

# ATLAS.ti Report

## WFHanalysis

### Codes (selection)

Report created by Gao Jie on 2 Mar 2022

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#### ● family

##### 55 Quotations:

⑤ W:10 从元旦开始，爸妈辛苦带豆豆整三个月，退休生活的无缝衔接，也是最特殊的一段日子，真的非常感谢。07年读大学之后，就再也没有这么久的相处时间

##### Content:

从元旦开始，爸妈辛苦带豆豆整三个月，退休生活的无缝衔接，也是最特殊的一段日子，真的非常感谢。07年读大学之后，就再也没有这么久的相处时间，尤其是在家办公的日子，甚至还有些怀念。父母加速老去甚至是一瞬间的感觉，还是要珍惜家人，珍惜生活。也谢谢聪明可爱听话的灰豆宝贝，爱你。

⑤ W:24 早晨上完课背完明天的课做完 ppt 打扫下卫生，一中午就完成了，下午陪娃睡觉出去玩，晚上原来的批作业时间出去和小姐妹们唠了会嗑，回来洗刷完哄

##### Content:

早晨上完课背完明天的课做完ppt打扫下卫生，一中午就完成了，下午陪娃睡觉出去玩，晚上原来的批作业时间出去和小姐妹们唠了会嗑，回来洗刷完哄睡着开批俩班的作业就到这个点了。。我真的想回学校啊[泪][泪][泪]太累了一天在家办公。还好有暖心的家长，才觉得付出有点值得[心]

⑤ W:42 因为疫情，今年在家整整呆了三个月，越来越繁重的工作，让我极其抗拒上班了。在家也忙得要死，去了估计更是。值得开始的是，期间出去玩了一趟，去

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⑤ W:47 居家隔离第五天，熊孩子天天坐在窗边对着楼下喊有没有人[允悲]。貌似小区真没有多少人走动。又看娃，又做饭，还得居家办公，真没有多少时间管熊

##### Content:

居家隔离第五天，熊孩子天天坐在窗边对着楼下喊有没有人[允悲]。貌似小区真没有多少人走动。又看娃，又做饭，还得居家办公，真没有多少时间管熊孩子。看动画片的时间超标，眼看着眼睛要近视了，闹心。北京·北七家 显示地图

⑤ W:49 老妈出院后，接到了我家，住了一个多月了。今年由于疫情，我在家办公，时间比较自由，每天做好工作，打理好家务，下午都会抽出一个多小时，陪她

##### Content:

老妈出院后，接到了我家，住了一个多月了。今年由于疫情，我在家办公，时间比较自由，每天做好工作，打理好家务，下午都会抽出一个多小时，陪她出去散步，看春天的花红柳绿，风筝飞舞，人来人往，母女俩多少年没有这样的情景了！唉，内心有太多的忧伤！一向要强的妈妈，确实老

⑤ W:50 这个长假教会我的是：珍惜和家人在一起的时光，用心给家人做饭，一起吃好每一餐。以上，来自仍然在家办公(休假)的我。

##### Content:

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⑤ W:68 回大奉新真开心[太阳][太阳]，有点不太想回深圳[打脸]。可惜问了在家工作的同学，长久也是不可能在家呆着的╮(╯\_╰)╭

**Content:**

回大奉新真开心[太阳][太阳]，有点不太想回深圳[打脸]。可惜问了在家工作的同学，长久也是不可能在家呆着的╮(╯\_╰)╭ 宜春·奉新县 显示地图

⑥ W:82 小圆陪我居家办公 乖乖狗勾

**Content:**

小圆陪我居家办公 乖乖狗勾

⑦ W:88 想跟你永远在家工作 待不腻

**Content:**

想跟你永远在家工作 待不腻

⑧ W:89 头一次享受居家办公，老妈一会跑过来问要不要吃水果，儿子一会跑过来要手机玩，忙碌的一天，发现不比在办公室闲～～～[笑cry] 乌鲁木齐 显

**Content:**

头一次享受居家办公，老妈一会跑过来问要不要吃水果，儿子一会跑过来要手机玩，忙碌的一天，发现不比在办公室闲～～～[笑cry] 乌鲁木齐 显示地图

⑨ W:107 从来没有如此深入了解同事们的家庭情况。这两天，从家里有几口人，到爸爸妈妈，外公外婆，侄女侄子长什么样，基本上都了解了。[思考]

**Content:**

同事的父亲光着膀子[我想静静] 4. 从来没有如此深入了解同事们的家庭情况。这两天，从家里有几口人，到爸爸妈妈，外公外婆，侄女侄子长什么样，基本上都了解了。[思考]

⑩ W:115 原来在家办公才是工作生活娱乐三不误，白天上班+监督小孩上网课，偶尔做个饭

**Content:**

原来在家办公才是工作生活娱乐三不误，白天上班+监督小孩上网课，偶尔做个饭

⑪ W:120 居家办公，怎么说呢，带娃的时候想着工作，工作的时候担心娃闹，只能说这样的模式不适合我…这次疫情带来好多不快与纠结，但对于孩子们来说，

**Content:**

居家办公，怎么说呢，带娃的时候想着工作，工作的时候担心娃闹，只能说这样的模式不适合我…这次疫情带来好多不快与纠结，但对于孩子们来说，应该没啥太大损失吧，貌似父母在家陪伴的时间变多了呢…期待疫情早点结束！大家的生活恢复往日的热闹与欢乐，平稳与努力。

⑫ W:140 我在家拒绝我妈投喂拒绝地好累 我（经过客厅）去工作，我妈截住我：巾巾吃芒果了！我很暴躁：不是刚吃完饭吗！我一点也不饿，我不要！我吃得好

**Content:**

。我在家拒绝我妈投喂拒绝地好累 我（经过客厅）去工作，我妈截住我：巾巾吃芒果了！我很暴躁：不是刚吃完饭吗！我一点也不饿，我不要！我吃得好累！…然后我妈现在把它端到我电脑旁边了。说你看，你看看，这个颜色这么好看，我不信你不吃。而她自己一口也不吃就走了，去跟着抖音直播练瑜伽…

⑬ W:141 累到爆，哄屁图睡觉自己先睡着了，屁图搬了半天没把我搬醒罕见地早睡了。一天平均要接领导 13 个电话，还有各类群的信息回复，天天做表格，天天给

**Content:**

累到爆，哄屁图睡觉自己先睡着了，屁图搬了半天没把我搬醒罕见地早睡了。一天平均要接领导13个电话，还有各类型的信息回复，天天做表格，天天给群众做思想工作，大家想方设法想出门，我就想在家多待会儿。匆忙给老妈过了个生日，一大早起来做了个失败的蛋糕??，我真的是手残党。

## ④ W:160 如果没有豆腐给我爱的鼓励 这居家办公也能每周 70+ 的工时 害，真是没法过了，摔！

### Content:

如果没有豆腐给我爱的鼓励 这居家办公也能每周70+的工时 害，真是没法过了，摔！

## ④ W:169 跟着抖音做米线，首战大捷[鼓掌] Tony 老师今天开始营业，虽说借来的工具不咋给力，好在 tony 的手艺不错，两位 VIP 还算满意[吃瓜][

### Content:

跟着抖音做米线，首战大捷[鼓掌] Tony老师今天开始营业，虽说借来的工具不咋给力，好在tony的手艺不错，两位VIP还算满意[吃瓜][吃瓜][吃瓜] 在老妈的带领下又不听话的跑到大门外面挖一堆荠菜[坏笑][坏笑][坏笑] 陪爸妈追剧到现在因为有贴心的人工暖脚宝[心] 在远方的领导的遥控指挥下在家办公半天…… 优秀的火星姑娘呀，优秀的要上天与??肩并肩了[嘘][嘘][嘘][嘘]

## ④ W:176 养三只公猫的遭遇就是 谁也不愿意被隔离 谁也不能和平共处 宅在家这么久感觉工作饭碗要丢了[悲 伤][悲伤]

### Content:

养三只公猫的遭遇就是 谁也不愿意被隔离 谁也不能和平共处 宅在家这么久感觉工作饭碗要丢了[悲伤][悲伤]

## ④ W:193 四年一次的今天没什么特别的[偷笑]依旧带妹写作业在家办公吵妹陪我娘亲跳健身操，不特别却依旧 是我爱的一天[羞嗒嗒]

### Content:

四年一次的今天没什么特别的[偷笑]依旧带妹写作业在家办公吵妹陪我娘亲跳健身操，不特别却依旧 是我爱的一天[羞嗒嗒]

## ④ W:194 在家办公十几天，小孩想我陪，我也想陪她，可有时要做事，有时有些大声，对不起，但我真的不是 在骂你，我只是有点着急！妈妈爱你！

### Content:

在家办公十几天，小孩想我陪，我也想陪她，可有时要做事，有时有些大声，对不起，但我真的不是 在骂你，我只是有点着急！妈妈爱你！

## ④ W:208 感恩顺利进入工作状态，为明天做好准备。？感恩妈妈做的饭菜，让我们吃到了爱的味道。？感恩小宝今天的乖巧和调皮，为自己的事情负责。

### Content:

家做清理，明亮，舒适。？感恩顺利进入工作状态，为明天做好准备。？感恩妈妈做的饭菜，让我们吃到了爱的味道。？感恩小宝今天的乖巧和调皮，为自己的事情负责。？谢谢你，我爱你？

## ④ W:216 在家工作，奶奶的不定时投喂，幸福??

### Content:

在家工作，奶奶的不定时投喂，幸福??

## ④ W:219 一直在家办公的王先生除了应付工作，其余天天考虑的就是云姐的一日三餐，快递多到不知道哪个是 哪个，当然，快递都是居家相关的食材、水果、做饭用品，现在的厨房和冰箱王先生最熟，云姐做的最多的就是收拾整理和偶尔的刷碗。云姐吃不完的王先生为了避免浪费照单全收，所以导致俩人的肚子和体重一起长。

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⑤ W:224 今天其实第一天回公司坐班，回了家两个猫轮流过来吸我[允悲]不知道在家办公那阵子到底是猫 996 还是我 996

**Content:**

今天其实第一天回公司坐班，回了家两个猫轮流过来吸我[允悲]不知道在家办公那阵子到底是猫996 还是我996

⑥ W:243 今天上新课 作业多的刚结束 说这网课上啊上 上到最后都是家长的事 在家办公带两娃 真苦[泪]

**Content:**

今天上新课 作业多的刚结束 说这网课上啊上 上到最后都是家长的事 在家办公带两娃 真苦[泪]

⑦ W:252 有病毒，妈妈在家办公[嘻嘻]

**Content:**

有病毒，妈妈在家办公[嘻嘻]

⑧ T:2 I can't say I'm doing anything new. There are some things I'm doing more of and others I'm doing less...

**Content:**

I can't say I'm doing anything new. There are some things I'm doing more of and others I'm doing less or not at all. I already worked at home most of the time. The big difference is helping the kids adapt to "working" from home.

⑨ T:5 Hi Dayna, If you're going to be working from home this weekly don't worry, ABC7LA news has had sever...

**Content:**

Hi Dayna, If you're going to be working from home this weekly don't worry, ABC7LA news has had several employees working from hom. They're even anchoring from home. There pets have appeared in the live broadcast too. Have fun

⑩ T:7 trying to work from home w a big dog, puppy, and 2 other people is not ideal. I prefer my hermit lif...

**Content:**

trying to work from home w a big dog, puppy, and 2 other people is not ideal. I prefer my hermit lifestyle

⑪ T:8 My wife starts working from home tomorrow. I'll be mostly here working. We've never worked remotely...

**Content:**

My wife starts working from home tomorrow. I'll be mostly here working. We've never worked remotely together. I'm not sure we are prepared for this lol

⑫ T:15 I think about that too. When I'm in bed, I think about the homeless or those tha are sick. I have a...

**Content:**

I think about that too. When I'm in bed, I think about the homeless or those tha are sick. I have a job (for now). I just can't work because my job is at minimal staff right now. I'm grateful that my boyfriend is still working (from home). I'm not complaining. And I'm grateful

⑬ T:17 Wife's working from home now we either having another baby or getting a divorce

**Content:**

Wife's working from home now we either having another baby or getting a divorce

🕒 **T:24 A5: I'm working from home with my first grader and preschooler so we set a schedule each morning but...**

**Content:**

A5: I'm working from home with my first grader and preschooler so we set a schedule each morning but give ourselves some grace. Baking can be science, scavenger hunts are great for fresh air and a movie helps get through long calls. Also #Balance #IAAPAChat

🕒 **T:25 Day 2 work from home chronicles: Stephen A. Smith is on my firesick out-yelling Michael Irvin. How...**

**Content:**

Day 2 work from home chronicles: Stephen A. Smith is on my firesick out-yelling Michael Irvin. How do people sit home every day and listen to this man?

🕒 **T:27 My mama done told my grandma I'm working from home, now she call me everyday. Like Grandma, I Love y...**

**Content:**

My mama done told my grandma I'm working from home, now she call me everyday. Like Grandma, I Love you.....but you got like 10 other grandkids. Shar the wealth 😊😊😊

🕒 **T:32 Telework beginning of day 3 and I'm pretty sure the cats will kill me before I'm off at 3. They've b...**

**Content:**

Telework beginning of day 3 and I'm pretty sure the cats will kill me before I'm off at 3. They've been conspiring and looking at me weird. I've bathed and dressed(daytime pjs 😊)and put on deodorant, so that's not the reason.

🕒 **T:51 I think my dogs think I'm the best this about working from home. They get 2 or 3 walks a day the wou...**

**Content:**

I think my dogs think I'm the best this about working from home. They get 2 or 3 walks a day the would never be getting #CanWeJustKeepItThisWay

🕒 **T:63 HUGE HUGE thank you to actor Jake Johnson for sending Christopher an email and voice message from Pe...**

**Content:**

HUGE HUGE thank you to actor Jake Johnson for sending Christopher an email and voice message from Peter B. Parker. I almost cried. Seriously. This single mom working from home and bored kindergartener couldn't have been more excited.

🕒 **T:86 Chuck and I working from home... both talking on the phone at the Same time.... yeahhhhhh nooo 😊**

**Content:**

Chuck and I working from home... both talking on the phone at the Same time.... yeahhhhhh nooo 😊

🕒 **T:90 Yesterday my dog Noche farted and looked at her booty, confused wondering what it was. Lmaooo. Worki...**

**Content:**

Yesterday my dog Noche farted and looked at her booty, confused wondering what it was.  
Lmaooo.  
Working from home is awesome.

**ⓘ T:95 Working from home alongside my husband is pretty awesome. I think we both have new levels of respect...**

**Content:**

Working from home alongside my husband is pretty awesome. I think we both have new levels of respect for our respective capabilities and skills.  
On the odd occasion I need to drive, zipping from the south end to the north in 20 mins has been liberating

**ⓘ T:96 My work-from-home office is a portable TV tray with a laptop on it because I have a baby and I work...**

**Content:**

My work-from-home office is a portable TV tray with a laptop on it because I have a baby and I work all over the house, depending on her needs and schedule. It's not perfect but it's working for me. #teachingfromhome #workingfromhome #homeofficesetup #momteacherlife #phdmomlife

**ⓘ T:107 Working from home has really made me realize that all my dog and cat do is sleep.**

**Content:**

Working from home has really made me realize that all my dog and cat do is sleep.

**ⓘ T:117 Not really a problem on my end because I used to work for my wife part time as a paralegal (we start...**

**Content:**

Not really a problem on my end because I used to work for my wife part time as a paralegal (we started dating when she was a law student) and I work from home when not traveling for work.  
Plus, she's our volunteer chief legal officer. She's seen "work me". 😊

**ⓘ T:118 While I was at work my bf downloaded animal crossing for me so I can play when I get home. That's th...**

**Content:**

While I was at work my bf downloaded animal crossing for me so I can play when I get home. That's the kind of positivity we need in the world

**ⓘ T:125 My husband used to tell me about an old coworker he shared an office with who drove him insane and I...**

**Content:**

My husband used to tell me about an old coworker he shared an office with who drove him insane and I never told him but the things he complained about, I do on a regular basis.  
We're about to be working from home together in our two bedroom, 1 bath, no office house.

**ⓘ T:141 On the next episode of... WFH (working from Home)... juggling calls and a toddler.**

**Content:**

On the next episode of... WFH (working from Home)... juggling calls and a toddler.

🕒 **T:149 God grant the mother's home schooling and working from home as well the patience to get thru the end...**

**Content:**

God grant the mother's home schooling and working from home as well the patience to get thru the end of the school year!

🕒 **T:162 Working from home seems like a good idea, until you add a grouchy 2 year- old, whiney dogs, and Disney...**

**Content:**

Working from home seems like a good idea, until you add a grouchy 2 year- old, whiney dogs, and Disney movies non-stop. Hope it warms up enough to use the camper instead!

