

# Diabetes Log

<b>Patient Name</b>	Jane Coates
<b>Diabetes Type</b>	Type 1
<b>Insulin Types</b>	NovoRapid and Lantus
<b>Report Generated</b>	5. November 2014

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Glicemy	2014-10-29 09:15:00	Breakfast I	before	192				
Note	2014-10-29 09:15:00							Frühstück : 2 Schieben Eiweißbrot mit Salami und Käse ( 1 BE )
Insulin	2014-10-29 09:16:00	Breakfast I			NovoRapid	2		
Glicemy	2014-10-29 12:39:00	Lunch	before	155				
Note	2014-10-29 12:39:00							Mittags : Suppe mit eiweißbrot. Kaffee ( 4 BE )
Insulin	2014-10-29 12:51:00	Lunch			NovoRapid	4		
Glicemy	2014-10-29 16:03:00		after	155				
Note	2014-10-29 19:10:00							Abends : 2 Schieben Eiweißbrot French Toast mit 2 Würstchen (1 BE )
Glicemy	2014-10-29 19:19:00	Dinner	before	161				
Insulin	2014-10-29 19:20:00	Dinner			NovoRapid	4		
Insulin	2014-10-29 21:10:00				Lantus	7		
Glicemy	2014-10-29 21:35:00	Supper	before	159				
Note	2014-10-29 21:36:00							Schokolade ( 1 BE )
Insulin	2014-10-29 21:39:00	Supper			NovoRapid	1		
Glicemy	2014-10-30 00:14:00		after	129				
Glicemy	2014-10-30 02:26:00		after	173				
Note	2014-10-30 09:24:00							Frühstück : Haferflocken mit Milch und Kaffee ( 4 BE )

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Glicemy	2014-10-30 09:26:00	Breakfast I	before	169				
Insulin	2014-10-30 09:30:00	Breakfast I			NovoRapid	5		
Note	2014-10-30 12:33:00							Mittags : 2 Schieben Eiweißbrot mit Salami und Käse. 2 Würstchen ( 1 BE )
Glicemy	2014-10-30 12:36:00	Lunch	before	171				
Insulin	2014-10-30 12:37:00	Lunch			NovoRapid	2		
Glicemy	2014-10-30 15:31:00		after	115				
Note	2014-10-30 15:37:00							Kaffee und Schokolade ( 0.5 BE )
Glicemy	2014-10-30 19:08:00	Dinner	before	185				
Note	2014-10-30 19:09:00							Abends : Big Mac Menü mit Wasser. Malern (9 BE )
Insulin	2014-10-30 19:12:00	Dinner			NovoRapid	9		
Insulin	2014-10-30 21:04:00				Lantus	7		
Glicemy	2014-10-30 23:07:00		after	89				
Note	2014-10-30 23:08:00							1/2 Tasse Cola
Glicemy	2014-10-31 00:39:00		after	117				
Glicemy	2014-10-31 09:53:00	Breakfast I	before	187				
Note	2014-10-31 09:53:00							Frühstück : Haferflocken mit Milch und Kaffee ( 3 BE )
Insulin	2014-10-31 09:55:00	Breakfast I			NovoRapid	4		

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Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Glicemy	2014-10-31 23:29:00		after	129				
Glicemy	2014-11-01 07:25:00	Breakfast I	before	129				
Note	2014-11-01 07:25:00							Frühstück : Haferflocken mit Milch und Kaffee ( 3 BE )
Insulin	2014-11-01 07:26:00	Breakfast I			NovoRapid	3		
Glicemy	2014-11-01 09:08:00	Breakfast II	before	178				
Note	2014-11-01 09:09:00							2 Schieben Eiweißbrot mit Lachs (1 BE )
Insulin	2014-11-01 09:10:00	Breakfast II			NovoRapid	1		
Glicemy	2014-11-01 12:35:00	Lunch	before	182				
Note	2014-11-01 12:35:00							Mittags : Schnitzel mit Croquettes und Erbsen ( 5 BE )
Insulin	2014-11-01 12:36:00	Lunch			NovoRapid	6		
Glicemy	2014-11-01 15:12:00	Afternoon tea	before	255				
Note	2014-11-01 15:13:00							Kuchen und Kaffee ( 5 BE )
Insulin	2014-11-01 15:13:00	Afternoon tea			NovoRapid	8		
Glicemy	2014-11-01 18:34:00	Dinner	before	185				
Note	2014-11-01 18:34:00							2 Schrippe mit Hack und Käse ( 4 BE )
Insulin	2014-11-01 18:35:00	Dinner			NovoRapid	7		
Insulin	2014-11-01 21:04:00				Lantus	7		

