Foundations A High-Frequency Words

The following high-frequency words are introduced in Logic of English Foundations A (in spelling lists, readers, fluency games, and other activities). The words are listed in the order in which they are introduced, top to bottom and then left to right.

cat	in	hit	rest	must
dad	wet	hat	milk	not
sad	trip	bag	box	six
sit	step	bed	bus	ten
up	log	had	plant	us
sat	men	hot	fat	went
it	leg	bit	an	stamp
dog	gas	get	am	
top	sun	set	ask	
did	red	let	at	
can	band	met	but	
and	hand	fast	cut	
on	land	list	got	
run	sand	best	him	
stand	send	last	if	
jump	wind	plan	yes	
stop	grand	drink	skip	
drop	big	flat	skin	
map	bad	glad	fun	
man	bat	win	just	

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