🕒 **T:179 I'm actually loving this lock down with we big chillin. Both working from home. Kickin it with the k...**

**Content:**

I'm actually loving this lock down with we big chillin. Both working from home. Kickin it with the kids everyday. I'm down for this for a few more months

🕒 **T:192 I'm just gonna “work” from home and OD on vitamin D and cuddle my cat, no questions at this time**

**Content:**

I'm just gonna “work” from home and OD on vitamin D and cuddle my cat, no questions at this time

🕒 **T:195 Stories from home: Working through email w/my 2 young kids & chatting w/parents via Remind. Mom...**

**Content:**

Stories from home: Working through email w/my 2 young kids & chatting w/parents via Remind.  
Mom calls “What do you think of Costco’s organic chicken thighs?”  
Me: “Seriously not a time to be picky mom. Do you need chicken or not?”  
2 yr old walks in w/o diaper & covered in poop.

🕒 **T:202 I don't like this whole working from home thing. A Turkish mother and working from home... i hear my...**

**Content:**

I don't like this whole working from home thing. A Turkish mother and working from home... i hear my name every 4 minutes... EZZZZGIIIII vat r u doinGggggG? ☺

🕒 **T:207 My bf is watching the draft and yelling at the tv while I'm on a call with my boss.... love working...**

**Content:**

My bf is watching the draft and yelling at the tv while I'm on a call with my boss.... love working from home.

🕒 **T:211 I'm watching my niece nephew while I work from home. They've done school, and both of them about to...**

**Content:**

I'm watching my niece nephew while I work from home. They've done school, and both of them about to lose their minds. They so fucking bored!!!

□□

They making water balloons outta gloves!! Pray for me

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● like or support

**55 Quotations:**

⑤ W:38 一上午备课改作业的工作。下午2点开始上课，开会。在家办公，每天也是相当充实的。

**Content:**

一上午备课改作业的工作。下午2点开始上课，开会。在家办公，每天也是相当充实的。

⑤ W:52 果然在家办公更适合我[笑 cry][笑 cry]

**Content:**

果然在家办公更适合我[笑cry][笑cry]

⑤ W:62 快乐的在家办公日子结束了 ????????

**Content:**

快乐的在家办公日子结束了 ????????

⑤ W:70 在家办公的感觉很舒服?? 工作和生活紧紧的粘在一起 希望公司的复工来得晚一些

**Content:**

在家办公的感觉很舒服?? 工作和生活紧紧的粘在一起 希望公司的复工来得晚一些

⑤ W:78 我觉得应该大力推广在家工作，电商无接触送货，减少对口罩使用，节省下来供医院用

**Content:**

我觉得应该大力推广在家工作，电商无接触送货，减少对口罩使用，节省下来供医院用

⑤ W:92 明明可以居家办公，非得耗在这里，小陈不开心，从天而降个告知书吧[跪了][跪了][跪了]

**Content:**

明明可以居家办公，非得耗在这里，小陈不开心，从天而降个告知书吧[跪了][跪了][跪了][跪了]

⑤ W:96 Oh~ 工作了一整天后吃到这种没有馅又特别大粒的汤圆实在太满足了 这次疫情让我体会到原来在家 工作也挺好 只用工作不用做饭不用晾衣服的日子

**Content:**

Oh~ 工作了一整天后吃到这种没有馅又特别大粒的汤圆实在太满足了 这次疫情让我体会到原来在家 工作也挺好 只用工作不用做饭不用晾衣服的日子原来也是有点爽的[笑cry] 心动 想辞职了[允悲][允悲]

⑤ W:139 在家办公其实挺爽的

**Content:**

在家办公其实挺爽的

⑤ W:146 嘿嘿 其实感觉在家上学真挺好的 先进的社会不就应该远程办公么

**Content:**

嘿嘿 其实感觉在家上学真挺好的 先进的社会不就应该远程办公么

④ W:149 人事部全都远程办公了，我跑去问管这个远程的大姐，我能远程吗。大姐：不行[可爱] .....真的好气

**Content:**

人事部全都远程办公了，我跑去问管这个远程的大姐，我能远程吗。大姐：不行[可爱] .....真的好气

④ W:155 我以为明天复工[喵喵][喵喵] 然后组长说明天还是在家办公[喵喵][喵喵] 有什么比这更快乐的吗 [喵喵][喵喵]

**Content:**

我以为明天复工[喵喵][喵喵] 然后组长说明天还是在家办公[喵喵][喵喵] 有什么比这更快乐的吗  
[喵喵][喵喵]

④ W:166 这周全体复工了啊～其实居家办公也不错

**Content:**

这周全体复工了啊～其实居家办公也不错

④ W:182 亲妈都不认得，别说面部识别了 下周上班全天带这个我会闷死吧 也是好不容易找到适合我这个大头 娃娃的大头围，即使是明目张胆的假冠军我也认了[

**Content:**

亲妈都不认得，别说面部识别了 下周上班全天带这个我会闷死吧 也是好不容易找到适合我这个大头  
娃娃的大头围，即使是明目张胆的假冠军我也认了[睡] 我不想正常办公，我只想居家办公[失望]

④ W:189 远程办公期间，最近工作太多了，上火，牙龈肿痛，肌肉都僵了，不过在家能自己做饭吃也是极好的，咖啡终于晚上到了，即使睡不着也要喝！！！下周

**Content:**

远程办公期间，最近工作太多了，上火，牙龈肿痛，肌肉都僵了，不过在家能自己做饭吃也是极好的，  
咖啡终于晚上到了，即使睡不着也要喝！！！ 下周还是不想现场办公，西城太危险了，那么点地方居然那么多人确诊，不想去不想去，金融民工太惨了！！！ 北京·车公庄西路35号院 显示地图

④ W:197 我想在家远程办公[跪了][跪了][跪了]

**Content:**

我想在家远程办公[跪了][跪了][跪了]

④ W:198 这个屏保可真好看(??ω??)?? 据说下周正式复工 那么我要珍惜在家办公的日子了 噢，开始干活[汗]

**Content:**

这个屏保可真好看(??ω??)?? 据说下周正式复工 那么我要珍惜在家办公的日子了 噢，开始干活  
[汗]

④ W:213 有点羡慕被隔离在家办公的同事

**Content:**

有点羡慕被隔离在家办公的同事

④ W:229 复工第一天 激动到手抖

**Content:**

复工第一天 激动到手抖

⌚ W:253 倒数第二天 在家办公，不想去上班[喵喵][喵喵][喵喵]

**Content:**

| 倒数第二天 在家办公，不想去上班[喵喵][喵喵][喵喵]

⌚ T:15 I think about that too. When I'm in bed, I think about the homeless or those tha are sick. I have a...

**Content:**

| I think about that too. When I'm in bed, I think about the homeless or those tha are sick. I have a job (for now). I just can't work because my job is at minimal staff right now. I'm grateful that my boyfriend is still working (from home). I'm not complaining. And I'm grateful

⌚ T:31 Working from home is weird. I love it but I feel like I haven't done much with my day

**Content:**

| Working from home is weird. I love it but I feel like I haven't done much with my day

⌚ T:33 So we're actually working from home moving forward even when the crisis is done. Which is good

**Content:**

| So we're actually working from home moving forward even when the crisis is done. Which is good

⌚ T:50 I LOVE working from home!! 😊

**Content:**

| I LOVE working from home!! 😊

⌚ T:55 I really hope my job gives me access to work from home .

**Content:**

| I really hope my job gives me access to work from home .

⌚ T:56 I like this work from home shit I can clock in at anytime

**Content:**

| I like this work from home shit I can clock in at anytime

⌚ T:58 10 out of 10 not a fan of this work from home thing. Grateful to still have a way to make money thou...

**Content:**

| 10 out of 10 not a fan of this work from home thing. Grateful to still have a way to make money though.

⌚ T:64 And to think I loved working from home when it wasn't my only option

**Content:**

| And to think I loved working from home when it wasn't my only option

⌚ T:73 I turned the corner and at this point if I can work remote forever I will take the dive.

**Content:**

I turned the corner and at this point if I can work remote forever I will take the dive.

🕒 **T:87 Money isn't everything I will be working from home too!**

**Content:**

Money isn't everything I will be working from home too!

🕒 **T:89 I wish! I've been WFH about 60 hours a week. But I'm grateful for a job that allows me to work from...**

**Content:**

I wish! I've been WFH about 60 hours a week. But I'm grateful for a job that allows me to work from home in my pjs. Still... I'm secretly pining for the luxury of time to do absolutely nothing.

🕒 **T:92 Love working from home**

**Content:**

Love working from home

🕒 **T:94 I'm grateful I can work remote. is at a critical moment, and we can't afford to take our eye off the...**

**Content:**

I'm grateful I can work remote. is at a critical moment, and we can't afford to take our eye off the ball. But leaders have lives and people outside of work. Don't forget that.

🕒 **T:97 I've been working from home for 6 months and I love it.**

**Content:**

I've been working from home for 6 months and I love it.

🕒 **T:99 Home school and working from home aren't such a great combination**

**Content:**

Home school and working from home aren't such a great combination

🕒 **T:112 Thanks. Luckily I can work from home!**

**Content:**

Thanks. Luckily I can work from home!

🕒 **T:114 Everybody who work in IT, happy as shit to work from home**

**Content:**

Everybody who work in IT, happy as shit to work from home

🕒 **T:115 Same to you!! Luckily we are all working from home**

**Content:**

Same to you!! Luckily we are all working from home

🕒 **T:120 I've been working from home the last couple months and I've had the great pleasure to work with some...**

**Content:**

I've been working from home the last couple months and I've had the great pleasure to work with some great ppl. I wanted to give them a quick shoutout. #MondayMotivation

🕒 **T:128 But I'm starting to understand it, even outside of our immediate situation. I've got a white collar...**

**Content:**

But I'm starting to understand it, even outside of our immediate situation. I've got a white collar job where remote work is common. I lean towards being a homebody. This isn't new for me.

🕒 **T:131 working from home went lovely today**

**Content:**

working from home went lovely today

🕒 **T:142 I call it common sense. Anyone who can work from home should work from home. 1,592 Americans are dead...**

**Content:**

I call it common sense. Anyone who can work from home should work from home. 1,592 Americans are dead from the virus since yesterday!

🕒 **T:148 Hope my job don't think I'm going back to work, working from home is working out just fine**

**Content:**

Hope my job don't think I'm going back to work, working from home is working out just fine

🕒 **T:154 I think it's amazing that you announced employees can work from home forever. Way to be forward thin...**

**Content:**

I think it's amazing that you announced employees can work from home forever. Way to be forward thinking.

🕒 **T:156 Working from home on Fridays aren't so bad.**

**Content:**

Working from home on Fridays aren't so bad.

🕒 **T:157 Not looking forward to returning to the office life 😞😔 Wish they would just let continue working f...**

**Content:**

Not looking forward to returning to the office life 😞😔 Wish they would just let continue working from home

🕒 **T:160 Sitting here working from home, eating leggo my eggo chocolate chip waffles and watching Even Stevens...**

**Content:**

Sitting here working from home, eating leggo my eggo chocolate chip waffles and watching Even Stevens on Disney Plus. What year is this 2020 or 2000?! Life's good

🕒 **T:163 Just had an interview for a "work from home" job. It would be nice to have a job where I don't have...**

**Content:**

Just had an interview for a “work from home” job. It would be nice to have a job where I don’t have to be on my feet all day with my bad knees. I will keep you posted...

🕒 **T:168 Looks like I'll be working from home this week 😊 #ancestry**

**Content:**

Looks like I'll be working from home this week 😊 #ancestry

🕒 **T:178 Working from home until the end of March? Sounds good to me 😊**

**Content:**

Working from home until the end of March? Sounds good to me 😊

🕒 **T:186 Blessed to be an “essential employee” with my position and get to work from home and still have a jo...**

**Content:**

Blessed to be an “essential employee” with my position and get to work from home and still have a job. My company has had to make budget cuts due to the virus with so many people cancelling we've let go of people who've been with the company for 6+ years. It's so sad

🕒 **T:194 Thankful that I'm considered an "essential" employee and even more thankful that I can work from hom...**

**Content:**

Thankful that I'm considered an "essential" employee and even more thankful that I can work from home a few days out of the week

🕒 **T:201 If you can work from home, consider it it a blessing**

**Content:**

If you can work from home, consider it it a blessing

🕒 **T:210 Coming back to work has me feeling like I want to be a stay at home dog mom forever!!**

**Content:**

Coming back to work has me feeling like I want to be a stay at home dog mom forever!!

🕒 **T:213 SO glad to return to working from home today 😊 back in my comfort zone**

**Content:**

SO glad to return to working from home today 😊 back in my comfort zone

🕒 **T:215 I wish I could work from home.😊**

**Content:**

I wish I could work from home.😊

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● **mental health**

**44 Quotations:**

🕒 **W:15 在家工作，真的快抑郁了，每天都不开心，没有理由的不开心，而且连续3天噩梦惊醒了，这种日子 真的没法过了**

**Content:**

在家工作，真的快抑郁了，每天都不开心，没有理由的不开心，而且连续3天噩梦惊醒了，这种日子真的没法过了

④ W:19 最近的工作状态像极了 2016 年的春夏交际 累吐了 每天在家也要工作到半夜 心理压力巨重 也不能在 朋友圈吐槽太做作 啊啊啊啊啊啊我相信明天

**Content:**

最近的工作状态像极了2016年的春夏交际 累吐了 每天在家也要工作到半夜 心理压力巨重 也不能在 朋友圈吐槽太做作 啊啊啊啊啊啊我相信明天会更好

④ W:20 一口老血 吐出来 气得想杀人 不想在家办公了[泪]会死 南安市 显示地图

**Content:**

一口老血 吐出来 气得想杀人 不想在家办公了[泪]会死 南安市 显示地图

④ W:23 今天邮件蛮多，但不累，哈哈，最近状态心态都贼好，我太喜欢在家办公了[笑 cry]除了费水费电以外[笑 cry]

**Content:**

今天邮件蛮多，但不累，哈哈，最近状态心态都贼好，我太喜欢在家办公了[笑cry]除了费水费电以外[笑cry]

④ W:40 治好懒宅最好的办法就是居家办公 现在真的多一秒也不想呆在室内了

**Content:**

治好懒宅最好的办法就是居家办公 现在真的多一秒也不想呆在室内了

④ W:85 要被单位的远程办公搞疯了…… 图里能找到我在哪吗？

**Content:**

要被单位的远程办公搞疯了…… 图里能找到我在哪吗？

④ W:135 唉，隔离在家工作，整天对着电脑加速衰老，各种事情一大堆，什么都解决不了，压力大到爆炸，今天晚上终于开始流鼻血了，我真不想抱怨的，可生活不

**Content:**

唉，隔离在家工作，整天对着电脑加速衰老，各种事情一大堆，什么都解决不了，压力大到爆炸，今天晚上终于开始流鼻血了，我真不想抱怨的，可生活不放过我[泪]。

④ W:165 Day8 天，大姨妈驾到，不想工作，无奈还要远程工作，今天出了个小插曲，自己在家呆着太紧张了，听见楼上有人咳嗽我会担心，感觉自己嗓子干，也

**Content:**

Day8天，大姨妈驾到，不想工作，无奈还要远程工作，今天出了个小插曲，自己在家呆着太紧张了，听见楼上有人咳嗽我会担心，感觉自己嗓子干，也会担心，想念家里的小盆友想的嘴里起泡，没一个生活过，在这特殊时期，一个人真的是每一天都在熬日子，放松心情，感谢社区卫生服务中心人员调节我心情。瞬间心情好了。??????疫情早日结束！！！

④ W:179 居家办公的我真是一天比一天难 晚上睡不了觉 胸闷呼吸困难恶心反胃 早上早起弄各种碎事完了还要动脑子改技术文件背文件 晚上吃完饭了想在床上

**Content:**

居家办公的我真是一天比一天难 晚上睡不了觉 胸闷呼吸困难恶心反胃 早上早起弄各种碎事完了还要动脑子改技术文件背文件 晚上吃完饭了想在床上躺一会吧又被逼逼吃完就睡 我寻思隔离了多久我就失眠了多久[摊手][摊手][摊手]

④ W:186 居家办公快两周了，头发长得能绑辫子了，说实在的不想去上班，但是好无聊啊，无聊到只能上天台逛.....[跪了][跪了]

**Content:**

居家办公快两周了，头发长得能编辫子了，说实在的不想去上班，但是好无聊啊，无聊到只能上天台逛……[跪了][跪了]

④ W:202 不想在家办公了，有同感的没？抑郁症有没有？神经质有没有？感觉钉钉在响有没有？

**Content:**

不想在家办公了，有同感的没？抑郁症有没有？神经质有没有？感觉钉钉在响有没有？

④ W:205 没有周六日的远程办公 顾不上做饭的远程办公 心情糟糕透的远程办公 ??拒绝不了的负能量??

