

**UNEXPECTED SHIFT FROM PHYTOPLANKTON TO PERIPHYTON IN SMALL
EUTROPHIC STREAMS OF THE NORTHERN GREAT PLAINS DUE TO
WASTEWATER INFLUX**

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Abstract

Pollution with nitrogen (N) and phosphorous (P) impairs streams by favouring suspended blooms of algae and cyanobacteria over diatom-rich periphyton. Recently, wastewater treatment plants (WWTP) have been upgraded to biological nutrient removal (BNR) to eliminate both P and NH_4^+ , although little is known of the effects of BNR effluent on flowing waters. Here we compared the effects of BNR effluent with those of natural physico-chemical processes (hydrology, temperature, pH, conductivity, transparency) by analyzing changes in the abundance and composition of suspended (phytoplankton) and attached (periphyton) phototrophs in small, turbid, and P-rich streams of the northern Great Plains using high performance liquid chromatography. Generalized additive models (GAMs) explained 45.5-62.6% of deviance in temporal and spatial patterns in total phototroph abundance (as Chl a) and 77.5-86.5% of deviance in community composition (as biomarker carotenoids). Overall, phytoplankton were replaced by periphyton within WWTP-impacted reaches due to dilution of streams by transparent effluent. Further, phenology and composition of both periphytic and planktonic assemblages were altered, with increases in diatoms and chlorophytes in part due to abundant NO_3^- from effluent. Wastewater effects were limited to first-order reaches and normal patterns of seasonal succession were re-established in a downstream second-order river. Physico-chemical parameters explained similar deviance in GAMs of total abundance and community composition in both planktonic (65.2% and 82.5%, respectively) and epilithic habitats (40.5%, 72.5%). Overall, BNR appeared to shift turbid, phytoplankton-rich streams to boreal-like conditions with diatom-rich biofilms by improving water transparency and providing NO_3^- to diatoms and chlorophytes.

Scientific significance

After decades of focus on phosphorus control, wastewater treatment facilities are being upgraded worldwide to additionally remove nitrogen (mainly ammonium) from urban effluent, yet little is known of how a sudden change in wastewater processing may influence stream ecosystems. Here we measured changes in attached (periphyton) and suspended (phytoplankton) phototrophs in first- and second-order prairie streams over two years to evaluate the effects of urban effluent treated by biological nutrient removal (BNR) relative to the effects of natural landscape controls of lotic production (temperature, irradiance, discharge, water chemistry). Unexpectedly, inputs of BNR effluent reduced phytoplankton abundance and stimulated periphyton growth on rocks by both dilution of suspended communities and provision of moderate levels of nitrate (5 mg N L^{-1}) to periphyton. Resulting phototrophic communities resembled those found in unimpacted, restored, or boreal streams, suggesting that wastewater processing using BNR improved lotic ecosystem health by reducing cyanobacteria and favouring benthic diatoms and chlorophytes.

Introduction

Blooms of harmful algae and cyanobacteria negatively impact the health, function, and recreational value of aquatic ecosystems (Carpenter et al. 1998; Schindler 2006; Dodds et al. 2009), including reduced potability of drinking water supplies, depletion of dissolved oxygen, production of toxins, and decreased biodiversity (Paerl and Otten 2013). Harmful algal blooms (HABs) in freshwaters are forecast to increase globally during the 21st century due to climate change and nutrient pollution with nitrogen (N) and phosphorous (P) (Paerl and Paul 2012; Taranu et al. 2015; Vogt et al. 2018). Insights from algae and cyanobacteria in lotic ecosystems may be crucial in developing timely and effective remediation strategies, as nutrient pollution often starts in flowing waters associated with farms and urban centers (Grimm et al. 2008; Dodds and Smith 2017) where primary producers also integrate environmental changes within the catchment (Allan 2004; Walsh and Wepener 2009; Teittinen et al. 2015).

Both algae (Burliga and Kociolek 2016; Sherwood 2016) and cyanobacteria (Scott and Marcarelli 2012; Casamatta and Hašler 2016) are ubiquitous in streams (Giller and Malmqvist 1998), but mechanisms regulating their relative prevalence in the water column and on substrates are debated (Wu et al. 2011; Breuer et al. 2017). Blooms of suspended algae and cyanobacteria (phytoplankton herein) are common in higher-order rivers because of low canopy cover, high nutrient content, and long water residence time (Vannote et al. 1980; Reynolds and Descy 1996). In contrast, periphyton are typically the predominant primary producers in lower-order streams where canopy cover is common and water flows at a faster rate (Vannote et al. 1980; Biggs 1995; Biggs 1996). However, small eutrophic streams that lack vegetative canopies and have low discharge rates can also exhibit abundant metabolically-active phytoplankton (Waiser et al. 2011; Wu et al. 2011; Breuer et al. 2017). Depending on the local hydrology, these planktonic

communities may originate from sloughed periphyton, upstream lakes, or may exhibit a unique *in situ* composition; in all cases, the planktonic assemblage may act as an inoculum for downstream ecosystems (Roeder 1977; Bellinger and Sigg 2010). While the balance between periphyton and phytoplankton is well studied in larger lotic ecosystems (Van Nieuwenhuysen and Jones 1996; Chambers et al. 2012; Dodds and Smith 2017), less is known about suspended phototrophs in small eutrophic streams (Breuer et al. 2017).

Changes in the abundance, composition, and habitat of primary producers can be valuable indicators of human and climatic effects on lotic ecosystems (Allan 2004; Walsh and Wepener 2009; Teittinen et al. 2015). Excess nutrients can favour phototroph blooms (Biggs 2000; Chambers et al. 2012), as well as changes in the predominant taxa (Kelly and Whitton 1995; Walsh and Wepener 2009; Lobo et al. 2016) and habitat of production (Roeder 1977; Stevenson and White 1995), with benthic diatoms giving way to chlorophytes and potentially-toxic cyanobacteria in the water column (Baker and Humpage 1994; Affourtit et al. 2001; Mischke et al. 2011) and some benthic habitats (Peterson and Grimm 1992; Loza et al. 2013; McCall et al. 2017). However, despite clear distinctions between periphyton and phytoplankton in lotic ecosystems, controls of transition between habitats are rarely studied within a single stream (Roeder 1997; Breuer et al. 2017) despite the potential value of this metric as an early warning indicator of bloom development and eutrophication (Wurtsbaugh et al. 2019). For example, discrete inputs of anthropogenic nutrients and contaminants may cause substantial changes in streams (Peterson et al. 2001; Tank et al. 2018) that regulate the relative importance of attached or suspended phototrophs.

In principle, physico-chemical factors regulate both suspended and attached primary producers in flowing waters (Andrus et al. 2015; Breuer et al. 2017). Periphyton in small

streams are affected by changes to light (canopy cover, turbidity; Munn et al. 1989; Rosemond et al. 2000; Matthaei et al. 2010), temperature (Baker and Baker 1979; Munn et al. 2002; Wu et al. 2011), discharge (and scouring; Biggs 1995; Leland 2003), and nutrients (N and P; Tank and Dodds 2003; Breuer et al. 2017), as well as their interactions (Wu et al. 2011; Breuer et al. 2017). Less is known about the regulation of phytoplankton in small streams (Breuer et al. 2017), but in large rivers, nutrient effects may be paramount if light is sufficient (reduced canopy cover) and flow is slow (Reynolds and Descy 1996; Smith and Dodds 2017). Here low ratios of N:P may promote nitrogen-fixing cyanobacteria (Marcarelli et al. 2008; Smith and Dodds 2017), while variation in fluxes, stoichiometry, and chemical forms of N may cause taxa-specific variation in growth (Guildford and Hecky 2000; Klausmeier et al. 2004; Glibert et al. 2016). For example, diatoms and cryptophytes often nitrate (NO_3^-) over ammonium (NH_4^+) (Glibert et al. 2016; Swarbrick et al. 2019), whereas toxic cyanobacteria are favoured by intermediate concentrations of NH_4^+ (1-4 mg L^{-1}), and chlorophytes can predominate at extreme levels of N pollution ($> 10 \text{ mg L}^{-1}$) (Bogard et al. 2020). Although well documented *in vitro* and in lakes, such taxon-specific responses have only recently been quantified in lotic systems (Varol and Sen 2018; Solomon et al. 2019; Kim et al. 2020), let alone in P-rich streams where the form and magnitude of N influx may dictate community composition.

Seasonal patterns of community development can both regulate and obscure physico-chemical controls of phototrophic abundance and community composition (Munn et al. 2002; Black et al. 2011; Andrus et al. 2013). Diatoms are adapted to cooler water (T_{\min} 3-5 °C, T_{opt} 17-22°C; Paerl 2014), low irradiance, and moderately high turbulence, while chlorophytes (T_{opt} 27-32 °C) and cyanobacteria (T_{opt} 27-37 °C) generally prefer warm, stagnant, and high-irradiance conditions (Leland et al. 2001; Guven and Howard 2006; Visser et al. 2016; Swarbrick et al.

2019). Consequently, periphyton and phytoplankton often have enhanced diatom production in spring and fall in many lotic systems (Cattaneo et al. 1983; Andrus et al. 2013; Breuer et al. 2016), whereas chlorophytes and cyanobacteria may predominate in summer (Sommer et al. 2012; Breuer et al. 2016; Moorhouse et al. 2018). In theory, such seasonal phenology reflects concomitant changes in nutrients, hydrological discharge, temperature, and irradiance (Stevenson 1997; Savoy et al. 2019); however, in some instances, strong seasonality and climate effects can obscure, or be obscured by, effects of regional land use and point-source pollution (Andrus et al. 2013, 2015). Overall, the degree to which seasonal development of phototrophic communities interacts with anthropogenic changes in the biophysical environment of stream ecosystems is poorly understood, particularly for non-boreal systems (Dodds et al. 2004; Breuer et al. 2017).

This paper uses generalized additive models (GAMs) of physical and chemical parameters to identify the factors regulating temporal and spatial development of periphyton and phytoplankton assemblages in two small prairie streams. Wascana Creek receives treated urban effluent mid-reach before its confluence with the Qu'Appelle River. We measured variation in abundance and composition of phytoplankton and periphyton using taxonomically-diagnostic pigment biomarkers (chlorophylls [Chl], carotenoids) to quantify: 1) spatial and seasonal distribution of phototrophic biomass and community composition; 2) effects of wastewater treatment plant (WWTP) discharge on phytoplankton and periphyton, and; 3) how the relative abundance of suspended and attached communities varies with physico-chemical features of the streams and human influences. We hypothesized that: 1) primary producers would shift from spring diatoms to summer cyanobacteria in both suspended and attached communities (Sommer et al. 2012; Breuer et al. 2016; Moorhouse et al. 2018); 2) effects of urban effluent would overwhelm the seasonal phenology of periphyton (Davis et al. 1990; Rosemond et al. 2000;

Murdock et al. 2004) and phytoplankton (Giorgio et al. 1991; Biggs and White 1995; Solomon et al. 2019) at impacted sites; 3) NO_3^- from effluent would favour siliceous algae and chlorophytes over cyanobacteria downstream of WWTP discharge (Glibert et al. 2016; Swarbrick et al. 2019), and; 4) influx of urban effluent would alter ratios of periphyton:phytoplankton changing the *in situ* irradiance regime (Munn et al. 1989; Rosemond et al. 2000; Matthaei et al. 2010).

Methods

Study area

Study sites consisted of first-order Wascana Creek (WC) and second-order Qu'Appelle River (QR), small streams within the northern Great Plains of southern Saskatchewan, Canada (Fig. 1, Table 1). The QR drainage basin covers ~52,000 km² of intensive agriculture (mainly wheat, canola) and more limited natural grassland, wetland, and urban environments (Hall et al. 1999b; Patoine and Leavitt 2006). Regional climate is a cool-summer humid continental regime (Köppen *Dfb*), with high seasonal variation, short summers (July mean of 19 °C), cold winters (January mean of -16 °C), and low-annual temperatures (~ 1.5 °C) (Leavitt et al. 2006; Swarbrick et al. 2019). Wascana Creek is a naturally-intermittent prairie stream draining ~ 1400 km² in a northwest direction through Wascana Lake and the City of Regina, before receiving treated effluent from a biological nutrient removal (BNR) facility. Overall, urban effluent was high in nitrate, but not NH_4^+ or soluble reactive P (SRP), whereas the natural lotic discharge exhibited relatively high P, turbidity, and organic N (Leavitt et al. 2006; Waiser et al. 2011; Bogard et al. 2012). Wascana Creek continues northwest ~65 km before its confluence with the Qu'Appelle River, a misfit stream flowing east to Pasqua Lake (Leavitt et al. 2006). The QR originates in wetlands near Eyebrow Lake west of Regina and flows eastward through eutrophic Buffalo Pound Lake before its confluence with WC (Fig. 1). Flow in the QR is also

supplemented year-round by water discharged from the mesotrophic Lake Diefenbaker reservoir and, in late summer of most years, by flow from eutrophic, sub-saline Last Mountain Lake immediately northeast of the WC-QR confluence. Catchment hydrology is detailed in Haig et al. (2020).

Both WC and QR are naturally small, turbid, alkaline, and P-rich streams, often exhibiting N limitation and abundant suspended cyanobacteria by late summer (Waiser et al. 2011; Supporting Information Fig. S1). Discharge in both systems exhibits high seasonality, with spring snow melt accounting for 80% of surface runoff (Pomeroy et al. 2007; Pham et al. 2009; Haig et al. 2020). Flow is limited during winter and much of summer, particularly in WC where the WWTP makes up most of the discharge during June to September and November to March (Waiser et al. 2011). Nutrient retention is highly variable by season and compound, with an uptake length ranging: ~120 km (July) to ~50 km (May) for SRP; ~10 km (July) to ~70 km (May) for NH_4^+ , and; ~300 km (July) to ~0 km (May) for NO_3^- (Waiser et al. 2011). Rapid nitrification of NH_4^+ to NO_3^- (Waiser et al. 2011), as well as denitrification and nitrous oxide emissions (Dylla 2019), also occur below the wastewater outfall. Presently, mean (\pm SE) effluent nutrient levels include $5.8 \pm 0.07 \text{ mg N L}^{-1}$ as NO_3^- , $1.82 \pm 0.07 \text{ mg N L}^{-1}$ as NH_4^+ , and $0.58 \pm 0.02 \text{ mg P L}^{-1}$ as TDP (Table 1).

Field methods

Nine stations were sampled along the continuum formed from WC headwaters to QR near Pasqua Lake (Fig. 1), including two sites upstream of the WWTP outfall (before and after Wascana Lake), three stations between the WWTP outfall and the WC-QR confluence, and four locations along the mainstem of the QR (upstream of confluence, upstream of Last Mountain Lake inflow, two further downstream). All sites were sampled bi-weekly 01 May to 15

September 2018 and 2019 between 9:00 and 14:00 hrs. At each station, temperature ($^{\circ}\text{C}$), cloud cover (%), and wind velocity (km s^{-1}) were recorded, while a YSI Model 85 meter was used to register water temperature ($^{\circ}\text{C}$), dissolved oxygen ($\text{mg O}_2 \text{L}^{-1}$), specific conductivity ($\mu\text{S cm}^{-1}$), salinity ($\text{g total dissolved solids [TDS] L}^{-1}$), and pH at surface, mid-column, and near-bottom depths. Surface values were used for subsequent analyses, as there was limited variation with water-column position. Water transparency was recorded with a 20-cm diameter Secchi disk, as well as a LaMotte model 2020we turbidity meter.

