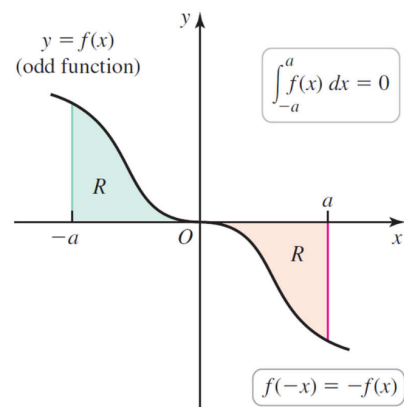
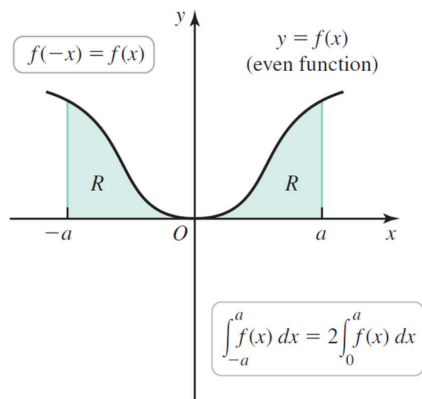


## 5.4: Working with Integrals

### Theorem: Integrals of Even and Odd Functions

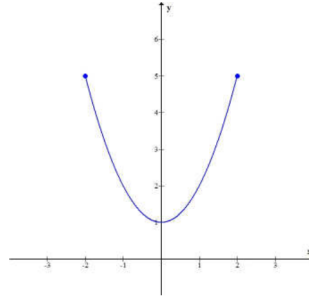
Let  $a$  be a positive real number and let  $f$  be an integrable function on the interval  $[-a, a]$ .

- If  $f$  is even,  $\int_{-a}^a f(x) dx = 2 \int_0^a f(x) dx$
- If  $f$  is odd,  $\int_{-a}^a f(x) dx = 0$

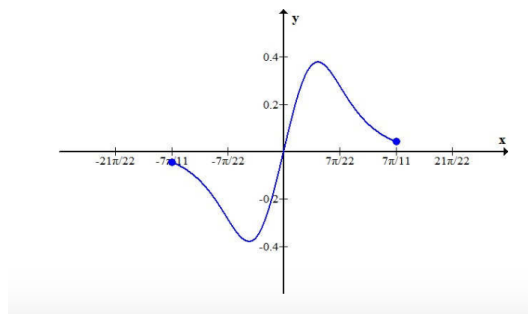


**Example:** Use symmetry to evaluate the following integrals

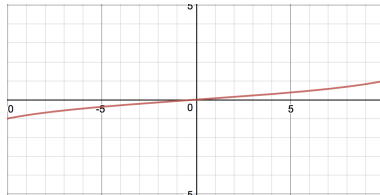
- $\int_{-2}^2 (x^2 + 1) dx$



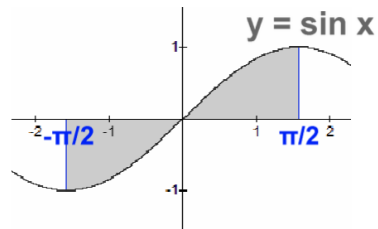
- $\int_{-7\pi/11}^{7\pi/11} \frac{\sin x}{1 + x^2 + x^4} dx$



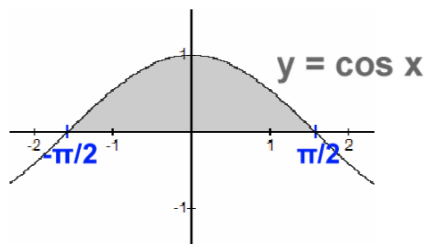
- $\int_{-10}^{10} \frac{x}{\sqrt{200-x^2}} dx$