**Content:**

没有周六日的远程办公 顾不上做饭的远程办公 心情糟糕透的远程办公 ??拒绝不了的负能量??

④ W:227 在家工作能有午睡的时间 却睡不安稳 睡醒很郁闷 情绪极为低落 午睡罪恶感患者 继续工作

**Content:**

在家工作能有午睡的时间 却睡不安稳 睡醒很郁闷 情绪极为低落 午睡罪恶感患者 继续工作

④ W:233 又想骂人了，怎么办[泪] 最近在家办公，吃得多，天天步数不过百，反而瘦了，足以证明这些日子 有多么的心累！！[伤心][伤心][伤心]

**Content:**

又想骂人了，怎么办[泪] 最近在家办公，吃得多，天天步数不过百，反而瘦了，足以证明这些日子 有多么的心累！！[伤心][伤心][伤心]

④ W:257 总有人问我最近怎么不发东西了，因为疫情影响，我已经在家呆了快三个月了… 没什么实践，也没 什么灵感，挺无聊的，天天远程办公忙忙忙(～\_～)

**Content:**

总有人问我最近怎么不发东西了，因为疫情影响，我已经在家呆了快三个月了… 没什么实践，也没 什么灵感，挺无聊的，天天远程办公忙忙忙(～\_～) 我来这个账号就是想写东西的时候记录一下，没打算当个职业写文up主，也没关心有多少人关注，只能说谢谢大家关注，也请不要催我更新啦！

④ W:258 在家办公 兼职撸猫

**Content:**

在家办公 兼职撸猫

③ T:3 Who would have thought online classes would be 100% more work and more stress then in class ☺ 42 ho...

**Content:**

Who would have thought online classes would be 100% more work and more stress then in class ☺ 42 hours of remote internship, 40 minute presentat via online chat, and 2 research projects here I come ☺

③ T:16 Trying not to be bored while working from home. It's tough when the bulk of your work has to deal wi...

**Content:**

Trying not to be bored while working from home. It's tough when the bulk of your work has to deal with preparing for an event, interacting with staff and guests and organizing uniforms and equipment.

🕒 T:23 I already struggled with not bringing work stress home but the stress at work is in my home now. Cur...

**Content:**

I already struggled with not bringing work stress home but the stress at work is in my home now. Currently working on coping techniques. #teleworking

🕒 T:28 we're DEADASSS(无聊的) working from home

**Content:**

we're DEADASSS(无聊的) working from home

🕒 T:29 "Many of the nation's essential workers are being asked to put themselves at risk for relatively low...

**Content:**

"Many of the nation's essential workers are being asked to put themselves at risk for relatively low wages, while white-collar workers are more able to work from home"

🕒 T:41 I'm working from home with a bad attitude

**Content:**

I'm working from home with a bad attitude

🕒 T:49 I'm a cocktail waitress and my boss wants us to come back in June, I'm really thinking about going b...

**Content:**

I'm a cocktail waitress and my boss wants us to come back in June, I'm really thinking about going back to cooperate America so I can work from home. I'll take a pay cut but my health is a priority concern

🕒 T:54 So relatable. Been working from home for several weeks now, and had to take some mental health PTO d...

**Content:**

So relatable. Been working from home for several weeks now, and had to take some mental health PTO days.

🕒 T:63 HUGE HUGE thank you to actor Jake Johnson for sending Christopher an email and voice message from Pe...

**Content:**

HUGE HUGE thank you to actor Jake Johnson for sending Christopher an email and voice message from Peter B. Parker. I almost cried. Seriously. This single mom working from home and bored kindergartener couldn't have been more excited.

🕒 😂 I'm sorry but ima go crazy working and doing school from home ...😂

**Content:**

I'm sorry but ima go crazy working and doing school from home ...😂

🕒 T:76 I AM SICK AND TIRED OF WORKING FROM HOME

**Content:**

I AM SICK AND TIRED OF WORKING FROM HOME

🕒 T:78 Love that I still have a job and can work from home but making these 100+ phone calls to parents &am...

**Content:**

| Love that I still have a job and can work from home but making these 100+ phone calls to parents & repeat the same thing over and over is making me go crazy

🕒 T:88 Inequality doesn't disappear in a crisis, it's magnified! Privilege looks a little different in time...

**Content:**

| Inequality doesn't disappear in a crisis, it's magnified! Privilege looks a little different in times like this. Working from home, having "fun" with our kid/s and spending more time on Netflix/Hulu & Disney+. 1/1

🕒 T:110 They tried this on my street and no one moved an inch. It's not fair when people are still working f...

**Content:**

| They tried this on my street and no one moved an inch. It's not fair when people are still working from home and barely use their cars and don't see the sign that they put up the day before.

🕒 T:135 I haven't left my house since Sunday bc working from home and everything is closed and I'm really th...

**Content:**

| I haven't left my house since Sunday bc working from home and everything is closed and I'm really thinking about playing in traffic just for some excitement ya know

🕒 T:139 I am sensitive to the fact that while many have had the luxury to rest and work at home so many more...

**Content:**

| I am sensitive to the fact that while many have had the luxury to rest and work at home so many more still have to get up and go to work in this pandemic.

🕒 T:143 My setup now that I'm be officially working from home and quarantined foreal is going to be crazy

**Content:**

| My setup now that I'm be officially working from home and quarantined foreal is going to be crazy

🕒 T:153 Too much anxiety. Work is all chaos. We're just doing it from home so extra chaos. And no commute to...

**Content:**

| Too much anxiety. Work is all chaos. We're just doing it from home so extra chaos. And no commute to decompress in. Just work bed work with stress

🕒 T:155 And my anxiety level has been somewhat better working from home. Weird

**Content:**

| And my anxiety level has been somewhat better working from home. Weird

🕒 T:165 It's new for all of us to be asked to work from home, stay home, and be safe. Only go out if it's a...

**Content:**

| It's new for all of us to be asked to work from home, stay home, and be safe. Only go out if it's a supply run. Most of my stores are depleted from continuous panic buying. We have fast food but that's a no no. All we can do is help to keep one another going and share smiles.

🕒 T:170 It's like... really weird to try to sit at home alone & get your normal work/chores/exercise/mun...

**Content:**

| It's like... really weird to try to sit at home alone & get your normal work/chores/exercise/ mundane life stuff done while the back of your mind constantly wonders whether your friends will go bankrupt or your loved ones will get sick or society will collapse... right? #COVID – 19

🕒 T:172 I'm part of the problem. But, for the more social and extroverted the quarantine and isolation leads...

**Content:**

| I'm part of the problem. But, for the more social and extroverted the quarantine and isolation leads to more depression, also domestic violence is on the rise, and lastly not everyone has the luxury of working from home. We've been in it the whole time.

🕒 T:173 I am exhausted. Mentally, physically, all of it. Wow this working from home is tough, y'all.

**Content:**

| I am exhausted. Mentally, physically, all of it. Wow this working from home is tough, y'all.

🕒 T:175 Oh God Zandy I'm having the same problem. Even an early coffee still has me dozing off working from...

**Content:**

| Oh God Zandy I'm having the same problem. Even an early coffee still has me dozing off working from home.  
But it's 1:14 here right now and I'm ready to build a model train set or something. I'm driving my poor wife crazy

🕒 T:187 I feel selfish saying that working from home is hard when there are people who HAVE to put themselves...

**Content:**

| I feel selfish saying that working from home is hard when there are people who HAVE to put themselves at risk to work, but not having any sort of structure in my day anymore is fucking with my head. ☺

🕒 T:188 The very frustrating thing for me right now is yes I can work from home, but I have hereditary disease...

**Content:**

| The very frustrating thing for me right now is yes I can work from home, but I have hereditary disease that needs to be checked on to see if I need a treatment, but that means going to the hospital for a test & treatment which means exposure, bc I am health compromised...maybe

🕒 T:193 My anxiety really doing me dirty right now . I wish I could work from home 😊😊😊😊😊

**Content:**

My anxiety really doing me dirty right now . I wish I could work from home  
😊😊😊😊😊

🕒 T:211 I'm watching my niece nephew while I work from home. They've done school, and both of them about to...

**Content:**

I'm watching my niece nephew while I work from home. They've done school, and both of them about to lose their minds. They so fucking bored!!!

□□

They making water balloons outta gloves!! Pray for me

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## ● device and space

### 42 Quotations:

🕒 W:22 可以通行了卑微的跑来姑姑家远程办公（要怪就怪自家网太卑微）突然她家开始播放 HAVANA[允悲][允悲][允悲] 满脑子都是 hsw 的舞集中

**Content:**

可以通行了卑微的跑来姑姑家远程办公（要怪就怪自家网太卑微）突然她家开始播放HAVANA[允悲][允悲][允悲] 满脑子都是hsw的舞集中不能[允悲][允悲][允悲]

🕒 W:25 都市白领经常在家加班，但是家里没有独立书房，可以在卧室里面设计一个地台，分出独立的工作区域。

**Content:**

都市白领经常在家加班，但是家里没有独立书房，可以在卧室里面设计一个地台，分出独立的工作区域。 汕头·龙田小学 显示地图

🕒 W:54 今天的远程办公系统，两分钟掉一次线..... 老板，不是我不干活，是公司系统不给力！[笑而不语]

**Content:**

今天的远程办公系统，两分钟掉一次线..... 老板，不是我不干活，是公司系统不给力！[笑而不语]

🕒 W:59 有一说一，在家工作老师能给报销一台电脑吗？电脑已经卡到寸步难行了??

**Content:**

有一说一，在家工作老师能给报销一台电脑吗？电脑已经卡到寸步难行了??

🕒 W:101 做好了在家办公的准备，台式电脑派上用场了，至少键盘比笔记本好用多了

**Content:**

做好了在家办公的准备，台式电脑派上用场了，至少键盘比笔记本好用多了

🕒 W:109 我们部门还好，基本上都弄到电脑了，勉强也可以维持正常工作，反正也没啥业务。隔壁部门有一半的人都没得电脑，一天两天一周两周还能凑合，要

**Content:**

我们老板说让大家做好最坏的打算，可能三月份要继续在家办公。我们部门还好，基本上都弄到电脑了，勉强也可以维持正常工作，反正也没啥业务。隔壁部门有一半的人都没得电脑，一天两天一周两周还能凑合，要是到三月那有电脑的人工作量就太大了，搞不完。今天他们部门主管满公司借人，说到了三月需要其他部门支援，分担一些工作。有工作倒是好事，我们这种业务中断的部门，每天都战

⑤ W:123 从 2 点捣鼓到现在，重启，换浏览器，尝试 n 次，郁闷到极点，好在远程办公账户总算登录成功了[二 哈]，看到久违的 e 系统竟然莫名的好激动[笑 cry]

**Content:**

从2点捣鼓到现在，重启，换浏览器，尝试n次，郁闷到极点，好在远程办公账户总算登录成功了[二哈]，看到久违的e系统竟然莫名的好激动[笑cry] 郑州 显示地图

⑥ W:168 不能在家办公吗？家好像没有我的地方而宿舍是我用小钱租来的自己的家 永远都是自在的

**Content:**

不能在家办公吗？家好像没有我的地方而宿舍是我用小钱租来的自己的家 永远都是自在的

⑦ W:172 居家办公的我，常期坐地上[泪][泪]

**Content:**

居家办公的我，常期坐地上[泪][泪]

⑧ W:195 2.29 打个卡 虽然也不知道四年后会怎样 因为疫情 在家连续加班一个月 开不完的会 做不完的工作 还有每天必会蓝屏的电脑 有点心累[失望]

**Content:**

2.29打个卡 虽然也不知道四年后会怎样 因为疫情 在家连续加班一个月 开不完的会 做不完的工作 还有每天必会蓝屏的电脑 有点心累[失望] 希望武汉挺过难关 早日恢复正常状态！[加油]

⑨ W:220 在家办公一个月了，腰酸背疼的，今天才反应过来可以自制一个笔记本支架，要被自己感动哭了

**Content:**

在家办公一个月了，腰酸背疼的，今天才反应过来可以自制一个笔记本支架，要被自己感动哭了

⑩ W:239 在家办公衡量幸福的标准 已经演变成了当天是否有打开音响和加湿器和香薰 [晕]

**Content:**

在家办公衡量幸福的标准 已经演变成了当天是否有打开音响和加湿器和香薰[晕]

⑪ W:246 在家办公从桌上搬到床上[汗]，时间也不规律，哎...

**Content:**

在家办公从桌上搬到床上[汗]，时间也不规律，哎...

⑫ W:255 在家办公效率太低了 突然发现还是台式好用 大半天九百个子目 我都服我自己 是有混荒之力嘛[挤 眼]

**Content:**

在家办公效率太低了 突然发现还是台式好用 大半天九百个子目 我都服我自己 是有混荒之力嘛[挤眼] 乌鲁木齐 • CCMALL时代广场 显示地图

⑬ T:10 Work from home life is critically missing my current office chair.

**Content:**

Work from home life is critically missing my current office chair.

⑭ T:45 is there an outage (停电) or anything in the Bethany, Missouri area? I was just watching Netflix and s...

**Content:**

is there an outage (停电) or anything in the Bethany, Missouri area? I was just watching Netflix and suddenly my internet goes out. I'm supposed to work from home and can't do that if I have to wait until Friday for a technician

🕒 **T:52 Getting my laptop ready to work from home and idk how I feel about this 😐**

**Content:**

Getting my laptop ready to work from home and idk how I feel about this 😐

🕒 **T:61 Having to pause my work from home in the middle of a pandemic because my robot vacuum unplugged my r...**

**Content:**

Having to pause my work from home in the middle of a pandemic because my robot vacuum unplugged my router is one of the more 2020 things to happen to me.

🕒 **T:62 What's everyone doing for office supplies whilst working from home? Still be stealing or nah**

**Content:**

What's everyone doing for office supplies whilst working from home? Still be stealing or nah

🕒 **T:67 Please fix it! People work from home and NEED THE WIFI NOW 😠**

**Content:**

Please fix it! People work from home and NEED THE WIFI NOW 😠

🕒 **T:74 Now I have to buy a desk to work from home since I don't have a dining table and I don't want to sit...**

**Content:**

Now I have to buy a desk to work from home since I don't have a dining table and I don't want to sit at the island

🕒 **T:75 we just had a meeting with people social distancing in the cafeteria, one person to a table, everybo...**

**Content:**

we just had a meeting with people social distancing in the cafeteria, one person to a table, everybody trying to shout into a laptop so we could talk to team members working from home. poverty level shit

🕒 **T:79 Bruh idfk. They ain't prepared so we don't have what we need to work from home. they ordered usb hea...**

**Content:**

Bruh idfk. They ain't prepared so we don't have what we need to work from home. they ordered usb headsets today. Some are working from home, but not everyone. Meanwhile, apparently there aren't supposed to be groups more than 10...I passed more than 10folks coming to the bathroom

🕒 **T:93 my dad has to work from home & couldn't figure out how to connect to the wifi ; this is not gonn...**

**Content:**

my dad has to work from home & couldn't figure out how to connect to the wifi ; this is not gonna be good

🕒 **T:96 My work-from-home office is a portable TV tray with a laptop on it because I have a baby and I work...**

**Content:**

My work-from-home office is a portable TV tray with a laptop on it because I have a baby and I work all over the house, depending on her needs and schedule. It's not perfect but it's working for me. #teachingfromhome #workingfromhome #homeofficesetup #momteacherlife #phdmomlife

🕒 **T:105 9 am. Cue the internet maxed out from people working at home. Guess I'll play some music today! Ain'...**

**Content:**

9 am. Cue the internet maxed out from people working at home. Guess I'll play some music today! Ain't mad bout it

🕒 **T:106 do you use a gaming chair for long hours of sitting and writing, etc? Thought I've seen a picture of...**

**Content:**

do you use a gaming chair for long hours of sitting and writing, etc? Thought I've seen a picture of one in your stream at some point. Work from home has me looking for a good chair. Any recs?

🕒 **T:121 can't work from home during #COVID\_19 because refuses to properly deliver my monitor**

**Content:**

can't work from home during #COVID\_19 because refuses to properly deliver my monitor

🕒 **T:124 Having a hard time trying to get internet set up at our new build from I understand the times we are...**

**Content:**

Having a hard time trying to get internet set up at our new build from I understand the times we are in but I need internet to work from home now that my company is 100% WFH. My wife is a nurse and if she gets this virus and unable to work I ABSOLUTELY need internet....

🕒 **T:125 My husband used to tell me about an old coworker he shared an office with who drove him insane and I...**

**Content:**

My husband used to tell me about an old coworker he shared an office with who drove him insane and I never told him but the things he complained about, I do on a regular basis. We're about to be working from home together in our two bedroom, 1 bath, no office house.

