

Ganges Nirvana 'Common Sense' Work Contribution Tasks List



Magic can happen anywhere

Be open for the magic to happen

Tasks

Daily needs

- Bathroom

- Empty tissue bins into closed container
- Brush the feet dirt with water and the small brush
- Brush the toilet bowl with blue chemical and large brush (only as needed, be environmentally conscious)
- Wipe the sink with sponge
- Clear the drain and brush the dirt down
- No chemicals needed, superficial dirt wipe away!

Please be aware that you are using a shared bathroom. Here is a list of daily cleaning tasks. After completing the tasks, write your initials on today's date in the chart.

Thank you for helping.

[Overtone: It's only fair to pitch in]

- Living room

- Sweeping
- Mopping
- Empty ash trays
- Empty garbage bin
- Organize empty water bottles, beer cans
- Arrange couch cushions
- Arrange and organize furniture, mats, mattresses
- Dusting the book shelves and tables
- Light the incense sticks

Please be aware that if the community does not take care of the space, then the hired hands will (Pappu Dubeji, or others). Consider how the community wants to represent itself.

- Balcony

- Sweeping
- Organize and place things back where they belong indoors
- Check the soil of potted plants, if dry give water

- Massage room

- Sweeping and Mopping
- Air-out sheet
- Light incense

Encourage a clean space for effective healing work to happen. Invite in the ones who are skilled in massage and touch by providing a clean and clear space.

- The individual
 - Washing your dish
 - Wipe the floor after shower and clear hair from the drain
 - Tissue or sanitary paper only in the bin
- Personal rooms are not private
 - Daily sweeping of own room
 - Daily tidying of room so expected/unexpected people have a space to move in
Transition from the position of a forming Teenager or young adult to the position of a responsible Adult.
- Kitchen
 - General Attitude:**
 - Clean as per use “then and there”
 - Leave it better than you found it
 - Clean before sleeping so early-risers do not have a messy kitchen to wake up to ☺
 - It's nice to clean up for the people who have cooked.
 - Empty trash as needed → outside the gate in the concrete circle
 - Empty compost daily → offer to the animals, then dispose leftover in the concrete circle or in the earth if a hole is available in the garden
 - Practical:**
 - Sweeping
 - Clean counters/benches
 - Clean any remaining dishes
 - Compost old veggies from fridge
 - Wipe stove top
 - Anything else?
 - As with the living room, care for the space or the hired hands will. Consider if someone is cooking you a meal, what can you do to lend a hand? How can you make their task easier, more enjoyable, more fair?*

Weekly needs

- Bathroom
 - Mopping the floor with blue or pink chemical and either a bucket/mop or the small brush
 - Organizing the supplies and bottles
 - Scrubbing the toilets with the blue chemical and large brush for the toilet bowl, small brush for the toilet feet part
 - Scrubbing the sinks with blue chemical and sponge/scrub pad
 - Washing the walls, check for stains, brush with blue cleaning agent, remove stains

- Check for stains on fixtures (taps and shower head → also press the rubber holes to remove dirt, if plugged use a needle)

These tasks are for those with the incentive and ambition to clean thoroughly.

- Living room
 - Sweeping and mopping under the furniture
 - Organize the shelves
 - Wiping the tables
 - Dusting the windows and door frames
 - Clear the cob webs to clean the aura

Make this space your home, and make your home better than ever before!

- Mattresses hung on the balcony in the sun and wind
- Chipping away at the plaster over the concrete floors
- Clearing the cob webs on the ceiling
- Anything else?

Above all else, DO WHAT MOVES YOU