- $\int_{-\pi/2}^{\pi/2} \sin x dx$



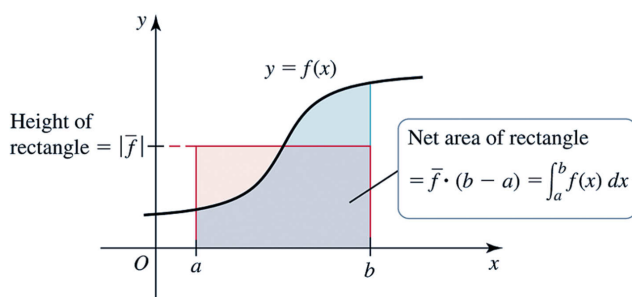
- $\int_{-\pi/2}^{\pi/2} \cos x dx$



**Average Value of a Function:** The average value of a function  $f$  on the interval  $[a, b]$  is

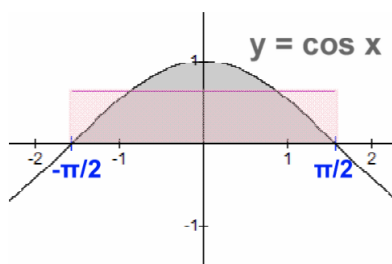
$$\bar{f} = \frac{1}{b-a} \int_a^b f(x) dx$$

**Geometric Interpretation of Average Value:** The average value is the height of the rectangle with base  $[a, b]$  that has the same net area as the region bounded by the graph of  $f$  and the x-axis on the same interval  $[a, b]$

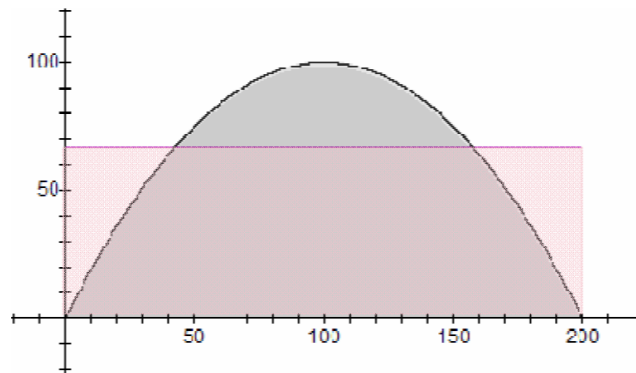


**Example:** Find the average value of the following function on the given interval. Draw a graph of the function and indicate the average value.

$$f(x) = \cos x; \left[ -\frac{\pi}{2}, \frac{\pi}{2} \right]$$



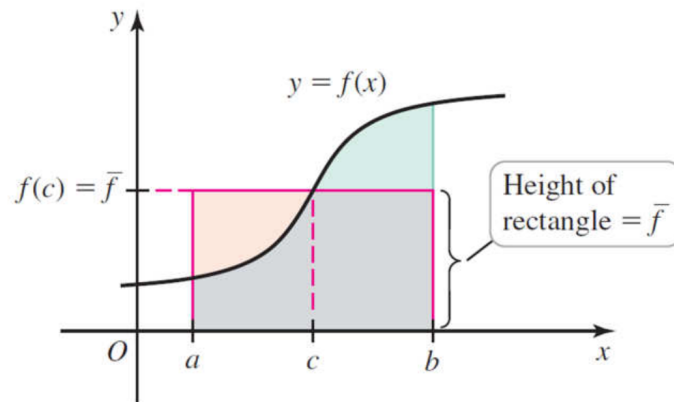
**Example:** A baseball is launched into the outfield on a parabolic trajectory given by  $y = 0.01x(200 - x)$ . Find the average height of the baseball over the horizontal extent of its flight. You may assume that the height is given in feet.