🕒 **T:126 Its official. My company just announcing a hiring freeze and no pay raises until further notice. It'...**

**Content:**

Its official. My company just announcing a hiring freeze and no pay raises until further notice. It's time for me to get my house in order and file these expense reports for my work from home equipment.

⌚ T:136 Today for work, I logged onto a remote desktop on a remote desktop. It feels like a big joke

**Content:**

| Today for work, I logged onto a remote desktop on a remote desktop. It feels like a big joke

⌚ T:144 My work from home advice for noobs: having a dedicated home office is the ideal situation but imposs...

**Content:**

| My work from home advice for noobs: having a dedicated home office is the ideal situation but impossible for a lot of people. If that's you, try to at least have an actual desk somewhere in the house and avoid setting up camp on the couch and coffee table

⌚ T:146 Our internet going out when two of us work from home is the best April Fools joke!

**Content:**

| Our internet going out when two of us work from home is the best April Fools joke!

⌚ T:152 Remote onboarding. We had new hires start Monday. We asked them to come down to the nearly vacant of...

**Content:**

| Remote onboarding. We had new hires start Monday. We asked them to come down to the nearly vacant office to pick up a work issued laptop/get logged in to everything then sent them home to do their onboarding week via GoogleMeet

⌚ T:158 All my friends working from home...let's set up the office in my spare bedroom so we can all be co w...

**Content:**

| All my friends working from home...let's set up the office in my spare bedroom so we can all be co workers? Ok

⌚ T:164 By the end of the day I will be setup to work from home

**Content:**

| By the end of the day I will be setup to work from home

⌚ T:190 It's 4/20 , I'm working from home , my computer acting crazy 😏.

**Content:**

| It's 4/20 , I'm working from home , my computer acting crazy 😏. ☐

⌚ T:199 These were great. Covid19 brought more people home to work. I was already working from home. Reviewing chairs now. Any Covid19 sales coming? I have a budget but I recognize quality. Mirna chairs get good reviews - some problem about back splits?

**Content:**

| These were great. Covid19 brought more people home to work. I was already working from home. Reviewing chairs now. Any Covid19 sales coming? I have a budget but I recognize quality. Mirna chairs get good reviews - some problem about back splits?

⌚ T:203 Got me all set up to work from home. only took 3 hours from start to finish with and our I/T departm...

**Content:**

Got me all set up to work from home. only took 3 hours from start to finish with our I/T department. I can't do this kind of thing on my own.

🕒 **T:204 If you live in the Austin area and are in possession of a desk chair you no longer use or are wantin...**

**Content:**

If you live in the Austin area and are in possession of a desk chair you no longer use or are wanting to donate, I am on the lookout for one for a friend who is adjusting to working from home. Need some sort of table set up- that's not as important if it's a proper desk, nbd

🕒 **T:214 My current working from home debate...I can't find a comfortable temperature setting. I'm either too...**

**Content:**

My current working from home debate...I can't find a comfortable temperature setting. I'm either too hot or too cold. I can't make up my mind! When I'm in the newsroom I'm just stuck freezing!!

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## ● eating

**41 Quotations:**

🕒 **W:12 在家办公的好处就是， 可以随时给自己做一杯冰拿铁??**

**Content:**

在家办公的好处就是， 可以随时给自己做一杯冰拿铁??

🕒 **W:13 刺激味蕾可以提高在家办公的效率[钢铁侠]**

**Content:**

刺激味蕾可以提高在家办公的效率[钢铁侠]

🕒 **W:17 今天完全过着??一样的生活，睡醒吃，吃了睡，醒了吃，吃了再睡，不是在床上就是在去厨房的路上，如果我在家办公，最显而易见的改变一定是快速发**

**Content:**

今天完全过着??一样的生活，睡醒吃，吃了睡，醒了吃，吃了再睡，不是在床上就是在去厨房的路上，如果我在家办公，最显而易见的改变一定是快速发胖！

🕒 **W:41 又是在家工作+吃吃喝喝的一个礼拜。今天来 belcarra park 的 trails 走了两个小时??♀?下周一一开始 又要忙起来了。希望学的东**

**Content:**

又是在家工作+吃吃喝喝的一个礼拜。今天来belcarra park的 trails走了两个小时??♀?下周一一开始 又要忙起来了。希望学的东西不要太难，自己的脑子可以够用，默默发现这周喝了太多bubble tea ??

🕒 **W:63 在家办公我这个作息就乱了…我觉得我明早起不来买菜包，肉包和豆腐脑了，如果雪芝醒的比我早。 记得帮我带回家[嘻嘻][嘻嘻][嘻嘻][嘻嘻][**

**Content:**

在家办公我这个作息就乱了…我觉得我明早起不来买菜包，肉包和豆腐脑了，如果雪芝醒的比我早。记得帮我带回家[嘻嘻][嘻嘻][嘻嘻][嘻嘻][嘻嘻][嘻嘻][嘻嘻][嘻嘻][嘻嘻][嘻嘻][嘻嘻]

🕒 **W:66 在家的第四十八天 原来糖醋里脊这么简单 [doge]好吃到没办法停下来工作的那种 以后可以挑战一下炸酥肉了 在特别想吃火锅那天炸一下试试**

**Content:**

在家的第四十八天 原来糖醋里脊这么简单 [doge] 好吃到没办法停下来工作的那种 以后可以挑战一下炸酥肉了 在特别想吃火锅那天炸一下试试 [doge] 明天微风蛋糕终于开始送货了 我太馋他们家的东西了 人家是方方日记 我们是胖胖日记 [doge]

**④ W:95 远程办公方知柴米油盐贵，米没了，酱油也要没了，一包青菜都要 10 元钱，守着深夜抢盒马鲜生配送 资格[允悲][允悲]****Content:**

远程办公方知柴米油盐贵，米没了，酱油也要没了，一包青菜都要 10 元钱，守着深夜抢盒马鲜生配送 资格[允悲][允悲]

**④ W:96 Oh~ 工作了一整天后吃到这种没有陷又特别大粒的汤圆实在太满足了 这次疫情让我体会到原来在家 工作也挺好 只用工作不用做饭不用晾衣服的日子****Content:**

Oh~ 工作了一整天后吃到这种没有陷又特别大粒的汤圆实在太满足了 这次疫情让我体会到原来在家 工作也挺好 只用工作不用做饭不用晾衣服的日子原来也是有点爽的[笑cry] 心动 想辞职了[允悲][允悲]

**④ W:97 中午吃烤肉，晚上吃火锅 不喝膳食纤维的话天天这么吃?? 胖飞 最近宅在家，都抢着展示厨艺，吃的多 白天工作，追剧，打游戏，零食不离手 第****Content:**

中午吃烤肉，晚上吃火锅 不喝膳食纤维的话天天这么吃?? 胖飞 最近宅在家，都抢着展示厨艺，吃的多 白天工作，追剧，打游戏，零食不离手 第一次，过年没胖?? 多亏膳食纤维

**④ W:99 居家办公的最大障碍[馋嘴][馋嘴][馋嘴][馋嘴]****Content:**

居家办公的最大障碍[馋嘴][馋嘴][馋嘴][馋嘴]

**④ W:110 明天去上个小班...原来自己在家天天做饭真的吃腻受不了...好寡啊...每天也忙着工作，但这个空间真的伐...埋怨了，埋怨睡觉连个说晚安的人都没有了...****Content:**

明天去上个小班...原来自己在家天天做饭真的吃腻受不了...好寡啊...每天也忙着工作，但这个空间真的伐...埋怨了，埋怨睡觉连个说晚安的人都没有了...

**④ W:118 远程办公到这个时候，又累又饿[二哈]****Content:**

远程办公到这个时候，又累又饿[二哈]

**④ W:121 貌似居家办公必备的和在办公室差不多 零食和茶包 吃喝俱全人才有心思干活啧啧。****Content:**

貌似居家办公必备的和在办公室差不多 零食和茶包 吃喝俱全人才有心思干活啧啧。

**④ W:122 腌制了一晚的舟山带鱼老同志大呼过瘾下饭??不过腌制油炸，最多给他过个嘴瘾不可多食！各类菌菇 和功德林油面筋来个炒素，吃不完明天给他下面做浇****Content:**

腌制了一晚的舟山带鱼老同志大呼过瘾下饭??不过腌制油炸，最多给他过个嘴瘾不可多食！各类菌菇 和功德林油面筋来个炒素，吃不完明天给他下面做浇?? 现在不提倡凉拌菜，于是彩椒就糖醋炒炒（原来我当水果吃），青菜么不能少??这段时间返工人流加大，有些还是居家办公或隔离的，盒马生鲜和叮咚网购蔬菜成了问题?? 但我认为越是这种时候越要多吃蔬菜食补维生素增强体质！油面筋和榨菜西红柿?? 土豆??弄了个汤?? 感谢复工的同事们还给我快递口罩?? 大家多保重??

⑤ W:131 在家办公的日子也很惬意，在几平方米的空间里号称着自由，还能收到舍友在东北远程给买的菜[允 悲] 希望疫情赶紧过去，能让我自由的呼吸空气[并

**Content:**

在家办公的日子也很惬意，在几平方米的空间里号称着自由，还能收到舍友在东北远程给买的菜[允 悲] 希望疫情赶紧过去，能让我自由的呼吸空气[并不简单]

⑥ W:140 我在家拒绝我妈投喂拒绝地好累 我（经过客厅）去工作，我妈截住我：巾巾吃芒果了！我很暴躁：不是刚吃完饭吗！我一点也不饿，我不要！我吃得好

**Content:**

。我在家拒绝我妈投喂拒绝地好累 我（经过客厅）去工作，我妈截住我：巾巾吃芒果了！ 我很暴躁：不是刚吃完饭吗！我一点也不饿，我不要！我吃得好累！ … 然后我妈现在把它端到我电脑旁边了。 说你看，你看看，这个颜色这么好看，我不信你不吃。 而她自己一口也不吃就走了，去跟着抖音直播练习瑜伽 …

⑦ W:151 上次烫的疤还在，这次又烫起个泡[伤心]居家办公除了要自己做饭啥都好[喵喵] 偶然从学院微博翻 到 16 年的我，也就人瘦点，头发长点，我还是那

**Content:**

上次烫的疤还在，这次又烫起个泡[伤心]居家办公除了要自己做饭啥都好[喵喵] 偶然从学院微博翻 到 16 年的我，也就人瘦点，头发长点，我还是那个年轻的我[挖鼻]

⑧ W:159 远程办公一直没解决的问题，来公司半天解决了…果然是在家做饭耽误时间太多了吗[doge]

**Content:**

远程办公一直没解决的问题，来公司半天解决了…果然是在家做饭耽误时间太多了吗[doge]

⑨ W:164 幸福感有时候也真的蛮简单的，居家办公没时间吃饭的这个晚上，本以为只有一个麦辣鸡腿堡，没想到这个麦旋风口口入心，好甜[心][心]

**Content:**

幸福感有时候也真的蛮简单的，居家办公没时间吃饭的这个晚上，本以为只有一个麦辣鸡腿堡，没想到这个麦旋风口口入心，好甜[心][心]

⑩ W:167 在家工作量爆炸的一周[泪]感谢胡小厨第二季升级版本，上班一天还包早饭[爱你]

**Content:**

在家工作量爆炸的一周[泪]感谢胡小厨第二季升级版本，上班一天还包早饭[爱你]

⑪ W:190 远程办公，边开会边吃饭真的是影响胃口呀

**Content:**

远程办公，边开会边吃饭真的是影响胃口呀

⑫ W:199 最近一段时间在家办公可能吃饭是凑合了点…[微风]

**Content:**

最近一段时间在家办公可能吃饭是凑合了点…[微风]

⑬ W:206 中午接到通知说明天上班?? 然后我觉得应该庆祝一下，决定做个番茄鱼[太开心] 等我一切准备就绪[鼓掌] 又通知说能宅家的继续宅家远程办公

**Content:**

中午接到通知说明天上班?? 然后我觉得应该庆祝一下，决定做个番茄鱼[太开心] 等我一切准备就绪[鼓掌] 又通知说能宅家的继续宅家远程办公[汗] 好的[笑而不语] 这个番茄鱼就成了慰劳我继续宅家的一道菜[思考] Ps: 老实说，番茄鱼这次我先用朝天椒炝锅，炒番茄的时候加了番茄酱…… 巴沙鱼加盐油姜料酒腌制半小时再焯水 没有鱼的腥味，只有浓郁的番茄香，简直不要太好吃！

⑤ W:216 在家工作，奶奶的不定时投喂，幸福??

**Content:**

在家工作，奶奶的不定时投喂，幸福??

⑤ W:219 一直在家办公的王先生除了应付工作，其余天天考虑的就是云姐的一日三餐，快递多到不知道哪个是哪个，当然，快递都是居家相关的食材、水果、做饭用

**Content:**

一直在家办公的王先生除了应付工作，其余天天考虑的就是云姐的一日三餐，快递多到不知道哪个是哪个，当然，快递都是居家相关的食材、水果、做饭用品，现在的厨房和冰箱王先生最熟，云姐做的最多的就是收拾整理和偶尔的刷碗。云姐吃不完的王先生为了避免浪费照单全收，所以导致俩人的肚子和体重一起长。

⑤ W:245 在家办公仅中午一个小时没人催没人找，我每天利用这一个小时尝试了蒸、炖、煎、炒牛羊猪鸡鱼生肉，已经处理了 1/3 妈妈投喂的整个冷藏柜，快乐的

**Content:**

在家办公仅中午一个小时没人催没人找，我每天利用这一个小时尝试了蒸、炖、煎、炒牛羊猪鸡鱼生肉，已经处理了 1/3 妈妈投喂的整个冷藏柜，快乐的解压方式[鼓掌][鼓掌]

⑤ W:249 今天晨跑去啦，晨跑太快乐了！ ?? 中午饭一边在家办公一边吃 ?? 哂溜 ?? 课间夹缝中生存背单词 ?? 今天下午的雷雨像夏天

**Content:**

??/?? ?? ?? 今天晨跑去啦，晨跑太快乐了！ ?? 中午饭一边在家办公一边吃 ?? 哂溜 ?? 课间夹缝中生存背单词 ?? 今天下午的雷雨像夏天

⑥ T:21 Wypipo really acting crazy because they're working from home and I'm baking all of them one by one!...

**Content:**

Wypipo really acting crazy because they're working from home and I'm baking all of them one by one! Y'all wouldn't talk to me like that in office. Cool it tf dahn!

⑥ T:22 Good to hear. Have stayed healthy and working a lot from home - though took Friday off. Trying to pl...

**Content:**

Good to hear. Have stayed healthy and working a lot from home - though took Friday off. Trying to play more guitar and cooking. All the best to you!

⑥ T:26 I can't eat when I'm bored and at home all day. I eat more at work, esp. that 4 O'Clock when you wan...

**Content:**

I can't eat when I'm bored and at home all day. I eat more at work, esp. that 4 O'Clock when you want something sweet to eat.

⑥ T:47 It's been alright .. been doing this work from home thing and now just grabbing dinner

**Content:**

It's been alright .. been doing this work from home thing and now just grabbing dinner

⑥ T:57 One of the many challenges of working from home is resisting the temptation to have a beer with lunc...

**Content:**

One of the many challenges of working from home is resisting the temptation to have a beer with lunch. We Americans are such prudes w/alcohol

🕒 **T:69 Quitso'clock - the time of the day where you step away from your remote work setup for the day and m...**

**Content:**

Quitsoclock - the time of the day where you step away from your remote work setup for the day and maybe make yourself a nice cocktail drink.

🕒 **T:70 I must admit lunches are much more delicious when I work from home. Today I 'm having pulled pork an...**

**Content:**

I must admit lunches are much more delicious when I work from home. Today I 'm having pulled pork and a baked potato.

🕒 **T:80 I think this probably makes me a psychopath, but my favorite part of work from home is being able to...**

**Content:**

I think this probably makes me a psychopath, but my favorite part of work from home is being able to clean/do laundry on my lunch break 😂

🕒 **T:134 Accidental side effect of working from home/not leaving the house, entirely plant based diet.**

**Content:**

Accidental side effect of working from home/not leaving the house, entirely plant based diet.

🕒 **T:145 During my weekly Monday shit show 3 hour conference call that could be replaced by a 5 line email I...**

**Content:**

During my weekly Monday shit show 3 hour conference call that could be replaced by a 5 line email I drank 3 beers and watched American Pickers.

🕒 **T:150 Everyone at home eating all their quarantine foods. I've lost my appetite since I started working fr...**

**Content:**

Everyone at home eating all their quarantine foods. I've lost my appetite since I started working from home. Weird.