On each date, a 10-L sample of water was collected from each site from near the stream centre by integrating discrete samples from surface to mid-column depths using a sterile container. Water was screened through a 243- μm pore mesh to remove invertebrates and particulate matter, but not phytoplankton (Vogt et al. 2018). Periphyton samples at each location were collected from the stream side at approximately 10-cm water depth by using a sterile brush to remove three similar-sized biofilms of known area ($\sim 5 \text{ cm}$ diameter) from rocks randomly chosen from a standard cobble deposit. Periphyton samples were diluted with deionized water, and stored in sterile Whirl-Pak® bags for transportation. Although subject to potentially greater variability (Morin and Cattaneo 1992), we used natural substrates to both better capture the normal phenological patterns of these prairie streams, and to avoid the underestimation of total periphyton, chlorophytes, and cyanobacteria abundances commonly associated with use of artificial surfaces (Cattaneo and Amireault 1992). We measured instantaneous water velocity, water-column depth, and channel cross-sectional area at wade-able sites ($< 1.2 \text{ m}$ depth) using a calibrated Swoffer Instruments Inc. model 2100 current velocity meter, following the two-point ($> 0.75 \text{ m}$) and 6/10th ($< 0.75 \text{ m}$) depth methods of Buchanan and Somers (1976). All samples were processed in the laboratory before 17:00 hrs on day of collection. In addition, we collected

224 weekly discrete (instantaneous) and 24-h integrated samples of treated wastewater effluent from
225 EPCOR Utilities for the period of May 2018 to August 2019.

226 *Laboratory methods*

227 Whole-water and periphyton samples were filtered through GF/C glass fibre filters (1.2
228 μm nominal pore size) and stored frozen at $-20\text{ }^{\circ}\text{C}$ until later analysis of pigments and stable
229 isotopes. Filtrate was then passed through $0.45\text{-}\mu\text{m}$ pore membrane filters and frozen at $-20\text{ }^{\circ}\text{C}$
230 until analysis for soluble nutrient concentrations. GF/C filters were used for pigment and POM
231 analyses.

232 Concentrations of ammonia (NH_3) /ammonium (hereafter as NH_4^+), nitrite (NO_2^-) /nitrate
233 (hereafter as NO_3^-), total dissolved nitrogen (TDN), SRP, and total dissolved phosphorous (TDP)
234 were analyzed using a Lachat QuikChem 8500 FIA automated ion analyzer and standard
235 procedures (APHA-AWWA/WEF 1998) at the Institute of Environmental Change and Society
236 (IECS), University of Regina. In addition, the City of Regina supplied monthly estimates of
237 NH_4^+ , NO_2^- , NO_3^- , TDN, and TDP collected near our sites, as well as at additional locations.
238 Finally, nutrient concentrations in treated effluent from the Regina WWTP were supplied by
239 EPCOR Utilities (Edmonton, Canada). All N and P species were expressed as $\text{mg nutrient L}^{-1}$.

240 Stable isotopes of carbon (C) and N from filtered water, effluent, particulate organic
241 matter, and periphyton were measured for all sampling sites using the protocols of Leavitt et al.
242 (2006). Briefly, GF/C-filtered water and effluent samples were freeze-dried (1 week, 0.01 Pa) to
243 obtain residue for analysis, whereas POM and periphyton filters were dried in an oven at $66\text{ }^{\circ}\text{C}$
244 for 24 h. We packed 10-15 mg of solids from treated effluent or wastewater-impacted river sites,
245 whereas 20-25 mg was used for isotope analysis of undisturbed sites. Different masses were
246 needed to optimize N content for combustion and elemental analysis. We used six 6-mm

diameter hole-punches of GF/C filters for stable isotope analysis of POM and periphyton. All solids were folded into individual tin capsules and combusted in a NC2500 Elemental Analyzer (ThermoQuest, CE Instruments) coupled to a Thermoquest (Finnigan-MAT) Delta PlusXL isotope ratio mass spectrometer (IRMS). Stable isotope values are presented using standard expressions ($\delta^{13}\text{C}$, $\delta^{15}\text{N}$) calibrated relative to atmospheric and laboratory standards, whereas elemental content was expressed as % dry mass (% C, % N).

Total abundance and community composition of phytoplankton and periphyton were estimated using standard trichromatic spectrophotometric analysis of Chl a (Jeffrey and Humphrey 1975) and high-performance liquid chromatography (HPLC) quantification of biomarker pigments (Leavitt and Hodgson 2001; Steinman et al. 2017), respectively. Briefly, filters were completely extracted with either HPLC-grade acetone (trichromatic Chl a) or acetone, methanol, and water in a ratio of 80:15:5 by volume (all pigments and derivatives) for 24 h at -20 °C, then filtered (0.2- μm pore membrane) before further processing. Samples for HPLC analysis were dried in the dark under nitrogen (N_2) gas and stored at -80 °C until pigments were redissolved into a standard injection solvent mixture containing a Sudan II chromatographic standard (Leavitt and Hodgson 2001). HPLC samples were processed using an Agilent 1100 HPLC equipped with a model 1100 photodiode array and fluorescence detector. The HPLC system was calibrated with authentic standards from DHI Denmark Inc. and other local reference sources following Leavitt and Hodgson (2001).

Pigments were tentatively identified on the basis of absorbance spectra and chromatographic position. Biomarker pigments included both carotenoids and chlorophylls such as Chl a and β -carotene (total phytoplankton), fucoxanthin (siliceous algae and some dinoflagellates), diadinoxanthin (diatoms, dinoflagellates, some chrysophytes), diatoxanthin

(mainly diatoms), peridinin (dinoflagellates), alloxanthin (cryptophytes), Chl b (chlorophytes), lutein-zeaxanthin (chlorophytes and cyanobacteria), myxoxanthophyll (colonial cyanobacteria), canthaxanthin (Nostocales cyanobacteria, potentially N₂-fixing), aphanizophyll (N₂-fixing cyanobacteria), and echinenone (total cyanobacteria). Lutein from green algae and zeaxanthin from cyanobacteria were not separated on our HPLC systems and are presented together as 'bloom-forming taxa'. Phytoplankton pigments from HPLC analysis were expressed as nmoles pigment L⁻¹, whereas periphytic biomarkers were estimated as nmoles pigment cm⁻². In addition, trichromatic Chl a was expressed as µg Chl a L⁻¹ or µg Chl a cm⁻², consistent with protocols in the Qu'Appelle long-term ecological research program (QU-LTER; Vogt et al. 2011). We also calculated the ratio of labile Chl a to its stable degradation product, pheophytin a, to evaluate whether pigments represented live material or detritus. As ratios were routinely greater than 15:1 in both phytoplankton (17.01 ± 0.83) and epilithon (17.16 ± 1.04), we assumed that pigments mainly represented metabolically-active phototrophs (Leavitt 1993).

Ratios of periphyton to phytoplankton abundance were calculated by dividing volumetric estimates of planktonic pigments by aerial estimates of periphytic biomarkers. This mass ratio was used as an approximation of spatial and temporal changes in the relative abundance of primary producers in planktonic and attached habitats, even though it is recognized that comprehensive quantification of phototrophs would require integration of water-column and substrate-associated pigments from across the full suite of stream depths at each site. Such comprehensive sampling was beyond the capacity of this project, given the number of sites and difficulty accessing deeper benthic habitats (> 1 m depth). Nonetheless, comparison of absolute and relative changes in phototrophic communities using pigments is expected to provide insights on mechanisms regulating the abundance and relative composition of the two assemblages

(Vinebrooke and Leavitt 1999; Thomas et al. 2013), particularly given the high degree of spatial and temporal variation among sites.

Hydrometric data

Stream discharge was either directly measured, recorded by gauging stations, or calculated using the drainage area ratio method depending on seasonal flow and site characteristics. At wade-able sites, we calculated instantaneous discharge rate (Q) by summing the product of discrete velocities and their respective cross-sectional areas measured at 10-15 points along an orthogonal transect across the creek, following the two-point and 6/10th methods (Buchanan and Somers 1976). In all years, we also collected Q for sites with provincial and federal hydrometric real-time gauging stations, or applied the drainage area ratio method to estimate prorated discharge ($Q_{\text{incremental}}$) based on the nearest gauging station, incremental effective drainage area (EDA), and any additional tributaries and point-sources (Gianfagna et al. 2015; Swarbrick 2017). We note that the drainage area ratio method omits travel time, evaporation, and groundwater inputs or losses. $Q_{\text{incremental}}$ was calculated by multiplying the nearest gauging station (Q_{gauged}) by the ratio of the EDA between the sampling site and the gauged site ($A_{\text{incremental}}$) and the EDA of the gauged site (A_{gauged}), as follows:

$$Q_{\text{incremental}} = Q_{\text{gauged}} * (A_{\text{incremental}}/A_{\text{gauged}}).$$

The EDA of each sampling site, defined as the maximum area that could contribute flood runoff (Mowchenko and Meid 1983), was determined following Swarbrick (2017) by either using the federal Agricultural and Agri-Food Canada (AAFC) Watersheds Project dataset (2008), or calculated from the AAFC EDA total boundary layer, topographic and hydrologic data using ESRI ArcGIS 10.1 (Natural Resources Canada 2016). Finally, to validate all methods, we compared our *in situ* measured discharge rates with those estimated for the same site using either

governmental instrumentation or calculated via the drainage area ratio method (Supporting Information Fig. S2). Although highly correlated (slope = 0.84, $R^2_{\text{adj}} = 0.856$, $P < 0.0001$), our direct measurements tended to underestimate calculated discharge by about $0.75 \text{ m}^3 \text{ s}^{-1}$ at flows between 1 and $8 \text{ m}^3 \text{ s}^{-1}$.

Numerical analyses

We used GAMs to estimate linear and non-linear spatio-temporal trends in phytoplankton and periphyton assemblages and responses to physico-chemical variables (Pederson et al. 2019). We used trichromatic Chl a as a proxy for total abundance of phototrophs and included the following biomarker pigments in our community models: fucoxanthin (siliceous algae), alloxanthin (cryptophytes), chlorophyll b (chlorophytes), and echinenone (total cyanobacteria). Other pigments were not included in the main models either because compounds were rare (e.g., peridinin) or exhibited significant taxonomic overlap with selected biomarkers (e.g., cyanobacterial carotenoids). Additionally, Chl a derived from HPLC was modelled for comparison with trichromatic Chl a. The QR site immediately upstream of the WC-QR continuum was excluded from GAMs but was analyzed separately to better identify the mechanisms contributing to downstream patterns in the QR.

Spatio-temporal models included a fixed effect of year, marginal smooth terms for day of year (DOY) and distance along the stream flow path, plus a smooth interaction for DOY and distance that allowed for seasonal difference along our lotic continuum. Distance and DOY terms also included a tensor product smooth of year to allow for year-specific effects. Additionally, pigment spatio-temporal models included DOY and distance factor-smoothers for pigment-specific responses. We chose variables in physico-chemical models based on biological relevance, while testing for both instantaneous and lag effects. Due to weak explanatory power,

we chose to omit time lags but retained effects of distance, DOY, discharge, pH, dissolved nutrients (NO_3^- , NH_4^+ , SRP), the mass ratio of TDN to SRP, Secchi transparency, specific conductance, and temperature. Turbidity was removed from models because of substantial negative correlation with Secchi depth that reduced model performance. To achieve better dispersion of the data, NO_3^- , NH_4^+ , TDN:SRP, turbidity, and specific conductance were \log_{10} -transformed, whereas SRP and discharge were square-root transformed. This analysis considered multi-collinearity of covariates prior to model creation by estimating the Pearson correlation coefficient for all pairs of predictors and concavity of model smooths; no Pearson correlation was > 0.35 , but smoother concavity was high (0.7-0.9) suggesting non-linear correlation of parameters. To address non-linear correlations and to achieve best fit and parsimony, we penalized the range and null space of the smoothing matrices for physico-chemical variables during fitting with the option *select = true* (Marra and Wood 2011).

All models were run within the R statistical environment (v. 3.6.2; R Core Team 2018) with *mgcv* (v. 1.8-29; Pedersen et al. 2019) package with automatic smoothness estimation (Wood 2011; Wood et al. 2017). Prior to model creation, a redundancy analysis (RDA) was performed using the *vegan* package (v. 2.5-6; Oksanen et al. 2019) with physico-chemical constraints to determine initial linear relationships between pigments and physico-chemical covariates. Axes explained little variance ($< 20\%$) and after variable selection (forward, backwards elimination, etc.), most biologically-relevant covariates were removed from the RDA, a pattern which suggests that underlying relationships were non-linear in nature. We used a gamma distribution (positive, continuous responses) with a log-link function for Chl *a* models because concentrations were $> 0 \mu\text{g L}^{-1}$. However, because concentration of other biomarker pigments were occasionally below detection limits ($< 0.002 \text{ nmole pigment L}^{-1}, \text{cm}^{-2}$), a Tweedie

distribution (zero-inclusive, positive, continuous responses) was used for those models. We did not treat these observations as censored because $< 1\%$ of values were 0 and likely truly absent (0.0 nmole pigment L^{-1}) and because preliminary analysis with Bayesian regression models using *Stan* (BRMS, v. 2.10.0; Bürkner 2018) greatly overestimated observed pigment concentrations (i.e., exhibited a poor fit relative to *mgcv* models). In addition, models dealt with missing values internally by omitting data where physico-chemical variables were missing.

GAMs for pigment included global (all pigments) and pigment-specific smooth terms. Global terms were tensor-product smoothers, whereas pigment-specific terms were factor smoothers (Pedersen et al. 2019). We compared model residuals against physico-chemical parameters to determine which variables required taxa-specific response; all pigment models exhibited a substantial decrease in the magnitude of residuals and better homogeneity when taxa-specific responses were included. We assessed basis size, dispersion of residuals, homogeneity of variance, and the relationship between the observed and predicted response for all models to evaluate whether model assumptions were violated. Residual maximum marginal likelihood (REML) was used for smoothness selection (Wood 2011). Spatio-temporal model predictions and physico-chemical model marginal smooths were visualized in R using *ggplot2* (v. 3.2.1; Wickham 2016).

Results

Stream conditions

Physico-chemical conditions varied substantially from the headwaters of Wascana Creek (WC) to the downstream reaches of the Qu'Appelle River (QR) in both 2018 and 2019 (Table 1, Fig. 2). Headwaters immediately above the WWTP outfall were usually slow-flowing ($< 1 \text{ m}^3 \text{ s}^{-1}$

¹), moderately turbid (25-50 NTU), opaque (Secchi < 25 cm), alkaline (pH > 8.5), and relatively ion-poor (specific conductance ~1000 $\mu\text{S cm}^{-1}$), with low concentrations of TDN (< 1 mg N L⁻¹) and relatively elevated levels of P (0.1 – 0.5 mg P L⁻¹) resulting in low TDN:SRP mass ratios (13.8 ± 2.7) compared to other reaches (Table 1). Overall, the presence of Wascana Lake between the two headwater sites appeared to have little effect on overall conditions, other than leading to a sharp decline in dissolved P fractions, water transparency, and conductivity, and a modest increase in pH and TDN:SRP ratios.

