

Self-Paced Learning Journey

Learn the skills to effectively work with refugees during the resettlement process by completing these recommended CORE self-paced courses in the order listed. You can track your course completions and takeaways below. Navigate to [CORE's Learning Platform](#) to complete these courses.

REQUIRED: Cultural Orientation Defined (45 mins)

Understand why it is important for any individual working in resettlement to know the CO O&Is, and how everyone works together to support the CO Continuum.

Navigating Identity and Inclusion in Refugee Resettlement (60 mins)

Identify strategies to deliver inclusive CO that respects refugees of all backgrounds.

Managing Common Challenges of CO Delivery (30 mins)

Learn techniques to address the common challenges that arise during CO delivery including time management, attendance, and engagement.

Delivering Interactive One-on-One CO Sessions (30 mins)

Learn how to keep CO sessions engaging in one-on-one settings.

Creating a Positive Learning Environment (20 mins)

Apply the principles of a positive learning environment that builds trust and respect, as well as addresses the many common challenges of CO delivery.

Principles of Teaching Self-Paced Courses

While you are familiar with adult learning concepts, we recommend you take two of the four courses below to explore these concepts in CO delivery.

- **Cognitive Load and How to Manage it (20 mins)**
- **Adult Learning Principles in CO (20 mins)**
- **Student-Centered vs. Teacher-Centered Learning (20 mins)**
- **Taking a Strengths-Based Approach (20 mins)**