🕒 **T:160 Sitting here working from home, eating leggo my eggo chocolate chip waffles and watching Even Steven...**

**Content:**

Sitting here working from home, eating leggo my eggo chocolate chip waffles and watching Even Stevens on Disney Plus. What year is this 2020 or 2000?! Life 's good

🕒 **T:165 It's new for all of us to be asked to work from home, stay home, and be safe. Only go out if it's a...**

**Content:**

It's new for all of us to be asked to work from home, stay home, and be safe. Only go out if it's a supply run. Most of my stores are depleted from continuous panic buying. We have fast food but that's a no no. All we can do is help to keep one another going and share smiles.

③ T:175 Oh God Zandy I'm having the same problem. Even an early coffee still has me dozing off working from...

**Content:**

Oh God Zandy I'm having the same problem. Even an early coffee still has me dozing off working from home.  
But it's 1:14 here right now and I'm ready to build a model train set or something. I'm driving my poor wife crazy

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● **busy**

**38 Quotations:**

④ W:8 在家办公忙到死，一来公司就闲到死。 好困[晕]

**Content:**

在家办公忙到死，一来公司就闲到死。 好困[晕]

④ W:19 最近的工作状态像极了 2016 年的春夏交际 累吐了 每天在家也要工作到半夜 心理压力巨重 也不能在 朋友圈吐槽太做作 啊啊啊啊啊我相信明天

**Content:**

最近的工作状态像极了2016年的春夏交际 累吐了 每天在家也要工作到半夜 心理压力巨重 也不能在 朋友圈吐槽太做作 啊啊啊啊啊我相信明天会更好

④ W:24 早晨上完课背完明天的课做完 ppt 打扫下卫生，一中午就完成了，下午陪娃睡觉出去玩，晚上原来的 批作业时间出去和小姐妹们唠了会嗑，回来洗刷完哄

**Content:**

早晨上完课背完明天的课做完ppt打扫下卫生，一中午就完成了，下午陪娃睡觉出去玩，晚上原来的 批作业时间出去和小姐妹们唠了会嗑，回来洗刷完哄睡着开批俩班的作业就到这个点了。。我真的想回学校啊[泪][泪][泪]太累了一天天的在家办公。还好有暖心的家长，才觉得付出有点值得[心]

④ W:26 一个晚上做梦都在调现流表[二哈]自从有了在家办公之后工作量真的是比以往大多了！[跪了]

**Content:**

一个晚上做梦都在调现流表[二哈]自从有了在家办公之后工作量真的是比以往大多了！[跪了]

④ W:28 真的好想正常上班..在家办公事情更多[晕]

**Content:**

真的好想正常上班.. 在家办公事情更多[晕]

④ W:32 现在在家办公 都不分昼夜了[允悲] 还是给自己的压力太大了[摊手] 感觉自己的时间是挤出来的 沧州

**Content:**

现在在家办公 都不分昼夜了[允悲] 还是给自己的压力太大了[摊手] 感觉自己的时间是挤出来的 沧州 显示地图

④ W:37 下周要上连着上 13 天班 也太惨了吧 本以为找个在家办公，单休就单休了~ 一点也不开心的双休[微笑]

**Content:**

下周要上连着上13天班 也太惨了吧 本以为找个在家办公，单休就单休了~ 一点也不开心的双休[微笑]

④ W:42 因为疫情，今年在家整整呆了三个月，越来越繁重的工作，让我极其抗拒上班了。在家也忙得要死，去了估计更是。值得开始的是，期间出去玩了一趟，去

**Content:**

因为疫情，今年在家整整呆了三个月，越来越繁重的工作，让我极其抗拒上班了。在家也忙得要死，去了估计更是。值得开始的是，期间出去玩了一趟，去拍了全家福。刚才找通讯录上联系人时，看到渣男头像换了，呵呵，只会玩些无聊的小把戏，有的人但愿这辈子别见了吧！[微笑][微笑][微笑]

④ W:53 在家比上班也忙，完不了的工作[怒][怒][怒]

**Content:**

在家比上班也忙，完不了的工作[怒][怒][怒]

④ W:57 在公司工作，一会儿就有人聊个天，倒个咖啡什么的，就不容易累。在家工作，把水壶放在旁边，动也不动，闷头干活，一会儿就被累死了[允悲][允悲]

**Content:**

在公司工作，一会儿就有人聊个天，倒个咖啡什么的，就不容易累。在家工作，把水壶放在旁边，动也不动，闷头干活，一会儿就被累死了[允悲][允悲][允悲]

④ W:64 号外：明天就是 5.1 国际长跑节了，大家动起来。4月跑量 230km。少。祝愿 5月不像 2、3、4 月，说是在家办公，实际忙到死十回。点对

**Content:**

号外：明天就是5.1国际长跑节了，大家动起来。4月跑量230km。少。祝愿5月不像2、3、4月，说是在家办公，实际忙到死十回。点对多点的工作，比容易官僚的树状组织结构更内耗。太民主了不行啊

④ W:79 而在家的我，该运动运动、该问候问候、该处理工作继续交流；把所有线下的工作变成线上，怎么感觉时间不够用呢[允悲][允悲][允悲]

**Content:**

全：此刻唯有“静心”期待疫情平稳过渡、祈祷病患早日康复；而在家的我，该运动运动、该问候问候、该处理工作继续交流；把所有线下的工作变成线上，怎么感觉时间不够用呢[允悲][允悲][允悲]

④ W:84 远程办公啥时候能结束，让我回去上班吧 多一天远程我要就累死的几率就增大不少。已经急性结膜炎了。老子真的干不动了。

**Content:**

远程办公啥时候能结束，让我回去上班吧 多一天远程我要就累死的几率就增大不少。已经急性结膜炎了。老子真的干不动了。

④ W:86 累的想哭，不知道这工作啥时候是个头，看别人在家闲出屁来了都，羡慕。

**Content:**

累的想哭，不知道这工作啥时候是个头，看别人在家闲出屁来了都，羡慕。

④ W:87 今天是周日原本就是春节假期后的正常休息日，这会儿已经九点多了，某些领导能自觉点么，远程办公也不是说我们要24小时待命。如果是为了防疫抗疫

**Content:**

今天是周日原本就是春节假期后的正常休息日，这会儿已经九点多了，某些领导能自觉点么，远程办公也不是说我们要24小时待命。如果是为了防疫抗疫我都理解，其他的什么事不能明天早上讨论[费解][费解][费解]我tmd想在朋友圈骂人了，这几天太累了，远程办公比上班还累。

④ W:90 在家办公和办公室一样。睡懒觉不存在。不睡都做不完的工作。

**Content:**

在家办公和办公室一样。睡懒觉不存在。不睡都做不完的工作。

④ W:93 本来觉得在家远程特别爽，但是干了一天发现工作和休息的界限模糊了，反而更累。

**Content:**

自我隔离的第二天 早上就起来远程搬砖，本来觉得在家远程特别爽，但是干了一天发现工作和休息的界限模糊了，反而更累。口罩弹尽粮绝了，上午同事从单位加急寄了十个过来，又在网上买了好

④ W:125 远程办公让我发现，平时工作累和工作姿势没关系。原来即使躺着，开会到晚上也很累

**Content:**

远程办公让我发现，平时工作累和工作姿势没关系。原来即使躺着，开会到晚上也很累

④ W:128 好希望有小怪兽的三头六臂，缓解工作强度[二哈][允悲]此刻在家办公的我，已经坐到没有腰了??[大毛略略]

**Content:**

好希望有小怪兽的三头六臂，缓解工作强度[二哈][允悲]此刻在家办公的我，已经坐到没有腰了??[大毛略略]

④ W:129 在家办公谁能想比在公司还累，每次开会领导的脱口秀

**Content:**

在家办公谁能想比在公司还累，每次开会领导的脱口秀

④ W:152 在家工作的日子…不比上班来的轻松[允悲][允悲]

**Content:**

在家工作的日子…不比上班来的轻松[允悲][允悲]

④ W:157 每天都有干不完的事 做不完的表格 打不完的电话 希望快点能出差 在家办公太累了…

**Content:**

每天都有干不完的事 做不完的表格 打不完的电话 希望快点能出差 在家办公太累了…

④ W:162 明天终于周末了，放假啦 在家办公真的累成?? 我不要做电商了 [笑 cry][笑 cry][笑 cry][笑 cry][笑 cry][笑 cry][笑 cry][笑 cry]

**Content:**

明天终于周末了，放假啦 在家办公真的累成?? 我不要做电商了 [笑 cry][笑 cry][笑 cry][笑 cry][笑 cry][笑 cry][笑 cry][笑 cry] 从0开始有何不好 [doge][doge][doge][doge][doge][doge][doge][doge] [困][困][困][困][困][困][困][困]

④ W:167 在家工作量爆炸的一周[泪]感谢胡小厨第二季升级版本，上班一天还包早饭[爱你]

**Content:**

在家工作量爆炸的一周[泪]感谢胡小厨第二季升级版本，上班一天还包早饭[爱你]

④ W:171 远程办公 — 我累了[汗][汗][汗]

**Content:**

远程办公 — 我累了[汗][汗][汗]

⑤ W:177 在家办公到怀疑人生[晕]怎么会这么多表要做[困] 还是国超可爱 国超就是我工作的动力??

**Content:**

在家办公到怀疑人生[晕]怎么会这么多表要做[困] 还是国超可爱 国超就是我工作的动力??

⑥ W:178 居家办公让工作生活无法分开了 好像一直在工作，又好像一直在休息，混沌。但是你让我去公司吧，我还不敢[允悲]

**Content:**

居家办公让工作生活无法分开了 好像一直在工作，又好像一直在休息，混沌。但是你让我去公司吧，我还不敢[允悲]

⑦ W:189 远程办公期间，最近工作太多了，上火，牙龈肿痛，肌肉都僵了，不过在家能自己做饭吃也是极好的，咖啡终于晚上到了，即使睡不着也要喝！！！下周

**Content:**

远程办公期间，最近工作太多了，上火，牙龈肿痛，肌肉都僵了，不过在家能自己做饭吃也是极好的，咖啡终于晚上到了，即使睡不着也要喝！！！下周还是不想现场办公，西城太危险了，那么点地方居然那么多人确诊，不想去不想去，金融民工太惨了！！！北京·车公庄西路35号院 显示地图

⑧ W:192 从远程办公开始算起超过一个月的连轴转，终于有个喘息的时间加上今天我男人正式回归，我真的想爆哭一阵[跪了]我就一个人不能分身啊！！！！在家

**Content:**

从远程办公开始算起超过一个月的连轴转，终于有个喘息的时间加上今天我男人正式回归，我真的想爆哭一阵[跪了]我就一个人不能分身啊！！！！在家屯的肉已经基本耗完了。前两天我爹给我按肩周的时候吐槽：你这都是皮包骨了，吃那么多肉都白吃了

⑨ W:201 我想上班！我想下班！！在家办公莫得效率莫得时间 关键是不上班没有时间淘宝啊

**Content:**

我想上班！我想下班！！在家办公莫得效率莫得时间 关键是不上班没有时间淘宝啊

⑩ W:211 本周在家办公的日子结束?? 每天工作忙的像陀螺，可我还有一颗认真向上的心，午休时分忙里偷闲来看初春，在我眼里的世界：总是美的~ ????

**Content:**

本周在家办公的日子结束?? 每天工作忙的像陀螺，可我还有一颗认真向上的心，午休时分忙里偷闲来看初春，在我眼里的世界：总是美的~ ????? 上海·帕缇欧香苑 显示地图

⑪ W:222 每次月头第二个礼拜都是各种做表算数据做屁屁踢[晕][晕][晕] 话说我觉得在家办公挺好的反正在哪儿做不是做啊[跪了]

**Content:**

每次月头第二个礼拜都是各种做表算数据做屁屁踢[晕][晕][晕] 话说我觉得在家办公挺好的反正在哪儿做不是做啊[跪了]

⑫ W:232 [思考]在家办公比上班都忙 还好意思不百分百开工资

**Content:**

[思考]在家办公比上班都忙 还好意思不百分百开工资

⑬ W:240 在家办公一天，我简直累死了

**Content:**

在家办公一天，我简直累死了

⑤ W:242 在家办公联系了五六十个家长催行程问卷还要监督熊孩子写作业到大半夜的隔离生活，真是够够的 [笑 cry]

**Content:**

在家办公联系了五六十个家长催行程问卷还要监督熊孩子写作业到大半夜的隔离生活，真是够够的  
[笑cry]

⑤ W:247 终于实现了在家办公的梦想[笑 cry]现在 707 比正常上班的 775 还忙，唉??

**Content:**

终于实现了在家办公的梦想[笑cry]现在707比正常上班的775还忙，唉??

③ T:176 teaching from home is more work tbh 😞

**Content:**

teaching from home is more work tbh 😞

③ T:181 My wife is teaching from home, and it's absolutely insane the amount of work she does ALL day. This...

**Content:**

My wife is teaching from home, and it's absolutely insane the amount of work she does ALL day. This week is technically spring break so she finally has a week where she doesn't have to worry about any of that. I still report to work

## ● flexible schedule

### 36 Quotations:

⑤ W:4 在家办公如何起早床，骗自己我就是起来开机，一会儿就回到被窝，然后就可以愉快的工作了。[哆啦A梦开心]

**Content:**

在家办公如何起早床，骗自己我就是起来开机，一会儿就回到被窝，然后就可以愉快的工作了。[哆啦A梦开心]

⑤ W:14 八点上班快 12 点了还躺在床上，希望可以一直在家办公 Ps 这件绿色的短袖我太喜欢了，感觉很硬朗 [哈哈]

**Content:**

八点上班快12点了还躺在床上，希望可以一直在家办公 Ps这件绿色的短袖我太喜欢了，感觉很硬朗  
[哈哈]

⑤ W:27 在家办公的结果就是我现在还摊在床上[微笑]

**Content:**

在家办公的结果就是我现在还摊在床上[微笑]

⑤ W:36 恢复正常了，开始倒掉菜了……不知不觉，上了八周课了，春季过了一半，每周每天很有规律，被工作推着做计划，这个工作量对我来说也是很舒服的。

**Content:**

恢复正常了，开始倒掉菜了……不知不觉，上了八周课了，春季过了一半，每周每天很有规律，被工作推着做计划，这个工作量对我来说也是很舒服的。然后在家办公也可以有很多零碎时间去做菜，困了更加可以倒头便睡，体重还下降了，唯一不好的是戴口罩走路都难受，更别谈去锻炼身体了，想尽早开始锻炼哦！

⑤ W:39 在家躺了一天，白天也就算了，现在还和两个人微信说工作这是怎么了，算睡前问候？手机一响就惊恐，真是太不想聊天了。

**Content:**

在家躺了一天，白天也就算了，现在还和两个人微信说工作这是怎么了，算睡前问候？手机一响就惊恐，真是太不想聊天了。

④ W:49 老妈出院后，接到了我家，住了一个多月了。今年由于疫情，我在家办公，时间比较自由，每天做好工作，打理好家务，下午都会抽出一个多小时，陪她

**Content:**

老妈出院后，接到了我家，住了一个多月了。今年由于疫情，我在家办公，时间比较自由，每天做好工作，打理好家务，下午都会抽出一个多小时，陪她出去散步，看春天的花红柳绿，风筝飞舞，人来人往，母女俩多少年没有这样的情景了！唉，内心有太多的忧伤！一向要强的妈妈，确实老

④ W:76 明天开始要在家办公了[二哈][二哈][二哈] 祈祷我明早能准时起床打卡上班 [doge]

**Content:**

明天开始要在家办公了[二哈][二哈][二哈] 祈祷我明早能准时起床打卡上班 [doge]

④ W:103 继续居家远程办公！胖了，生活节奏乱了，啥时候能正常回武汉！

**Content:**

继续居家远程办公！胖了，生活节奏乱了，啥时候能正常回武汉！

④ W:104 居家办公必备之不要一觉睡到会都完了[允悲]

**Content:**

居家办公必备之不要一觉睡到会都完了[允悲]

④ W:112 远程办公真的惨，我刚想睡一会儿 手机就 biubiubiu 的发过来信息 还不能不回 惨

**Content:**

远程办公真的惨，我刚想睡一会儿 手机就 biubiubiu 的发过来信息 还不能不回 惨

④ W:114 我就想问问居家办公，就可以肆无忌惮的周六周日从早上八点开始在微信群里布置工作，一直布置到晚上九点半还在那艾特。

**Content:**

我就想问问居家办公，就可以肆无忌惮的周六周日从早上八点开始在微信群里布置工作，一直布置到晚上九点半还在那艾特。

④ W:126 张开会说有些人每天早上开完会不洗脸还能再继续睡一觉，穿睡衣远程办公 说的是不就是我本人?????

