

# Diabetes Log

<b>Patient Name</b>	Jane Coates
<b>Diabetes Type</b>	Type 1
<b>Insulin Types</b>	NovoRapid and Lantus
<b>Report Generated</b>	12. Februar 2015

[illegible]

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Glicemy	2015-02-04 21:01:00		after	61				
Insulin	2015-02-04 21:20:00				Lantus	9		
Glicemy	2015-02-04 21:20:00		after	84				
Glicemy	2015-02-04 22:44:00		after	129				
Glicemy	2015-02-05 07:13:00	Breakfast I	before	235				
Note	2015-02-05 07:14:00							Frühstück : Brot mit Brotaufstrich ( 0.5 BE )
Insulin	2015-02-05 07:14:00	Breakfast I			NovoRapid	5		
Glicemy	2015-02-05 09:15:00	Breakfast II	before	134				
Note	2015-02-05 09:15:00							Frühstück : Yoghurt ( 2.5 BE )
Insulin	2015-02-05 09:16:00				NovoRapid	2		
Glicemy	2015-02-05 11:59:00	Lunch	before	142				
Note	2015-02-05 12:10:00							Mittags : Salat und Hähnchenspieß (2.5 BE )
Insulin	2015-02-05 12:11:00	Lunch			NovoRapid	2.5		
Glicemy	2015-02-05 15:22:00	Afternoon tea	before	153				
Note	2015-02-05 15:23:00							Snack : 2 Walnuss Brötchen und Käse ( 4 BE )
Insulin	2015-02-05 15:27:00	Afternoon tea			NovoRapid	4		
Glicemy	2015-02-05 18:28:00	Afternoon tea	after	282				

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Glicemy	2015-02-05 21:30:00	Dinner	before	307				
Note	2015-02-05 21:31:00							Abends : Döner ( 7 BE )
Insulin	2015-02-05 21:31:00				Lantus	9		
Insulin	2015-02-05 21:32:00	Dinner			NovoRapid	12		
Glicemy	2015-02-05 23:33:00		after	71				
Note	2015-02-05 23:34:00							2 Dextroenergie
Glicemy	2015-02-06 03:15:00		after	139				
Glicemy	2015-02-06 08:04:00	Breakfast I	before	150				
Insulin	2015-02-06 08:04:00	Breakfast I			NovoRapid	3.5		
Note	2015-02-06 08:08:00							Frühstück : Haferflocken mit Milch ( 3 BE )
Glicemy	2015-02-06 12:27:00	Lunch	before	131				
Note	2015-02-06 12:27:00							Mittags : Rühei mit Kartoffeln und Möhren und Brot ( 3 BE )
Insulin	2015-02-06 12:43:00	Lunch			NovoRapid	3		
Glicemy	2015-02-06 15:03:00	Afternoon tea	before	219				
Note	2015-02-06 15:03:00							Snack : Schokolade ( 1.5 BE )
Insulin	2015-02-06 15:04:00	Afternoon tea			NovoRapid	4.5		
Glicemy	2015-02-06 16:01:00	Afternoon tea	after	166				

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Glicemy	2015-02-06 18:09:00		after	82				
Note	2015-02-06 18:09:00							1 Dextroenergie
Glicemy	2015-02-06 18:29:00		after	99				
Glicemy	2015-02-06 19:45:00	Dinner	before	118				
Note	2015-02-06 19:45:00							Abends : Pizza ( 9 BE )
Insulin	2015-02-06 19:46:00	Dinner			NovoRapid	9		
Glicemy	2015-02-06 20:46:00	Supper	before	201				
Note	2015-02-06 20:46:00							Stracciatella (2 BE )
Insulin	2015-02-06 20:47:00	Supper			NovoRapid	1		
Insulin	2015-02-06 21:01:00				Lantus	9		
Glicemy	2015-02-06 22:09:00		after	232				
Insulin	2015-02-06 22:10:00				NovoRapid	2		
Glicemy	2015-02-07 05:07:00	Breakfast I	before	156				
Note	2015-02-07 05:07:00							Frühstück : Yoghurt ( 1 BE )
Insulin	2015-02-07 05:08:00	Breakfast I			NovoRapid	1.5		
Glicemy	2015-02-07 08:26:00	Breakfast II	before	139				
Note	2015-02-07 08:27:00							Kartoffelsalat ( 4 BE )

