

# Diabetes Log

<b>Patient Name</b>	Jane Coates
<b>Diabetes Type</b>	Type 1
<b>Insulin Types</b>	NovoRapid and Lantus
<b>Report Generated</b>	10. Dezember 2014

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Text
Glicemy	2014-12-03 00:31:00		after	130			
Glicemy	2014-12-03 02:28:00		after	180			
Glicemy	2014-12-03 08:22:00	Breakfast I	before	184			
Note	2014-12-03 08:23:00						Frühstück : Haferflocken mit Milch und Kaffee ( 4 BE )
Insulin	2014-12-03 08:28:00	Breakfast I			NovoRapid	4	
Glicemy	2014-12-03 10:33:00	Breakfast I	after	160			
Glicemy	2014-12-03 11:55:00	Lunch	before	114			
Note	2014-12-03 12:11:00						Mittags : Salat und Suppe (4 BE )
Insulin	2014-12-03 12:12:00	Lunch			NovoRapid	4	
Glicemy	2014-12-03 13:58:00	Lunch	after	162			
Glicemy	2014-12-03 15:47:00	Afternoon tea	before	224			
Note	2014-12-03 15:48:00						Snack : 2 Schieben Eiweißbrot mit Käse und Schokolade. (2 BE )
Insulin	2014-12-03 15:53:00	Afternoon tea			NovoRapid	5	
Glicemy	2014-12-03 18:05:00	Afternoon tea	after	179			
Glicemy	2014-12-03 20:00:00	Dinner	before	144			
Note	2014-12-03 20:00:00						Abends : Spaghetti mit Pesto ( 10.5 BE )
Insulin	2014-12-03 20:04:00	Dinner			NovoRapid	10.5	

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Text
Insulin	2014-12-03 21:21:00				Lantus	7	
Glicemy	2014-12-03 22:46:00	Dinner	after	75			
Note	2014-12-03 22:47:00						Nüsse
Glicemy	2014-12-03 23:46:00		after	107			
Note	2014-12-03 23:53:00						Schokolade ( 1 BE )
Glicemy	2014-12-04 00:34:00		after	166			
Glicemy	2014-12-04 08:21:00	Breakfast I	before	158			
Note	2014-12-04 08:21:00						Frühstück : Haferflocken mit Milch und Kaffee ( 3.5 BE )
Insulin	2014-12-04 08:25:00	Breakfast I			NovoRapid	3.5	
Glicemy	2014-12-04 11:53:00	Lunch	before	145			
Note	2014-12-04 12:07:00						Mittags :Linsen mit Beete, Schokolade (4 BE )
Insulin	2014-12-04 12:09:00	Lunch			NovoRapid	4	
Glicemy	2014-12-04 14:14:00	Lunch	after	81			
Note	2014-12-04 14:15:00						1 Dextroenergie und Schokolade
Glicemy	2014-12-04 14:48:00		after	104			
Glicemy	2014-12-04 15:46:00	Afternoon tea	before	175			
Note	2014-12-04 15:47:00						Snack : 2 Schieben Eiweißbrot mit Käse und Kekse (8 BE )



Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Text
Insulin	2014-12-05 15:53:00	Afternoon tea			NovoRapid	4.5	
Glicemy	2014-12-05 20:04:00	Dinner	before	202			
Note	2014-12-05 20:04:00						Abends : Tofu curry mit Reis ( 5 BE )
Insulin	2014-12-05 20:05:00	Dinner			NovoRapid	7.5	
Insulin	2014-12-05 21:00:00				Lantus	7	
Note	2014-12-05 21:25:00						Mousse (3 BE )
Insulin	2014-12-05 21:25:00	Supper			NovoRapid	3	
Glicemy	2014-12-05 23:59:00		after	248			
Insulin	2014-12-06 00:00:00				NovoRapid	1	
Glicemy	2014-12-06 01:24:00		after	254			
Insulin	2014-12-06 01:25:00				NovoRapid	0.5	
Glicemy	2014-12-06 09:50:00	Breakfast I	before	251			
Note	2014-12-06 09:50:00						Frühstück : Haferflocken mit Milch und Kaffee (4.5 BE )
Insulin	2014-12-06 10:25:00	Breakfast I			NovoRapid	6	
Note	2014-12-06 14:24:00						Mittags : Baguette (5.5 BE )
Glicemy	2014-12-06 14:26:00	Lunch	before	136			
Insulin	2014-12-06 14:27:00	Lunch			NovoRapid	5.5	

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Text
Glicemy	2014-12-06 20:40:00	Dinner	before	114			
Note	2014-12-06 20:41:00						Abends : Saltimbocca mit Gemüse (3 BE )
Insulin	2014-12-06 20:42:00	Dinner			NovoRapid	3	
Insulin	2014-12-06 21:02:00				Lantus	7	
Glicemy	2014-12-06 22:18:00	Supper	before	122			
Note	2014-12-06 22:18:00						Dessert
Insulin	2014-12-06 22:19:00	Supper			NovoRapid	2.5	
Glicemy	2014-12-07 00:42:00		after	216			
Insulin	2014-12-07 00:42:00				NovoRapid	1	
Glicemy	2014-12-07 11:21:00	Breakfast I	before	214			
Note	2014-12-07 11:22:00						Frühstück : 2 Brötchen (4 BE )
Insulin	2014-12-07 11:23:00	Breakfast I			NovoRapid	6	
Glicemy	2014-12-07 15:08:00	Lunch	before	266			
Note	2014-12-07 15:08:00						Mittags : Brötchen und Gemüse Reste (2.5 BE )
Insulin	2014-12-07 15:10:00	Lunch			NovoRapid	5.5	
Glicemy	2014-12-07 19:38:00	Dinner	before	113			
Note	2014-12-07 19:38:00						Abends : Suppe mit Nudeln (10 BE )