**Mean Value Theorem for Integrals:** Let  $f$  be continuous on the interval  $[a, b]$ . There exists a point  $c$  in  $(a, b)$  such that

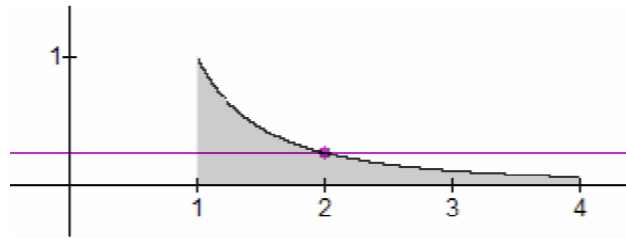
$$f(c) = \bar{f} = \frac{1}{b-a} \int_a^b f(t) dt$$

**Geometric Interpretation of the MVT for Integrals:** The horizontal line drawn at the average value must intersect the graph of the function at some point in the interval.



**Example:** Find the point(s) at which the given function equals its average values on the given interval.

$$f(x) = \frac{1}{x^2}; [1, 4]$$



First, we find the average value of the function over the interval:

Then, we set the function value to our average value and solve for  $x$ :

## 5.5: Substitution Rule

### Substitution Rule for Indefinite Integrals

**Substitution Rule for Indefinite Integrals:** If  $u = g(x)$  is a differentiable function whose range is an interval  $I$  and  $F$  is continuous on  $I$ , then

$$\int f(g(x))g'(x)dx = \int f(u)du$$

**Note:** The substitution rule says that it is permissible to operate with  $dx$  and  $du$  after the integral signs as if they were differentials. The variable of integration is a “dummy variable”.

#### Steps for Substitution Rule:

1. Given an indefinite integral involving a composite function  $f(g(x))$ , identify an inner function  $u = g(x)$  such that a constant multiple of  $u'(x) = g'(x)$  appears in the integrand.
2. Substitute  $u = g(x)$  and  $du = u'(x)dx$  in the integral.
3. Evaluate the new indefinite integral with respect to  $u$ .
4. Write the result in terms of  $x$  using  $u = g(x)$ .

**Example:** Use the given substitution to find the following indefinite integral.

$$\int (6x + 1)\sqrt{3x^2 + x}dx; u = 3x^2 + x$$



**Example:** Use a change of variables to find the following indefinite integral.

$$\int x \sin(2x^2) dx$$

**Example:** Evaluate the integral.

$$\int \frac{x}{\sqrt{4-9x^2}} dx$$

## Substitution Rule for Definite Integrals

**Substitution Rule for Definite Integrals:** If  $g'$  is continuous on  $[a, b]$  and  $f$  is continuous on the range of  $u = g(x)$ , then

$$\int_a^b f(g(x))g'(x)dx = \int_{u(a)}^{u(b)} f(u)du = \int_{g(a)}^{g(b)} f(u)du$$

**Note:** The net areas calculated by these integrals are exactly the same. Don't forget to change the limits of integration on a definite integral if you use substitution.

**Example:** Evaluate the integral.

$$\int_0^1 2x(4 - x^2)dx.$$

Don't believe me? Try doing the regular integration.

$$\begin{aligned}\int_0^1 2x(4 - x^2)dx &= \int_0^1 (8x - 2x^3)dx \\&= \left[ \frac{8x^2}{2} - \frac{2x^4}{4} \right]_0^1 \\&= \left[ \frac{8}{2} - \frac{2}{4} \right] - [0] \\&= \frac{8}{2} - \frac{1}{2} \\&= \frac{7}{2}\end{aligned}$$

**Example:** Evaluate the integral.

$$\int_0^{\pi/4} \frac{\sin x}{\cos^2 x} dx.$$

**Example:** Evaluate the integral.

$$\int (x^6 - 3x^2)^4 (x^5 - x) dx.$$

**Note:** Sometimes the choice for a u-substitution is not so obvious or more than one u-substitution is required.

**Example:** Evaluate the integral.

$$\int \frac{x}{\sqrt[3]{x+4}}.$$

**Example:** Evaluate the integral.

$$\int_0^{\pi/2} \frac{\cos x \sin x}{\sqrt{\cos^2 x + 16}} dx.$$

**Example:** Evaluate the integral.

$$\int_e^{e^4} \frac{dx}{x\sqrt{\ln x}}.$$