

# Diabetes Log

<b>Patient Name</b>	Jane Coates
<b>Diabetes Type</b>	Type 1
<b>Insulin Types</b>	NovoRapid and Lantus
<b>Report Generated</b>	19. November 2014

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Glicemy	2014-11-12 00:00:00		after	131				
Glicemy	2014-11-12 02:35:00		after	151				
Glicemy	2014-11-12 08:19:00	Breakfast I	before	169				
Note	2014-11-12 08:19:00							Frühstück : Haferflocken mit Milch und Kaffee (5 BE )
Insulin	2014-11-12 08:24:00	Breakfast I			NovoRapid	6		
Note	2014-11-12 11:50:00							Mittags : Salat und Brot (3 BE )
Glicemy	2014-11-12 11:55:00	Lunch	before	85				
Insulin	2014-11-12 11:56:00	Lunch			NovoRapid	3		
Glicemy	2014-11-12 15:52:00	Afternoon tea	before	136				
Note	2014-11-12 15:52:00							Snack : Yoghurt und Kaffee (4 BE )
Insulin	2014-11-12 15:54:00	Afternoon tea			NovoRapid	4		
Note	2014-11-12 19:41:00							Abends : Muscheln mit Kokosnuss Sauce und Brot (8.5 BE )
Glicemy	2014-11-12 19:44:00	Dinner	before	194				
Insulin	2014-11-12 19:48:00	Dinner			NovoRapid	10		
Insulin	2014-11-12 21:28:00				Lantus	7		
Note	2014-11-12 21:40:00							Mango sorbet (2 BE )
Insulin	2014-11-12 21:40:00	Supper			NovoRapid	2		

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Glicemy	2014-11-13 00:01:00		after	198				
Insulin	2014-11-13 00:01:00				NovoRapid	1		
Glicemy	2014-11-13 08:13:00	Breakfast I	before	184				
Note	2014-11-13 08:13:00							Frühstück : Haferflocken mit Milch und Kaffee ( 4 BE )
Insulin	2014-11-13 08:17:00	Breakfast I			NovoRapid	4		
Glicemy	2014-11-13 11:59:00	Lunch	before	147				
Note	2014-11-13 12:14:00							Mittags : Brot mit Pesto oder Nussmus (6 BE )
Insulin	2014-11-13 12:16:00	Lunch			NovoRapid	6		
Note	2014-11-13 13:51:00							Schokolade (1 BE)
Insulin	2014-11-13 13:52:00	Snack			NovoRapid	1		
Glicemy	2014-11-13 15:49:00	Afternoon tea	before	168				
Note	2014-11-13 15:57:00							Snack: Yogurt (4 BE)
Insulin	2014-11-13 15:58:00	Afternoon tea			NovoRapid	4		
Glicemy	2014-11-13 20:31:00	Dinner	before	117				
Note	2014-11-13 20:32:00							Abends : Vegetarisch Teller (8 BE )
Insulin	2014-11-13 20:35:00	Dinner			NovoRapid	9		
Insulin	2014-11-13 21:11:00				Lantus	7		

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Glicemy	2014-11-13 22:09:00	Dinner	after	56				
Note	2014-11-13 22:10:00							Cola und Süßnusse
Glicemy	2014-11-13 22:52:00		after	83				
Note	2014-11-13 22:52:00							Cola
Insulin	2014-11-14 00:13:00				NovoRapid	3		
Glicemy	2014-11-14 00:13:00		after	273				
Glicemy	2014-11-14 08:14:00	Breakfast I	before	241				
Note	2014-11-14 08:15:00							Frühstück : Haferflocken mit Milch und Kaffee ( 5 BE )
Insulin	2014-11-14 08:18:00	Breakfast I			NovoRapid	7		
Glicemy	2014-11-14 12:21:00	Lunch	before	112				
Note	2014-11-14 12:21:00							Mittags : Burger (4 BE )
Insulin	2014-11-14 12:35:00	Lunch			NovoRapid	4		
Glicemy	2014-11-14 16:09:00	Afternoon tea	before	147				
Note	2014-11-14 16:10:00							Snack : Yoghurt (4 BE )
Insulin	2014-11-14 16:11:00	Afternoon tea			NovoRapid	4		
Note	2014-11-14 19:44:00							Abends : Flammkuchen (4 BE )
Glicemy	2014-11-14 19:44:00	Dinner	before	124				