**Content:**

张开会说有些人每天早上开完会不洗脸还能再继续睡一觉，穿睡衣远程办公 说的是不就是我本人?????

④ W:134 别再坐了，抓紧睡觉吧，我想你早点睡，这几天中午阳光也很好，把窗帘拉开，阳光射进来，晒晒太阳，少出去，抓紧睡觉吧，别再坐了，这几天晚上就别睡得晚，不要像前几天那样，估计你白天也没精神做，虽然在家办公，可是在家办公，就是没有休息时间，啥时候都可能工作电话过来，现在就抓紧睡觉吧，中午睡觉也冷，快点睡吧，很心疼你这样的，这次听我的，咱们好好睡睡觉，抓紧睡觉吧，晚安，睡吧睡吧，以后你先睡的时间会更多一点，你就早点睡，别再坐了，睡觉吧，晚安

**Content:**

别再坐了，抓紧睡觉吧，我想你早点睡，这几天中午阳光也很好，把窗帘拉开，阳光射进来，晒晒太阳，少出去，抓紧睡觉吧，别再坐了，这几天晚上就别睡得晚，不要像前几天那样，估计你白天也没精神做，虽然在家办公，可是在家办公，就是没有休息时间，啥时候都可能工作电话过来，现在就抓紧睡觉吧，中午睡觉也冷，快点睡吧，很心疼你这样的，这次听我的，咱们好好睡睡觉，抓紧睡觉吧，晚安，睡吧睡吧，以后你先睡的时间会更多一点，你就早点睡，别再坐了，睡觉吧，晚安

④ W:153 在家办公这段时间 成就了一位新晋??????，主要感谢公司一到饭点就开会，不给我勤劳的机会[偷笑]

**Content:**

在家办公这段时间 成就了一位新晋??????，主要感谢公司一到饭点就开会，不给我勤劳的机会[偷笑]

④ **W:178** 居家办公让工作生活无法分开了 好像一直在工作，又好像一直在休息，混沌。但是你让我去公司吧，我还不敢[允悲]

**Content:**

居家办公让工作生活无法分开了 好像一直在工作，又好像一直在休息，混沌。但是你让我去公司吧，我还不敢[允悲]

④ **W:221** 我真的要抑郁了，我彻底失去私人时间了，我现在在家办公基本上工作把我的生活占领得满满的。

**Content:**

我真的要抑郁了，我彻底失去私人时间了，我现在在家办公基本上工作把我的生活占领得满满的。

④ **W:230** 疫情不过就一直在家办公，早晨起床后就要打卡，然后就是一天的面对电脑时间，手机步数平均显示在**400-700步**，每天做**7个基本报表**，审核钉钉

**Content:**

疫情不过就一直在家办公，早晨起床后就要打卡，然后就是一天的面对电脑时间，手机步数平均显示在400-700步，每天做7个基本报表，审核钉钉收款付款报销等等单据？一系列评论，还要来回查验对账调账，简直头疼的要命啊啊啊，更重要的是工资半薪还要随时待命?? ?? ?? 石家庄·赵县 显示地

④ **W:236** 远程办公真的很容易模糊上下班的界限

**Content:**

远程办公真的很容易模糊上下班的界限

④ **W:241** 在家办公=24小时办公[摊手][摊手][摊手] 今天的第一顿饭

**Content:**

在家办公=24小时办公[摊手][摊手][摊手] 今天的第一顿饭

④ **W:246** 在家办公从桌上搬到床上[汗]，时间也不规律，哎…

**Content:**

在家办公从桌上搬到床上[汗]，时间也不规律，哎…

④ **W:247** 终于实现了在家办公的梦想[笑cry]现在**707**比正常上班的**775**还忙，唉??

**Content:**

终于实现了在家办公的梦想[笑cry]现在707比正常上班的775还忙，唉??

④ **W:251** 哈哈哈哈哈哈哈干啥啥不行，自我安慰第一名，没关系，在家办公也很爽时间自己安排，睡到自然醒，开开心心想以后

**Content:**

哈哈哈哈哈哈干啥啥不行，自我安慰第一名，没关系，在家办公也很爽时间自己安排，睡到自然醒，开开心心想以后

④ **W:256** 远程办公已经让我有手机振动PTSD了，现在听见手机振就头皮发麻恶心

**Content:**

远程办公已经让我有手机振动PTSD了，现在听见手机振就头皮发麻恶心

④ **T:13** Y'all disciplined enough to work from home?

## **Content:**

Y'all disciplined enough to work from home?

- 🕒 T:14 I had the option to work from home for a year but didn't because I knew how hard it would be for me...

## **Content:**

I had the option to work from home for a year but didn't because I knew how hard it would be for me to do any work at home. Turns out I was right

🕒 T:36 The sleep you get before you know you're gonna work from home the next day really hit different

## **Content:**

The sleep you get before you know you're gonna work from home the next day really hit different

🕒 T:39 Glory be to God I forgot it was Friday and my sister Pam had to call and let me know the score. Guys...

## **Content:**

Glory be to God I forgot it was Friday and my sister Pam had to call and let me know the score. Guys, you have been working from home Monday through Friday, the Christian way of life is we sat on Sunday so this weekend, please sit in recliner, take a break from home in your mind.

🕒 T:48 I am "working from home" so still have to get up at 6. 😞

## **Content:**

I am "working from home" so still have to get up at 6. 😞

T:60 It took 2 weeks working from home to officially fuck my sleep schedule 😞

## **Content:**

It took 2 weeks working from home to officially fuck my sleep schedule ☺

🕒 T:71 I'm working from home and my boss ask me how work is going? I told him I just started my 15 min brea...

## **Content:**

I'm working from home and my boss ask me how work is going?

I told him I just started my 15 min break and I'll update him when I'm back on the clock



## **Content:**

Working from home, not a hassle but enough to keep me busy for hours. Going to have free time now tho so hit me up. ❤

🕒 T:100 working from home perks: - I can go for a run (walk) at lunch and/or workout. - I can do laundry in...

**Content:**

working from home perks:

- I can go for a run (walk) at lunch and/or workout.
- I can do laundry in between video chats and helping students
- I can wear whatever the fuck I want
- I'm always home by 4:00pm
- I can drink as much water as I'd like

🕒 T:104 So guys, we need to settle something. Is the meal you eat at 10:30 while working from home called “3...”

**Content:**

So guys, we need to settle something. Is the meal you eat at 10:30 while working from home called “3rd Breakfast” or “First Lunch?”

🕒 T:130 Just overslept...but I’m working from home.... sooooo....

**Content:**

Just overslept...but I’m working from home.... sooooo....

🕒 T:177 I spoke a lot about secondary trauma in the Before Times, when we had our classrooms. It was hard en...

**Content:**

I spoke a lot about secondary trauma in the Before Times, when we had our classrooms. It was hard enough then. But now the boundary separating classroom from home life is gone, and it is a lot harder. It's nearly impossible not to “take work home” when I teach in my living room.

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● don't like or don't support

**30 Quotations:**

🕒 W:6 很熟的一个台湾朋友（在北京工作），年前回家现在还在台北家里，估计短期内也回不了北京上班了。每天只能远程办公，实惨[允悲]

**Content:**

很熟的一个台湾朋友（在北京工作），年前回家现在还在台北家里，估计短期内也回不了北京上班了。每天只能远程办公，实惨[允悲]

🕒 W:9 为啥还不开工 在家办公太难了

**Content:**

为啥还不开工 在家办公太难了

🕒 W:60 在家办公三个月之后，终于可以回到办公室办公了，开森^\_^，一切都会越来越好的。

**Content:**

在家办公三个月之后，终于可以回到办公室办公了，开森^\_^，一切都会越来越好的。

🕒 W:73 在家真是没法工作了[摊手][摊手]

**Content:**

在家真是没法工作了[摊手][摊手]

⑤ W:81 为什么会发明远程办公这种东西，以及远程办公真是太让人抓狂了??

**Content:**

为什么会发明远程办公这种东西，以及远程办公真是太让人抓狂了??

⑥ W:102 拇指一算 我要居家办公到三月份 为什么我开心不起来[失望]

**Content:**

拇指一算 我要居家办公到三月份 为什么我开心不起来[失望]

⑦ W:108 天知道我有多不想在家工作！每天对着电脑，汇总各种资料，睡觉、吃饭也会有电话会议，简直痛不欲生！我想去公司上班！希望疫情早点结束，我们一起

**Content:**

天知道我有多不想在家工作！每天对着电脑，汇总各种资料，睡觉、吃饭也会有电话会议，简直痛不欲生！我想去公司上班！希望疫情早点结束，我们一起去公司上班！

⑧ W:235 疫情什么时候结束？不想在家工作了

**Content:**

疫情什么时候结束？不想在家工作了

⑨ T:12 I had the option to work from home for a year but didn't because I knew how hard it would be for me...

**Content:**

I had the option to work from home for a year but didn't because I knew how hard it would be for me to do any work at home. Turns out I was right.

⑩ T:20 Not everyone can work from home.

**Content:**

Not everyone can work from home.

⑪ T:42 Fuck this working from home bullshit with what they want us to do

**Content:**

Fuck this working from home bullshit with what they want us to do

⑫ T:43 Working from home and getting high. I miss going into the office now tbh.

**Content:**

Working from home and getting high. I miss going into the office now tbh.

⑬ T:65 I'd rather be at work than be stuck at home alone 😂 this is shi booboo

**Content:**

I'd rather be at work than be stuck at home alone 😂 this is shi booboo

⑭ T:72 I'm sorry but ima go crazy working and doing school from home ...😂😂

**Content:**

I'm sorry but ima go crazy working and doing school from home ...😂□

⑮ T:76 I AM SICK AND TIRED OF WORKING FROM HOME

**Content:**

I AM SICK AND TIRED OF WORKING FROM HOME

🕒 T:85 Ok .I only leave to the house to go the market . Working from home . I really miss going out to the...

**Content:**

Ok .I only leave to the house to go the market . Working from home . I really miss going out to the movies 😊

🕒 T:116 Working from home use to be a luxury and then Covid 19 made it work work and I dnt like it. I'm r...

**Content:**

Working from home use to be a luxury and then Covid 19 made it work work and I dnt like it. I'm realizing I like being social and I truly am an extrovert.

🕒 T:122 there's a significant personal cost as a jr sitting alone on the computer all day. WFH is a great OP...

**Content:**

there's a significant personal cost as a jr sitting alone on the computer all day. WFH is a great OPTION if you need a day at home, or even better if you have family needs where it's helpful to be at home. As a single junior whose only real responsibility is work, it's a bummer

🕒 T:127 I'm tired of working from home fam, I can't wait to get back into the office

**Content:**

I'm tired of working from home fam, I can't wait to get back into the office

🕒 T:138 Ugh. I can't work from home.

**Content:**

Ugh. I can't work from home.

🕒 T:159 Is your work shut down? I'm terrible about working out at home but if I was off work I would definit...

**Content:**

Is your work shut down? I'm terrible about working out at home but if I was off work I would definitely workout a ton

🕒 T:174 I am exhausted. Mentally, physically, all of it. Wow this working from home is tough, y'all

**Content:**

I am exhausted. Mentally, physically, all of it. Wow this working from home is tough, y'all

🕒 T:180 never again will i think working from home is better than getting up and going to work

**Content:**

never again will i think working from home is better than getting up and going to work

🕒 T:184 But I gotta "work" from home. I hate it here!!

**Content:**

But I gotta "work" from home. I hate it here!!

🕒 T:187 I feel selfish saying that working from home is hard when there are people who HAVE to put themselves...

**Content:**

I feel selfish saying that working from home is hard when there are people who HAVE to put themselves at risk to work, but not having any sort of structure in my day anymore is fucking with my head. 😂

🕒 T:196 day 3 of working from home with no end in sight & im deadass ready too go back in the office...

**Content:**

day 3 of working from home with no end in sight & im deadass ready too go back in the office...

🕒 T:197 I miss my office! 😂 Working from home is not as fun as I thought it would be! Lol

**Content:**

I miss my office! 😂 Working from home is not as fun as I thought it would be! Lol

🕒 T:202 I don't like this whole working from home thing. A Turkish mother and working from home... i hear my...

**Content:**

I don't like this whole working from home thing. A Turkish mother and working from home... i hear my name every 4 minutes... EZZZZGIIIII vat r u doinGggggG? 😂

🕒 T:206 I hate working from home. I'm going back to work fuck this.

**Content:**

I hate working from home. I'm going back to work fuck this.

🕒 T:208 You Don't Realize How Much You Miss Ya Work Wife Til You Working From Home.

**Content:**

You Don't Realize How Much You Miss Ya Work Wife Til You Working From Home.

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## ● efficiency and productivity

### 25 Quotations:

㉚ W:29 一想到要上今天的 Python 课了就觉得好困[困][困][困][困] 要工作要上课要看书 重点是在家（效率 极差）每天过得贼快的 还是那句

**Content:**

一想到要上今天的Python课了就觉得好困[困][困][困][困] 要工作要上课要看书 重点是在家（效率 极差）每天过得贼快的 还是那句 好像我的生活很少会觉得无聊[二哈][二哈][二哈]

㉚ W:35 减肥第一天[加油] 为什么在家办公效率极高[允悲]

**Content:**

减肥第一天[加油] 为什么在家办公效率极高[允悲]

㉚ W:111 2/9 远程办公让我多傻了一个礼拜，有个任务没完成准备被吊，好的。 明天要开始上班了，要赶紧 收心调整作息了。 看非正式会谈被垚组合笑到半夜

**Content:**

2/9远程办公让我多傻了一个礼拜，有个任务没完成准备被吊，好的。明天要开始上班了，要赶紧收心调整作息了。看非正式会谈被垚组合笑到半夜三点，有什么办法可以克制，集中注意力做一件事啊[困] 还有，还有多久可以打球啊，武汉加油[武汉加油][武汉加油][武汉加油]

**④ W:113** 接下来又是远程办公的一周，远程办公的效率根本不如在现场的效率

**Content:**

接下来又是远程办公的一周，远程办公的效率根本不如在现场的效率

**④ W:117** 远程办公本来要两周做好的 ppt 两个下午做好了

**Content:**

远程办公本来要两周做好的ppt两个下午做好了

**④ W:147** 平时两天才能完成的工作，在家办公的本月里我到现在还没有着手开始，完成时间是明日的 24 点。

**Content:**

平时两天才能完成的工作，在家办公的本月里我到现在还没有着手开始，完成时间是明日的24点。

**④ W:159** 远程办公一直没解决的问题，来公司半天解决了…果然是在家做饭耽误时间太多了吗[doge]

**Content:**

远程办公一直没解决的问题，来公司半天解决了…果然是在家做饭耽误时间太多了吗[doge]

**④ W:173** 放假这么长时间加上在家办公，完全回不到以前的工作状态了。啊啊啊啊啊，好烦，消失一段时间。

**Content:**

放假这么长时间加上在家办公，完全回不到以前的工作状态了。啊啊啊啊啊，好烦，消失一段时间。

**④ W:174** 居家办公=五加二外带白加黑 线上数据 2 分钟，线下手算 2 小时 总结：想一出是一出

**Content:**

居家办公=五加二外带白加黑 线上数据2分钟，线下手算2小时 总结：想一出是一出

**④ W:175** 纪念一下，30 天没出门的日子，那是曾经想都不敢想象的事情。顺便吐槽下，远程办公太 TM 费劲，太 累了，效率还低[允悲][允悲][允悲]

**Content:**

纪念一下，30天没出门的日子，那是曾经想都不敢想象的事情。顺便吐槽下，远程办公太TM费劲，太累了，效率还低[允悲][允悲][允悲]

**④ W:187** 出差的时候大家一起嘻嘻哈哈很快就把工作完成了 不出差在家磨磨唧唧到很晚，但是进度不大??

**Content:**

出差的时候大家一起嘻嘻哈哈很快就把工作完成了 不出差在家磨磨唧唧到很晚，但是进度不大??

