

# First Neighborhood Food Drive

- **Why it Matters:** Helping our Thurston County neighbors get through tough times.
- **What to Give:** South Cove's Social Committee encourages you to focus on the Food Bank's suggested items. The Food Bank asks that the donations are in their original packaging with the most needed items now including:

Single serving snacks (fruit cups/pouches, granola bars, meat sticks, fruit strips, etc.)  
Canned protein (chicken, tuna)  
Soup or Mac & Cheese

- **The Process:**

Please select a pickup date/time from the two choices below.

Email Mindy (mindy.ewing@gmail.com) by **March 7<sup>th</sup>** to confirm your day/time slot.

Place your bagged items on your porch at the designated day and time.

The Social Committee will pick up the items and deliver them to the food bank.

- **Pick-up days and times:**

Saturday, March 14<sup>th</sup> at 11:00 am    or    Sunday, March 15<sup>th</sup> at 11:00 am



Thank you for supporting the Thurston County Food Bank!  
Your generosity helps provide our clients with choices,  
bringing dignity and a higher level of service to their  
shopping experience.

**Suggested Items:**

- Canned fruit in natural juices
- Canned proteins (chili, fish, chicken, stew)
- Cereal
- Grains, rice, & beans
- Low-salt canned vegetables
- Mac & cheese
- Pasta
- Peanut butter

SCAN or visit our website for more ways to support us: [tcfb.org/support-us](http://tcfb.org/support-us)



**Drop off location:**  
Tumwater Warehouse  
2260 Mottman Rd SW

**Questions?** Contact [annamink@tcfb.org](mailto:annamink@tcfb.org)

The logo consists of a stylized red and orange apple with a yellow heart shape inside. To the right of the apple, the text "Thurston County FOOD BANK" is written in a bold, sans-serif font. Below the main text, the tagline "Neighbors Helping Neighbors" is visible in a smaller font.