

WHY LAWN BOWLING (BOWLS) IS GROWING IN POPULARITY ACROSS THE WORLD

1. Provides people of all ages a safe and healthy way to exercise
2. A single game of bowls involves walking two & one half miles and develops strength and endurance
3. Bowls can be and is played by people from the ages of 8 to over 100. We have several members that are over 100.
4. Men, women, boys, and girls all compete on equal footing as it is a finesse sport not a power sport
5. An inexpensive sport which allows for greater participation
6. Bowls develops friendships across all income groups and professions and provides a venue for social gatherings
7. Bowls is a safe sport for our youth where head injuries don't occur
8. Bowls develops self-confidence, patience, determination, etiquette, manners & discipline. Perfect for our youth.
9. Bowls presents the opportunity to play in local & International Events Competition can be sociable at club level or highly competitive offering opportunities for enthusiasts to apply for and get on Team USA and compete Internationally.
10. Bowls develops mental acuity as there is strategy involved
11. Bowls has a rich history dating back thousands of years
12. Bowls can be played by people with disabilities and as a result is of benefit to our Veterans.