**④ W:201** 我想上班！我想下班！！在家办公莫得效率莫得时间 关键是不上班没有时间淘宝啊

**Content:**

我想上班！ 我想下班！！ 在家办公莫得效率莫得时间 关键是不上班没有时间淘宝啊

⑤ W:207 妇女节，年假休了快两个月了，在家办公效率太差，真正审视了自己，感觉完蛋了，这辈子没法结婚 生娃了，我管我自己都觉得累！

**Content:**

妇女节，年假休了快两个月了，在家办公效率太差，真正审视了自己，感觉完蛋了，这辈子没法结婚 生娃了，我管我自己都觉得累！

⑥ W:217 只有我在家办公 还拖拉 还不开心 还抱怨 还不想工作 打开电脑一个小时就躺被窝去了 你不可以这么堕落呀 即使你身上没有担子 即使也不靠

**Content:**

大家都在努力 只有我 在家办公 还拖拉 还不开心 还抱怨 还不想工作 打开电脑一个小时就躺被窝去了 你不可以这么堕落呀 即使你身上没有担子 即使也不靠你这点工资 但是要尽力呀 要充实自己呀 做你能做的一切 把你能做的一切都做好呀[加油]

⑦ W:244 在家办公就是 工作一分钟 休息十分钟 如此轮回

**Content:**

在家办公就是 工作一分钟 休息十分钟 如此轮回

⑧ W:255 在家办公效率太低了 突然发现还是台式好用 大半天九百个子目 我都服我自己 是有混荒之力嘛[挤眼]

**Content:**

在家办公效率太低了 突然发现还是台式好用 大半天九百个子目 我都服我自己 是有混荒之力嘛[挤眼] 乌鲁木齐 • CCMALL时代广场 显示地图

⑨ T:6 day 9 of working from home me: \*asks a coworker an important question\* 20 minutes later coworker: so...

**Content:**

day 9 of working from home  
me: \*asks a coworker an important question\* 20 minutes later  
coworker: sorry I went to chick-fil-a LOL

⑩ T:31 Working from home is weird. I love it but I feel like I haven't done much with my day

**Content:**

Working from home is weird. I love it but I feel like I haven't done much with my day

⑪ T:123 Working from home day 1: Worked 0 hours

**Content:**

Working from home day 1: Worked 0 hours

⑫ T:129 If you're doing school/work from home, what are you doing to stay focused and motivated? I stared at...

**Content:**

If you're doing school/work from home, what are you doing to stay focused and motivated? I stared at my laptop for about three hours today and only got out one paragraph.

⑬ T:137 As much as I love being home I am tired of working from here. I am tired of shit being thrown on me...

**Content:**

As much as I love being home I am tired of working from here. I am tired of shit being thrown on me because people want to be fucking LAZY!!!!

③ **T:145 During my weekly Monday shit show 3 hour conference call that could be replaced by a 5 line email I...**

**Content:**

During my weekly Monday shit show 3 hour conference call that could be replaced by a 5 line email I drank 3 beers and watched American Pickers.

③ **T:147 I created a lot of screencast video tutorials on how to navigate Google Classroom and how to submit...**

**Content:**

I created a lot of screencast video tutorials on how to navigate Google Classroom and how to submit assignments. Most of the legwork is in the beginning.

③ **T:189 Worst part about being a remote worker before the outbreak was I was already socially isolating now...**

**Content:**

Worst part about being a remote worker before the outbreak was I was already socially isolating now people want me working more than I do!  
Hey just because you found out how productive you can be doesn't mean I should have to work harder

③ **T:191 So while we're working from home and wasting time can we finally all agree that a four day work is a....**

**Content:**

So while we're working from home and wasting time can we finally all agree that a four day work is all that is necessary from a productivity standpoint

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● **exercise and health**

**23 Quotations:**

④ **W:17 今天完全过着??一样的生活，睡醒吃，吃了睡，醒了吃，吃了再睡，不是在床上就是在去厨房的路上，如果我在家办公，最显而易见的改变一定是快速发**

**Content:**

今天完全过着??一样的生活，睡醒吃，吃了睡，醒了吃，吃了再睡，不是在床上就是在去厨房的路上，如果我在家办公，最显而易见的改变一定是快速发胖！

④ **W:18 在家办公的日子赶紧结束吧，虽然一天2顿饭，但开启了吃零食 喝饮料的日子，我特么就没消化过 ..... 这体重可咋整 啊！**

**Content:**

在家办公的日子赶紧结束吧，虽然一天2顿饭，但开启了吃零食 喝饮料的日子，我特么 就没消化过 ..... 这体重可咋整 啊！

④ **W:31 32w 开始上班了，本来以为在家办公到五一之后[允悲]今天早上起来一称体重 68.4，我以为我眼花 了，确认了好几次，咋体重又回去了.....**

**Content:**

32w开始上班了，本来以为在家办公到五一之后[允悲]今天早上起来一称体重68.4，我以为我眼花了，确认了好几次，咋体重又回去了.....

④ W:36 恢复正常了，开始倒掉菜了……不知不觉，上了八周课了，春季过了一半，每周每天很有规律，被工作推着做计划，这个工作量对我来说也是很舒服的。

**Content:**

恢复正常了，开始倒掉菜了……不知不觉，上了八周课了，春季过了一半，每周每天很有规律，被工作推着做计划，这个工作量对我来说也是很舒服的。然后在家办公也可以有很多零碎时间去做菜，困了更加可以倒头便睡，体重还下降了，唯一不好的是戴口罩走路都难受，更别谈去锻炼身体了，想尽早开始锻炼哦！

④ W:103 继续居家远程办公！胖了，生活节奏乱了，啥时候能正常回武汉！

**Content:**

继续居家远程办公！胖了，生活节奏乱了，啥时候能正常回武汉！

④ W:132 复工两天颈椎痛到原地旋转爆炸，远程办公它真香[悲伤]

**Content:**

复工两天颈椎痛到原地旋转爆炸，远程办公它真香[悲伤]

④ W:135 唉，隔离在家工作，整天对着电脑加速衰老，各种事情一大堆，什么都解决不了，压力大到爆炸，今天晚上终于开始流鼻血了，我真不想抱怨的，可生活不

**Content:**

唉，隔离在家工作，整天对着电脑加速衰老，各种事情一大堆，什么都解决不了，压力大到爆炸，今天晚上终于开始流鼻血了，我真不想抱怨的，可生活不放过我[泪]。

④ W:136 人的适应能力是有多强呢 我曾经在家待不上完整的一天 哪怕是自己出门逛街喝咖啡 自从疫情爆发后 渡过了最最焦灼的几天 在家惴惴不安 看书看剧看电影也仍然觉得难受 然后我平稳过渡到在家办公 从之前一小时运动增到2小时 背单词 依然一部接一部的追剧 每一天竟然很充实 阳光好的时候阳台上晒太阳 想吃火锅的时候叫了食材送到小区门口 偶尔遛狗 今天突然通知即将复工的时候 内心竟然是抗拒的 真的天天待在家挺好的 除了不能喝酒 天天喝茶我也是ok的

④ W:143 从咳嗽到感冒到发烧到咳嗽感冒发烧一起来，现在发烧好了还剩下咳嗽和感冒。像个药匣子一样吃了中药西药感冒药止咳药退烧药消炎药。是在家工作

**Content:**

从咳嗽到感冒到发烧到咳嗽感冒发烧一起来，现在发烧好了还剩下咳嗽和感冒。像个药匣子一样吃了中药西药感冒药止咳药退烧药消炎药。是在家工作的第一周，一定是我身体在全力抗拒。

④ W:163 今天开会开得很丰富，作为会议记录员，手抄3页纸，很久没这么充实过了。赶快结束居家办公的日子吧，太难了。我肩周炎痛腰椎痛颈椎痛。按摩院还

**Content:**

今天开会开得很丰富，作为会议记录员，手抄3页纸，很久没这么充实过了。赶快结束居家办公的日子吧，太难了。我肩周炎痛腰椎痛颈椎痛。按摩院还不开门的话我也只能冒死去医院了。成都 • 3

④ W:179 居家办公的我真是一天比一天难 晚上睡不了觉 胸闷呼吸困难恶心反胃 早上早起弄各种碎事完了还要动脑子改技术文件背文件 晚上吃完饭了想在床上

**Content:**

居家办公的我真是一天比一天难 晚上睡不了觉 胸闷呼吸困难恶心反胃 早上早起弄各种碎事完了还要动脑子改技术文件背文件 晚上吃完饭了想在床上躺一会吧又被逼逼吃完就睡 我寻思隔离了多久我就失眠了多久[摊手][摊手][摊手]

④ W:183 居家办公的又一天，未出门整一个月了，明显的感觉就是皮肤变好了~ 哈哈哈

~

**Content:**

| 居家办公的又一天，未出门整一个月了，明显的感觉就是皮肤变好了～哈哈哈～

④ **W:200 在家远程办公期间，肩周炎十分严重，疼啊**

**Content:**

| 在家远程办公期间，肩周炎十分严重，疼啊

④ **W:220 在家办公一个月了，腰酸背疼的，今天才反应过来可以自制一个笔记本支架，要被自己感动哭了**

**Content:**

| 在家办公一个月了，腰酸背疼的，今天才反应过来可以自制一个笔记本支架，要被自己感动哭了

④ **W:233 又想骂人了，怎么办[泪] 最近在家办公，吃得多，天天步数不过百，反而瘦了，足以证明这些日子 有多么的心累！！ [伤心][伤心][伤心]**

**Content:**

| 又想骂人了，怎么办[泪] 最近在家办公，吃得多，天天步数不过百，反而瘦了，足以证明这些日子 有多么的心累！！ [伤心][伤心][伤心]

④ **W:234 在家办公感觉比上班还累，这两天终于等到复工了，猛地一上班自己的身体有点儿吃不消了。每天晚上下班之后感觉自己的身子骨要散架了。同事疯狂安利**

**Content:**

| 在家办公感觉比上班还累，这两天终于等到复工了，猛地一上班自己的身体有点儿吃不消了。每天晚上下班之后感觉自己的身子骨要散架了。同事疯狂安利之后，，我入手了奥佳华的AI按摩机器人。他有个传感追踪技术，可以检测出自己身体哪个部位疲惫，他就可以针对性的给你按摩。还好有这个按摩机器人，不然一天天上班，身体可要吃不消了。

④ **W:259 在家办公谈客户到这个点也是没谁了[泪]好在把客户办下来了[泪][泪] 今日份减脂打卡。**

**Content:**

| 在家办公谈客户到这个点也是没谁了[泪]好在把客户办下来了[泪][泪] 今日份减脂打卡。

③ **T:9 Bruh at home work outs are no joke. My legs are dead weight now**

**Content:**

| Bruh at home work outs are no joke. My legs are dead weight now

③ **T:11 I don't have enough leggings/biker shorts to work out in every day and wear sitting at home. This qu...**

**Content:**

| I don't have enough leggings/biker shorts to work out in every day and wear sitting at home. This quarantine needs to end before I start online shopping.

③ **T:22 Good to hear. Have stayed healthy and working a lot from home - though took Friday off. Trying to pl...**

**Content:**

| Good to hear. Have stayed healthy and working a lot from home - though took Friday off. Trying to play more guitar and cooking. All the best to you!

③ **T:37 At this point I'm up to a steady two home work outs a day. Is this prison?**

**Content:**

At this point I'm up to a steady two home work outs a day. Is this prison?

③ T:161 honestly, this work from home shit is great. and I can't eat out as much. end of quarantine, y'all a...

**Content:**

honestly, this work from home shit is great. and I can't eat out as much. end of quarantine, y'all are gonna get these D'Angelo muscle pics

③ T:171 I've judged my work from home wardrobe and found it incredibly lacking in sweatpants/ yoga pants. I...

**Content:**

I've judged my work from home wardrobe and found it incredibly lacking in sweatpants/ yoga pants. I need at least two more pairs to wear them all week before laundry day.

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## ● work time

### 22 Quotations:

④ W:3 这俩月我的业绩还可以，虽然没挣到钱 但是都算靠前的 不垫底。我想了想可能跟在家办公灵活，不用加班有关系。我现在的工作自己也谈不上多讨厌或

**Content:**

这俩月我的业绩还可以，虽然没挣到钱 但是都算靠前的 不垫底。我想了想可能跟在家办公灵活，不用加班有关系。我现在的工作自己也谈不上多讨厌或多少喜欢，主要是天天加班周周加班 还有那么多不人性化的规定让我反感，但是如果业绩可以也能挣钱 销售能不能挣钱就看你的心态和勤奋度了。这月还有想辞职的想法，但目前疫情各行业都不景气 换工作不知道干啥好 也挣不到钱，接着干可能目前看来还是比较好的安排。其实如果不强制加班 我干着还挺好的 烦恼，天天因为工作发愁

④ W:58 居家办公就是下班任性！！！想晚上几点下班就几点下班！！！[允悲][允悲][允悲]

**Content:**

居家办公就是下班任性！！！想晚上几点下班就几点下班！！！[允悲][允悲][允悲]

④ W:61 讲道理 我们公司不加班也不给加班 但是工作永远都在 不干不行，于是天天在家加班到十一点[摊手][摊手]

**Content:**

讲道理 我们公司不加班也不给加班 但是工作永远都在 不干不行，于是天天在家加班到十一点[摊手][摊手]

④ W:87 今天是周日原本就是春节假期后的正常休息日，这会儿已经九点多了，某些领导能自觉点么，远程办公也不是说我们要24小时待命。如果是为了防疫抗疫

**Content:**

今天是周日原本就是春节假期后的正常休息日，这会儿已经九点多了，某些领导能自觉点么，远程办公也不是说我们要24小时待命。如果是为了防疫抗疫我都理解，其他的什么事不能明天早上讨论[费解][费解]我tmd想在朋友圈骂人了，这几天太累了，远程办公比上班还累。

④ W:100 不要用你的标准来衡量别人 [摊手][摊手][摊手]您行就全部您来 [摊手][摊手][摊手] 在家办公还 加班加点 我休息过吗[微笑][微笑]

**Content:**

不要用你的标准来衡量别人 [摊手][摊手][摊手]您行就全部您来 [摊手][摊手][摊手] 在家办公还 加班加点 我休息过吗[微笑][微笑][微笑]工厂一样的机械工作 还有人的好感一瞬间 反感也是 不要让我对你恶心[吐]

⑤ W:106 远程办公就是 24/7 我算是看出来了 不过加班到一点可以倒头就睡觉还算不错的哈

**Content:**

远程办公就是24/7 我算是看出来了 不过加班到一点可以倒头就睡觉还算不错的哈

⑥ W:119 在家上班就是 我十一点还可以在工作

**Content:**

在家上班就是 我十一点还可以在工作

⑦ W:127 居家办公的最大感想，就是没有下班的感觉[二哈]，特别是我这种基本只要自己干的工种

**Content:**

居家办公的最大感想，就是没有下班的感觉[二哈]，特别是我这种基本只要自己干的工种

⑧ W:130 远程办公，不是指 7\*24 办公，没人想在周末也办公，大家注意一下节奏，不要把满腔想出去放风的欲望误当成工作的热情好不[怒骂]

**Content:**

远程办公，不是指7\*24办公，没人想在周末也办公，大家注意一下节奏，不要把满腔想出去放风的欲望误当成工作的热情好不[怒骂]

⑨ W:133 在家工作的日子里每天都能到十点之后，有私心也有公心，总感觉在这场战役里，我没有在一线却也在后勤，不是个局外人。今早收到武汉的伙伴凌晨三点

**Content:**

在家工作的日子里每天都能到十点之后，有私心也有公心，总感觉在这场战役里，我没有在一线却也在后勤，不是个局外人。今早收到武汉的伙伴凌晨三点发来的消息，平凡的人在做不平凡的努力，一切都会过去。感谢每一个不涨价的供应商！等疫情过去，我们必须相聚！！

⑩ W:160 如果没有豆腐给我爱的鼓励 这居家办公也能每周 70+ 的工时 害，真是没法过了，摔！

**Content:**

如果没有豆腐给我爱的鼓励 这居家办公也能每周70+的工时 害，真是没法过了，摔！

⑪ W:170 居家办公 007 熬不住了 想去职场??

**Content:**

居家办公007 熬不住了 想去职场??

