

Monthly

Yearly

Basic

₹1499 /m

This plan is for those who just want to stay fit and maintain their body.

- ✓ 3 Sessions in a week
- ✗ Customised Diet Chart
- ✗ Coaching for Competition

Choose Plan

Best Value

₹3499 /m

This plan is for those who want to stay fit and gain body muscles.

- ✓ Daily Training Session
- ✓ Customised Diet Chart
- ✗ Coaching for Competition

Choose Plan

Pro

₹7499 /m

This plan is for those who want to make professional career in body building.

- ✓ Daily Training Session
- ✓ Customised Diet Chart
- ✓ Coaching for Competition

Choose Plan