

Before the speech- How did you feel before presenting?

It was a lot different from presenting online than in person. I had run into a new problem that I never thought possible. I was nitpicking my speeches, and any error bothered me way more than usual. If I mispronounced something, I would instantly stop delete and try again, even if I was almost done with the speech. Before the speech, I felt confident, pretty neutral about it. I was curious how talking into a camera was going to be as I've never recorded myself giving a presentation.

Content- Did you have all of the elements of the introduction, body, and conclusion?**Did you cite your sources properly?**

I did have all the elements of the introduction, body, and conclusion. I did mess up a little on citing one of the sources later in the speech, but I included all of the main elements. My conclusion was something that could've been improved. I noticed I started speedrunning a bit towards the end because I realized I took way longer than I had meant too in the body paragraph. And I didn't want to go over 8 minutes, so I sped through my conclusion a little bit.

Delivery- Address your eye contact, gestures, vocal fillers, voice, etc.

I thought delivery went very well. My eye contact sometimes darted off for a bit too long, mainly when I was glancing back and forth from my keyword outline. It was a lot different having "one" spot to look at. I noticed I did sometimes get lost in my outline during the speech, and I would improvise a little by attempting to remember something interesting about the topic. I thought I had decent gestures and minimal vocal fillers. My voice sometimes flattens out during the speech and is something I didn't notice happening while presenting.

Strengths and Weaknesses- Address your overall strengths and weaknesses and how you plan to improve.

One of my main strengths was my delivery. I thought delivery went pretty well besides some minor hiccups and me getting lost in the keyword outline. One of my main weaknesses I noticed very early on was not having good eye contact. And it may be just the fact it's online, but it was a bit strange having to talk without the presence of anyone. So I would sometimes glance and stare at where I was looking, forgetting there was a camera. And another weakness is sometimes during the speech; I would become aware that I was talking to myself, and it would interrupt my pace a bit.

Overall Grade- Give yourself a general letter grade based on your performance.

I would give myself around a low 90s range. I did make a few noticeable mistakes, one being the eye contact and another sometimes getting a little bit monotone. But this speech probably went the best out of the rest and not because it was online but because I finally gave a good preview of what I was going to discuss in my outline. Overall even if it was in front of a crowd, I do think this speech would've gone extremely well.