# Homework 5

#### Goals

- · Practice interaction terms.
- Explore the impact of added predictors on R<sup>2</sup>.

### **Directions & Getting Started**

- Read the "General homework directions" which can be found on Moodle.
- Load the ggplot2 and dplyr packages at the top of your homework.

```
library(ggplot2)
library(dplyr)
```

### Part 1: hearts, numbers, and pets

Allen, Blascovich, Tomaka, and Kelsey (1991) asked a sample of 45 people to perform a stressful task: count backwards by 13's and 17's in front of the experimenter while either alone, in the presence of a friend, or in the presence of their pet. To assess stress levels, the researchers recorded the subjects' mean and maximum heart rates during the experiment:

```
ps <- read.csv("https://www.macalester.edu/~ajohns24/data/PetStress.csv")</pre>
```

The data set includes the following variables:

Variable	Meaning
MaxHeartRate	maximum observed heartrate in beats per minute (bpm)
MeanHeartRate	average heartrate (bpm)
Condition	c =control (alone), F =friend, P =pet

- 1. Our primary goal throughout this section will be to explain the variability in maximum heart rates (response) from subject to subject. Let's get to know this variable before modeling it!
  - a. How many subjects participated in the experiment?
  - b. Construct and interpret a univariate visualization of how the maximum heart rates varied among these subjects.

- c. Provide a measure of the typical maximum heart rate. Be sure to include units.
- d. Provide a measure of the variability among maximum heart rates. Be sure to include units.
- 2. Let's try to explain some of this variability. To this end, fit the following three models in RStudio.

```
#model MaxHeartRate by MeanHeartRate
mod1 <- lm(MaxHeartRate ~ MeanHeartRate, ps)

#model MaxHeartRate by MeanHeartRate & Conditions WITHOUT interaction
#i.e. assume the relationship between MaxHeartRate and MeanHeartRate is independent
of Condition
mod2 <- lm(MaxHeartRate ~ MeanHeartRate + Condition, ps)

#model MaxHeartRate by MeanHeartRate & Conditions WITH an interaction
mod3 <- lm(MaxHeartRate ~ MeanHeartRate * Condition, ps)</pre>
```

- a. Report AND interpret the  $\mathbb{R}^2$  value for mod1.
- b. Report the  $R^2$  values for mod2 and mod3. (No need to interpret.)
- c. Notice that mod3 adds a variable to mod2 which adds a variable to mod1. What pattern do you see in the  $R^2$  values as we add more model terms?
- 3. Let's take a pause from our  $\mathbb{R}^2$  discoveries to explore interactions and mod3.
  - a. Construct and interpret a visualization of the relationship between MaxHeartRate by MeanHeartRate and Condition. Include a representation of mod3 on this visualization using geom\_smooth(method="lm").
  - b. Report the single model formula for mod3 (the one with the interaction term!).
  - c. Predict the MaxHeartRate of a subject in the pet group who had a MeanHeartRate of 80 bpm. Show your work.
  - d. From the model formula, construct equations that capture the relationship between each of the three treatment groups. Be sure to give three different equations, each of the form
     MaxHeartRate = a + b MeanHeartRate where you specify a and b.
  - e. Interpret the coefficient on the MeanHeartRate:ConditionP interaction term in a contextually meaningful way.
  - f. Given your visualization and model equations, do you think that there's a significant interaction between MeanHeartRate and Condition? Explain. (NOTE: We'll have a rigorous way to address such questions later in the semester!)

# Part 2: R<sup>2</sup> Cautions!!

- 4. Consider another variable in the ps data set. YearUnion gives the year in which each subject's home state entered the union (United States).
  - a. Construct and interpret a visualization of the relationship between MaxHeartRate and YearUnion. Be sure to comment on the strength of this relationship!
  - b. Intuitively (and as evidenced by your plot above), I think we'd agree that there's no real relationship between YearUnion and MaxHeartRate. That said, let's add it to our model of maximum heart rates using the code below. How does the  $R^2$  from mod4 compare to mod3? Does it decrease or

stay the same or increase?

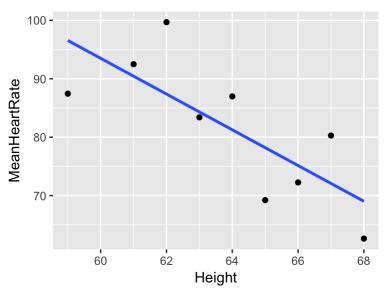
```
mod4 <- lm(MaxHeartRate ~ MeanHeartRate*Condition + YearUnion, ps)</pre>
```

- c. In light of this observation, explain what caution we should take in using  $R^2$  to measure model quality.
- 5. Let's narrow our focus to just 9 of our subjects, each of a different height. Use the exact code below to select these subjects. (If you don't do this, you won't be able to complete the exercise below!)

```
#be sure to set the random number seed so that you get the same random jitter!
set.seed(2000)
new_ps <- ps %>%
    group_by(Height) %>%
    sample_n(1)
```

To begin, consider the model of MaxHeartRate and Height alone:

```
controlMod0 <- lm(MaxHeartRate ~ Height, new_ps)</pre>
summary(controlMod0)
##
## Call:
## lm(formula = MaxHeartRate ~ Height, data = new_ps)
##
## Residuals:
##
     Min
          1Q Median 3Q
                                 Max
## -21.50 -12.05 3.60
                         6.85 18.15
##
## Coefficients:
              Estimate Std. Error t value Pr(>|t|)
## (Intercept) 447.750 109.662
                                   4.083 0.00467 **
## Height
                -5.450 1.715 -3.178 0.01553 *
## ---
## Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 14.23 on 7 degrees of freedom
## Multiple R-squared: 0.5907, Adjusted R-squared: 0.5322
## F-statistic: 10.1 on 1 and 7 DF, p-value: 0.01553
ggplot(new ps, aes(y=MeanHeartRate, x=Height)) +
  geom point() +
  geom smooth(method="lm", se=FALSE)
```



Notice that the  $R^2$  value for this relationship is 0.5907. Let's try to improve our model by adding some new predictors (polynomial terms) to our model!

a. Consider controlMod1, the model of MaxHeartRate by Height AND Height<sup>2</sup>, a quadratic term for Height. Report the  $R^2$  value for this model and visualize the model using the code below.

```
controlMod1 <- lm(MaxHeartRate ~ poly(Height,2), new_ps)
summary(controlMod1)
ggplot(new_ps, aes(y=MaxHeartRate, x=Height)) +
  geom_point() +
  geom_smooth(method="lm", formula=y~poly(x, 2), se=FALSE) +
  lims(y=c(50,160))</pre>
```

- b. Consider controlMod5, the model of MeanHeartRate by Height AND Height  $^2$  AND ... AND Height  $^5$ . Adapt the code above to fit this model, report its  $R^2$ , and construct a visualization of this model. HINT: use poly(Height,5) and poly(x,5).
- c. I want more!! I'm not satisfied with this  $R^2$  value. Let's consider <code>controlMod8</code>, the model of <code>MaxHeartRate</code> by <code>Height AND Height 2</code> AND ... AND <code>Height 8</code>. Adapt the code above to fit this model, report its  $R^2$ , and construct a visualization of this model.
- d. OK. We've learned that it's always *possible* to get a perfect  $R^2=1$ . However, the model in part c demonstrates the drawbacks of **overfitting** a model to our sample data. Comment on the following:
  - How easy is it to interpret this model?
  - How well does this model capture the general trend of the relationship between MaxHeartRate and Height?
  - How well does this model generalize to the subjects that were not included in the new\_ps data (shown in red below):

