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Hi. You're doing great. Thank you for your diligence in working through the course. In this module, we will cover five additional theories and models. They are Nudge theory, ADKAR, bridges transition model, Kotter's 8-step model, and Kubler-Ross five stages of grief model. Nudge theory helps us to create an environment during your process of change that enables the best decision-making. ADKAR model defines five different focus areas that can be used in structuring and leading the people side of change. Kotter's 8-step model outlines eight actionable steps that are critical to making any change successful. Finally, Kubler-Ross five stages of grief and bridges transition models provide critical insights into the psychological journey that people go through when experiencing change. By the end of the module, you will have seven different theories that you can use and you will begin to understand how and when to apply those theories. As you're adding these models to your tool belt, think of them as accessories and your project is your outfit, and your goal is to match the best pair of socks and shoes to it. Depending on the occasion and on your personal style, not everything you have in your wardrobe will be a good match. But there will be a few that will not only make your look great, but will also allow you to highlight your uniqueness. Change management theories work similarly. Not every theory will be fitting, but there will be a few that will help you achieve the desired outcome while highlighting your strengths as a leader. Let's get started.