

# Diabetes Log

<b>Patient Name</b>	Jane Coates
<b>Diabetes Type</b>	Type 1
<b>Insulin Types</b>	NovoRapid and Lantus
<b>Report Generated</b>	11. März 2015

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Glicemy	2015-03-04 07:34:00	Breakfast I	before	158				
Note	2015-03-04 07:35:00							Frühstück : Haferflocken mit Milch ( 3 BE )
Insulin	2015-03-04 07:35:00	Breakfast I			NovoRapid	4		
Glicemy	2015-03-04 11:48:00	Lunch	before	93				
Note	2015-03-04 12:07:00							Mittags : Salat und Brot ( 4 BE )
Insulin	2015-03-04 12:07:00	Lunch			NovoRapid	3		
Glicemy	2015-03-04 13:36:00	Lunch	after	115				
Note	2015-03-04 13:37:00							Riegel ( 2 BE )
Glicemy	2015-03-04 13:54:00		after	119				
Note	2015-03-04 13:55:00							2 Dextroenergie
Glicemy	2015-03-04 14:05:00		after	134				
Physical activity	2015-03-04 14:15:00						37	Laufen
Glicemy	2015-03-04 14:36:00		after	116				
Note	2015-03-04 14:36:00							2 Dextroenergie
Glicemy	2015-03-04 15:03:00		after	143				
Glicemy	2015-03-04 15:19:00	Afternoon tea	before	201				
Note	2015-03-04 15:20:00							Snack : Walnuss Brötchen mit Avocado und Schokolade ( 3.5 BE )

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Insulin	2015-03-04 15:22:00	Afternoon tea			NovoRapid	2		
Glicemy	2015-03-04 17:09:00	Afternoon tea	after	205				
Glicemy	2015-03-04 19:57:00	Dinner	before	140				
Note	2015-03-04 19:57:00							Abends : Salat und Brot ( 6.5 BE )
Insulin	2015-03-04 19:58:00	Dinner			NovoRapid	6.5		
Insulin	2015-03-04 21:02:00				Lantus	9		
Glicemy	2015-03-04 21:59:00	Dinner	after	99				
Glicemy	2015-03-04 22:33:00		after	96				
Glicemy	2015-03-04 23:35:00		after	156				
Glicemy	2015-03-05 07:25:00	Breakfast I	before	143				
Note	2015-03-05 07:26:00							Frühstück : Haferflocken mit Milch ( 3 BE )
Insulin	2015-03-05 07:26:00	Breakfast I			NovoRapid	3		
Physical activity	2015-03-05 09:24:00						24	Gehen
Glicemy	2015-03-05 09:49:00	Breakfast I	after	160				
Glicemy	2015-03-05 11:50:00	Lunch	before	123				
Note	2015-03-05 12:17:00							Mittags : Salat und Brot ( 3 BE )
Insulin	2015-03-05 12:18:00	Lunch			NovoRapid	2.5		

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Glicemy	2015-03-05 14:21:00	Lunch	after	162				
Glicemy	2015-03-05 15:44:00	Afternoon tea	before	93				
Note	2015-03-05 15:54:00							Snack : Walnuss Brot mit Käse ( 2.5 BE )
Insulin	2015-03-05 15:55:00	Afternoon tea			NovoRapid	2		
Glicemy	2015-03-05 19:40:00	Dinner	before	186				
Note	2015-03-05 19:41:00							Abends : Tofu curry mit Reis ( 5 BE )
Insulin	2015-03-05 19:41:00	Dinner			NovoRapid	7.5		
Glicemy	2015-03-05 20:51:00	Supper	before	163				
Note	2015-03-05 20:51:00							Schokolade Mousse (1.5 BE )
Insulin	2015-03-05 20:51:00	Supper			NovoRapid	1		
Insulin	2015-03-05 20:54:00				Lantus	9		
Glicemy	2015-03-05 23:08:00		after	193				
Insulin	2015-03-05 23:08:00				NovoRapid	1		
Glicemy	2015-03-06 07:57:00	Breakfast I	before	165				
Note	2015-03-06 07:58:00							Frühstück : Haferflocken mit Milch ( 3 BE )
Insulin	2015-03-06 07:58:00	Breakfast I			NovoRapid	3.5		
Glicemy	2015-03-06 12:06:00	Lunch	before	80				

