

Fitur 1: Input:

The screenshot shows the HealthTrack dashboard with the following elements:

- Chart:** A line chart with a y-axis ranging from 0 to 1.0 in increments of 0.1. The x-axis is currently empty.
- Add Today's Log Form:**
 - Date:** A text input field containing "12/13/2025" with a calendar icon on the right.
 - Sleep (Hours):** A text input field containing "7".
 - Water (Liters):** A text input field containing "2".
 - Mood:** A dropdown menu with "Happy" selected.
 - Save Log:** A green button.
- History:**
 - A table with headers: Date, Sleep, Water, Mood, Action.
 - Below the table, it says "No logs found. Add one above!".
- Footer:** © 2025 HealthTrack

User HealthTrack hanya perlu memasukkan data konsumsi air dan tidur harian dalam bentuk log untuk bisa menggunakan fitur-fitur yang ada di website HealthTrack.

Output:

The screenshot shows the HealthTrack dashboard after a log has been added. The elements are:

- Chart:** The line chart now shows a single data point for the date 2025-12-13 with a value of 7.0.
- Add Today's Log Form:** The form is identical to the previous screenshot, with the same input values.
- History:**
 - The table now contains one row of data:

Date	Sleep	Water	Mood	Action
Dec 13, 2025	7.0 hrs	2.0 L	Happy	Delete
- Footer:** © 2025 HealthTrack

Fitur pertama adalah history. Jadi user dari HealthTrack bisa memasukkan log rutin dan melihat kapan mereka memasukkan log tersebut, sekaligus juga bisa menghapus log nya sendiri. Dengan ini user HealthTrack bisa memasukkan data real sesuai dengan kondisi mereka untuk bisa melakukan track pada kesehatan mereka.