

MESSAGE FROM PRIME MINISTER

INDIA MILLETS OF REVOLUTION

THE MILLETS REVOLUTION IN INDIA IS A TESTAMENT TO THE NATION'S RICH AGRICULTURAL HERITAGE AND THE RESURGENCE OF TRADITIONAL AND SUSTAINABLE FARMING PRACTICES. MILLETS, INCLUDING VARIETIES LIKE PEARL MILLET, FOXTAIL MILLET, FINGER MILLET, AND SORGHUM, HAVE BEEN GROWN IN INDIA FOR THOUSANDS OF YEARS. IN RECENT DECADES, THESE HUMBLE GRAINS WERE OVERSHADOWED BY THE DOMINANCE OF RICE AND WHEAT, WHICH BECAME STAPLES OF THE INDIAN DIET. HOWEVER, THE MILLETS REVOLUTION SIGNIFIES A REAWAKENING. THESE RESILIENT CROPS HAVE MADE A REMARKABLE COMEBACK, PRIMARILY DUE TO THEIR NUTRITIONAL VALUE, ADAPTABILITY TO DIVERSE CLIMATES, AND MINIMAL WATER REQUIREMENTS. MILLETS ARE RICH IN ESSENTIAL NUTRIENTS, GLUTEN-FREE, AND HAVE A LOW GLYCEMIC INDEX, MAKING THEM IDEAL FOR PEOPLE WITH DIETARY RESTRICTIONS AND HEALTH-CONSCIOUS INDIVIDUALS. THE GOVERNMENT'S SUPPORT AND POLICIES HAVE PLAYED A VITAL ROLE IN THE MILLETS REVOLUTION. INITIATIVES LIKE THE NATIONAL MISSION FOR SUSTAINABLE AGRICULTURE (NMSA) AND THE NATIONAL FOOD SECURITY MISSION HAVE ENCOURAGED MILLET FARMING. VARIOUS STATES IN INDIA HAVE ALSO INTEGRATED MILLETS INTO THEIR PUBLIC DISTRIBUTION SYSTEMS, FURTHER PROMOTING THEIR CONSUMPTION.

AS MILLETS REGAIN THEIR PROMINENCE IN INDIAN AGRICULTURE AND DIETS, THEY EMPOWER FARMERS, PROMOTE FOOD SECURITY, AND CONTRIBUTE TO SUSTAINABLE FARMING PRACTICES. THIS MILLETS REVOLUTION IS A REMARKABLE AND HEARTENING JOURNEY TOWARDS REDISCOVERING INDIA'S FOOD TRADITIONS, SUPPORTING SMALL-SCALE FARMERS, AND EMBRACING A HEALTHIER, MORE SUSTAINABLE FUTURE. IT'S NOT JUST A DIETARY SHIFT; IT'S A REVOLUTION THAT SIGNIFIES INDIA'S COMMITMENT TO NOURISHING ITS PEOPLE AND THE PLANET.

**PRIME MINISTER
SHRI NARENDRA MODI**



MESSAGE FROM PRESIDENT

INDIA MILLETS OF REVOLUTION

THE MILLETS REVOLUTION IN INDIA MARKS AN EXTRAORDINARY REVIVAL OF ANCIENT AGRICULTURAL WISDOM. MILLETS, A GROUP OF DIVERSE AND NUTRITIOUS GRAINS INCLUDING PEARL MILLET, FOXTAIL MILLET, FINGER MILLET, AND SORGHUM, ARE DEEPLY ROOTED IN INDIA'S HERITAGE. FOR GENERATIONS, THEY WERE THE CORNERSTONE OF INDIAN DIETS, KNOWN FOR THEIR HARDINESS AND ADAPTABILITY TO VARIOUS CLIMATES.



OVER TIME, MILLETS LOST THEIR PROMINENCE TO RICE AND WHEAT, BUT THEIR RESURGENCE AS A DIETARY AND AGRICULTURAL TREASURE IS A TESTAMENT TO INDIA'S ABILITY TO EMBRACE THE BEST OF ITS TRADITIONS WHILE MOVING FORWARD. THE MILLETS REVOLUTION HIGHLIGHTS THE NUTRITIONAL RICHNESS AND LOW WATER REQUIREMENTS OF THESE GRAINS, MAKING THEM VITAL FOR COMBATING BOTH MALNUTRITION AND CLIMATE CHANGE.



GOVERNMENT INITIATIVES, INCLUDING THE NATIONAL FOOD SECURITY MISSION AND SUPPORT FOR MILLET CULTIVATION, HAVE BEEN PIVOTAL IN THIS REVIVAL. FURTHERMORE, THE INTEGRATION OF MILLETS INTO PUBLIC DISTRIBUTION SYSTEMS IN VARIOUS INDIAN STATES HAS HELPED BRING THESE ANCIENT GRAINS BACK TO THE PLATES OF MILLIONS.



THE MILLETS REVOLUTION, THEREFORE, REPRESENTS MORE THAN JUST A DIETARY SHIFT; IT EMBODIES INDIA'S COMMITMENT TO PRESERVING ITS CULTURAL AND AGRICULTURAL HERITAGE, SUPPORTING THE LIVELIHOODS OF SMALL-SCALE FARMERS, AND CHAMPIONING SUSTAINABLE AND CLIMATE-RESILIENT AGRICULTURE. IT'S A JOURNEY TOWARD A HEALTHIER, MORE DIVERSE, AND ENVIRONMENTALLY SUSTAINABLE FUTURE THAT CONNECTS THE PAST WITH THE PRESENT.



**PRESIDENT OF INDIA
DROUPADI MURMU**