Influx of urban effluent altered the physico-chemical profile of WC and, to a lesser extent, the QR, with particularly marked effects in 2018 (Fig. 2). Effluent was circumneutral (7.42 ± 0.01 pH) and contained high concentrations of NO_3^- (5.80 ± 0.07 mg N L⁻¹) relative to NH_4^+ (1.82 ± 0.07 mg N L⁻¹) and TDP (0.58 ± 0.02 mg P L⁻¹), with relatively low C:N ratios (4.98 ± 0.11) and strongly enriched ¹⁵N isotope values (16.82 ± 0.28 ‰) (Table 2.1, Supporting Information Fig. S3). When combined with WC streamflow, effluent outfall led to substantial increases in dissolved N concentrations (TDN, NO_3^- , NH_4^+), discharge, and water transparency (increased Secchi depth, reduced turbidity). Further, $\delta^{15}\text{N}$ values for filtered whole water from WC increased from regional baselines of 3 - 6 ‰ to 18 - 23 ‰ in all seasons (Fig. 2). In contrast, pH declined sharply to ~8, whereas influx of effluent had more limited effects on stream temperature and dissolved P concentrations (Fig. 2). Due to changes in the nutrient regime following WWTP outfall, TDN:SRP mass ratios increased to > 23:1 (Fig. 2), suggesting either phosphorous limitation of phototrophs or, more likely, saturation of nutrient demands (Supporting Information Fig. S1). For many parameters (except Q, $\delta^{15}\text{N}_{\text{water}}$, SRP), effects of effluent influx diminished with distance downstream, with a return to near-headwater conditions just prior to the confluence of WC with the QR (Fig. 2).

Lotic environments changed again when WC emptied into the QR (Fig. 2). Discharge ($> 2.5 \text{ m}^3 \text{ s}^{-1}$) and often turbidity (10-60 NTU) reached maximal values, while water transparency often diminished to a minimum (Secchi $< 20 \text{ cm}$, elevated turbidity), and other parameters returned to background levels characteristic of headwater and regional conditions (pH, salinity, specific conductivity). In general, elevated nutrient concentrations and $\delta^{15}\text{N}$ values in WC waters declined after the QR confluence, with particularly marked dilution of dissolved N compounds. Together, these patterns suggest that most pronounced physico-chemical effects of urban effluent influx were restricted to WC immediately below the WWTP outfall.

Spatio-temporal distribution of stream phototrophs

Analysis of trichromatic Chl a using GAMs revealed the presence of strong spatial-temporal patterns of primary producer abundance (Fig. 3). GAMs using year, distance, DOY, and their interaction explained 62.6%, 45.5%, and 53.9% of deviance in phytoplankton, periphyton, and periphyton:phytoplankton mass ratios, respectively. All predictive terms were significant ($p < 0.05$), except in the ratio model where only distance and DOY were retained (Fig. 3). Together, GAMs suggest that phototrophic communities exhibited marked variation among headwater, effluent-impacted, and post-confluence reaches, but that these patterns also exhibited seasonal variability (see below).

Phytoplankton and epilithon exhibited markedly different spatial patterns of abundance (as Chl a) along the continuum formed by WC and the QR (Fig. 3). In both years, total phytoplankton in headwaters increased to a peak downstream of Wascana Lake, declined following receipt of urban effluent, and increased after confluence with the already-turbid QR (Fig. 3a). In general, phytoplankton patterns were more pronounced during 2018 than in 2019, with GAMs revealing significant decreases in Chl a associated with wastewater influx in both

July and August 2018, but not during May and June 2018. In contrast, periphyton abundance increased sharply after WWTP inputs, before decreasing downstream of the confluence (Fig. 3b). In this case, GAMs showed that periphyton only increased significantly after the WWTP in 2019. GAMs also revealed a significant and substantial increase in periphyton:phytoplankton ratios downstream of the WWTP in both years and all seasons (Fig. 3c). Very similar spatial patterns of change were recorded for both phytoplankton and epilithon assemblages when analyzed with Chl a from HPLC (Supporting Information Fig. S4).

Phytoplankton and periphyton assemblages exhibited substantial variation in community composition from headwaters, through effluent-impacted reaches, to downstream habits within the QR (Fig. 4). Community GAMs explained high proportions of deviance for phytoplankton (86.5%), periphyton assemblages (81.1%), and their ratios (77.5%), with significant effects of distance, DOY, and their interaction in each case. Both suspended and benthic communities exhibited a high abundance of siliceous algae (as fucoxanthin) at most stations, with more site-specific additional contributions from cryptophytes (alloxanthin), chlorophytes (Chl b), and total cyanobacteria (echinenone). Furthermore, HPLC analysis revealed that planktonic cyanobacteria routinely consisted of colonial forms (as myxoxanthophyll) in all reaches, whereas periphytic cyanobacteria also included N₂-fixing Nostocales (canthaxanthin) and colonial forms (myxoxanthophyll) in WC headwaters and downstream QR reaches (Supporting Information Fig. S5). Comparison of mass ratios revealed that individual periphyton groups increased relative to phytoplankton downstream of the WWTP during late summer during 2018 (July – August) in spring, but during early summer (May - June) in 2019 (Fig. 4).

Spatial variation in the abundance of individual algal and cyanobacterial groups differed among years (Fig. 4), similar to patterns recorded with trichromatic Chl a (Fig. 3). In general, all

phytoplankton groups increased between the two headwater stations, before declining markedly downstream of the WWTP, particularly in the case of cryptophytes and total cyanobacteria. In contrast, abundance of siliceous algae and chlorophytes increased below the effluent outfall in spring and early summer of 2018. While these latter patterns were significant in that year, the abundance of all planktonic groups typically increased downstream of the confluence with the QR in both years (Fig. 4a). Unlike phytoplankton, abundance of all epilithon groups increased significantly in urban-impacted waters in 2019, with more limited increases observed in 2018 for cryptophytes and cyanobacteria in late summer. Abundance of periphyton usually declined within 25 km of wastewater outfall and remained low following the confluence of WC and QR, with the exception of attached cryptophytes (Fig. 4b) and colonial diazotrophic cyanobacteria (Supporting Information Fig. S5) which also increased in the furthest downstream reaches during 2019. In addition, the increase in the ratio of periphyton:phytoplankton was generally attributable to benthic chlorophytes and cyanobacteria in 2018 and benthic siliceous algae, cryptophytes, and chlorophytes in 2019 (Fig. 4c). Overall, these patterns suggest that influx of urban effluent favoured chlorophytes and siliceous algae in both habitats, while cyanobacteria were more common in WC headwaters and the larger QR ecosystem, sites with less urban impact.

Seasonality

Phytoplankton and periphyton exhibited opposite patterns of seasonal abundance in each year (Fig. 3). In 2018, phytoplankton exhibited a spring maximum and a summer minimum, whereas periphyton exhibited a summer maximum and a spring minimum. However, these patterns were reversed during 2019; periphyton had a spring maximum and a summer minimum, whereas phytoplankton had a spring minimum and a summer maximum. In addition, the

periphyton:phytoplankton ratio was highest during summer in 2018, but was maximal in spring of 2019 (Fig. 3). In general, spring maxima of both phytoplankton and periphyton occurred in the effluent-influenced portions of WC, as did summer peaks of epilithon, whereas summer maxima occurred downstream of the WC–QR confluence (Fig. 3).

Predominance of individual algal and cyanobacterial groups also varied substantially among seasons (Fig. 4, Supporting Information Fig. S5). During 2018, individual phototrophs were generally more abundant in mid-to-late summer in turbid waters characteristic of headwater and post-confluence reaches, whereas abundance of each group was usually higher in spring and early summer in effluent-influenced sections of WC. Seasonal patterns were less distinct in 2019, other than cyanobacteria were most common in late summer at most sites, and all phytoplankton groups exhibited higher seasonal abundance in August downstream of the confluence (Fig. 4a). Fewer patterns were recorded in epilithic assemblages, beyond increased abundance of cyanobacteria in late summer at many locations, and both May and August peaks of algal and cyanobacterial groups in the effluent-influenced section of WC (Fig. 4b). Benthic cyanobacteria and chlorophytes were responsible for an increase in the ratio of periphyton:phytoplankton in 2018, whereas in 2019 this was attributable to siliceous algae, chlorophytes, and cryptophytes. In general, colonial cyanobacteria (as myxoxanthophyll), including potentially N₂-fixing forms (as canthaxanthin, aphanizophyll) were more common in late summer in all reaches and habitats of the fluvial system (Supporting Information Fig. S5). Taken together, these patterns suggest that for both phytoplankton and periphyton, WWTP inputs favoured spring peaks of siliceous algae, chlorophytes, and some cryptophytes, while hindering late-summer growth peaks, particularly of cyanobacteria.

498 *Response of stream phototrophs to physico-chemical conditions*

499 Analysis of trichromatic Chl a using GAMs suggested that phytoplankton and periphyton
500 assemblages were regulated differentially by changes in physico-chemical conditions of flowing
501 waters (Fig. 5). Overall, GAMs explained 66.3% of deviance for total phytoplankton and 53.9%
502 for total epilithon, with significant effects ($p < 0.05$) of distance downstream (both communities)
503 and DOY (phytoplankton only). For phytoplankton, total abundance increased with discharge,
504 specific conductance, and secondarily NH_4^+ concentration, but declined with elevated Secchi
505 depth, NO_3^- levels, and SRP content (Fig. 5a). In contrast, modelled periphyton abundance
506 increased significantly ($p < 0.05$) with NH_4^+ concentrations, and declined with elevated
507 discharge, extreme Secchi depth, and, more marginally, pH (Fig 5b). Effects of water
508 temperature and TDN:SRP ratios were not significant ($p > 0.1$) in either habitat (smooth linear
509 and flat, EDF ~ 0). In addition, similar models that did not include landscape position (distance
510 from WWTP) and DOY explained slightly less deviance for both phytoplankton (64.1%) and
511 epilithon (28.3%) models, although relationships between trichromatic Chl a and stream
512 parameters were similar (analysis not shown).

513 Analysis of HPLC-derived pigments using GAMs explained 84.0% of deviance for
514 phytoplankton assemblages, and 72.6% for periphyton communities when both years were
515 analysed together (Fig. 6) or separately (analysis not shown). Within the phytoplankton model
516 (Fig. 6a), significant global effects ($P < 0.05$; all biomarkers together) were recorded for all
517 chemical (except pH) and physical variables, as well as spatial (distance) and temporal (DOY)
518 parameters, while significant taxon-specific effects were included for all variables, except pH
519 (marginal effect) (Fig. 6a). Similarly, most physico-chemical parameters exhibited significant
520 global effects on epilithic assemblages (except temperature, SRP, and, marginally, TDN:SRP),

while taxon-specific effects were recorded for all parameters except discharge and, marginally, NO_3^- (Fig. 6b).

Physico-chemical factors had differential effects on phototrophs. High discharge regimes favoured elevated phytoplankton abundance but reduced densities of periphyton with limited group-specific effects in either habitat (Fig. 6). However, unlike GAMs with trichromatic Chl a, the irradiance regime did not have a consistent global effect on the response of phytoplankton and periphyton assemblages to changes in illumination (Figs. 5, 6). In general, phytoplankton generally declined as Secchi depth increased, whereas periphyton were largely unresponsive. Responses of assemblages were generally most marked at Secchi depths > 90 cm, when phytoplankton increased and periphyton declined. Group-specific effects of siliceous algae and chlorophytes were usually greater than those of other phototrophs for both metrics of water clarity.

Unlike Chl a (Fig. 5), periphyton exhibited a significant response to changes in pH when analysed with all biomarker pigments (Fig. 6). Specifically, global effects of pH had minimal effect on phytoplankton, whereas periphyton declined with pH (Figs. 5, 6). Overall group-specific effects of chlorophytes were paramount in attached communities, whereas effects of siliceous algae within the phytoplankton increased at the expense of green algae as pH increased. In general, lower pH values were characteristic of reaches receiving urban effluent (Fig. 2).

The global response of phytoplankton biomarkers exhibited a unimodal relationship with specific conductance, whereas that of periphyton increased with conductivity (Fig. 6). Again, both responses were somewhat different than those recorded for Chl a alone, particularly for epilithon (Fig. 5), and group-specific effects of chlorophytes and siliceous algae were consistently greater than those of cryptophytes and total cyanobacteria.

Temperature had few pronounced global effects on phototrophs, other than somewhat diminished impacts on phytoplankton under extreme thermal regimes ($< 10, > 25^{\circ}\text{C}$). Overall, chlorophytes and siliceous algae exhibited stronger group-specific effects than other groups, particularly in the phytoplankton.

In general, phytoplankton and periphyton assemblages exhibited contrasting relationships to concentrations of dissolved nutrients (Fig. 6). For example, dissolved N species generally had their greatest global effects at moderate concentrations, but diminished effects on periphyton under intermediary conditions. Overall, phototrophic responses reflected elevated effects of chlorophytes or siliceous algae in both habitats. Effects of SRP were indistinct in both habitats, with more pronounced changes in siliceous algal effects than observed for other parameters. Global effects of TDN:SRP ratios on phytoplankton increased strongly with mass ratio, whereas those on epilithon declined, largely reflecting the predominant group-specific effects of chlorophytes and siliceous algae.

Discussion

Mechanisms affecting eutrophication of stream and river ecosystems can be difficult to discern due to complex interactions between natural controls (temperature, discharge, light, nutrients) and anthropogenic activities (Reynolds and Descy 1996; Dodds and Smith 2017; Bernhardt et al. 2018), particularly in less-well studied small eutrophic streams (Waiser et al. 2011; Wu et al 2011; Breuer et al. 2017). Here we contrasted the reach-specific effects of effluent from a WWTP (NO_3^- -rich; low NH_4^+ , reduced SRP, low turbidity) with natural physico-chemical processes as mechanisms regulating abundance and composition of algae and cyanobacteria in small productive prairie streams. Diverse phytoplankton were common in headwater and second-order reaches, with generally elevated densities in late summer (July-

August) (Figs. 3, 4; Supporting Information Fig. S5), reflecting favourable environmental conditions for primary production (Fig. 2) (Stevenson and White 1995) and, likely, inoculation from upstream waters (Qu et al. 2019).

Overall, abundances of phytoplankton and periphyton were inversely related (Fig. 3), with suspended communities often exhibiting pronounced N limitation in summer in headwaters and downstream regions (Supporting Information Fig. S1). Unexpectedly, influx of N-rich urban wastewater both reduced phytoplankton abundance and increased that of epilithon (Fig. 3), although the timing of greatest effect varied between 2018 (May-June) and 2019 (July-August). Anticipated seasonal phenology of community composition from diatoms to cyanobacteria (Sommer et al. 2012; Breuer et al. 2016; Moorhouse et al. 2018) was altered within effluent-impacted reaches to favour increased siliceous algae (mainly diatoms) and chlorophytes in both suspended (mainly in 2018) and attached habitats (2019), instead of cyanobacteria (Davis et al. 1990). Analysis of total phototrophic abundance (Fig. 5) or community composition (Fig. 6) with GAMs suggested that phytoplankton and periphyton also often exhibited reciprocal responses to physico-chemical parameters, with elevated (reduced) abundance of suspended (attached) communities in association with discharge, turbidity, and to a lesser extent dissolved N, while phytoplankton (periphyton) densities declined (increased) with dissolved N concentrations. GAMs of all biomarkers together revealed that the global responses of phototrophs to many environmental features reflected more pronounced influence of siliceous algae and chlorophytes (Fig. 6), possibly reflecting their preference for NO_3^- (Glibert et al. 2016; Swarbrick et al. 2019, Solomon et al. 2019). Taken together, these analyses confirm that small prairie streams exhibit abundant planktonic assemblages through much of the ice-free season (Wu et al. 2011; Breuer et al. 2016a), but that influx of NO_3^- -rich, transparent urban effluent can

shift streams to biofilm-rich conditions more characteristic of forested (Vannote et al. 1980; Soininen et al. 2004; Dodds et al. 2002, 2006) or restored ecosystems (Riley and Dodds 2012), despite N limitation of phytoplankton (Supporting Information Fig. S1).

