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Creative Coding / MART 120  
Homework Assignment #2  
Growth Mindset Short Lecture Summary

In our last lecture we covered what is known as having a growth mindset. In it we covered that there are essentially two different ways that we can view intelligence or ability: First we can see ability ingrained or fixed – to put it simply that we are born with a certain level of ability and we cannot change that. This is called a fixed mindset. The second way of looking at intelligence or ability is known as a growth mindset or that we can develop our abilities through hard work and effort. These two differing beliefs can lead to different behavior in life, and also to different results. For example, an employee with a growth mindset were shown to increase their income over time. Those who believed that their intelligence was ingrained did not; in fact, their work and career simply got worse.

Having a growth mindset (the belief that you are in control of your own ability, and can learn and improve) is quite literally the key to succeeding in life. This speaks to everything that I personally believe about the world in today. That yes, hard work, effort, and persistence are all important, but not as important as having that underlying belief that you are in control of your own destiny and that there is a world of opportunity waiting for those that are able to capitalize on it.