

Steps on how to prepare for an earthquake

PREPARE

Before the next big earthquake we recommend these four steps that will make you, your family, or your workplace better prepared to survive and recover quickly:

Step 1:

Secure your space by identifying hazards and securing moveable items.



Step 2:

Plan to be safe by creating a disaster plan and deciding how you will communicate in an emergency.



Step 3:

Organize disaster supplies in convenient locations.



Step 4:

Minimize financial hardship by organizing important documents, strengthening your property, and considering insurance.



SURVIVE AND RECOVER

During the next big earthquake, and immediately after, is when your level of preparedness will make a difference in how you and others survive and can respond to emergencies:

Step 5:

Drop, Cover, and Hold On when the earth shakes.



Step 6:

Improve safety after earthquakes by evacuating if necessary, helping the injured, and preventing further injuries or damage.



After the immediate threat of the earthquake has passed, your level of preparedness will determine your quality of life in the weeks and months that follow:

Step 7:

Reconnect and Restore

Restore daily life by reconnecting with others, repairing damage, and rebuilding community.

