



### a global, 24/7/365, streaming platform linking those suffering chronic pain with user-personalized, Al-generated therapists

demonstrating evidence-based Complementary and Alternative Medicine (CAM) interventions.

WHAT IS THE PROBLEM WE'RE ADDRESSING?

792m people worldwide have a mental health disorder

### 1.5B suffer chronic pain

Epidemiological and functional imaging studies suggest a bidirectional relationship between mental health disorders and chronic pain. In addition to depression, anxiety, and substance abuse, those with chronic pain are at high risk for other mental health problems, including suicide, according to the Mayo Clinic's Division of Pain Medicine.

WHAT IS OUR SOLUTION?

# scalability + affordability + accessibility + desirability

The challenge is not one of developing new therapies; it's to offer a scalable, affordable, accessible, and desirable solution. With this mindset, we address the barriers to mental and physical wellness: inaccessibility of care, inconsistency in care quality, mistrust of the mainstream system, systematic discrimination, and personal stigma.

WHAT IS OUR PRODUCT?

a customizable avatar, capable of an expressive verbal/nonverbal dialogue while coaching a tailored exercise regimen for the promotion or restoration of health

WHY NOW?

#### worldwide, it's not feasible

to propose that practices based entirely on an in-person care model will ever be able to meet the demand.

### benefits of CAM

now being investigated by the NCCIH include pain management for veterans and military personnel, symptom relief in cancer patients and survivors, and programs to encourage more healthy behaviors.

WHY NOW, NOW?

### Al is having its iPhone moment

It's the age of generative AI. We've seen advances over the past 12 months that many would have expected a decade from now.

Recent leaps using generative adversarial networks have enabled the hyper-realistic synthesis of digital content. Character portrayals can feature degrees of fidelity and interactivity, from full bodies to voice-or text-only manifestations. The WSJ reports that virtual social-media influencers can be as equally credible as human influencers.

WHY DOES THE NEW WAVE FEEL SO DIFFERENT?

### it's not a computer, it's a companion

Large language models (LLMs) have changed the game. Suddenly, we can have free-flowing conversations with bots without predefined rules controlling their responses.

Today's best chatbots sound indistinguishable from humans. But unlike humans, these Alpowered conversation partners are always available, always interested in talking with anyone, and always able to discuss any topic in any language.

HOW DOES AI GIVE US A COMPETITIVE ADVANTAGE?

### increased trust & deeper personalization

emerges by combining generative Al-built characters with the multilingual features of LLM conversational agents. The payoff? Meta-analyses of web-based psychological treatments reveal that face-to-face contact offers the strongest contribution towards improving engagement.

### live & on-demand

Avatars may dream but they never sleep.

WHAT IS OUR PLATFORM'S BUSINESS MODEL?

## multi-sided / aggregator / network effect /

Mirroring popular ride-sharing and spacehosting apps, our revenue stream is drawn from the facilitation of online, avatar-led individual and group CAM sessions. One major difference - we retain 100%.

Enterprise contracts with rehabilitation clinics, insurance providers, employee-focused workplaces, universities, and national healthcare systems will kick-start the network effect.

WHAT ARE OUR VALUE PROPOSITIONS?

#### our users gain >>>

- An entry point to achieving and sustaining physical and mental wellness
- A wide selection of CAM offerings at
- significantly lower costsRound-the-clock availability
- Assured anonymity and compliance
- The ameliorative power of live group
  support for those who share common
  crises, life transitions, or chronic conditions

WHO ARE OUR PROSPECTIVE PARTNERS/EXITS?

### airbnb online experiences

Launched in April 2020, Airbnb Online Experiences lists 217 "Wellness" offerings. Of these, 16,000+ Zoom-hosted sessions charging an average of \$33 per person have earned a satisfaction score of 4.95/5.00.

### amazon explore

Also on our radar is Amazon Explore, which premiered in fall 2020 offering virtual tours and experiences.

HOW LARGE IS OUR TARGET MARKET?

TAM = \$413Btotal available market SAM = \$221Bserviceable available market SOM = \$221Mserviceable obtainable market

We define TAM as being the global traditional & complementary wellness market, projected to expand at a 7.1% CAGR thru 2025. SAM reflects the services and practitioners subsector. SOM is consevatively calculated at 0.1% of SAM.

WHAT VALIDATES OUR MARKET OPPORTUNITY?

9.5% to 14.3%
5-yr in practice of yoga
4.1% to 14.3%
5-yr in practice of meditation
9.8% to 76%
global prevalence of CAM use

Worldwide, more than 7K schools and 100K teachers are registered at the Yoga Alliance. Headspace, offering online recorded meditation and mindfulness guidance, reports 70M users in 190 countries, including corporate clients Adobe, Delta, Starbucks, and Roche.

WHAT MOTIVATES PEOPLE TO USE CAM?

84% expectation of health benefits 37% perceived safety of CAM 37%

dissatisfaction with conventional medicine

Having an internal health locus of control is most frequently reported by Westerners while social networks are a strong motive for adoption in Asia. Tradition, affordability, and ease of access are most commonly identified by African respondents.

WHAT'S NEXT?

#### build-test-learn-launch

Adoption of a proven business model with an existing tech platform reduces both risk and ramp-up time. Our s/t milestones are:

- Finalize MVP feature set & architecture
- Build digital proof-of-concept and perform stakeholder A/B testing in select markets
- Identify and recruit technical talent to our multinational team

WHO ARE WE?

Gary James Stilwell is a medical physician, a Wharton and Edinburgh graduate and, most recently, a Fellow in MIT's Advanced Study Program. His work history features medical product & service design at Philips Healthcare, LifeScan, Medtronic; innovation at Yale Telemed, Gates Foundation India, MTV; and impact investing with Acumen E Africa, Yunus Balkans, iLab Mexico. He shares two patents with his engineering colleagues.

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Johnson Chun Yiu Pang is a practicing physiotherapist and Asst Professor at the Caritas Institute who earned his PhD at Hong Kong Polytechnic University. He has extensive clinical experience in both inand out-patient rehabilitation through 20+years of service at HK's Prince of Wales Hospital. He is a certified Musculoskeletal Physiotherapist, Blankenship Functional Capacity Evaluator, and Acupuncturist.

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