

Disposisjon

1. Om søvn
2. Søvn og psykiatri
3. Kartlegging
4. Behandling

A dark, grainy photograph of a person with long hair sleeping on a bed. The person is lying on their side, facing away from the camera. The room is dimly lit, with a lamp visible in the background. The text "Om søvn" is overlaid in the center of the image.

Om søvn