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Note	2015-03-06 12:07:00							Mittags : Falafel im Brot (10 BE )
Insulin	2015-03-06 12:07:00	Lunch			NovoRapid	6		
Glicemy	2015-03-06 13:32:00	Lunch	after	132				
Glicemy	2015-03-06 15:32:00	Afternoon tea	before	69				
Note	2015-03-06 15:32:00							Snack : Brot mit Käse und 1 Traubenzucker (4 BE )
Glicemy	2015-03-06 16:14:00		after	124				
Glicemy	2015-03-06 16:33:00	Afternoon tea	after	153				
Insulin	2015-03-06 16:33:00	Afternoon tea			NovoRapid	2		
Glicemy	2015-03-06 19:55:00	Dinner	before	181				
Note	2015-03-06 19:55:00							Abends : Flammkuchen ( 5.5 BE )
Insulin	2015-03-06 20:01:00	Dinner			NovoRapid	7		
Glicemy	2015-03-06 23:56:00		after	296				
Insulin	2015-03-06 23:57:00				NovoRapid	3.5		
Glicemy	2015-03-07 08:56:00	Breakfast I	before	156				
Note	2015-03-07 08:57:00							Frühstück : Haferflocken mit Milch ( 3 BE )
Insulin	2015-03-07 08:57:00	Breakfast I			NovoRapid	3.5		
Glicemy	2015-03-07 12:16:00	Lunch	before	194				

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Note	2015-03-07 12:20:00							Mittags : Brot mit Käse ( 4.5 BE )
Insulin	2015-03-07 12:22:00	Lunch			NovoRapid	7		
Glicemy	2015-03-07 16:29:00	Afternoon tea	before	114				
Note	2015-03-07 16:29:00							Snack : Schokolade (1 BE )
Insulin	2015-03-07 16:29:00	Afternoon tea			NovoRapid	0.5		
Glicemy	2015-03-07 20:08:00	Dinner	before	135				
Note	2015-03-07 20:09:00							Abends : Süßkartoffel Curry mit Reis (15 BE )
Insulin	2015-03-07 20:11:00	Dinner			NovoRapid	8		
Insulin	2015-03-07 21:00:00				Lantus	9		
Glicemy	2015-03-07 21:25:00	Supper	before	236				
Note	2015-03-07 21:25:00							Schokolade (1.5 BE )
Insulin	2015-03-07 21:25:00	Supper			NovoRapid	3.5		
Glicemy	2015-03-08 00:20:00		after	323				
Insulin	2015-03-08 00:20:00				NovoRapid	4.5		
Glicemy	2015-03-08 00:50:00		after	284				
Glicemy	2015-03-08 02:29:00		after	43				
Note	2015-03-08 02:30:00							2 Dextroenergie, 4 Marzipan Kartoffeln und 1 Riegel

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Glicemy	2015-03-08 03:43:00		after	81				
Glicemy	2015-03-08 04:59:00		after	111				
Glicemy	2015-03-08 09:29:00	Breakfast I	before	250				
Note	2015-03-08 09:31:00							Frühstück : Haferflocken mit Milch ( 3 BE )
Insulin	2015-03-08 09:32:00	Breakfast I			NovoRapid	3.5		
Glicemy	2015-03-08 11:05:00		after	276				
Glicemy	2015-03-08 11:27:00		after	297				
Physical activity	2015-03-08 11:42:00						98	Laufen
Glicemy	2015-03-08 12:08:00		after	246				
Glicemy	2015-03-08 12:31:00		after	175				
Glicemy	2015-03-08 13:30:00		after	181				
Glicemy	2015-03-08 14:26:00	Lunch	before	175				
Note	2015-03-08 14:26:00							Mittags : Süßkartoffel Curry mit Brot ( 5 BE )
Insulin	2015-03-08 14:27:00	Lunch			NovoRapid	4		
Glicemy	2015-03-08 17:49:00		after	227				
Glicemy	2015-03-08 20:10:00	Dinner	before	185				
Note	2015-03-08 20:11:00							Abends : Kartoffelpuffer mit Linsen (12.5 BE )

