigma^+ + \sigma^-)} \quad (12)$$

This is expected to be valid when:

- $|(\omega_0 - \omega_L)| \ll (\omega_L + \omega_0)$  or  $|(\omega_0 - \omega_L)| \ll (\omega_L + \omega_0)$
- $|\Omega(t)| \ll \omega_0$

For a continuous wave (CW) field, then:

- $\tilde{\Omega}_0(t) = \Omega_0$  (e.g., a monochromatic laser) ,

and we have a time-independent problem! This is a huge advantage of using the interaction picture.



# Summary: Coherent System Hamiltonian for Excited TLS

Using the **common RWA**, we would solve

$$\tilde{H}_s = \hbar(\omega_0 - \omega_L)\sigma^+\sigma^- + \hbar\tilde{\Omega}(t)(\sigma^+ + \sigma^-), \quad (13)$$

where  $\tilde{\Omega}(t)$  is usually a laser pulse, such as a Gaussian time pulse:

$$\tilde{\Omega}(t) = \Omega_0 \exp(-t^2/t_p^2), \quad (14)$$

and  $t_p$  is the pulse duration.

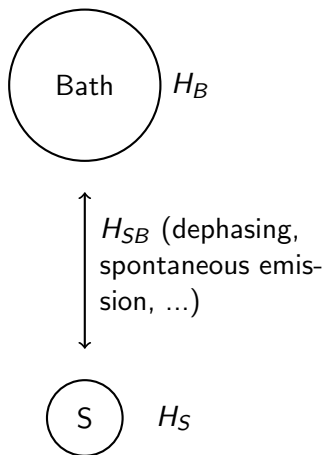
Using a **full-wave pulse** (i.e., no RWA), then we have

$$H_s = \hbar\omega_0\sigma^+\sigma^- + \hbar\Omega(t)(\sigma^+ + \sigma^-), \quad (15)$$

where  $\Omega(t)$  is a full-wave Rabi field:

$$\Omega(t) = \Omega_0 \exp(-t^2/t_p^2) \sin(\omega_L t + \phi) \quad (16)$$

# Dephasing Processes and System-Bath Interactions



In real systems, we have a complex problem to solve with many degrees of freedom:

$$H = H_S + H_B + H_{SB} \quad (17)$$

$$\begin{aligned} H_S &= \hbar\omega_0\sigma^+\sigma^- \\ H_B &= \sum_k \hbar\omega_k \hat{a}_k^\dagger \hat{a}_k \\ H_{SB} &= \sum_k \hbar g_k (\sigma^+ + \sigma^-)(\hat{a}_k^\dagger + \hat{a}_k) \end{aligned} \quad (18)$$

# Pure States versus Mixed States

- Just like we need statistical ideas on complicated classical systems (e.g., many degrees of freedom, collections of atoms), we also need statistical ideas in QM.
- The **density operator** or **density matrix** is one of the most important tools in QM that allows one to connect QM to Stat Mech, and describe realistic systems.
- **Example Pure State:**  $|\psi\rangle = a_g |g\rangle + a_e |e\rangle$ . The only randomness here is related to measurements, e.g.,  $|a_g|^2$  is the probability of measuring state  $|g\rangle$ .
- **Example Mixed State:** consider a mixture of  $|I\rangle = \frac{1}{\sqrt{2}}(|g\rangle - |e\rangle)$  (probability  $P_1$ ) and  $|II\rangle = \frac{1}{\sqrt{2}}(|g\rangle + |e\rangle)$  (probability  $P_2$ ). Then the ensemble average of an expectation value, e.g., with  $\sigma_{ee} = \sigma^+ \sigma^-$ , is

$$\langle \sigma_{ee} \rangle = P_1 \langle \psi_I | \sigma_{ee} | \psi_I \rangle + P_2 \langle \psi_{II} | \sigma_{ee} | \psi_{II} \rangle \equiv n_e \text{ (population)} \quad (19)$$

# Density Matrix or Density Operator

- Density matrix (DM):

$$\rho = \sum_j P_j |\psi_j\rangle \langle \psi_j| \quad (20)$$

– usually without a hat to stress that this is not a usual operator associated with any measurements, but rather represents a state (in general, a mixed state) for the system.

The DM is the most complete way of describing a mixed QM state, including interactions with the Baths (it is a beautiful thing!).

- Expectation of an operator:

$$\langle \hat{O}(t) \rangle = \text{Tr}[\rho(t) \hat{O}] \quad (21)$$

which works for both pure and mixed states! (Tr: Trace).

