Can be used in simple, perfect and continuous tenses. Express AN ACTION that is performed. It´s a Physical, emotional and a mental action

Action verbs express an action that is performed

Jump

Sleep

Sit

Walk

Follow

Listen

Eat

Decorate, entertain etc…

Non action verbs describe a state of being, need, opinion, sense or preference

Are not used with continuous tenses

|  |  |
| --- | --- |
| Look  Small  Feel **Senses**  Sense  Sound | Own  Have  Belong **Belongings**  Possess |
| Like  Dislike  Love  Hate **Feelings**  Fear  Envy  Care | Be  Believe  Know  Need  Understand **Abstract**  Remember  Think  Imagine  Forget |