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Insulin	2015-03-08 20:12:00	Dinner			NovoRapid	12		
Insulin	2015-03-08 21:05:00				Lantus	9		
Glicemy	2015-03-08 21:06:00	Supper	before	220				
Note	2015-03-08 21:06:00							Schokolade Dessert ( 2 BE )
Insulin	2015-03-08 21:06:00	Supper			NovoRapid	2		
Glicemy	2015-03-08 23:48:00		after	129				
Glicemy	2015-03-09 00:10:00		after	117				
Note	2015-03-09 00:10:00							1 Marzipan Kartoffel
Glicemy	2015-03-09 08:04:00	Breakfast I	before	216				
Note	2015-03-09 08:05:00							Frühstück : Haferflocken mit Milch ( 3 BE )
Insulin	2015-03-09 08:05:00	Breakfast I			NovoRapid	5.5		
Glicemy	2015-03-09 10:47:00	Breakfast I	after	189				
Glicemy	2015-03-09 11:59:00	Lunch	before	160				
Note	2015-03-09 12:12:00							Mittags : Salat und Brot (3 BE )
Insulin	2015-03-09 12:12:00	Lunch			NovoRapid	3.5		
Glicemy	2015-03-09 14:15:00	Lunch	after	129				
Glicemy	2015-03-09 15:37:00	Afternoon tea	before	100				



Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Note	2015-03-09 15:38:00							Snack : Brot mit Käse ( 2.5 BE )
Insulin	2015-03-09 15:38:00	Afternoon tea			NovoRapid	2		
Glicemy	2015-03-09 17:56:00	Afternoon tea	after	175				
Glicemy	2015-03-09 19:23:00		after	111				
Note	2015-03-09 19:23:00							0.5 Dextroenergie
Glicemy	2015-03-09 20:09:00		after	151				
Note	2015-03-09 20:10:00							Abends : Garnelen Salat ( 5 BE )
Insulin	2015-03-09 20:11:00	Dinner			NovoRapid	5		
Insulin	2015-03-09 21:00:00				Lantus	9		
Glicemy	2015-03-09 22:47:00	Dinner	after	114				
Note	2015-03-09 22:50:00							Riegel ( 1BE )
Glicemy	2015-03-09 23:43:00		after	124				
Glicemy	2015-03-10 00:41:00		after	99				
Note	2015-03-10 00:41:00							1 Marzipan Kartoffel
Glicemy	2015-03-10 01:13:00		after	102				
Glicemy	2015-03-10 01:39:00		after	117				
Glicemy	2015-03-10 01:51:00		after	141				

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Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Insulin	2015-03-10 21:40:00	Supper			NovoRapid	0.5		
Glicemy	2015-03-10 23:27:00		after	114				
Note	2015-03-10 23:27:00							Spreequell
Glicemy	2015-03-10 23:50:00		after	167				
Glicemy	2015-03-11 00:08:00		after	158				
Glicemy	2015-03-11 08:04:00	Breakfast I	before	157				
Note	2015-03-11 08:04:00							Frühstück : Haferflocken mit Milch ( 3 BE )
Insulin	2015-03-11 08:04:00	Breakfast I			NovoRapid	3.5		
Glicemy	2015-03-11 12:20:00	Lunch	before	118				
Note	2015-03-11 12:20:00							Mittags : Pasta Bolognese ( 6 BE )
Insulin	2015-03-11 12:21:00	Lunch			NovoRapid	5.5		