- Liouville equation:

$$\frac{\partial \rho(t)}{\partial t} = -\frac{i}{\hbar} [H, \rho(t)] \quad (22)$$

# Density Matrix for a TLS and Optical Bloch Equations

The optical Bloch equations (OBEs) are one of the most accurate and celebrated approaches to describing field interactions with TLSs:

$$\rho(t) = \begin{pmatrix} \langle \sigma^+ \sigma^- \rangle & \langle \sigma^+ \rangle \\ \langle \sigma^- \rangle & \langle \sigma^- \sigma^+ \rangle \end{pmatrix} = \begin{pmatrix} n_e & \rho_{eg} \\ \rho_{ge} & n_g \end{pmatrix}$$

This gives us the following (time-dependent) “observables”:

- Population of excited state:  $n_e(t)$
- Population of ground state:  $n_g(t) = 1 - n_e(t)$
- Coherence:  $\rho_{ge}(t) = \rho_{eg}^*(t) \equiv u(t)$
- Macroscopic optical polarization:  $\mathbf{P}(t) = Nd \langle \boldsymbol{\mu}(t) \rangle = Nd 2\text{Re}[u(t)]$   
( $N$  is TLS density); can connect this to Maxwell's equations.

# Coherent Optical Bloch Equations (RWA)

Defining  $\Delta_{0L} = \omega_0 - \omega_L$ , and using a RWA, we have

$$\tilde{H}_s = \hbar \Delta_{0L} \sigma^+ \sigma^- + \hbar \tilde{\Omega}(t) (\sigma^+ + \sigma^-) \quad (23)$$

This yields the following equations of motion:

$$\frac{du}{dt} = -i \Delta_{0L} u + i \frac{\tilde{\Omega}(t)}{2} (2n_e - 1) \quad (24)$$

$$\frac{dn_e}{dt} = -\tilde{\Omega}(t) \text{Im}[u] \quad (25)$$

which are the celebrated **OBEs (Optical Bloch Equations)**, used to describe numerous effects with two-state systems (NMR, Rabi Oscillations, Photon Echo, Self Induced Transparency, Gain, Absorption, Lasing, ...)

# Optical Bloch Equations with Dephasing (RWA)

With **polarization dephasing** only (e.g., due to “elastic” bath interactions):

$$\frac{du}{dt} = -\gamma_d u - i\Delta_{0L}u + i\frac{\tilde{\Omega}(t)}{2}(2n_e - 1) \quad (26)$$

$$\frac{dn_e}{dt} = -\tilde{\Omega}(t)\text{Im}[u] \quad (27)$$

With **spontaneous emission** (SE) processes, e.g., due to interaction with photonic baths and vacuum field fluctuations, with SE decay rate  $\gamma$ , then

$$\frac{du}{dt} = -\frac{\gamma}{2}u - i\Delta_{0L}u + i\frac{\tilde{\Omega}(t)}{2}(2n_c - 1) \quad (28)$$

$$\frac{dn_e}{dt} = -\gamma n_e - \tilde{\Omega}(t)\text{Im}[u] \quad (29)$$

# Full-Wave Optical Bloch Equations (no RWA!)

Coherent OBEs ( $u$  is now **quickly varying**):

$$\frac{du}{dt} = -i\omega_0 u + i\Omega(t)(2n_e - 1) \quad (30)$$

$$\frac{dn_e}{dt} = -2\Omega(t)\text{Im}[u] \quad (31)$$

With polarization dephasing, then:

$$\frac{du}{dt} = -\gamma_d u - i\omega_0 u + i\Omega(t)(2n_e - 1) \quad (32)$$

$$\frac{dn_e}{dt} = -2\Omega(t)\text{Im}[u] \quad (33)$$



# Some Known Analytical Solutions (RWA and Coherent)

- **CW Rabi oscillations.** Assuming:  $n_e(0) = 0$ ,  $\tilde{\Omega} = \Omega_0$ ,  $\Delta_{0L} = 0$ , then

$$\begin{aligned} n_e(t) &= \sin^2(\Omega_0 t) \\ n_g(t) &= \cos^2(\Omega_0 t) \end{aligned} \quad (34)$$

- **Pulsed Rabi oscillations and “Area Theorem”.** The pulse area:

$$A_{\text{pulse}} = \int_{-\infty}^{\infty} dt \tilde{\Omega}(t) \quad (35)$$

will produce **exactly**  $n$  Rabi cycles of the population for a  $m 2\pi$  pulse ( $m = 1, 2, 3, \dots$ ).

- A  $2\pi$  pulse will excite from the ground state to the excited state and back again (for any pulse width). This yields **temporal solitons**.