

# Volunteer with CatholicCare

CCareline is operated by CatholicCare Sydney. CatholicCare is the social services agency of the Archdiocese of Sydney. CatholicCare's services help people to live and thrive at every age, irrespective of beliefs and abilities. We help Sydney families with relationships, parenting, ageing, disabilities, addictions and mental health concerns.

We need enthusiastic volunteers between the ages of 18 and 80 years to give their spare time to vulnerable people living in various Sydney regions.

Call us on 13 18 19 to find out how you can become a volunteer.

Options include:

## Helping seniors with companionship, check-in calls, transport or help around the house:

Seniors in our community are increasingly suffering physical and psychological troubles when they're isolated in their homes and unable to connect with friends, health professionals or everyday services. CatholicCare has a wide variety of volunteer roles available to help seniors. If you would like to join our caring band of volunteers there's sure to be a role that suits your schedule, preferences and location.

### Playgroup help:

Help at playgroups and with children's community events or with child-minding while parents attend training programs. Many children come from families that are facing hardship or disadvantage and parents need some help learning how to interact well with their children. Various roles and locations are available.

# **CCareline Ambassador:**

Represent and promote CCareline in your community by learning about the services and how to help people access them. In this role, you'll help people in your community by recommending them to CCareline, you'll run community events and lead other volunteers.

# **Community Fundraiser:**

Share your talent for organising events or connecting people to our cause. CCareline's work is essential and completely unfunded by government. We depend upon generous philanthropists to keep the phones answered. Our philanthropy team needs people who want to initiate and manage giving-for-good in their community.

### **Professional volunteering:**

Put your professional skills like marketing, sales, accounting, allied health, teaching, technology, event management and general management to work in our community to help people facing disadvantage or crisis. If you'd like to contribute to our team and help those facing disadvantage or hardship then CatholicCare may well be a great fit.

Privacy Policy and Data Collection Notice

CCareline is here to help Sydney families with relationships, parenting, ageing, disabilities, addictions and mental health concerns.

• 8am - 8pm Monday - Friday

For help finding help, call

CCareline 131819