

# Understanding agile

- If you want to build a product that really excites your customer, then you have to rethink how to work together. **Your team will want to adapt** to include cutting-edge new features, and immediately respond to customer feedback. That's why many teams are embracing an agile mindset. I'm Doug Rose, and I've been coaching on this mindset for over 15 years. In this course, we'll go through how to think like an agile team. You'll see foundational concepts in the agile manifesto, along with common roles and practices. Then we'll go through some exercises to help you improve your team's agility and avoid common obstacles. Agile teams are more predictable, more collaborative, and usually more fun. So let's embrace our new mindset and start learning your agile foundations.