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Insulin	2014-11-14 19:55:00	Dinner			NovoRapid	4		
Note	2014-11-14 20:48:00							Fladenbrot (3 BE )
Insulin	2014-11-14 20:49:00	Dinner			NovoRapid	3		
Insulin	2014-11-14 21:03:00				Lantus	7		
Glicemy	2014-11-14 22:13:00	Dinner	after	139				
Glicemy	2014-11-15 00:49:00		after	285				
Insulin	2014-11-15 00:50:00				NovoRapid	4		
Glicemy	2014-11-15 03:08:00		after	63				
Note	2014-11-15 03:08:00							Cola und Schokolade
Note	2014-11-15 09:43:00							Frühstück : Haferflocken mit Milch und Kaffee (4 BE )
Glicemy	2014-11-15 09:45:00	Breakfast I	before	186				
Insulin	2014-11-15 09:59:00	Breakfast I			NovoRapid	4		
Glicemy	2014-11-15 12:57:00	Lunch	before	220				
Note	2014-11-15 12:58:00							Mittags : Tofu Curry mit Reis ( 5 BE )
Insulin	2014-11-15 12:59:00	Lunch			NovoRapid	6		
Glicemy	2014-11-15 17:36:00	Afternoon tea	before	189				
Insulin	2014-11-15 17:37:00	Afternoon tea			NovoRapid	1		

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Note	2014-11-15 17:37:00							Kaffee
Glicemy	2014-11-15 20:18:00	Dinner	before	144				
Note	2014-11-15 20:20:00							Abends : Möhren -Ingwer Suppe mit Hackfleisch Bällchen ( 9 BE )
Insulin	2014-11-15 20:21:00	Dinner			NovoRapid	10		
Insulin	2014-11-15 21:01:00				Lantus	7		
Glicemy	2014-11-15 23:22:00	Supper	before	99				
Note	2014-11-15 23:23:00							Mousse du Chocolat (2 BE)
Insulin	2014-11-15 23:37:00	Supper			NovoRapid	1		
Glicemy	2014-11-16 01:05:00		after	136				
Glicemy	2014-11-16 10:03:00	Breakfast I	before	176				
Note	2014-11-16 10:06:00							Frühstück : Haferflocken mit Milch und Kaffee ( 4 BE )
Insulin	2014-11-16 10:25:00	Breakfast I			NovoRapid	5		
Glicemy	2014-11-16 13:17:00	Lunch	before	176				
Note	2014-11-16 13:18:00							Mittags : Suppe Reste (4 BE )
Insulin	2014-11-16 13:23:00	Lunch			NovoRapid	3		
Glicemy	2014-11-16 14:36:00		after	228				
Physical activity	2014-11-16 14:36:00						31	Laufen