Phototroph abundance and composition in prairie streams

Elevated densities of diverse phytoplankton groups were recorded in both first-order headwaters and larger downstream reaches (Figs. 3, 4; Supporting Information Fig. S5). In contrast to the River Continuum Concept (Vannote et al. 1980), but similar to more recent studies of small eutrophic streams (Wu et al. 2011; Breuer et al. 2017), phytoplankton were abundant in these low-order ecosystems, with Chl a concentrations (up to 300 $\mu\text{g Chl a L}^{-1}$) generally greater than those recorded in large productive systems, such as the Dongjiang (Shimi et al. 2015), Thames (Moorhouse et al. 2018), Tigris (Varol and Şen 2018), Rhine, and Elbe rivers (Hardenbicker et al. 2014). Instead, suspended Chl a levels were comparable to values observed previously in regional lakes and rivers (Davies 2006; Pham et al. 2008; Waiser et al. 2011; Vogt et al. 2018) and were consistent with measurements in other nutrient-rich and agriculturally-influenced U.S and German temperate streams (Van Nieuwenhuysse and Jones 1996; Wu et al. 2011; Breuer et al. 2017). However, while regional eutrophic lakes that drain into the QR (Wascana, Buffalo Pound, Last Mountain; Fig. 1) principally support planktonic cyanobacteria (Vogt et al. 2018), including N_2 -fixing forms (Donald et al. 2011; Hayes et al. 2019; Swarbrick et al. 2019), these small fluvial systems exhibited a predominance of siliceous algae (Fig. 4), mainly diatoms (Supporting Information Fig. 6), and some chlorophytes as seen in other larger rivers (Wehr and Descy 1998).

Despite abundant phytoplankton, periphyton were well developed in shallow marginal waters throughout the study system (Figs. 3, 4; Supporting Information Fig. S5). These benthic

613 phototrophs respond rapidly to nutrient fertilization (Dodds and Smith 2017) and indicate
614 environmental degradation when Chl a exceeds 10 - 15 $\mu\text{g cm}^{-2}$ (Welch et al. 1988) and
615 filamentous cyanobacteria are common (Peterson and Grimm 1992; Murdock et al. 2004;
616 McCall et al. 2017). Epilithic communities in this study deviated from these expectations in two
617 significant ways. First, while colonial cyanobacteria were common in attached communities in
618 headwaters and the QR reaches, particularly during late summer (Fig. 2.4; Supporting
619 Information Fig. S5), associated Chl a values rarely exceeded 10 $\mu\text{g Chl a cm}^{-2}$ at these locations
620 (Fig. 3). Second, extremely high abundance of epilithon (15 – 30 $\mu\text{g Chl a cm}^{-2}$) in the effluent-
621 influenced reaches of WC were composed mainly of diatoms and secondarily chlorophytes rather
622 than colonial cyanobacteria (Fig. 4; Supporting Information Fig. S5). This pattern is similar that
623 of Chételat et al. (1996) in which periphytic cyanobacteria occur in forested headwater streams,
624 whereas urban eutrophic streams promote diatoms and chlorophytes, particularly nuisance
625 *Cladophora* (Biggs and Price 1987; Dodds 1991; Hamdhani et al. 2020). In general, benthic Chl
626 a levels were comparable to those seen in restored prairie streams (Riley and Dodds 2012),
627 where may periphyton effectively capture and retain nutrients from flowing waters (Schiller et al.
628 2007, Smucker et al. 2014). Ironically, fatty-acid-rich epilithic diatoms normally indicate
629 healthy aquatic ecosystems (Kelly and Whitton 1995; Stevenson et al. 2009; Lobo et al. 2016),
630 with abundant secondary production (Feminella and Hawkins 1995); however, pollution-tolerant
631 diatoms (Teittinen et al. 2015), particularly *Didymosphenia geminata* (Jackson et al. 2016),
632 challenge that paradigm. Taken together, these observations suggest that effluent treated by
633 BNR may reduce the symptoms of eutrophication in some N-limited lotic ecosystems by
634 promoting diatom-rich biofilms over colonial cyanobacteria (Supporting Information Fig. S5),

despite addition of growth-saturating concentrations of N and P (Supporting Information Fig. S1).

Seasonality of primary producers

GAM analysis of Chl *a* demonstrated that phytoplankton, periphyton, and their ratio (Fig. 3), as well as many of more taxonomically-diagnostic biomarkers (Fig. 4; Supporting Information Fig. S5), exhibited significant seasonality in both years. However, seasonal development of suspended and epilithic phototrophs were generally opposite to each other in each year, with phytoplankton (periphyton) exhibiting spring maxima (minima) in 2018 and minima (maxima) in 2019 respectively. We infer that these patterns arise, in part, due to seasonal changes in lotic flow (Biggs and Close 1983; Dodds et al. 2004; Savoy et al. 2019), as marginal smooth effects of discharge on phototrophs were significant in GAMs (Fig. 5), opposite for suspended and attached assemblages (Fig 5), and demonstrated seasonal differences among years consistent with those observed for development of primary producers (Fig. 2) (Breuer et al. 2016). We infer that other physico-chemical parameters had less effect on the seasonality of phototrophs either because they had no significant unique effect on assemblages (temperature, TDN : SRP; but see below), their effects were not reciprocal in the two communities (Secchi depth, specific conductance, SRP), or because they exhibited limited or inconsistent seasonal variation (pH, most dissolved nutrients) (Stevenson and White 1995). However, while seasonal variation in abundance was noted for total phototrophs (Fig. 3), as well as some of the individual groups such as cyanobacteria (Fig. 4), the phenology of phytoplankton was not as strong or consistent as that seen in lakes regionally (McGowan et al. 2005; Swarbrick et al. 2019) and in other lotic ecosystems, where spring diatoms give way to summer chlorophytes and

657 cyanobacteria in suspended (Breuer et al. 2016; Moorhouse et al. 2018) and benthic habitats
658 (Cattaneo et al. 1983; Peterson and Grimm 1992).

659 Phototroph phenology was partly obscured by influx of NO_3^- -rich, transparent, urban
660 wastewater to Wascana Creek (Figs. 3-6; Supporting Information Fig. S5). While previous
661 studies report that WWTP effluent interferes with seasonal succession by promoting
662 cyanobacteria (Davis et al. 1990; Murdock et al. 2004), herein wastewater sustained vernal
663 siliceous algae (mainly diatoms; Supporting Information Fig. S5) and secondarily chlorophytes
664 in phytoplankton (2018) and periphyton (2019), albeit not in the same year. Although
665 speculative, we infer that differences among years in the habitat of spring diatom blooms within
666 effluent-influenced reaches (see $\delta^{15}\text{N}$ in Fig. 2) may reflect the ability of periphyton to establish
667 in spring (Biggs and Close 1983; Biggs 1996) due to high inter-annual variability in the
668 proportion of flow derived from headwater discharge and wastewater sources, as well as the
669 associated ‘seeding’ of planktonic assemblages from headwaters (Qu et al. 2019). For example,
670 in May-June 2018, river flow in the urban-impacted reaches was derived equally from the
671 WWTP and WC, whereas, in spring 2019 when periphyton abundance increased, less than 15%
672 of flow was from headwaters (Supporting Information Fig. S6). Given that diatoms were the
673 predominant group in the phytoplankton of WC (Fig. 4; Supporting Information Fig. S5), but not
674 processed wastewater, variation in the relative contribution of headwater flow to total discharge
675 may control the importance of headwater inocula and the magnitude of spring phytoplankton
676 blooms.

677 *Effects of WWTP discharge*

678 Influx of urban effluent increased stream clarity and dissolved N content (Fig. 2) and was
679 associated with a shift from phytoplankton to periphyton when recorded as trichromatic Chl a

(Fig. 3) or taxonomically-diagnostic pigments (Fig. 4; Supporting Information Fig. S5). These patterns reflected both declines in phytoplankton density (mainly 2018) and elevated abundance of epilithic diatoms and, secondarily, chlorophytes (2019). In particular, the reciprocal relationships between Secchi depth and phytoplankton (Fig. 5) as well as turbidity (not shown) suggests that high phytoplankton abundance was controlling the optical environment of the study streams, and that effluent diluted phytoplankton densities (see Supporting Information Fig. S7). Again, this effect appears most pronounced during 2018 when headwaters were more likely to provide suspended phototrophs into the WWTP-affected reach (Supporting Information Fig. S6). Because periphyton abundance was inversely and significantly related to phytoplankton (and turbidity), we infer that shading by suspended particles may have inhibited periphyton growth in headwaters and downstream reaches (Munn et al. 1989; Rosemond et al. 2000; Matthaei et al. 2010), similar to shading by riparian vegetation in forested streams (Munn et al. 2010; Julian et al. 2011), but that effluent may have alleviated light limitation. Similarly, although periphyton abundance was inversely related to Secchi depth (Figs. 5, 6), epilithon only declined at extremely high transparency, possibly because diatoms prefer low-light conditions (Litchman 2000) and may be photo-inhibited at high irradiance (Schwaderer et al. 2011; Glibert et al. 2016).

WWTP discharge also affected phytoplankton and periphyton assemblages by altering the nutrient regime within WC (Figs. 5, 6). Whereas upstream and QR phytoplankton exhibited growth limitation by N in microcosm experiments (Supporting Information Fig. S1) and both suspended and attached communities had abundant N₂-fixing cyanobacteria (Supporting Information Fig. S5), neither feature was common in effluent-impacted reaches of WC. Instead, phototrophic growth appeared saturated by elevated influx of NO₃⁻, NH₄⁺, and SRP, such as seen in other fertilized streams (Greene et al. 1975; Van Nieuwenhuysse and Jones 1996; Dodds et al.

2002, 2006) and consistent with the continuously elevated $\delta^{15}\text{N}$ values of phototrophs showing pronounced uptake of urban N in lower reaches of WC (Supporting Information Fig. S8; Leavitt et al. 2006). Instead of favouring cyanobacteria (Kim et al. 2020), alleviation of N limitation may have particularly favoured diatoms and chlorophytes (Figs. 4, 6), as seen in other NO_3^- -rich systems (Breuer et al. 2017; Varol and Sen 2018; Solomon et al. 2019). Diatoms prefer NO_3^- because of their high nitrate reductase activity (Lomas and Glibert 2000), abundant NO_3^- transporters (Ambrust et al. 2004), and large intracellular NO_3^- -storage vacuoles (Raven 1987; reviewed in Glibert et al. 2016), whereas chlorophytes tolerate and can be stimulated by high levels of both NO_3^- and NH_4^+ (Fernandez and Galvan 2007; Glibert et al. 2016; Bogard et al. 2020). In contrast, heterocystous cyanobacteria are often outcompeted in N-replete waters (Marcarelli et al. 2008; Caton et al. 2018; Bogard et al. 2020), while non-diazotrophic cyanobacteria prefer chemically-reduced N (NH_4^+ , urea) over NO_3^- (Lee et al. 2015; Glibert et al. 2016) (Fig. 5). In general, inhibitory effects of NH_4^+ (Collos and Harrison 2014) may be limited in fluvial systems that are subject to high nutrient spiraling and rapid nitrification to NO_3^- (Peterson et al. 2001). Consistent with prior studies of regional eutrophic lakes, including Wascana (Swarbrick 2017), addition of dissolved P to already P-rich reaches ($> 50 \mu\text{g SRP L}^{-1}$) had little effect on phototrophic communities beyond a negative association with phytoplankton abundance (Fig. 5).

Effects of physico-chemical conditions in phototrophic assemblages

While growth of both lotic phytoplankton and periphyton often increases with water temperature (Baker and Baker 1979; Munn et al. 2002; Wu et al. 2011; Breuer et al. 2017), there was no significant effect of thermal regime on either assemblage in our study (GAM terms non-significant) despite a $> 10^\circ\text{C}$ range in stream temperature (Fig. 2). However, as DOY effects

were significant in all GAMs, we infer that the unique effects of temperature may have been obscured by our temporal parameter. For example, although less pronounced than in some fluvial systems, algae and cyanobacteria followed a seasonal succession that was consistent with known temperature optima of phototrophic taxa (Sommer et al. 2012); spring diatoms and cryptophytes are cooler-water-adapted (17-22 °C), whereas chlorophytes (27-32 °C), and colonial cyanobacteria (27-37 °C) prefer higher temperatures seen in late summer (Fig. 2) (Paerl and Huisman 2008; Paerl 2014; Visser et al. 2016). However, given that GAMs without DOY and distance only explained about 2% less for phytoplankton and 25% less deviance for periphyton than models that included temperature and DOY, we speculate that seasonal changes in water temperature played some role in phototrophic phenology, especially for phytoplankton (e.g., elevated cyanobacteria in August).

In addition to irradiance-mediated interactions between suspended and attached communities, phototrophic assemblages were also influenced by complex interactions among physico-chemical parameters (Figs. 5, 6). As seen elsewhere (Murdock et al. 2004), periphyton abundance decreased with discharge, particularly at higher velocities ($>1 \text{ m s}^{-1}$) known to induce scouring of benthic habitats (Biggs 1995). In contrast, while phytoplankton are also expected to decline with discharge (Baker and Baker 1979; Leland 2003), turbulence-adapted planktonic taxa, such as diatoms and chlorophytes, tend to benefit from higher flow (Fig. 6) (Visser et al. 2016; but see Leland 2001) relative to positively-buoyant cyanobacteria (Güven and Howard 2006). Similarly, the slight, positive relationship of phytoplankton to pH in pigment-specific GAMs (Fig. 6) may reflect the observation that both colonial cyanobacteria and pH were elevated in the QR and lakes that feed the river (Swarbrick 2017; Swarbrick et al. 2019).

In general, this study supported the hypotheses of Munn et al. (2002) and Black et al. (2011) that local regulatory mechanisms can be overwhelmed by large anthropogenic processes, as well as imposition of controls which operate at the landscape scale. Thus, while mechanisms regulating primary producers in headwaters appeared to have been suppressed by the influx of urban effluent (see above) resulting in periphyton-rich streams characteristic of boreal habitats (Vannote et al. 1980; Soininen 2004; Thomas et al. 2015) or restored conditions (Riley and Dodds 2012), these effects were themselves transitory, and eutrophic phytoplankton-rich conditions were re-established downstream of the WC-QR confluence.

