Tips:

Hold the jump key to grab a ledge and up key to climb.

Press the crouch key twice to do a roll.

Keep hydrated! Low thirst percentages cause slow stamina regeneration.

Remember to keep your stomach full! Low hunger percentages cause slow health regeneration.

Press C to crouch and Z to go prone.

If your thirst or hunger meter goes to 0, you will gradually lose health.

Use bandages to prevent bleeding damage.

Press F to activate the weapon flashlight.

Stealth is your best weapon against enemies. Surprise them from behind with a melee weapon by pressing the attack button. Only uninfected humans can be knocked out with bare hands. NOT YET IMPLEMENTED

Crippled enemies can be crushed by pressing attack key.

If an undead catches you, try to get away pressing the jump key repeatedly.

Make sure to check each building, they contain valuable resources for your survival.