Self-Paced Learning Journey

CORE Cultural Orientation Resource Exchange

Learn the skills to effectively work with refugees during the resettlement process by completing these recommended CORE self-paced courses in the order listed. You can track your course completions and takeaways below. Navigate to **CORE's Learning Platform** to complete these courses.

The Refugee Resettlement Journey (30 mins)
Build your knowledge of how refugees are resettled to the U.S. and who is involved in the resettlement process.

Working Effectively with Interpreters (40 mins)
Learn how to effectively partner with interpreters before, during, and after CO.

REQUIRED: Cultural Orientation Defined (45 mins)
Understand why it is important for any individual working in resettlement to know the CO O&Is, and how everyone works together to support the CO Continuum.

Principles of Teaching Self-Paced Courses
While you are familiar with adult learning concepts, we recommend you take two of the four courses below to explore these concepts in CO delivery.

- **Cognitive Load and How to Manage it (20 mins)**
- **Adult Learning Principles in CO (20 mins)**
- **Student-Centered vs. Teacher-Centered Learning (20 mins)**
- **Taking a Strengths-Based Approach (20 mins)**

Navigating Identity and Inclusion in Refugee Resettlement (60 mins)
Identify strategies to deliver inclusive CO that respects refugees of all backgrounds.

Managing Common Challenges of CO Delivery (30 mins)
Learn techniques to address the common challenges that arise during CO delivery including time management, attendance, and engagement.