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Glicemy	2014-11-01 22:47:00		after	395				
Insulin	2014-11-01 22:49:00				NovoRapid	6		
Glicemy	2014-11-02 09:48:00	Breakfast I	before	248				
Note	2014-11-02 09:48:00							Frühstück : 1 Schrippe mit Käse und gekochtes Ei (2 BE )
Insulin	2014-11-02 09:53:00	Breakfast I			NovoRapid	5		
Glicemy	2014-11-02 12:38:00	Lunch	before	208				
Note	2014-11-02 12:39:00							Mittags : Risotto mit Wildschweinrücken (4 BE )
Insulin	2014-11-02 13:25:00	Lunch			NovoRapid	6		
Glicemy	2014-11-02 15:38:00	Afternoon tea	before	117				
Note	2014-11-02 15:40:00							Snack : Kuchen und Kaffee ( 5 BE )
Insulin	2014-11-02 15:41:00	Afternoon tea			NovoRapid	5		
Glicemy	2014-11-02 17:48:00	Snack	before	185				
Note	2014-11-02 17:48:00							2 Schieben Eiweißbrot mit Käse ( 1 BE )
Insulin	2014-11-02 17:49:00	Snack			NovoRapid	2		
Glicemy	2014-11-02 20:39:00	Dinner	before	148				
Note	2014-11-02 20:39:00							Abends : Currywurst mit Pommes (6 BE )
Insulin	2014-11-02 20:40:00	Dinner			NovoRapid	7		

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Insulin	2014-11-02 21:13:00				Lantus	7		
Glicemy	2014-11-02 22:56:00		after	59				
Note	2014-11-02 23:05:00							2 Dextroenergie und Scheibe Eiweißbrot
Glicemy	2014-11-02 23:32:00		after	135				
Glicemy	2014-11-03 07:53:00	Breakfast I	before	186				
Note	2014-11-03 07:53:00							Frühstück : Haferflocken mit Milch und Kaffee ( 4 BE )
Insulin	2014-11-03 07:58:00	Breakfast I			NovoRapid	4		
Glicemy	2014-11-03 11:39:00	Lunch	before	174				
Note	2014-11-03 11:45:00							Mittags : Suppe mit Brötchen (4 BE )
Insulin	2014-11-03 11:53:00	Lunch			NovoRapid	5		
Glicemy	2014-11-03 13:56:00	Snack	before	230				
Note	2014-11-03 13:57:00							Yogurt ( 4 BE )
Insulin	2014-11-03 13:58:00	Snack			NovoRapid	6		
Glicemy	2014-11-03 16:17:00	Afternoon tea	before	140				
Note	2014-11-03 16:17:00							Snack: Kaffee und Kuchen (3 BE)
Insulin	2014-11-03 16:22:00	Afternoon tea			NovoRapid	4		
Glicemy	2014-11-03 18:44:00	Afternoon tea	after	81				

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Note	2014-11-03 18:45:00							Schokolade
Glicemy	2014-11-03 19:28:00	Dinner	before	87				
Note	2014-11-03 19:29:00							Abends : udon Nudeln mit tofu curry (6 BE )
Insulin	2014-11-03 19:31:00	Dinner			NovoRapid	5		
Insulin	2014-11-03 21:03:00				Lantus	7		
Glicemy	2014-11-03 21:33:00	Dinner	after	76				
Note	2014-11-03 21:33:00							Kuchen (2 BE)
Glicemy	2014-11-03 23:39:00		after	258				
Insulin	2014-11-03 23:39:00				NovoRapid	3		
Note	2014-11-04 08:17:00							Frühstück : Haferflocken mit Milch und Kaffee ( 3 BE )
Glicemy	2014-11-04 08:17:00	Breakfast I	before	188				
Insulin	2014-11-04 08:18:00	Breakfast I			NovoRapid	4		
Glicemy	2014-11-04 11:41:00	Lunch	before	119				
Note	2014-11-04 11:44:00							Mittags : 3 schieben Eiweißbrot mit Salami und Käse. Kaffee ( 1 BE )
Insulin	2014-11-04 11:51:00	Lunch			NovoRapid	1		
Glicemy	2014-11-04 15:19:00	Afternoon tea	before	158				
Note	2014-11-04 15:19:00							Snack: Schokolade und Kaffee (1 BE)



Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Exercise (mins)	Text
Insulin	2014-11-04 15:22:00	Afternoon tea			NovoRapid	1		
Glicemy	2014-11-04 19:31:00	Dinner	before	152				
Note	2014-11-04 19:31:00							Abends : Lachs mit Kartoffelpuree und Bechamel Sauce ( 7 BE )
Insulin	2014-11-04 19:33:00	Dinner			NovoRapid	7		
Insulin	2014-11-04 21:02:00				Lantus	7		
Glicemy	2014-11-04 23:03:00		after	250				
Insulin	2014-11-04 23:04:00				NovoRapid	3		
Glicemy	2014-11-05 08:05:00	Breakfast I	before	183				
Note	2014-11-05 08:05:00							Frühstück : Haferflocken mit Milch und Kaffee ( 5 BE )
Insulin	2014-11-05 08:05:00	Breakfast I			NovoRapid	5		

