

**Network Tracking and Process Monitoring using Sysinternal**  
**and Ram capture tools**

**Write-up**

- **Sysinternal tool and commands**
- **RAM capture tool and commands**

- ❖ Using Sysinternals tools for Network Tracking and Process Monitoring :
  - Check Sysinternals tools

**Monitor Live Processes**

- Capture RAM
- Capture TCP/UDP packets
- Monitor Hard Disk
- Monitor Virtual Memory
- Monitor Cache Memory

<https://docs.microsoft.com/en-us/sysinternals/downloads/procmon>