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Glicemy	2014-11-16 15:02:00		after	110				
Glicemy	2014-11-16 15:20:00		after	102				
Note	2014-11-16 15:57:00							2 Dextroenergie insgesamt
Note	2014-11-16 16:00:00							Snack : mousse du Chocolat ( 4 BE )
Glicemy	2014-11-16 16:06:00	Afternoon tea	before	117				
Insulin	2014-11-16 16:09:00	Afternoon tea			NovoRapid	3		
Glicemy	2014-11-16 18:39:00		after	164				
Glicemy	2014-11-16 19:18:00	Dinner	before	164				
Note	2014-11-16 19:19:00							Abends : Rindbraten mit Kartoffeln und Gemüse (5 BE )
Insulin	2014-11-16 19:20:00	Dinner			NovoRapid	6		
Note	2014-11-16 20:16:00							Pumpkin Pie (2 BE )
Insulin	2014-11-16 20:16:00	Supper			NovoRapid	2		
Insulin	2014-11-16 21:00:00				Lantus	7		
Glicemy	2014-11-16 23:23:00		after	221				
Insulin	2014-11-16 23:23:00				NovoRapid	2		
Note	2014-11-17 08:03:00							Frühstück : Haferflocken mit Milch und Kaffee ( 4 BE )
Glicemy	2014-11-17 08:05:00	Breakfast I	before	151				

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Insulin	2014-11-17 08:09:00	Breakfast I			NovoRapid	3		
Glicemy	2014-11-17 11:52:00	Lunch	before	243				
Insulin	2014-11-17 12:01:00	Lunch			NovoRapid	7		
Note	2014-11-17 12:04:00							Mittags : Braten Reste (4 BE )
Glicemy	2014-11-17 14:01:00	Lunch	after	189				
Glicemy	2014-11-17 15:55:00	Afternoon tea	before	128				
Note	2014-11-17 15:56:00							Snack : Pumpkin Pie (2 BE )
Insulin	2014-11-17 16:14:00	Afternoon tea			NovoRapid	2		
Glicemy	2014-11-17 20:21:00	Dinner	before	120				
Note	2014-11-17 20:21:00							Abends : 6 Eiweißbrot mit Salami und Käse ( 3 BE )
Insulin	2014-11-17 20:39:00	Dinner			NovoRapid	3		
Insulin	2014-11-17 21:01:00				Lantus	7		
Note	2014-11-17 21:20:00							pumpkin pie (2.5 BE )
Insulin	2014-11-17 21:20:00	Supper			NovoRapid	3		
Glicemy	2014-11-18 00:13:00		after	171				
Glicemy	2014-11-18 08:16:00	Breakfast I	before	236				
Note	2014-11-18 08:17:00							Frühstück : Haferflocken mit Milch und Kaffee ( 4 BE )



Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Insulin	2014-11-18 08:20:00	Breakfast I			NovoRapid	6		
Note	2014-11-18 11:42:00							Mittags : Salat und Yogurt ( 10 BE )
Glicemy	2014-11-18 11:42:00	Lunch	before	104				
Insulin	2014-11-18 11:47:00	Lunch			NovoRapid	10		
Note	2014-11-18 15:28:00							Snack : 2 Schieben Eiweißbrot mit Käse und Pumpkin pie (3 BE )
Glicemy	2014-11-18 15:30:00	Afternoon tea	before	131				
Insulin	2014-11-18 15:37:00	Afternoon tea			NovoRapid	3		
Glicemy	2014-11-18 19:43:00	Dinner	before	133				
Note	2014-11-18 19:43:00							Abends : Döner (7 BE )
Insulin	2014-11-18 19:45:00	Dinner			NovoRapid	7		
Insulin	2014-11-18 21:20:00				Lantus	7		
Note	2014-11-18 21:21:00							Yogurt (4 BE )
Insulin	2014-11-18 21:21:00	Supper			NovoRapid	4		
Glicemy	2014-11-18 23:57:00		after	260				
Insulin	2014-11-18 23:57:00				NovoRapid	3		
Glicemy	2014-11-19 08:12:00	Breakfast I	before	136				
Note	2014-11-19 08:14:00							Frühstück : Haferflocken mit Milch und Kaffee (4 BE )

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Insulin	2014-11-19 08:14:00	Breakfast I			NovoRapid	4		
Glicemy	2014-11-19 12:31:00	Lunch	before	187				
Note	2014-11-19 12:31:00							Mittags : Vietnameses Baguette (5 BE )
Insulin	2014-11-19 12:32:00	Lunch			NovoRapid	6		

