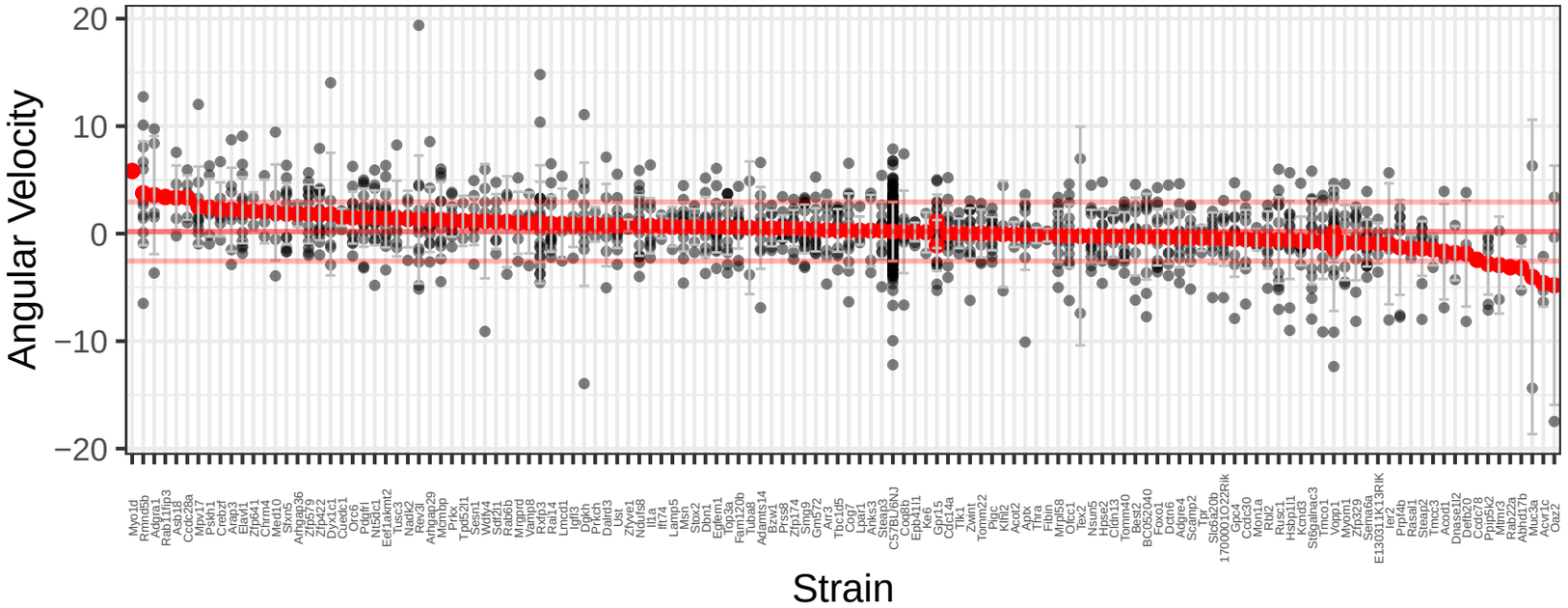
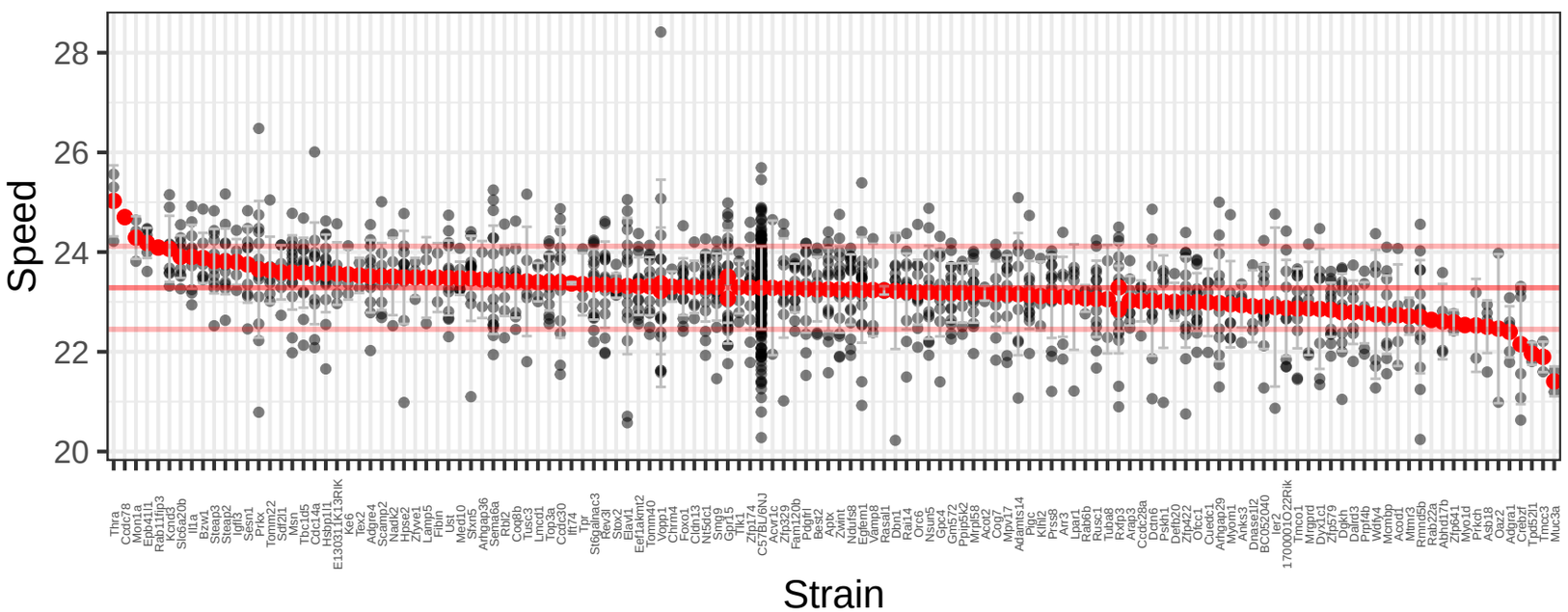
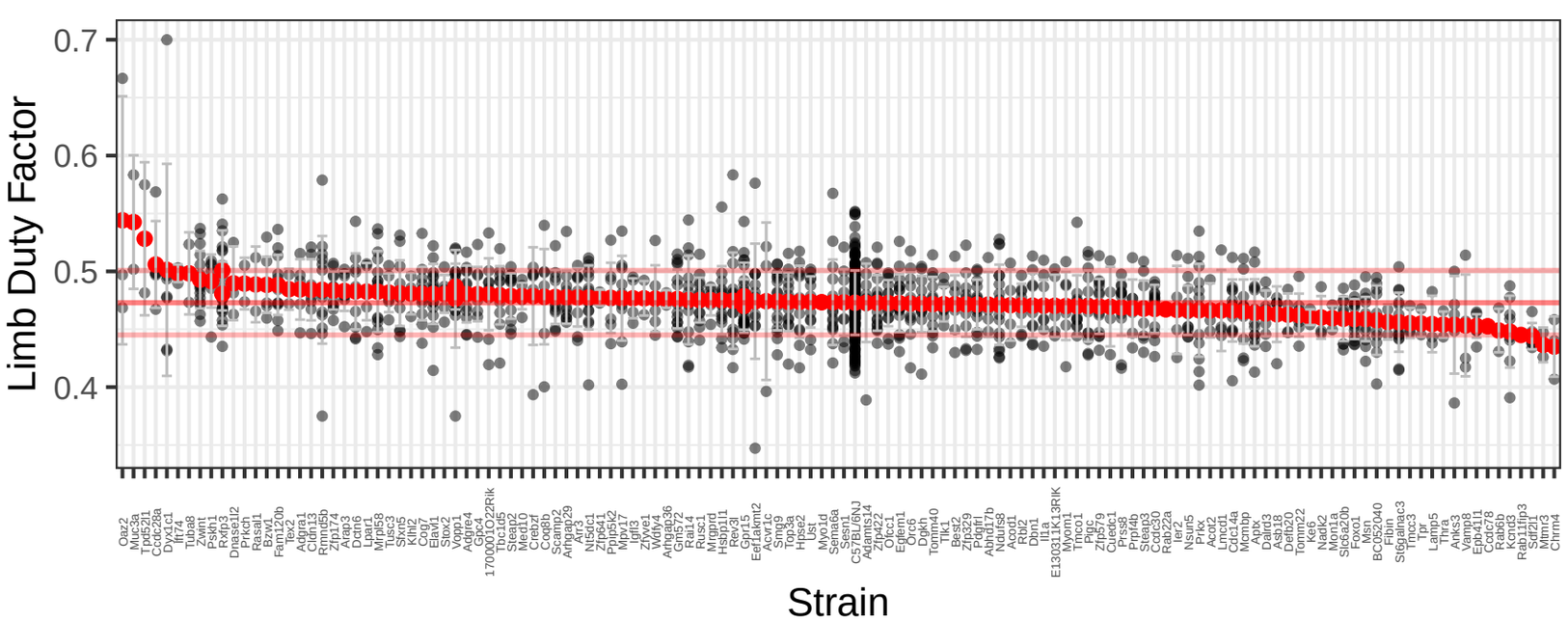

Angular Velocity
20
10
0
−10
−20
Strain


Speed
28
26
24
22
20
Strain


Limb Duty Factor
0.7
0.6
0.5
0.4
Strain