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Insulin	2015-02-07 08:27:00	Breakfast II			NovoRapid	4		
Glicemy	2015-02-07 10:25:00	Breakfast II	after	118				
Note	2015-02-07 10:25:00							Schokolade
Glicemy	2015-02-07 11:47:00	Lunch	before	157				
Note	2015-02-07 11:48:00							Mittags : Polenta mit Kürbis, Brötchen und Obst (6 BE )
Insulin	2015-02-07 11:51:00	Lunch			NovoRapid	6.5		
Glicemy	2015-02-07 13:54:00	Lunch	after	209				
Glicemy	2015-02-07 15:02:00		after	150				
Glicemy	2015-02-07 16:24:00	Afternoon tea	before	178				
Note	2015-02-07 16:27:00							Snack : 4 Scheiben Eiweißbrot mit Eiersalat (3 BE )
Insulin	2015-02-07 16:28:00	Afternoon tea			NovoRapid	4		
Glicemy	2015-02-07 20:00:00	Dinner	before	181				
Note	2015-02-07 20:03:00							Abends : Reis, Gemüse, Brot und Obst ( 6 BE )
Insulin	2015-02-07 20:04:00	Dinner			NovoRapid	7		
Insulin	2015-02-07 21:02:00				Lantus	9		
Glicemy	2015-02-08 00:51:00		after	174				
Glicemy	2015-02-08 01:46:00	Dinner	before	175				

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Note	2015-02-08 01:46:00							Abends : Enchiladas con Mole (4 BE )
Insulin	2015-02-08 01:56:00	Dinner			NovoRapid	4		
Note	2015-02-08 02:11:00							Nachtisch : Stück Kuchen mit Eis (6 BE )
Insulin	2015-02-08 02:12:00	Supper			NovoRapid	6		
Glicemy	2015-02-08 03:52:00		after	108				
Note	2015-02-08 03:52:00							1 Dextroenergie
Glicemy	2015-02-08 13:02:00	Breakfast I	before	254				
Note	2015-02-08 13:07:00							Frühstück : 2 Schieben Eiweißbrot (1BE )
Insulin	2015-02-08 13:07:00	Breakfast I			NovoRapid	5		
Glicemy	2015-02-08 15:39:00	Snack	before	125				
Note	2015-02-08 15:40:00							Schokolade ( 1.5 BE )
Insulin	2015-02-08 15:40:00	Snack			NovoRapid	0.5		
Glicemy	2015-02-08 15:59:00		after	151				
Physical activity	2015-02-08 16:08:00						60	Laufen
Glicemy	2015-02-08 16:27:00		after	104				
Note	2015-02-08 16:29:00							2 Dextroenergie
Glicemy	2015-02-08 16:38:00		after	113				

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Note	2015-02-08 16:39:00							1 Riegel
Glicemy	2015-02-08 17:18:00		after	96				
Note	2015-02-08 17:29:00							2 Dextroenergie
Glicemy	2015-02-08 18:38:00		after	158				
Glicemy	2015-02-08 19:27:00	Lunch	before	195				
Note	2015-02-08 19:30:00							Mittags : Ei, Pulled Pork, Kartoffeln und Biscuit (5 BE )
Insulin	2015-02-08 19:31:00	Lunch			NovoRapid	5		
Note	2015-02-08 19:54:00							Apfel Kartoffel Hash (4 BE )
Insulin	2015-02-08 19:54:00	Lunch			NovoRapid	3		
Insulin	2015-02-08 20:49:00				Lantus	8		
Glicemy	2015-02-08 22:08:00		after	120				
Note	2015-02-08 22:08:00							1 Dextroenergie
Glicemy	2015-02-08 23:01:00		after	160				
Glicemy	2015-02-08 23:51:00	Afternoon tea	before	192				
Note	2015-02-08 23:51:00							Snack : Salat (1BE )
Insulin	2015-02-08 23:52:00	Afternoon tea			NovoRapid	2		
Glicemy	2015-02-09 02:22:00		after	153				



Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Glicemy	2015-02-09 03:02:00	Dinner	before	113				
Note	2015-02-09 03:10:00							Abends : Hummer und Brot ( 4 BE )
Insulin	2015-02-09 03:10:00	Dinner			NovoRapid	4		
Glicemy	2015-02-09 04:31:00		after	125				
Note	2015-02-09 04:31:00							Schokolade ( 1.5 BE )
Glicemy	2015-02-09 14:47:00		after	210				
Glicemy	2015-02-09 15:15:00	Breakfast I	before	224				
Note	2015-02-09 15:15:00							Frühstück : Sandwich (4 BE )
Insulin	2015-02-09 15:16:00	Breakfast I			NovoRapid	7		
Glicemy	2015-02-09 17:11:00		after	351				
Insulin	2015-02-09 17:11:00				NovoRapid	6		
Glicemy	2015-02-09 17:52:00		after	333				
Note	2015-02-09 17:53:00							Erkältung oder nicht für Frühstück gespritzt
Glicemy	2015-02-09 18:49:00		after	259				
Glicemy	2015-02-09 21:10:00		after	128				
Insulin	2015-02-09 22:01:00				Lantus	9		
Glicemy	2015-02-09 22:24:00	Lunch	before	96				

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Note	2015-02-09 22:24:00							Mittags : Burrito und Nachos (8 BE)
Insulin	2015-02-09 22:34:00	Lunch			NovoRapid	8		
Glicemy	2015-02-10 01:22:00	Lunch	after	306				
Insulin	2015-02-10 01:22:00				NovoRapid	5		
Glicemy	2015-02-10 03:56:00	Dinner	before	124				
Note	2015-02-10 03:56:00							Abends : Meeresfruchte (3 BE )
Insulin	2015-02-10 04:37:00	Dinner			NovoRapid	3		
Glicemy	2015-02-10 05:56:00	Supper	before	164				
Note	2015-02-10 05:57:00							Schokolade ( 1.5 BE )
Insulin	2015-02-10 05:57:00	Supper			NovoRapid	2		
Glicemy	2015-02-10 14:42:00		after	294				
Insulin	2015-02-10 14:42:00				NovoRapid	4		
Note	2015-02-10 14:43:00							Erkältung
Glicemy	2015-02-10 15:32:00	Breakfast I	before	261				
Note	2015-02-10 15:33:00							Frühstück : Sandwich ( 4 BE )
Insulin	2015-02-10 15:33:00	Breakfast I			NovoRapid	4		
Glicemy	2015-02-10 17:20:00	Breakfast II	before	286				

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Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Insulin	2015-02-11 04:14:00	Snack			NovoRapid	5.5		
Glicemy	2015-02-11 08:45:00	Breakfast I	before	198				
Note	2015-02-11 08:45:00							Frühstück : Flugzeug Mahlzeit ( 4 BE )
Insulin	2015-02-11 08:46:00	Breakfast I			NovoRapid	6.5		
Glicemy	2015-02-11 10:40:00		after	301				
Insulin	2015-02-11 10:40:00				NovoRapid	5		
Glicemy	2015-02-11 12:55:00	Lunch	before	120				
Note	2015-02-11 12:55:00							Mittags : Bratkartoffeln, Boulette und Schokolade Dessert ( 8.5 BE )
Insulin	2015-02-11 12:56:00	Lunch			NovoRapid	8.5		
Glicemy	2015-02-11 16:54:00		after	344				
Insulin	2015-02-11 17:02:00				NovoRapid	6		
Glicemy	2015-02-11 19:19:00	Dinner	before	277				
Note	2015-02-11 19:20:00							Abends : Falafel im Brot ( 7 BE )
Insulin	2015-02-11 19:20:00	Dinner			NovoRapid	11.5		
Insulin	2015-02-11 20:29:00				Lantus	9		
Glicemy	2015-02-12 00:02:00		after	196				
Insulin	2015-02-12 00:03:00				NovoRapid	1		

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Glicemy	2015-02-12 10:03:00	Breakfast I	before	187				
Note	2015-02-12 10:05:00							Frühstück : Haferflocken mit Milch ( 3 BE )
Insulin	2015-02-12 10:05:00	Breakfast I			NovoRapid	5		