2.5 Conclusions

Global population growth has increased both nutrient pollution and atmospheric warming, and is expected to exacerbate toxic cyanobacteria and degrade aquatic resources in the next century (Carpenter et al. 1998; Schindler 2006; Dodds et al. 2009; Paerl and Paul 2012). Scientific insights into the state of both lotic and lentic freshwaters is necessary to provide policy-makers, stakeholders, and Indigenous communities with the ability to formulate effective strategies to manage pollution and improve freshwater health (Leavitt et al. 2006; Dodds and Smith 2017; Tank et al. 2018; Alexander et al. 2019). In particular, information is needed on mechanisms to reduce harmful blooms in fluvial systems which are often more highly degraded than standing waters (Birk et al. 2020)

In this study, influx of urban effluent resulted in an unexpected shift from phytoplankton to periphyton, due to increased water clarity and NO_3^- fertilization. In particular, urban effluent altered natural seasonality in both habitats, reduced colonial cyanobacteria in both habitats, and favoured development of siliceous algae and chlorophytes due to multiple mechanisms (Sommer et al. 2012; Breuer et al. 2016). Comparison between reaches also suggested that the dilution

effect of urban wastewater was limited to first-order streams and that normal patterns of seasonal succession were re-established in phytoplankton-rich second-order systems (Munn et al. 2002; Black et al. 2011; Andrus et al. 2013). Taken together, these patterns suggest that wastewater treatment with BNR has clear environmental benefits (Holeton et al. 2011), resulting in a turbid, phytoplankton-rich stream resembling a restored ecosystem characterized by diatom-rich biofilms.

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Table 1. The spatial physico-chemical values (mean \pm standard error) at each stream location and the wastewater treatment plant (WWTP) from May to September in 2018 and 2019. Note that WWTP turbidity is the mean and standard error in 2017 because turbidity was not taken in 2018 and 2019, but values are expected to be similar to 2017. Salinity in g total dissolved solids L⁻¹. Nutrients include total dissolved nitrogen (TDN), nitrate (NO₃⁻), ammonium (NH₄⁺), total dissolved phosphorus (TDP), soluble reactive phosphorus (SRP), and stable nitrogen isotope ratio ($\delta^{15}\text{N}$).

										1236
Site	1	2	3	4	5	6	7	8	9	WWTP
Distance to WWTP (km)	-43	-7	4	36	60	-	69	104	137	0
Discharge (m ³ s ⁻¹)	0.06 \pm 0.03	0.58 \pm 0.24	1.18 \pm 0.21	1.34 \pm 0.32	1.42 \pm 0.52	3.08 \pm 0.81	4.29 \pm 0.88	2.90 \pm 0.17	3.68 \pm 0.17	0.81 \pm 0.01
Turbidity (NTU)	4.97 \pm 0.54	24.33 \pm 2.32	7.39 \pm 1.08	12.52 \pm 2.53	18.51 \pm 4.39	38.30 \pm 3.99	32.98 \pm 4.55	30.99 \pm 3.83	40.03 \pm 4.60	4.45 \pm 0.27
Secchi (cm)	63.35 \pm 7.59	20.04 \pm 1.31	53.46 \pm 2.99	50.68 \pm 5.27	37.66 \pm 4.13	16.94 \pm 1.08	21.69 \pm 1.60	19.86 \pm 2.11	17.83 \pm 3.04	-
pH	8.60 \pm 0.13	8.42 \pm 0.08	7.77 \pm 0.06	8.84 \pm 0.10	8.66 \pm 0.09	8.49 \pm 0.06	8.52 \pm 0.05	8.61 \pm 0.09	8.77 \pm 0.07	7.42 \pm 0.01
Salinity (g L ⁻¹)	1.03 \pm 0.05	0.45 \pm 0.02	0.72 \pm 0.04	0.71 \pm 0.04	0.75 \pm 0.03	0.38 \pm 0.02	0.51 \pm 0.04	0.60 \pm 0.05	0.58 \pm 0.05	-
Specific conductance ($\mu\text{S cm}^{-1}$)	1999.55 \pm 82.07	910.49 \pm 48.54	1436.00 \pm 62.43	1412.29 \pm 80.95	1468.30 \pm 65.59	757.34 \pm 40.45	1055.35 \pm 78.43	1203.30 \pm 100.34	1182.80 \pm 90.24	-
Temperature (°C)	16.88 \pm 0.82	17.49 \pm 0.84	17.95 \pm 0.70	18.75 \pm 0.80	18.16 \pm 0.85	18.06 \pm 0.81	18.28 \pm 0.83	17.83 \pm 0.78	17.56 \pm 0.78	20.07 \pm 0.14
TDN (mg N L ⁻¹)	1.75 \pm 0.14	0.99 \pm 0.06	5.53 \pm 0.52	3.19 \pm 0.42	2.83 \pm 0.40	0.62 \pm 0.04	1.52 \pm 0.30	1.00 \pm 0.11	0.93 \pm 0.09	10.62 \pm 0.12
NO ₃ ⁻ (mg N L ⁻¹)	0.02 \pm 0.01	0.05 \pm 0.01	1.88 \pm 0.24	1.21 \pm 0.25	1.02 \pm 0.24	0.02 \pm 0.01	0.38 \pm 0.10	0.12 \pm 0.04	0.04 \pm 0.01	5.80 \pm 0.07
NH ₄ ⁺ (mg N L ⁻¹)	0.03 \pm 0.01	0.11 \pm 0.03	0.89 \pm 0.21	0.11 \pm 0.03	0.14 \pm 0.09	0.05 \pm 0.03	0.04 \pm 0.01	0.06 \pm 0.03	0.06 \pm 0.03	1.82 \pm 0.07
$\delta^{15}\text{N}$ (‰)	4.93 \pm 0.28	5.73 \pm 0.66	15.22 \pm 0.73	13.63 \pm 0.78	13.97 \pm 1.04	5.26 \pm 0.84	11.00 \pm 1.02	7.61 \pm 0.50	6.27 \pm 0.41	16.82 \pm 0.28
TDP (mg P L ⁻¹)	0.38 \pm 0.07	0.09 \pm 0.01	0.21 \pm 0.04	0.12 \pm 0.01	0.13 \pm 0.01	0.04 \pm 0.01	0.08 \pm 0.01	0.05 \pm 0.01	0.04 \pm 0.01	0.58 \pm 0.02
SRP (mg P L ⁻¹)	0.25 \pm 0.05	0.05 \pm 0.01	0.08 \pm 0.01	0.065 \pm 0.01	0.07 \pm 0.01	0.03 \pm 0.01	0.05 \pm 0.01	0.03 \pm 0.01	0.02 \pm 0.01	-
TDN:SRP	13.78 \pm 2.68	37.83 \pm 8.29	79.85 \pm 11.22	86.85 \pm 26.67	74.10 \pm 16.46	45.31 \pm 5.72	55.95 \pm 10.99	59.70 \pm 8.52	65.94 \pm 12.15	-

1239 **Figure legends**

1240 **Fig. 1.** Map of sampling sites within Wascana Creek (WC, main panel), the Qu'Appelle River
1241 (QR, lower right) and Saskatchewan, Canada (SK, upper right). Sampling location in white
1242 circles, hydrometric stations in red triangles, and City of Regina (yellow outline) wastewater
1243 treatment plant as yellow diamond.

1244 **Fig. 2.** The modelled spatial and temporal distribution of physico-chemical covariates in 2018
1245 and 2019 in Wascana Creek and Qu'Appelle River along a continuum in reference to Regina's
1246 wastewater treatment plant (WWTP). Modelled physical-chemical variables and their explained
1247 deviance included: discharge (67.6%), turbidity (82.2% for 2018, 80.0% for 2019), Secchi depth
1248 (75.5%), pH (78.4%), salinity (80.1%), specific conductance (77.6%), temperature (87.7%),
1249 TDN (87.4%), NO_3^- (79.3%), NH_4^+ (64.6%), $\delta^{15}\text{N}$ (83.0%), TDP (70.3%), SRP (78.0%), and
1250 TDN:SRP (85.6%). Note that turbidity was modelled separately each year because adding 2019
1251 obscured the 2018 spatiotemporal distribution. Coloured lines are predicted means at four days
1252 of year (DOY 136, 170, 200, 236) that correspond to summer months in the growing season.
1253 Shaded areas are 95% confidence intervals. Square boxes and error bars are the monthly mean
1254 and confidence intervals, respectively, of a control site in QR ~5 km upstream of the WC-QR
1255 continuum that was not modelled. Red and black dotted lines represent the inflow of WWTP
1256 effluent into WC and the confluence of WC with QR, respectively. The red horizontal line in the
1257 TDN:SRP panel is at 23 above which P-limitation occurs.

1258 **Fig. 3.** The modelled spatial and temporal distribution of total suspended (phytoplankton, a) and
1259 benthic (epilithon, b) algae and cyanobacteria and their ratio (c), using trichromatic chlorophyll a
1260 as a proxy, in 2018 (top) and 2019 (bottom) in Wascana Creek (WC) and Qu'Appelle River
1261 (QR) along a continuum in reference to Regina's wastewater treatment plant (WWTP). The

1262 phytoplankton model explained 62.6%, the epilithon model explained 45.5% deviance, and the
 1263 ratio model explained 53.9% of deviance. Coloured lines are predicted means at four days of
 1264 year, 136, 170, 200, 236, which correspond to months in the growing season. Shaded areas are
 1265 95% confidence intervals. Square boxes and error bars are the monthly mean and confidence
 1266 intervals, respectively, of a control site in QR ~5 km upstream of the WC-QR continuum that
 1267 was not modelled. Red and black dotted lines represent the inflow of WWTP effluent into WC
 1268 and the confluence of WC with QR, respectively.

1269 **Fig. 4.** The modelled spatial and temporal distribution of suspended (phytoplankton, a) and
 1270 benthic (periphyton, b) algae and cyanobacteria pigments and their ratio (c), using carotenoid
 1271 HPLC, in 2018 and 2019 in Wascana Creek (WC) and Qu'Appelle River (QR) along a
 1272 continuum in reference to Regina's wastewater treatment plant. Modelled taxa by pigment
 1273 include siliceous algae (fucoxanthin), cryptophytes (alloxanthin), chlorophytes (chlorophyll b),
 1274 and total cyanobacteria (echinenone). Deviance explained was 87% for phytoplankton, 81% for
 1275 periphyton pigments, and 77.5% for their ratio. Coloured lines are predicted means at four days
 1276 of year, 136, 170, 200, 236, in 2018 and 2019 that correspond to summer months in the growing
 1277 season. Shaded areas are 95% confidence intervals. Red and black dotted lines represent the
 1278 inflow of WWTP effluent into WC and the confluence of WC with QR, respectively.

1279 **Fig. 5.** The modelled marginal smooth effects of physico-chemical variables on total
 1280 phytoplankton (a) and periphyton (b) biomass (trichromatic Chl a) in Wascana Creek (WC) and
 1281 the Qu'Appelle River (QR) in 2018 and 2019. Red lines represent the mean effect. Blue shaded
 1282 areas are 95% credible intervals. Deviance explained for the phytoplankton and epilithon models
 1283 was 66.3% and 53.9%, respectively. P-values are located at the top of each plot. Temperature

1284 and TDN:SRP were non-significant (not presented). Turbidity was removed due to covariation
1285 with Secchi depth.

1286 **Fig. 6.** The modelled marginal smooth effects of physico-chemical variables on phytoplankton
1287 (a) and epilithon (b) pigments in Wascana Creek (WC) and the Qu'Appelle River (QR) in 2018
1288 and 2019. Deviance explained for the phytoplankton and epilithon models was 84.0% and
1289 72.6%, respectively. For the global pigment smooths (all pigments included) red lines represent
1290 the mean effect and blue shaded areas are 95% credible intervals. The taxa-specific effects (how
1291 the specific pigments vary over the global effect) are to the right of the global effect panels and
1292 shaded areas are 95% credible intervals. Siliceous algae (fucoxanthin) are in orange,
1293 cryptophytes (alloxanthin) are in yellow, chlorophytes (chl b) are in green, and cyanobacteria
1294 (echinenone) are in blue. P-values are located at the top of each plot. Turbidity was removed due
1295 to covariation with Secchi depth.

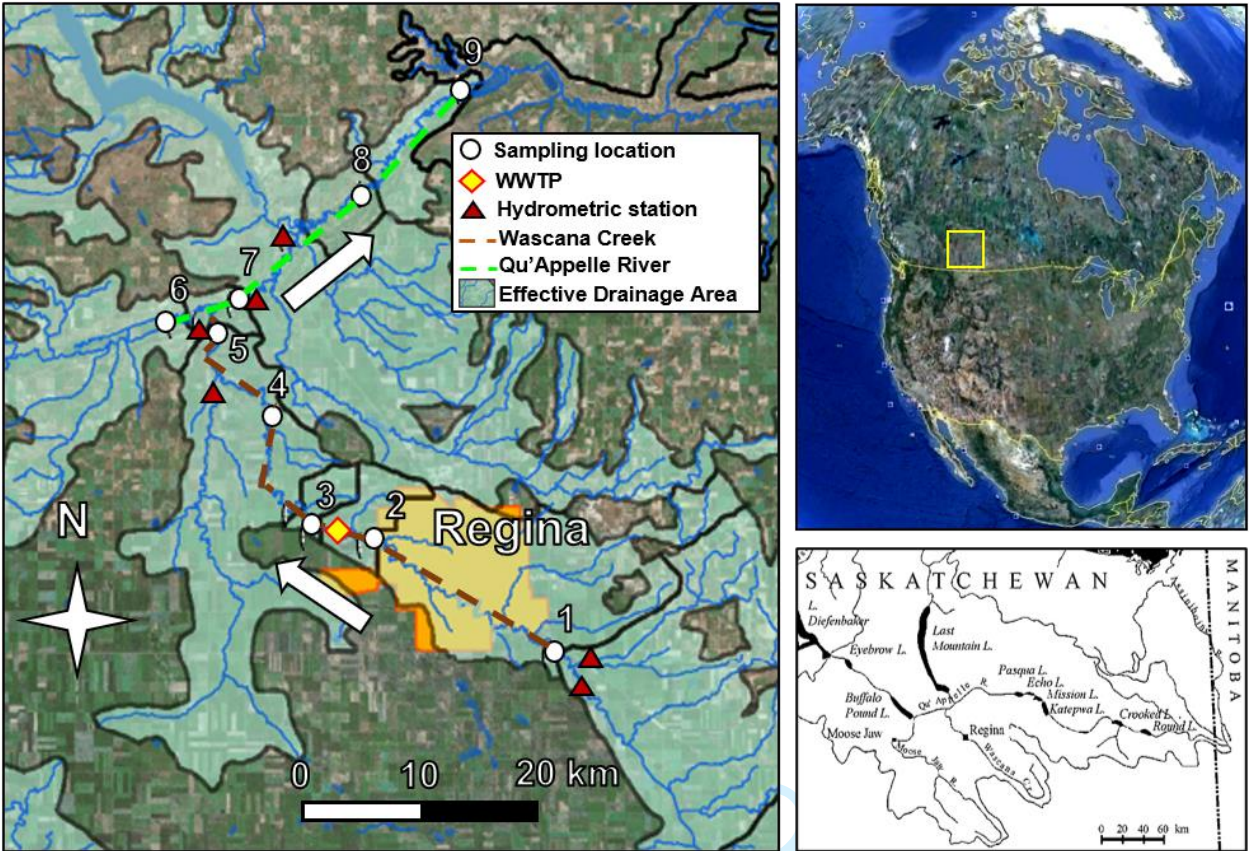


Fig. 1. Map of sampling sites within Wascana Creek (WC, main panel), the Qu'Appelle River (QR, lower right) and Saskatchewan, Canada (SK, upper right). Sampling location in white circles, hydrometric stations in red triangles, and City of Regina (yellow outline) wastewater treatment plant as yellow diamond.

