



Domestic and family violence help

If you have an emergency call 000 or
if you are distressed call Lifeline on 13 11 14

Other 24/7 crisis lines:
NSW Domestic Violence Line 1800 65 64 63
1800 RESPECT 1800 737 732

Connect with services if you're impacted by domestic or family violence.

Families experiencing violence:

Help for individuals and families affected by domestic violence.

Individuals concerned about someone else's use of violence:

Help for people who are concerned about someone else's use of violence in family relationships.

Individuals concerned about their own use of violence:

Help for people who are concerned about their own use of violence in family relationships.

Men and family relationships:

Assistance for men and their families to find help in challenging situations, including counselling, education and group programs. Support with relationships, parenting, separation, family violence and managing emotions.

Privacy Policy and Data Collection Notice

CCareline is here to help Sydney families with relationships, parenting, ageing, disabilities, addictions and mental health concerns.

✉ connect@catholiccare.org
🕒 8am - 8pm Monday - Friday

For help finding help, call

 **CCareline 13 18 19**