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Text
Insulin	2014-12-07 19:39:00	Dinner			NovoRapid	10	
Insulin	2014-12-07 21:00:00				Lantus	7	
Glicemy	2014-12-07 21:47:00	Supper	before	143			
Note	2014-12-07 21:47:00						Mousse (4 BE). Insulin geteilt
Insulin	2014-12-07 21:55:00	Supper			NovoRapid	2	
Insulin	2014-12-07 23:28:00	Supper			NovoRapid	2	
Glicemy	2014-12-08 00:40:00		after	167			
Glicemy	2014-12-08 02:33:00		after	112			
Note	2014-12-08 02:34:00						Mandeln in Zucker
Glicemy	2014-12-08 08:40:00	Breakfast I	before	212			
Note	2014-12-08 08:55:00						Frühstück : Haferflocken mit Milch und Kaffee ( 4 BE )
Insulin	2014-12-08 08:57:00	Breakfast I			NovoRapid	5	
Glicemy	2014-12-08 11:59:00	Lunch	before	155			
Note	2014-12-08 12:11:00						Mittags : Salat und Suppe mit Brot (5 BE )
Insulin	2014-12-08 12:13:00	Lunch			NovoRapid	6	
Glicemy	2014-12-08 16:01:00	Afternoon tea	before	105			
Note	2014-12-08 16:02:00						Snack : 2 Schieben Eiweißbrot mit Salami und Käse. (1 BE )

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Text
Insulin	2014-12-08 16:02:00	Afternoon tea			NovoRapid	1	
Glicemy	2014-12-08 20:21:00	Dinner	before	214			
Note	2014-12-08 20:22:00						Abends : Vegetarisch Chili mit Reis (11 BE )
Insulin	2014-12-08 20:29:00	Dinner			NovoRapid	13	
Insulin	2014-12-08 21:04:00				Lantus	7	
Glicemy	2014-12-08 22:30:00	Supper	before	193			
Note	2014-12-08 22:30:00						Kekse ( 7 BE )
Insulin	2014-12-08 22:37:00	Supper			NovoRapid	8	
Glicemy	2014-12-09 01:11:00		after	136			
Glicemy	2014-12-09 07:27:00	Breakfast I	before	218			
Note	2014-12-09 07:27:00						Frühstück : Haferflocken mit Milch und Kaffee ( 4 BE )
Insulin	2014-12-09 07:27:00	Breakfast I			NovoRapid	5	
Glicemy	2014-12-09 11:59:00	Lunch	before	169			
Note	2014-12-09 12:10:00						Mittags : Salat und Suppe (3 BE )
Insulin	2014-12-09 12:10:00	Lunch			NovoRapid	4	
Glicemy	2014-12-09 15:40:00	Afternoon tea	before	202			
Note	2014-12-09 15:42:00						Snack: 2 Schieben Eiweißbrot mit Käse (1 BE). Schokolade genascht zwischen Mittags und jetzt.



Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Text
Insulin	2014-12-09 15:42:00	Afternoon tea			NovoRapid	3	
Glicemy	2014-12-09 19:31:00	Dinner	before	213			
Note	2014-12-09 19:39:00						Abends : Vegetarisch Chili mit Reis ( 11 BE )
Insulin	2014-12-09 19:44:00	Dinner			NovoRapid	13	
Insulin	2014-12-09 21:00:00				Lantus	7	
Glicemy	2014-12-09 21:49:00	Supper	before	109			
Note	2014-12-09 21:49:00						Schokolade ( 1.5 BE )
Insulin	2014-12-09 21:49:00	Supper			NovoRapid	1.5	
Glicemy	2014-12-09 23:46:00	Supper	after	120			
Glicemy	2014-12-10 00:49:00		after	101			
Note	2014-12-10 00:51:00						Schokolade ( 1 BE )
Glicemy	2014-12-10 07:31:00	Breakfast I	before	229			
Note	2014-12-10 07:33:00						Frühstück : Haferflocken mit Milch und Kaffee ( 4 BE )
Insulin	2014-12-10 07:33:00	Breakfast I			NovoRapid	4.5	
Glicemy	2014-12-10 11:57:00	Lunch	before	219			
Note	2014-12-10 12:17:00						Mittags : pasta mit Broccoli (5 BE )
Insulin	2014-12-10 12:18:00	Lunch			NovoRapid	7.5	

Activity	Time	Meal	Glycemia (before/after)	Glycemia (mg/dl)	Insulin Type	Units Injected	Text
Glicemy	2014-12-10 14:44:00	Lunch	after	124			
Glicemy	2014-12-10 15:45:00	Afternoon tea	before	149			
Note	2014-12-10 15:45:00						Snack : 2 Schieben Eiweißbrot mit Salami (1 BE )
Insulin	2014-12-10 15:46:00	Afternoon tea			NovoRapid	1.5	
Glicemy	2014-12-10 19:28:00	Dinner	before	300			
Note	2014-12-10 19:28:00						Abends : Asiatischen Buffet ( 10 BE )
Insulin	2014-12-10 19:29:00	Dinner			NovoRapid	14	
Glicemy	2014-12-10 21:28:00	Dinner	after	128			

