



Disability help

If you have an emergency call 000 or
if you are distressed call Lifeline on 13 11 14

Connect with help for children, youth and adults living with disabilities.

Support coordination:

Assistance for clients with their NDIS plans to find services suited to their needs.

Speech, nursing and occupational therapy:

Services for children and adults (fee for service, Medicare and NDIS funding).

Employment options for school leavers with a disability:

Services for young people with a disability, guiding them through leaving school, learning new skills, preparing for work and finding a job.

Disability employment:

Employment for adults with an intellectual disability. Options include working a few hours a week to full-time employment.

Disability life skills and holiday program for adults:

Training and socialisation for people with intellectual disabilities.

Mental health support:

Help for people applying for an NDIS funding plan.

Carer support:

Counselling, information and assistance for carers supporting them in their role of looking after others.

Privacy Policy and Data Collection Notice

CCareline is here to help Sydney families with relationships, parenting, ageing, disabilities, addictions and mental health concerns.

✉ connect@catholiccare.org
🕒 8am - 8pm Monday - Friday

For help finding help, call

 **CCareline 13 18 19**