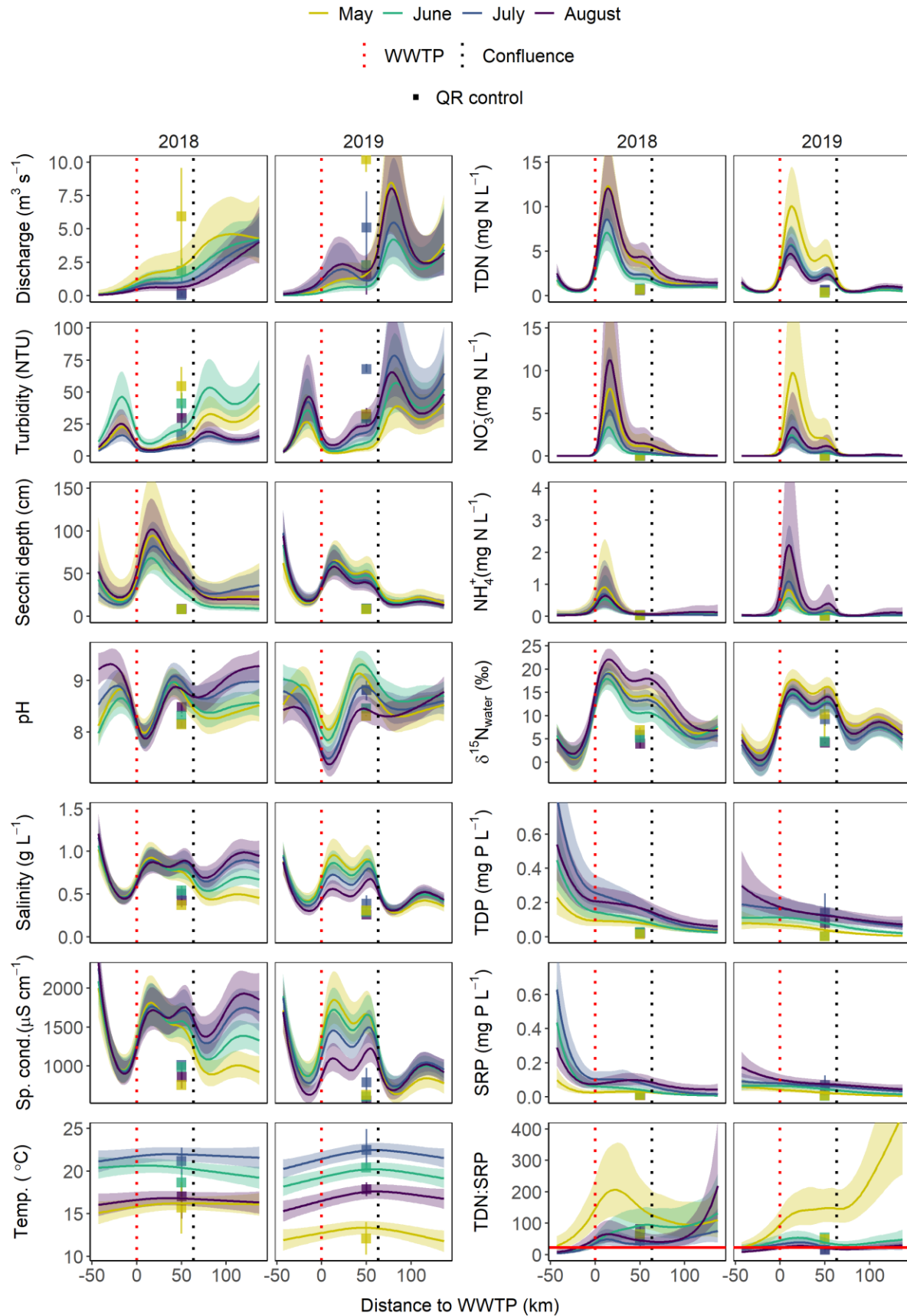


Fig. 2. The modelled spatial and temporal distribution of physico-chemical covariates in 2018 and 2019 in Wascana Creek and Qu’Appelle River along a continuum in reference to Regina’s wastewater treatment plant (WWTP). Modelled physical-chemical variables and their explained deviance included: discharge (67.6%), turbidity (82.2% for 2018, 80.0% for 2019), Secchi depth (75.5%), pH (78.4%), salinity (80.1%), specific conductance (77.6%), temperature (87.7%), TDN (87.4%), NO_3^- (79.3%), NH_4^+ (64.6%), $\delta^{15}\text{N}$ (83.0%), TDP (70.3%), SRP (78.0%), and TDN:SRP (85.6%). Note that turbidity was modelled separately each year because adding 2019 obscured the 2018 spatiotemporal distribution. Coloured lines are predicted means at four days of year (DOY 136, 170, 200, 236) that correspond to summer months in the growing season. Shaded areas are 95% confidence intervals. Square boxes and error bars are the monthly mean and confidence intervals, respectively, of a control site in QR ~5 km upstream of the WC-QR continuum that was not modelled. Red and black dotted lines represent the inflow of WWTP effluent into WC and the confluence of WC with QR, respectively. The red horizontal line in the TDN:SRP panel is at 23 above which P-limitation occurs.

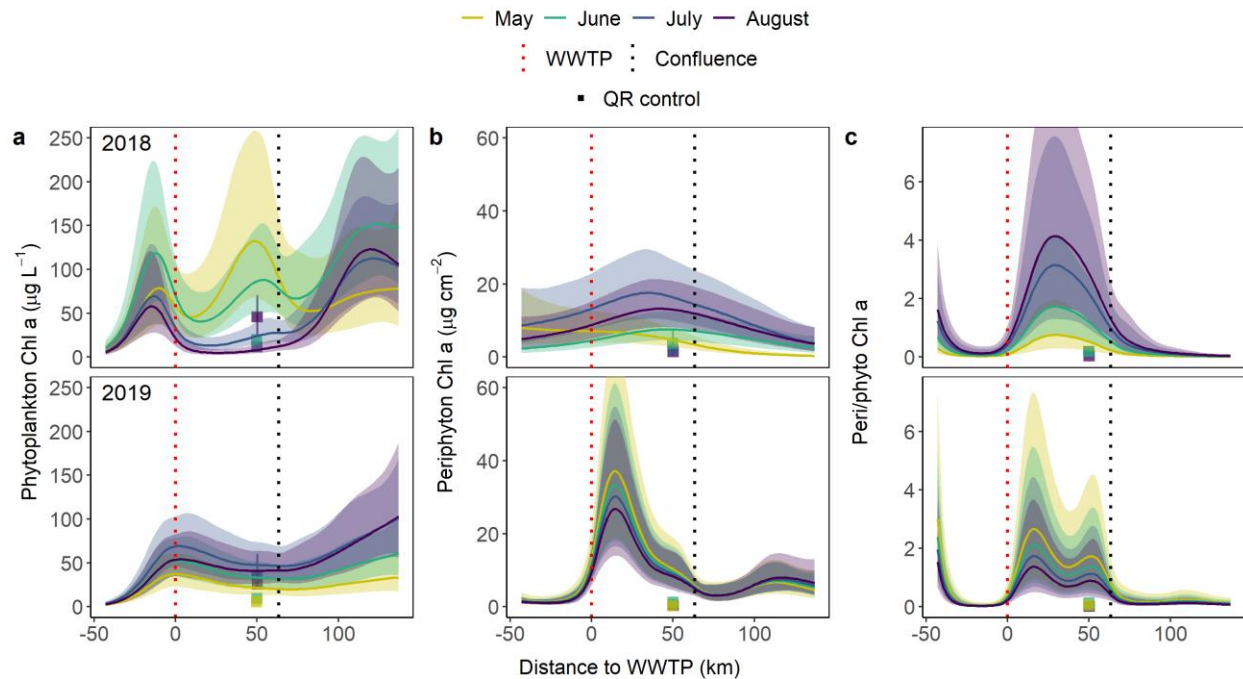


Fig. 3. The modelled spatial and temporal distribution of total suspended (phytoplankton, a) and benthic (epilithon, b) algae and cyanobacteria and their ratio (c), using trichromatic chlorophyll a as a proxy, in 2018 (top) and 2019 (bottom) in Wascana Creek (WC) and Qu'Appelle River (QR) along a continuum in reference to Regina's wastewater treatment plant (WWTP). The phytoplankton model explained 62.6%, the epilithon model explained 45.5% deviance, and the ratio model explained 53.9% of deviance. Coloured lines are predicted means at four days of year, 136, 170, 200, 236, which correspond to months in the growing season. Shaded areas are 95% confidence intervals. Square boxes and error bars are the monthly mean and confidence intervals, respectively, of a control site in QR ~5 km upstream of the WC-QR continuum that was not modelled. Red and black dotted lines represent the inflow of WWTP effluent into WC and the confluence of WC with QR, respectively.

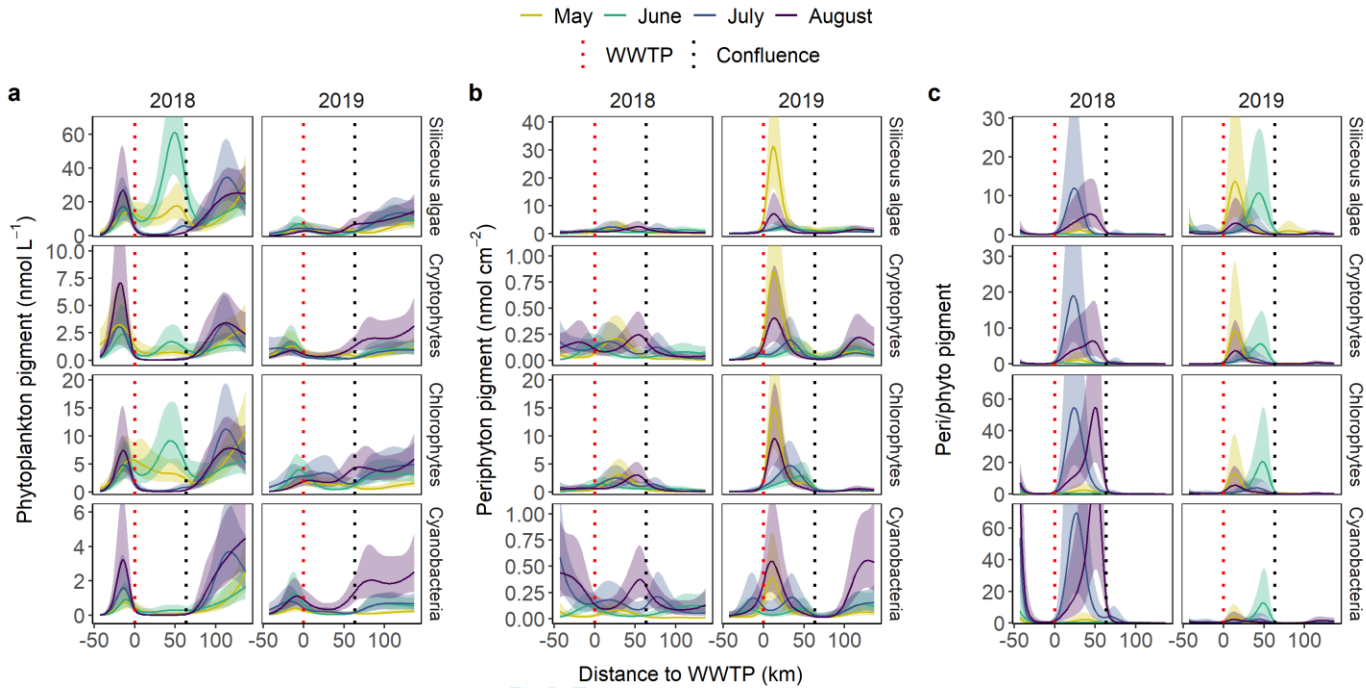


Fig. 4. The modelled spatial and temporal distribution of suspended (phytoplankton, a) and benthic (periphyton, b) algae and cyanobacteria pigments and their ratio (c), using carotenoid HPLC, in 2018 and 2019 in Wascana Creek (WC) and Qu'Appelle River (QR) along a continuum in reference to Regina's wastewater treatment plant. Modelled taxa by pigment include siliceous algae (fucoxanthin), cryptophytes (alloxanthin), chlorophytes (chlorophyll b), and total cyanobacteria (echinenone). Deviance explained was 87% for phytoplankton, 81% for periphyton pigments, and 77.5% for their ratio. Coloured lines are predicted means at four days of year, 136, 170, 200, 236, in 2018 and 2019 that correspond to summer months in the growing season. Shaded areas are 95% confidence intervals. Red and black dotted lines represent the inflow of WWTP effluent into WC and the confluence of WC with QR, respectively.

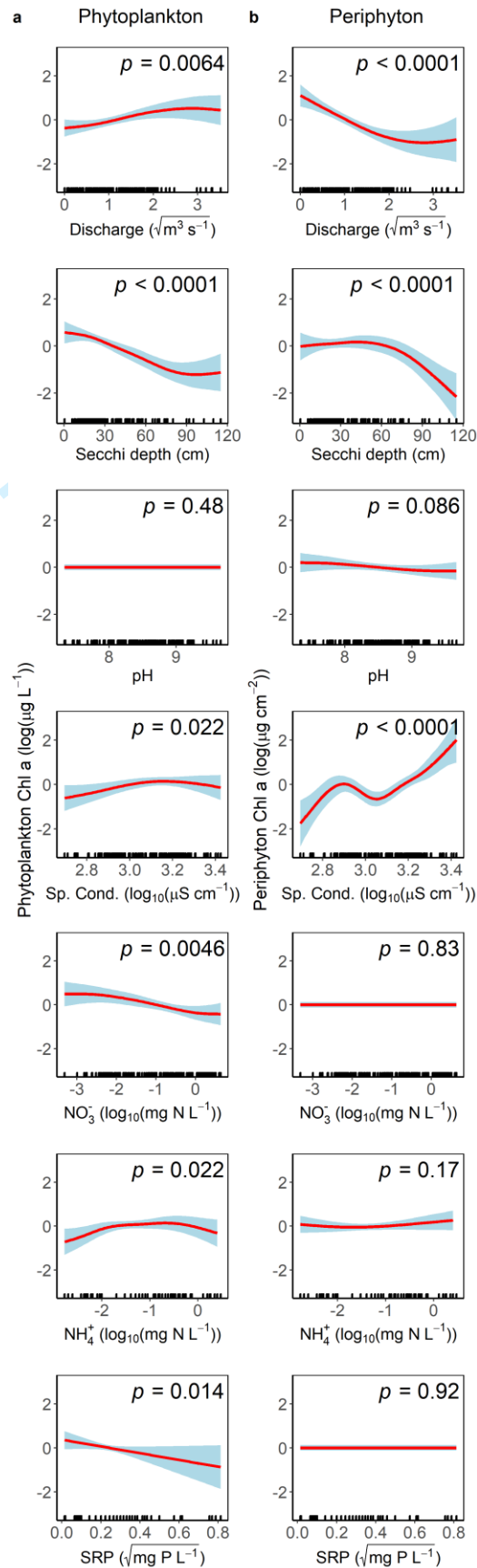


Fig. 5. The modelled marginal smooth effects of physico-chemical variables on total phytoplankton (a) and periphyton (b) biomass (trichromatic Chl a) in Wascana Creek (WC) and the Qu’Appelle River (QR) in 2018 and 2019. Red lines represent the mean effect. Blue shaded areas are 95% credible intervals. Deviance explained for the phytoplankton and epilithon models was 66.3% and 53.9%, respectively. P-values are located at the top of each plot. Temperature and TDN:SRP were non-significant (not presented). Turbidity was removed due to covariation with Secchi depth.

