



Help for seniors

If you have an emergency call 000 or
if you are distressed call Lifeline on 13 11 14

Connect with home care specialists over the phone or at your home who can help you navigate the Government's complex My Aged Care process.

Home Care Packages:

Help for seniors to live independently in their own home with comfort and confidence. There are four levels of government funded packages depending on client needs.

Fee-for-service home care:

Private care can be organised for people ineligible or not wanting Government funded care.

Help at home, personal care and nursing care:

Services for those needing support at home with personal care and/or nursing assistance.

Companionship:

Social support for older people living in the community to reclaim their engagement within the community and their connections to others.

Respite:

Respite services to allow carers to take a break.

Care at home after leaving hospital:

Short-term care for people leaving hospital.

Dementia support:

Services for seniors with dementia.

Carer support:

Counselling, information and assistance for carers supporting them in their role of looking after others.

Volunteers:

To visit or call seniors in the community.

Privacy Policy and Data Collection Notice

CCareline is here to help Sydney families with relationships, parenting, ageing, disabilities, addictions and mental health concerns.

✉ connect@catholiccare.org
🕒 8am - 8pm Monday - Friday

For help finding help, call

 **CCareline 13 18 19**