

Fitur 1:

Input:

The screenshot shows a web browser window with the URL `localhost:127.0.0.1/healthtrack/dashboard.php`. At the top, there is a chart area with a y-axis from 0 to 1.0 and an x-axis showing the date `2025-12-13`. Below the chart is a form titled "Add Today's Log". The form fields are: Date (set to `12/13/2025`), Sleep (Hours) (set to `7`), Water (Liters) (set to `2`), and Mood (set to `Happy`). A green "Save Log" button is at the bottom. Below the form is a "History" section with a table:

Date	Sleep	Water	Mood	Action
No logs found. Add one above!				

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User HealthTrack hanya perlu memasukkan data konsumsi air dan tidur harian dalam bentuk log untuk bisa menggunakan fitur-fitur yang ada di website HealthTrack.

Output:

The screenshot shows the same web browser window as the input. The chart area now displays a single data point for the date `2025-12-13` with a value of approximately 7.0. The "Add Today's Log" form is identical to the input. The "History" table now contains one row:

Date	Sleep	Water	Mood	Action
Dec 13, 2025	7.0 hrs	2.0 L	Happy	Delete

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Fitur pertama adalah history. Jadi user dari HealthTrack bisa memasukkan log rutin dan melihat kapan mereka memasukkan log tersebut, sekaligus juga bisa menghapus log nya sendiri. Dengan ini user HealthTrack bisa memasukkan data real sesuai dengan kondisi mereka untuk bisa melakukan track pada kesehatan mereka.