

Come Join Forest Park Swim Club this summer!



**Does this look like fun? NOT!
Save water & time! Swim at Forest
Park! We are opening soon!**

OPEN HOUSES!

Come visit us & swim!

May 21 & June 4 from 1-5pm

Why join Forest Park?

- *New member discount!*
- *Huge lawn area & BBQ's*
- *Best place for family gatherings & parties!*
- *Beautiful pool! Swim all summer!*
- *Open for spring break!*
- *Lap swimming for adults! Baby pool too!*
- *Public swim lessons & swim team!*

Check out our website: forestparkpool.info

Membership questions? Call Nancy 925-212-6485

We are located :1766 Mendocino Dr, Concord

Pool phone: 925-686-1333

Looking for a great summer activity for the kids?

Join Forest Park Swim Team



**Forest Park Swim Team
2015**

Spring Practice Starts Mon. April 11th!



ABOUT OUR TEAM ~ THE FLYERS

- All swimmers ages 4-18 yrs. are welcome – New to Advanced!
- Experienced Coaching staff (Head Coach has 16 years with Forest Park)
- Stroke technique & endurance training emphasized
- Team promotes good sportsmanship, goal setting and personal bests
- Many fun team activities throughout the swim season
- Swimmers make lots of new friends
- Convenient Spring and Summer practice schedules (morning and evening) – see swim team website for details (www.forestparkswimteam.com)
- A/B League so everyone has a chance to shine
- 2015 Contra Costa County Swim Meet Division II Champions!
- Mini-Flyers
 - 8 week program for first time swimmers, until promoted to the Team
 - Learn to swim freestyle & backstroke; breaststroke & butterfly (time permitting)
 - Personalized instruction – ratio of 1-3 swimmers per coach

2016 TEAM SIGN UPS

Thursday, March 10, 6 – 8 pm

Saturday, March 19 10:30 – 12:30

~ Forest Park Pool ~

1766 Mendocino Drive, Concord

Text or Call Tina Huynh

@ 510-912-2316

membership@forestparkswimteam.com