



University of San Jose-Recoletos

Corners P. Lopez & Magallanes Streets, Cebu City, Philippines 6000

OFFICE OF THE VP-ACADEMICS

Online-VPAM-LGA09-2020

DATE : OCTOBER 9,2020
TO : ALL CONCERNED
THRU : THE DEANS/CHAIRPERSONS
SUBJECT : JOSENIAN MENTAL HEALTH AWARENESS MONTH

The month of October is set as the "Josenian Mental Health Awareness Month" along with the World Mental Health Day. The Student Development and Placement Center in collaboration with the Lingap Diwa will conduct an Advocacy Program, entitled "**Mental Health in the Era of COVID-19**" this will be one of the Student Development Sessions (SDS) for the college students.

Kindly give your continuous support to the SDPC for this endeavor to help attain their goal to increase the students' awareness on the significance of mental health especially during this unprecedented time of the pandemic. Students may have the opportunity to listen from others perspective.

Date	Time	Target Participants
		Required: 2nd, 3rd, 4th & 5th year students Invitational: 1st year students (to reach 500 zoom registrants)
October 10, 2020 [Saturday]	9:00 AM	School of Education and School of Computer Studies Students
<i>Note: October 10 is the World Mental Health Day. The entire Josenian community is encouraged to wear a touch of green or wear a green ribbon for this cause. Green, as one also of the University colors, is the color of mental health which represents hope, strength, support, and encouragement especially for those who have been wounded.</i>		
October 17, 2020 [Saturday]	9:00 AM	School of Business and Management
October 24, 2020 [Saturday]	9:00 AM	School of Engineering
October 31, 2020 [Saturday]	9:00 AM	School of Allied Medical Sciences and School of Arts & Sciences

Widest dissemination of this matter to all concerned is requested.

REV. FR. LEO ALARAS, OAR
VP-Academics