

Self-Paced Learning Journey

Learn the skills to effectively work with refugees during the resettlement process by completing these recommended CORE self-paced courses in the order listed. You can track your course completions and takeaways below. Navigate to [CORE's Learning Platform](#) to complete these courses.

REQUIRED: Cultural Orientation Defined (45 mins)

Understand why it is important for any individual working in resettlement to know the CO O&Is, and how everyone works together to support the CO Continuum.

Cognitive Load and How to Manage It (20 mins)

Identify strategies to manage the large amount of information refugees are required to learn and understand during their resettlement to the U.S.

Adult Learning Principles in CO (20 mins)

Learn the skills to design effective CO sessions that respect your participants and keep them engaged throughout the session.

Student-Centered vs. Teacher-Centered Learning (20 mins)

Apply strategies that empower refugees to take control of their own learning.

Taking a Strengths-Based Approach (20 mins)

Learn how to improve refugees' abilities to achieve self-sufficiency with strategies that focus on refugees' strengths and not their deficits.

Navigating Identity and Inclusion in Refugee Resettlement (60 mins)

Learn how to deliver inclusive CO that respects refugees of all backgrounds.

Creating a Positive Learning Environment (20 mins)

Apply the principles of a positive learning environment that builds trust and respect, as well as addresses the many common challenges of CO delivery.

Managing Common Challenges of CO Delivery (20 mins)

Learn techniques to address the common challenges that arise during CO delivery including time management, attendance, and engagement.