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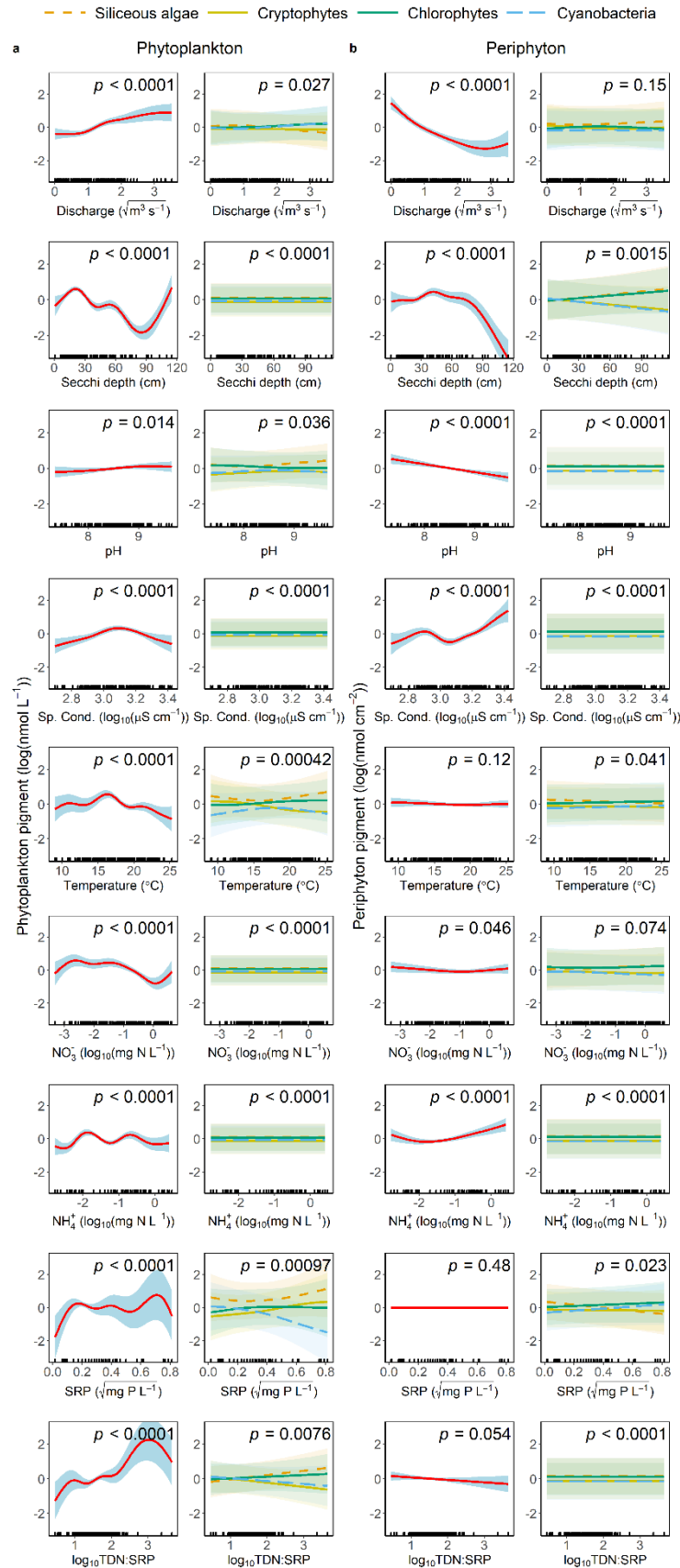
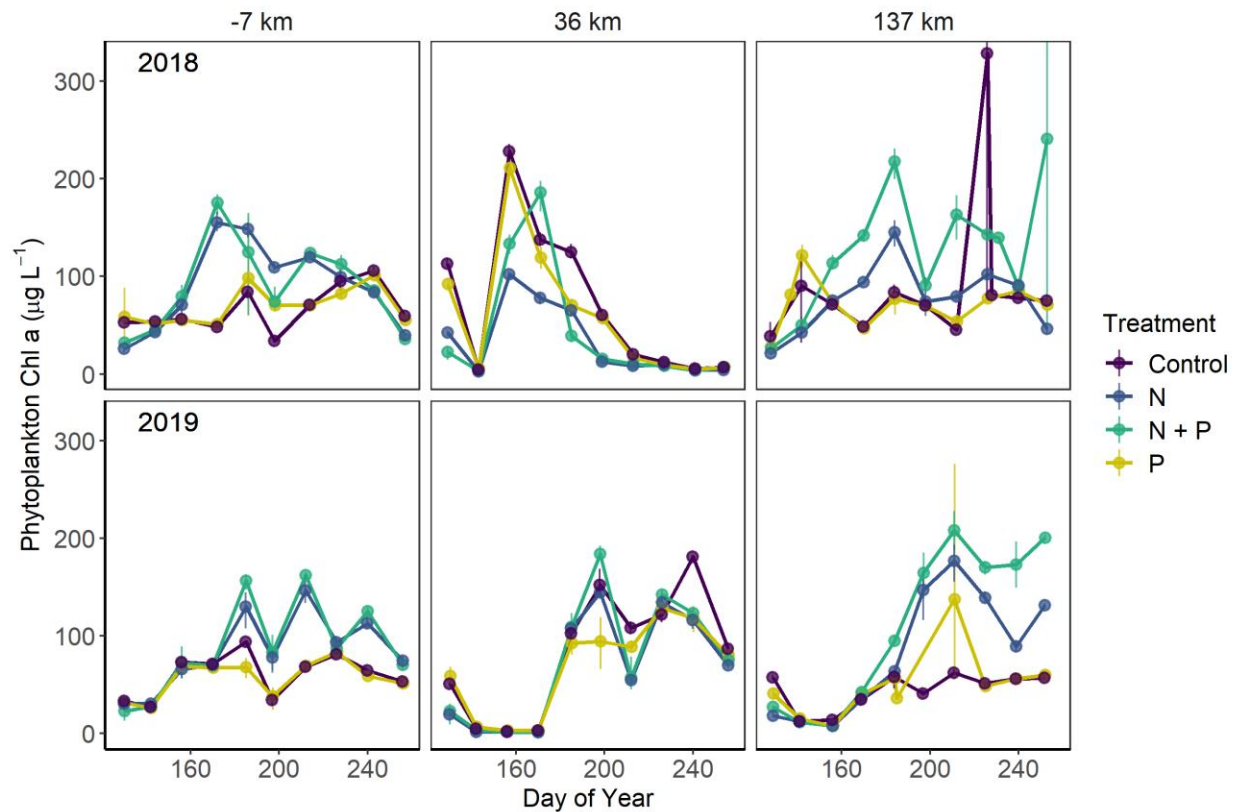


Fig. 6. The modelled marginal smooth effects of physico-chemical variables on phytoplankton (a) and epilithon (b) pigments in Wascana Creek (WC) and the Qu'Appelle River (QR) in 2018 and 2019. Deviance explained for the phytoplankton and epilithon models was 84.0% and 72.6%, respectively. For the global pigment smooths (all pigments included) red lines represent the mean effect and blue shaded areas are 95% credible intervals. The taxa-specific effects (how the specific pigments vary over the global effect) are to the right of the global effect panels and shaded areas are 95% credible intervals. Siliceous algae (fucoxanthin) are in orange, cryptophytes (alloxanthin) are in yellow, chlorophytes (chl b) are in green, and cyanobacteria (echinenone) are in blue. P-values are located at the top of each plot. Turbidity was removed due to covariation with Secchi depth.

1367 **Supporting Information**

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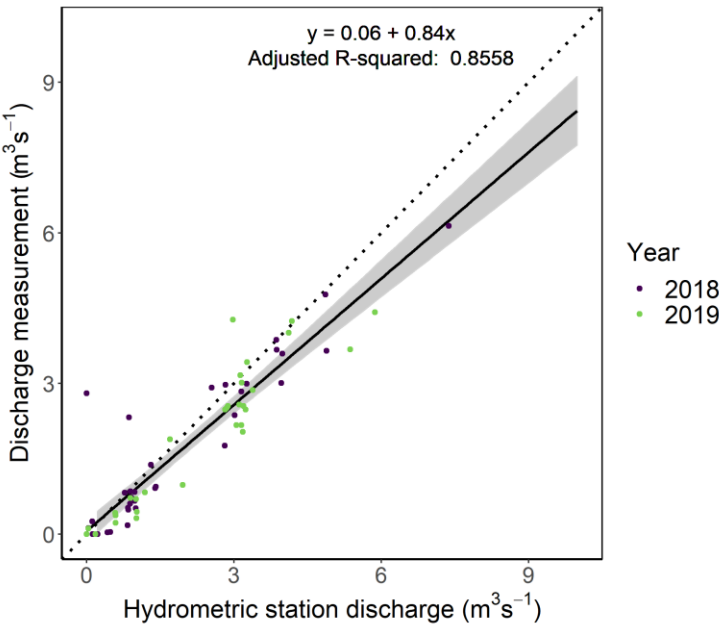
1369 **Fig. S1.** Phytoplankton nutrient experiments for 2018 and 2019 done across the sampling season

1370 (May to September) for three sites: 7 km upstream of the wastewater treatment plant (WWTP),

1371 36 km (in Wascana Creek) and 137 km (in Qu'Appelle River) downstream of the WWTP. Each

1372 point is the mean of three replicates and error bars are 95% confidence intervals.

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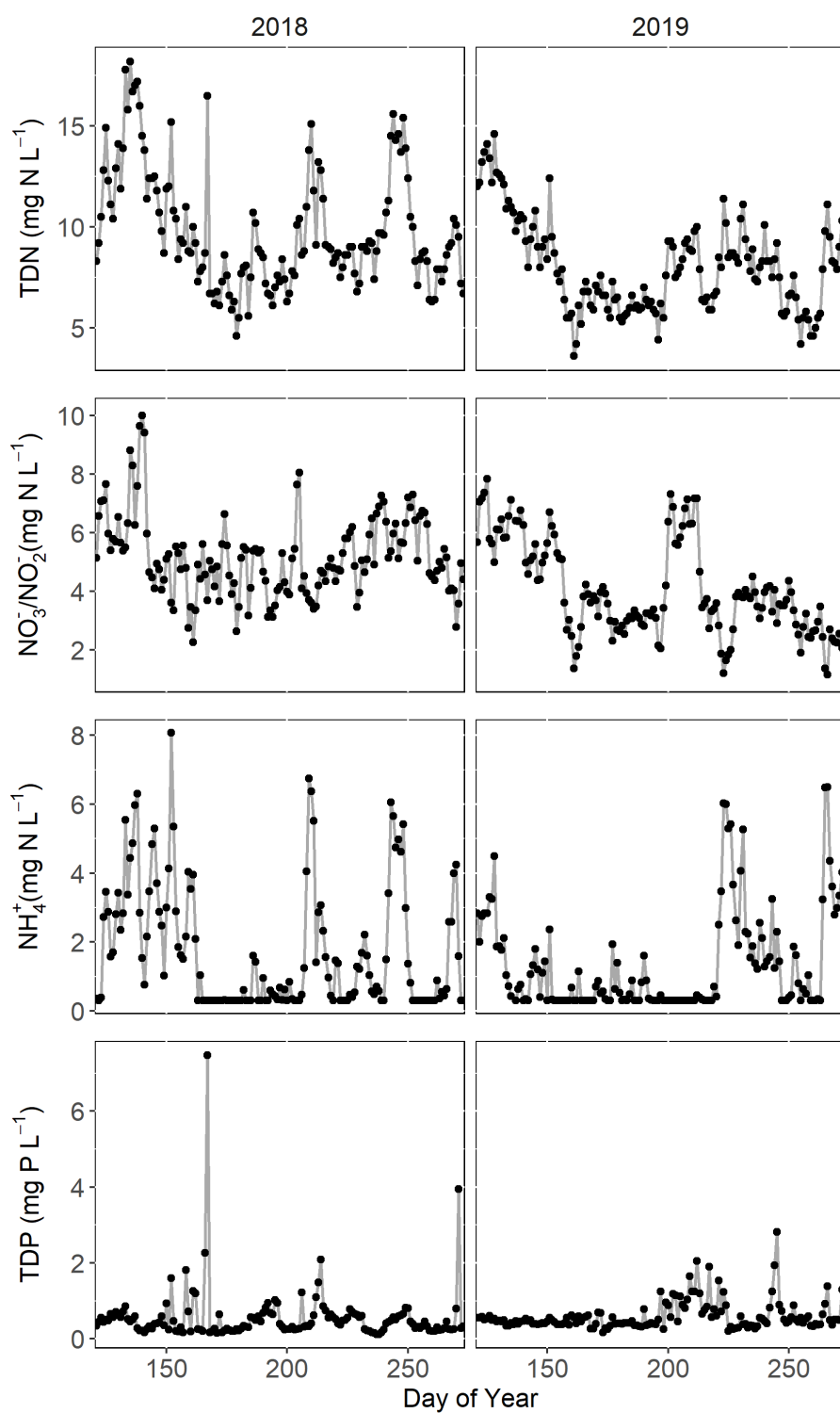


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1375 **Fig. S2.** A comparison of discharge ($\text{m}^3 \text{s}^{-1}$) measured in the field and discharge estimated from
1376 hydrometric stations in 2018 and 2019.

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1379 **Fig. S3.** Final treated effluent nutrient concentrations in the growing season (May to September)
 1380 in 2018 and 2019.

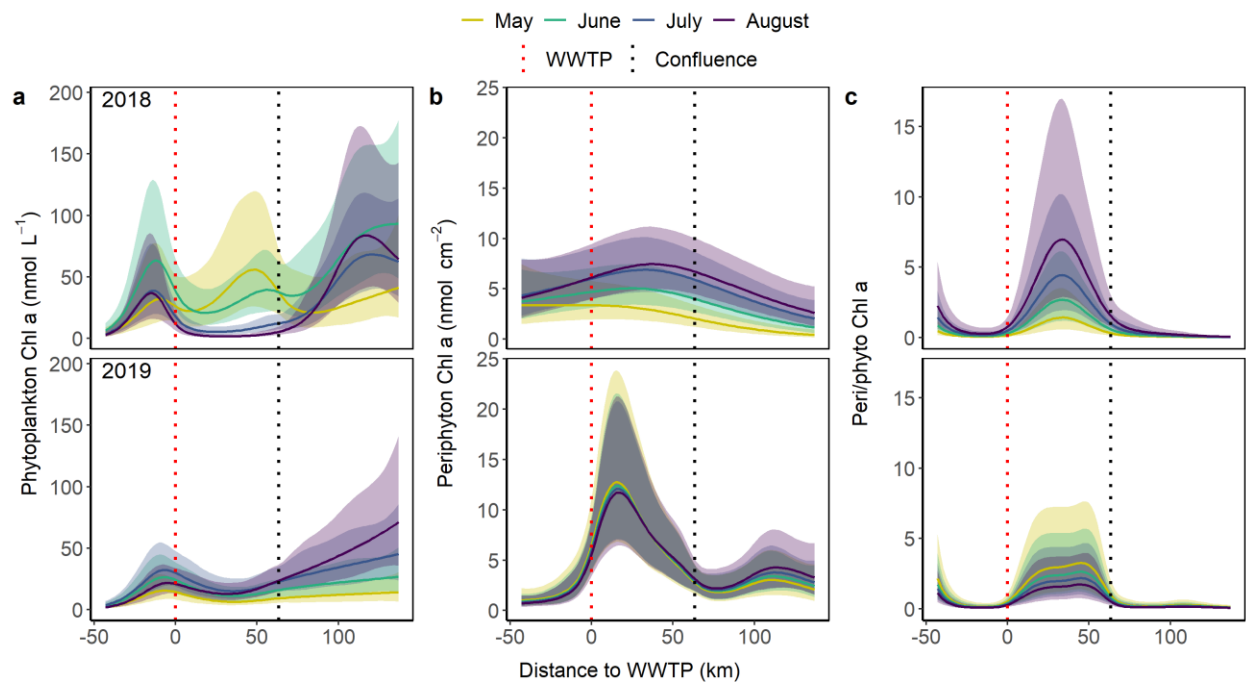


Fig. S4. The modelled spatial and temporal distribution of total suspended (phytoplankton, a) and benthic (epilithon, b) algae and cyanobacteria and their ratio (c), using HPLC chlorophyll a as a proxy, in 2018 (top) and 2019 (bottom) in Wascana Creek and Qu’Appelle River along a continuum in reference to Regina’s wastewater treatment plant. The phytoplankton model explained 60.9%, the epilithon model explained 34.0% deviance, and the ratio model explained 51.9% of deviance. Coloured lines are predicted means at four days of year (DOY 136, 170, 200, 236) that correspond to summer months in the growing season. Shaded areas are 95% confidence intervals. Red and black dotted lines represent the inflow of effluent into WC and the confluence of WC with QR, respectively.

