HTML :

```html
<!DOCTYPE html>
<html>
<head>
      <link rel="stylesheet" type="text/css" href="style.css">
      <title>Gradient shadow box</title>
</head>
<body>
<div class="box">
      <h2>
            NOW
      </h2>
</div>
<div class="box">
      <h2>
            CODING
      </h2>
</div>
</body>
</html>
```

CSS:

```css
*{
      margin: 0px;

      padding: 0px;

      font-family: dubai;

}

body{

      display: flex;

      justify-content: center;

      align-items: center;

      flex-wrap: wrap;

      min-height: 100vh;

}

.box{

      position: relative;

      width: 300px;
```

```css
    height: 200px;

    margin: 40px;

    display: flex;

    justify-content: center;

    align-items: center;

}

.box:nth-child(1),

.box:nth-child(1)::before{

    background: linear-gradient(135deg, #ffff00, #24FFD1 );

}

.box:nth-child(2),

.box:nth-child(2)::before{

    background: linear-gradient(135deg, #00BDFF, #6EFE43);

}

.box::before{

    content: '';

    position: absolute;

    bottom: 0px;

    left: 0px;

    width: 100%;

    height: 100%;

    filter: blur(25px);

    border-radius: 40px;

    transform: translateY(30px) scale(0.9);

}

.box h2{

    position: absolute;

    z-index: 1;

    font-size: 3em;

    color: #fff;

}
```