⑫ W:180 在家工作还 007

**Content:**

在家工作还007

⑬ W:188 远程办公一大好处：无缝加班，感觉特别自然特理所应当

**Content:**

远程办公一大好处：无缝加班，感觉特别自然特理所应当

⑭ W:195 2.29 打个卡 虽然也不知道四年后会怎样 因为疫情 在家连续加班一个月 开不完的会 做不完的工作 还有每天必会蓝屏的电脑 有点心累[失望]

**Content:**

2.29打个卡 虽然也不知道四年后会怎样 因为疫情 在家连续加班一个月 开不完的会 做不完的工作 还有每天必会蓝屏的电脑 有点心累[失望] 希望武汉挺过难关 早日恢复正常状态！[加油]

⑤ W:196 正常上班下午四点四十我准时下班，下班后的时间几乎都是自己随心支配了。疫情下在家办公，晚上十点了我才改完作业[泪]时间变得零零碎碎的，太

**Content:**

正常上班下午四点四十我准时下班，下班后的时间几乎都是自己随心支配了。疫情下在家办公，晚上十点了我才改完作业[泪]时间变得零零碎碎的，太郁闷了！

⑤ W:225 唉妈呀，好累呀??不想在家办公了，希望疫情结束，大家愉快地在办公楼搬砖。**1095** 要变为传说中的 **996, 007**？真切实意地感受到了口径的

**Content:**

唉妈呀，好累呀??不想在家办公了，希望疫情结束，大家愉快地在办公楼搬砖。**1095** 要变为传说中的 **996, 007**？真切实意地感受到了口径的重要性！以前是知道记得有这根弦，现在真是每走一步都是口径拉齐啊。现在还能被一步一步引导思考，真是感激[太阳][鲜花]

⑤ W:241 在家办公=24 小时办公[摊手][摊手][摊手] 今天的第一顿饭

**Content:**

在家办公=24小时办公[摊手][摊手][摊手] 今天的第一顿饭

⑤ W:248 六点半接到电话一直加班到十点的小宋再也不想远程办公了[二哈]

**Content:**

六点半接到电话一直加班到十点的小宋再也不想远程办公了[二哈]

⑤ W:254 天天刷北京疫情，3月 22 日到 27 日这周，今天又厚着脸皮跟领导申请在家办公，领导没有回复同意是否，要是公司不同意，只能请假了。**16** 号开始公

**Content:**

天天刷北京疫情，3月22日到27日这周，今天又厚着脸皮跟领导申请在家办公，领导没有回复同意是否，要是公司不同意，只能请假了。**16**号开始公司已经全员到岗办公了。再坚持40天，孩子就到了退房时间了。请假是不是就不用干活了，在家办公成了每天15小时在线[泪]各种事，各种表。

⑤ W:259 在家办公谈客户到这个点也是没谁了[泪]好在把客户办下来了[泪][泪] 今日份减脂打卡。

**Content:**

在家办公谈客户到这个点也是没谁了[泪]好在把客户办下来了[泪][泪] 今日份减脂打卡。

⑤ T:103 I hope everyone that's working from home is remembering to take a 5-10 minute beyblade break every f...

**Content:**

I hope everyone that's working from home is remembering to take a 5-10 minute beyblade break every few hours

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## ● money

### 20 Quotations:

⑤ W:2 拿着上海的工资，可以一直在家办公，是一种什么体验。。 洪湖市 显示地图

**Content:**

拿着上海的工资，可以一直在家办公，是一种什么体验。。 洪湖市 显示地图

⑤ W:23 今天邮件蛮多，但不累，哈哈，最近状态心态都贼好，我太喜欢在家办公了[笑 cry]除了费水费电以外[笑 cry]

**Content:**

今天邮件蛮多，但不累，哈哈，最近状态心态都贼好，我太喜欢在家办公了[笑cry]除了费水费电以外[笑cry]

#### ④ W:45 在家办公就是特别花钱[允悲][允悲]会员日特价???

##### Content:

在家办公就是特别花钱「允悲」「允悲」会员日特价???

#### ⑤ W:46 最搞笑的是 2月份 3月份我们没上班没有一分钱 有人在家办公了但也没有工资 主管在群里说他也没有 工资他也很难受 但是他相信公司在疫情之后一定

##### Content:

最搞笑的是2月份3月份我们没上班没有一分钱 有人在家办公了但也没有工资 主管在群里说他也没有工资他也很难受 但是他相信公司在疫情之后一定不会亏待大家 我笑死啊 那个员工转头就被开了 甚至比我们这边开始的还要早。我在我们主管说出 疫情之后一定不会亏待大家这句话的时候就该有敏感度。

#### ⑥ W:55 三月份+四月份远程办公全算调休了，一共欠公司 34 天工时[摊手][摊手][摊手]成年人的世界太残酷 了[摊手]

##### Content:

三月份+四月份远程办公全算调休了，一共欠公司34天工时[摊手][摊手][摊手]成年人的世界太残酷了[摊手]

#### ⑦ W:74 正月初九回北京，然后在家办公一周，正月十九上班。 美滋滋[允悲] 工资是不是也要扣一点[白眼]

##### Content:

正月初九回北京，然后在家办公一周，正月十九上班。 美滋滋[允悲] 工资是不是也要扣一点[白眼]

#### ⑧ W:83 无工资在家远程办公[作揖] 最喜欢的两个耳环 他们今天不见了[作揖] 去深圳的票忘记退了车费不见了[作揖] 什么鬼日子[微笑]

##### Content:

无工资在家远程办公[作揖] 最喜欢的两个耳环 他们今天不见了[作揖] 去深圳的票忘记退了车费不见了[作揖] 什么鬼日子[微笑]

#### ⑨ W:215 老板说最近在家办公就用年假补了，所以我还能顺利看蔡蔡嘛？我请假巨贵一天 1k，两天 1.5k，尼玛 还要看老板脸色，关键得带着本本追星，工作一

##### Content:

老板说最近在家办公就用年假补了，所以我还能顺利看蔡蔡嘛？我请假巨贵一天1k，两天1.5k，尼玛还要看老板脸色，关键得带着本本追星，工作一个不少[微笑]

#### ⑩ W:223 那些说什么疫情期间公司有难员工要和公司一起共同克服，所以不发或者少发工资的资本家们是不是 太可笑了。请问员工有难的时候，企业帮员工克服了吗

##### Content:

那些说什么疫情期间公司有难员工要和公司一起共同克服，所以不发或者少发工资的资本家们是不是太可笑了。请问员工有难的时候，企业帮员工克服了吗，连十足缴纳社保公积金都做不到吧。在家办公，事情没少反而比之前更加忙，还被扣了一大半工资，还得忍。

#### ⑪ W:226 下班啦 今日份的开心 2月在家办公，工资没打折扣，原数发放～ 现在坐 70 路公交回家

##### Content:

下班啦 今日份的开心 2月在家办公，工资没打折扣，原数发放～ 现在坐70路公交回家

#### ⑫ W:230 疫情不过就一直在家办公，早晨起床后就要打卡，然后就是一天的面对电脑时间，手机步数平均显示 在 400-700 步，每天做 7 个基本报表，审核钉钉

**Content:**

疫情不过就一直在家办公，早晨起床后就要打卡，然后就是一天的面对电脑时间，手机步数平均显示在400-700步，每天做7个基本报表，审核钉钉收款付款报销等等单据？一系列评论，还要来回查验对账调账，简直头疼的要命啊啊啊，更重要的是工资半薪还要随时待命?? ?? ?? 石家庄·赵县 显示地

**④ W:232 [思考]在家办公比上班都忙 还好意思不百分百开工资****Content:**

[思考]在家办公比上班都忙 还好意思不百分百开工资

**④ W:237 二月工资发了，同时收到通知三月工资按上班工作量算，突然觉得在家待的不那么高兴了，封了这么久，甲方不搞远程办公，真想换项目组搞点事情。。****Content:**

二月工资发了，同时收到通知三月工资按上班工作量算，突然觉得在家待的不那么高兴了，封了这么久，甲方不搞远程办公，真想换项目组搞点事情。。 天门 显示地图

**④ T:30 I love The Bay Area. I choose to live here with the high cost, taxes, homelessness, etc The Bay is s...****Content:**

I love The Bay Area. I choose to live here with the high cost, taxes, homelessness, etc The Bay is super cool & beautiful and our family is here BUT all the work from home stuff is going to show employees & employers they can live elsewhere for much cheaper!

**④ T:53 I'm privileged to be able to work from home and not facing #UnEmployment during this #ShelterInPlace...****Content:**

I'm privileged to be able to work from home and not facing #UnEmployment during this #ShelterInPlace. Being forced to spend less on I'm saving \$\$, but I think this should go to those who are hurt by the situation. Any recommendations? Non profit or anything local?

**④ T:111 My husband's job is refusing to let him work from home or leave unless he uses the little bit of vac...****Content:**

My husband's job is refusing to let him work from home or leave unless he uses the little bit of vacation time he has left which wouldn't even cover a week. I am ENRAGED. If he dies I am going to sue the fuck out of his employer. #coronavirus #workingfromhome #stayhomechallenge

**④ T:133 I have a question for you mr. President. Since everyone that is ordered to be home bound and is work...****Content:**

I have a question for you mr. President. Since everyone that is ordered to be home bound and is working from home. Can't we get our car insurance waved since no one is driving?

**④ T:169 Since many people now have to work from home, can we get a tax credit on mortgage payments or rent?****Content:**

Since many people now have to work from home, can we get a tax credit on mortgage payments or rent?

**④ T:205 imagine living in arkansas and making california money. working from home doesn't sound bad after al...**

**Content:**

imagine living in arkansas and making california money. working from home doesn't sound bad after all.

⑩ T:212 I'm working from home, and I'm still getting my biweekly check. All the staff is also getting their...

**Content:**

I'm working from home, and I'm still getting my biweekly check. All the staff is also getting their average pay whether they are working the hours or not, I think it depends on the business though tbh.

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## ● entertainment

### 19 Quotations:

⑩ W:44 在家办公就是特别花钱[允悲][允悲]会员日特价???

**Content:**

在家办公就是特别花钱「允悲」「允悲」会员日特价???

⑩ W:77 我自己一个人在家 可舒服了 处理完工作 洗澡 敷面膜 听歌[音乐]

**Content:**

我自己一个人在家 可舒服了 处理完工作 洗澡 敷面膜 听歌[音乐]

⑩ W:137 在家办公真的不行？，之前是晚上云蹦迪，现在是从一大早就开始蹦[允悲]楼下人可能觉得楼上住了一屋神经病.....

**Content:**

在家办公真的不行？，之前是晚上云蹦迪，现在是从一大早就开始蹦[允悲]楼下人可能觉得楼上住了一屋神经病.....

⑩ W:148 在家办公还能看冬测[奥特曼]

**Content:**

在家办公还能看冬测[奥特曼]

⑩ W:185 Bugra Atmaca 《No Cap》 No Cap (@网易云音乐) 居家办公的最大好处怕不是边听音乐边摇起来的样子了[二哈][二哈][二

**Content:**

Bugra Atmaca 《No Cap》 No Cap (@网易云音乐) 居家办公的最大好处怕不是边听音乐边摇起来的样子了「二哈」「二哈」「二哈」

⑩ W:228 老王在家办公，关着门。 我进门拿东西，他瞬间切换了窗口，看见是我又切回游戏继续打。 这小子坐办公室也没少玩啊。。。[吃瓜]

**Content:**

老王在家办公，关着门。 我进门拿东西，他瞬间切换了窗口，看见是我又切回游戏继续打。 这小子坐办公室也没少玩啊。。。[吃瓜]

⑩ W:262 晚上有氧健美操，大汗淋漓来一场； 十点后看着电视喝着饮料斗地主； 惬意！

**Content:**

原来在家办公才是工作生活娱乐三不误， 白天上班+监督小孩上网课，偶尔做个饭； 晚上有氧健美操，大汗淋漓来一场； 十点后看着电视喝着饮料斗地主； 惬意！ 佛山·海国大良(清晖店) 显示其

🕒 T:18 I just discovered the virtual background on Zoom and let's just say that our telework conferences ar...

**Content:**

I just discovered the virtual background on Zoom and let's just say that our telework conferences are going to be a little more fun this week.

🕒 T:22 Good to hear. Have stayed healthy and working a lot from home - though took Friday off. Trying to pl...

**Content:**

Good to hear. Have stayed healthy and working a lot from home - though took Friday off. Trying to play more guitar and cooking. All the best to you!

🕒 T:44 OMG!! On on the Ion Channel, is the suspect boyfriend. Switch over We, and he's the murderous bank r...

**Content:**

OMG!! On on the Ion Channel, is the suspect boyfriend. Switch over We, and he's the murderous bank robber on I love working from home!

🕒 T:46 Working from home means playing Roller Coaster Tycoon on one of the many display monitors taking ove...

**Content:**

Working from home means playing Roller Coaster Tycoon on one of the many display monitors taking over the make shift desk... I don't make the rules

🕒 T:77 How's work from home going? Bre and I are sitting on the couch, in silence, tv on but just playing t...

**Content:**

How's work from home going? Bre and I are sitting on the couch, in silence, tv on but just playing the default slide show of Lady Gaga photos G.Allen put together. The only sound is the fan and the occasional cough. This is day one ladies.

🕒 T:81 All working from home is is getting paid to jack off and play animal crossing

**Content:**

All working from home is is getting paid to jack off and play animal crossing

🕒 T:83 I'll be watching it while working from home.....shhhh dont tell anyone lol.

**Content:**

I'll be watching it while working from home.....shhhh dont tell anyone lol.

🕒 T:118 While I was at work my bf downloaded animal crossing for me so I can play when I get home. That's th...

**Content:**

While I was at work my bf downloaded animal crossing for me so I can play when I get home. That's the kind of positivity we need in the world

🕒 T:132 Working from home while listening to and his new album ♥

**Content:**

Working from home while listening to and his new album ♥

- ③ T:140 I listen to all day every day anyway, but now while working from home I can listen to it as loud as...

**Content:**

I listen to all day every day anyway, but now while working from home I can listen to it as loud as I want! And I don't have to feel self-conscious about laughing out loud. Or worry about turning it down every time my boss walks in unexpectedly.

- ③ T:200 Nothing personal. Just one of those episodes I don't care for. I'm doing my Coronavirus, Star Trek,...

**Content:**

Nothing personal. Just one of those episodes I don't care for. I'm doing my Coronavirus, Star Trek, work from home, rewatch. The episodes like that I just kinda pass by.

- ③ T:216 Been listening to After Hours a lot while working from home and it really grew on me. Still don't like most of the middle of the album, but man, Too Late is definitely going into DJ sets. A trap/Synthwave transition song is something much needed.

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## ● appearance

### 16 Quotations:

- ④ W:154 在家办公：头发快长到肩膀了（当然是夸张

**Content:**

在家办公：头发快长到肩膀了（当然是夸张

- ④ W:184 已经一个多月没化过妆了 居家办公 爽！[太阳]

**Content:**

已经一个多月没化过妆了 居家办公 爽！[太阳]

- ④ W:186 居家办公快两周了，头发长得能绑辫子了，说实在的不想去上班，但是好无聊啊，无聊到只能上天台 逛……[跪了][跪了]

**Content:**

居家办公快两周了，头发长得能绑辫子了，说实在的不想去上班，但是好无聊啊，无聊到只能上天台 逛……[跪了][跪了]

- ④ W:210 在家工作两周，已经忘了穿高跟鞋和化妆是什么样儿了[吃瓜][吃瓜][吃瓜]线上会议一律关闭摄像头 [照相机][照相机]

**Content:**

在家工作两周，已经忘了穿高跟鞋和化妆是什么样儿了[吃瓜][吃瓜][吃瓜]线上会议一律关闭摄像头 [照相机][照相机]

- ④ T:1 Just did the same. About to order a lighting system. I assume remote work video appearance is now an...

**Content:**

Just did the same. About to order a lighting system. I assume remote work video appearance is now an important part of work culture (similar to dressing for success)

🕒 **T:19 And why are all the guys sporting NHL playoff beards when they are working from home?**

**Content:**

| And why are all the guys sporting NHL playoff beards when they are working from home?

🕒 **T:40 “when you work from home you can just wear your pajamas!” bold of you to assume (短语:someone is makin...**

**Content:**

| “when you work from home you can just wear your pajamas!”  
bold of you to assume (短语:someone is making a very serious assumption, means I don't wear) i wear clothes to sleep

🕒 **T:59 Why the hell do people get dressed up to work from home lol?**

**Content:**

| Why the hell do people get dressed up to work from home lol?

🕒 **T:102 You get dressed to work from home?**

**Content:**

| You get dressed to work from home?

🕒 **T:109 I usually work from home and look out my 4th floor and don't see anyone else this high up. Today not...**

**Content:**

| I usually work from home and look out my 4th floor and don't see anyone else this high up. Today not only is everyone working from home due to being stuck inside, but everyone else is working 4 levels up! Therefore work from home tip in new age: Wear pants or shut the blinds! 😊

🕒 **T:151 Working from home means I can let my hair hang mayne**

**Content:**

| Working from home means I can let my hair hang mayne

🕒 **T:166 Once this quarantine is over, I want to find every person who wrote a “dress up while you're working...**

**Content:**

| Once this quarantine is over, I want to find every person who wrote a “dress up while you're working from home” story and make them eat their keyboard.

🕒 **T:167 Can someone explain to me why, when I'm working from home alone all day, I still feel the need to ma...**

**Content:**

| Can someone explain to me why, when I'm working from home alone all day, I still feel the need to make sure my clothes match?

🕒 **T:183 If you are working from home, who else out there is still getting dressed in regular clothes before...**

**Content:**

If you are working from home, who else out there is still getting dressed in regular clothes before starting each day working remotely?

 **T:185 If you're working from home, please remember to still shower.**

**Content:**

If you're working from home, please remember to still shower.

 **T:209 I actually like working from home. I don't have to get dressed ☺ that's the best part.**

**Content:**

I actually like working from home. I don't have to get dressed ☺ that's the best part.