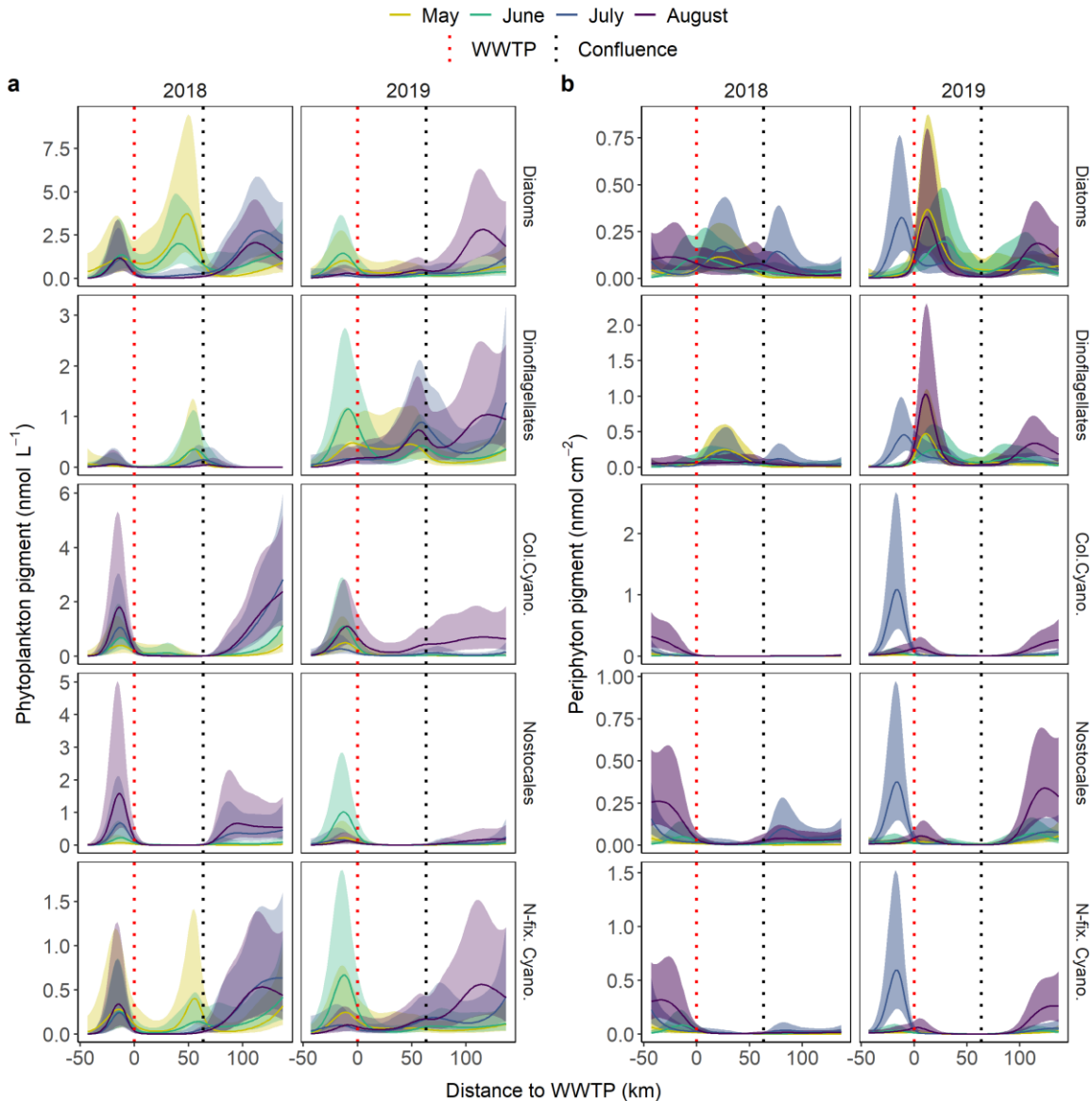


Fig. S5. The spatiotemporal distribution of other HPLC pigments: diatoxanthin (diatoms), diadinoxanthin (dinoflagellates), myxoxanthophyll (colonial cyanobacteria), canthaxanthin (Nostocales), and aphanizophyll (N-fixing cyanobacteria). The phytoplankton model explained 61.6% and the epilithon model explained 63.0% deviance. Coloured lines are predicted means at four days of year (DOY 136, 170, 200, 236) that correspond to summer months in the growing season. Shaded areas are 95% confidence intervals. Red and black dotted lines represent the inflow of effluent into WC and the confluence of WC with QR, respectively.

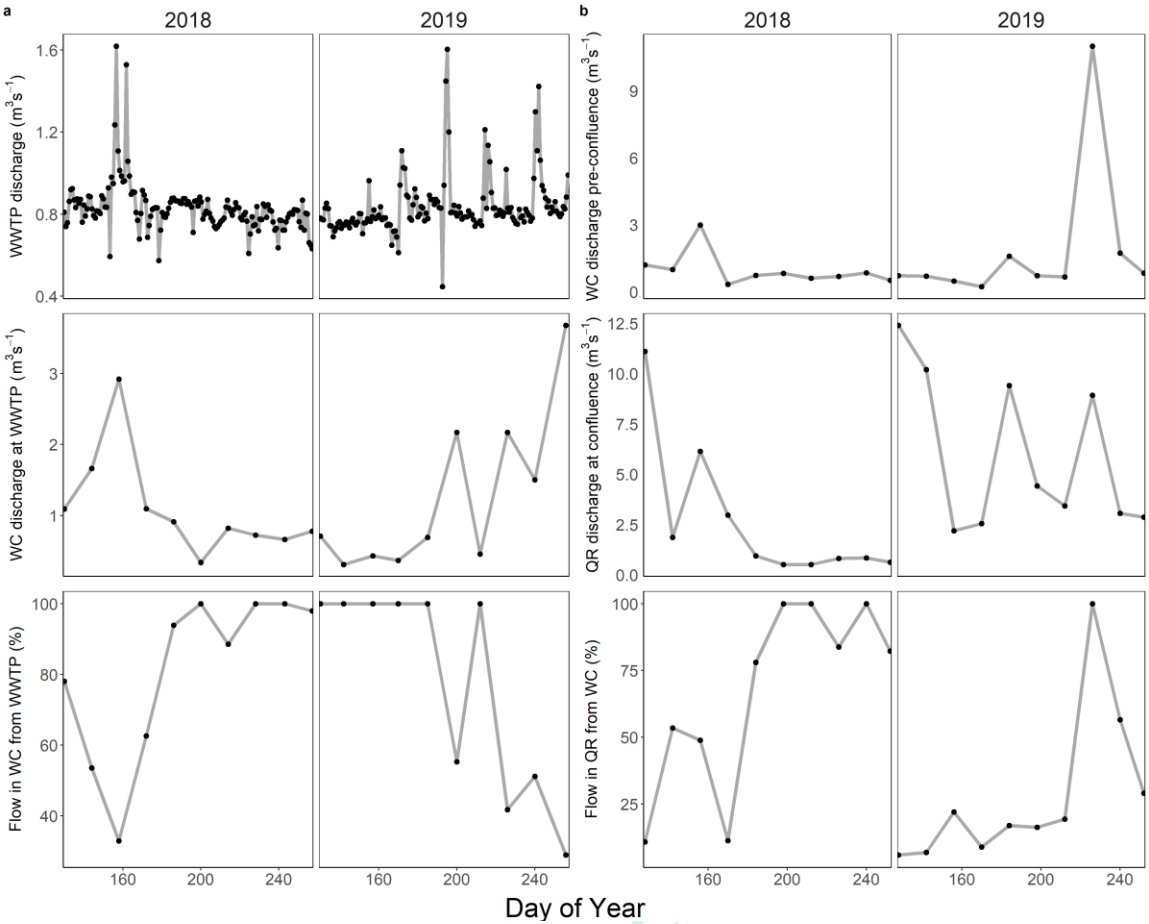
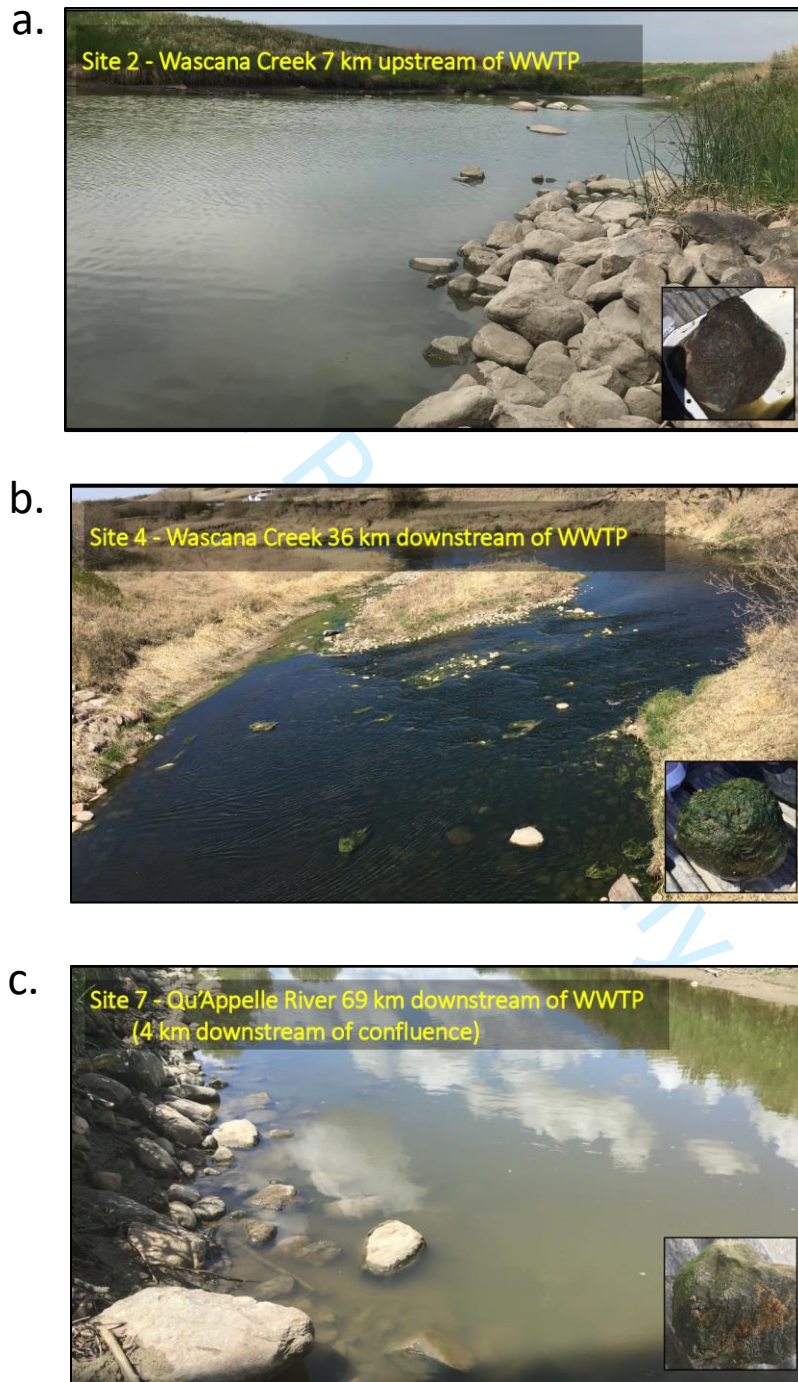


Fig. S6. Flow in Wascana Creek, Saskatchewan, attributable to the Regina wastewater treatment plant (WWTP) (a) and flow in QR attributable to WC (b) across the growing season (May to September) in 2018 and 2019.

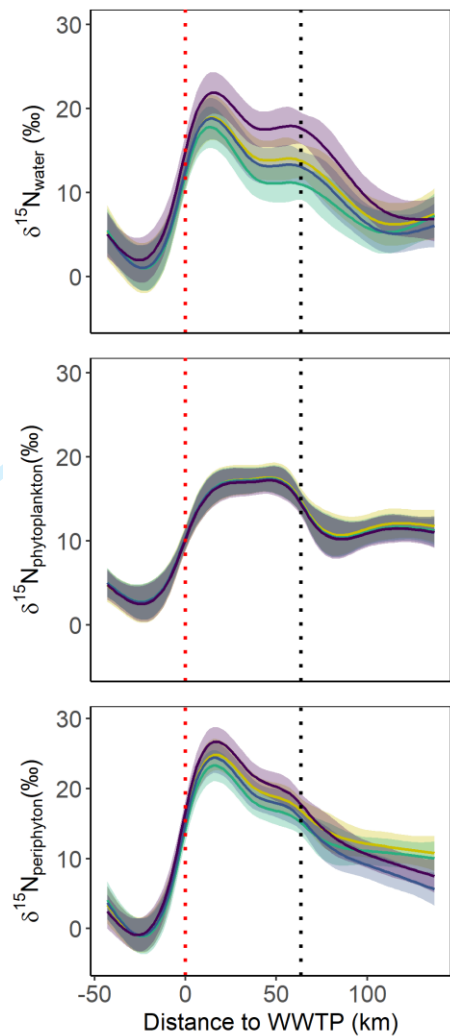
1407 **Fig. S7.** Photographs of study streams in (a) headwater, (b) effluent-impacted, and (c) post-
1408 confluence reaches. Insets illustrate epilithic periphyton development.

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Fig. S8. The modelled spatial and temporal distribution of water, phytoplankton, and periphyton nitrogen isotopes in Wascana Creek and Qu'Appelle River along a continuum in reference to Regina's wastewater treatment plant. The water, phytoplankton, and periphyton N isotope models explained 82.4%, 77.5%, and 92.0% of deviance. Coloured lines are predicted means at four days of year (DOY 136, 170, 200, 236) that correspond to summer months in the growing season. Shaded areas are 95% confidence intervals. Red and black dotted lines represent the inflow of effluent into WC and the confluence of WC with QR, respectively.