

1 **Decadal effects of climate, nitrogen removal from wastewater, and lotic**
2 **characteristics on phytoplankton in small phosphorus-rich prairie streams**

3
4 Nathanael T. Bergbusch^{1,2}, Nicole M. Hayes^{1,2,3}, Gavin L. Simpson², Vanessa J.
5 Swarbrick^{1,2,4}, Zoraida J. Quiñones-Rivera², and Peter R. Leavitt^{1,2,5,*}

6
7 ¹ Limnology Laboratory, Department of Biology, University of Regina, Regina,
8 Saskatchewan S4S 0A2 Canada

9 ² Institute of Environmental Change and Society, University of Regina, Regina,
10 Saskatchewan, S4S 0A2, Canada

11 ³ Present address: Biology Department, University of Wisconsin Stout, Menomonie,
12 Wisconsin, 54751, USA

13 ⁴ Present address: Alberta Environment and Parks, Edmonton, Alberta, T6B 2X3, Canada

14 ⁵ Global Institute for Food Security, Queen's University Belfast, Belfast, Antrim, BT9
15 5DL, United Kingdom

16 * Author for correspondence P.Leavitt@QUB.ac.uk

17 **Contacts:**

18 NTB nbergbusch@gmail.com, ORCID 0000-0002-8062-6876

19 NMH hayesn@uwstout.edu; ORCID 0000-0002-5664-9939

20 GL Gavin.Simpson@uregina.ca, ORCID 0000-0002-9084-8413

21 VJS vanessa.swarbrick@gmail.com, ORCID 0000-0002-9323-6172

22 ZQR Zoraida.Quinones-Rivera@uregina.ca, ORCID 0000-0001-8418-8255

23 PRL Peter.Leavitt@uregina.ca, P.Leavitt@QUB.ac.uk, ORCID 0000-0001-9805-9307

24 **Running Head: Effluent nitrogen effects on streams**

25 **Keywords:** effluent, tertiary wastewater treatment, biological nutrient removal (BNR),
26 ammonium, nitrate, eutrophication, light, discharge, generalized additive models,
27 pigment, river, Northern Great Plains

28 **Abstract**

29 1. Reduction of urban nitrogen (N) pollution through biological nutrient removal (BNR)
30 technologies has been proposed as an effective strategy to reduce eutrophication.

31 However, little is known about the effects of selective N removal on streams.

32 2. Changes in phytoplankton abundance and community composition in connected first-
33 and higher-order prairie streams were quantified over six years to determine how
34 ecosystem health varied following a shift in wastewater treatment from tertiary (mainly
35 phosphorus, P, removal) to BNR (NH_4^+ and P removal) technologies.

36 3. Time series of water-column biomarker pigment concentrations (carotenoids,
37 chlorophylls) at nine stations sampled biweekly (May to September) were analyzed using
38 generalized additive models (GAMs) to quantify spatio-temporal variation in
39 phytoplankton assemblages and effects of wastewater treatment before (2010-2012) and
40 after (2017-2019) installation of BNR processes.

41 4. GAMs explained 66-80 % of deviance in phytoplankton abundance and showed that
42 BNR reduced effluent N concentrations (NO_3^- 67%, NH_4^+ 97%) and shifted community
43 composition from chlorophytes and cyanobacteria towards siliceous algae (diatoms).

44 5. BNR upgrade reduced phytoplankton abundance ~50-60 % in effluent-impacted
45 reaches relative to upstream values, although effects of BNR upgrade on total
46 phytoplankton abundance were obscured by high inter-annual variation in discharge and
47 baseline Chl a concentration.

48 6. Overall, BNR improved lotic ecosystems by reducing levels NH_4^+ to below toxicity
49 guidelines, and favouring nutritious diatoms over colonial and potentially-toxic taxa.

50 **1 Introduction**

51 Excess influx of nitrogen (N) and phosphorous (P) from human activities has led
52 to cultural eutrophication, freshwater degradation, and blooms of harmful algae and
53 cyanobacteria (Carpenter et al., 1998). Such nutrient pollution is expected to increase
54 during the 21st century, yet debate remains over the most effective management strategies
55 to diminish its damage (Wurtsbaugh, Paerl, & Dodds, 2019). Freshwater management
56 focuses on nutrient sources from municipal wastewater, stormwater, agricultural
57 fertilizer, and livestock (Bennett, Carpenter, & Caraco, 2001; Bodirsky, Popp, Lotze-
58 Campen, Dietrich, & Rolinski, 2014; Houlton, Boyer, Finzi, Galloway, & Leach, 2013),
59 but given high processing costs, there is scientific uncertainty over the value of regulating
60 one (P) or multiple (N, P) macronutrients (Paerl, Scott, McCarthy, Newell, & Gardiner,
61 2016; Schindler, 2006; Schindler, Carpenter, Chapra, Hecky, & Orihel, 2016). The
62 historical paradigm for lakes is that P supply controls the productivity of lentic
63 ecosystems (Schindler, 1977, 2006), whereas nutrient regulation of streams and rivers
64 appears less singular (Dodds & Smith, 2017). In addition, recent evidence suggests that
65 water quality in P-replete lakes, such as those in the northern Great Plains (NGPs;
66 Bogard, Vogt, Hayes, & Leavitt, 2020; Donald, Bogard, Finlay, & Leavitt, 2011; Leavitt,
67 Brock, Ebel, & Patoine, 2006) and other regions (Elser et al., 2007; Paerl et al., 2016),
68 may be uniquely degraded by N pollution. However, to date, few studies have quantified
69 the degree of recovery of P-rich freshwaters from reductions in N influx alone (Paterson,
70 Schindler, Hecky, Findlay, & Rondeau, 2011; Schindler et al., 2016) or in conjunction
71 with P (Shatwell & Köhler, 2019), particularly in lotic ecosystems (Dodds & Smith,
72 2017).

73 Urban wastewater treatment plant (WWTP) effluent can cause eutrophication,
74 anoxia, and degradation of freshwaters downstream of cities (Hamdhani, Eppehimer, &
75 Bogan, 2020; Holeton, Chambers, Grace, & Kidd, 2011; Leavitt et al., 2006). To reduce
76 these threats, some cities in developed countries have upgraded their facilities in the past
77 30 years to include biological nutrient removal (BNR), a process which uses microbial
78 nitrification and denitrification to substantially reduce or eliminate wastewater NH_4^+ and
79 NO_3^- (Carey & Migliaccio, 2009; Tchobanoglous, Burton, & Stensel, 2003) and reduce
80 eutrophication in downstream water bodies (Holeton et al., 2011). However, despite
81 expected environmental benefits, the high costs of upgrades (> \$100 million per WWTP)
82 (Cooper, Upton, Smith, & Churchley, 1995; Environmental Protection Agency, 2007),
83 combined with scientific debates over the incremental value of N removal (Paerl et al.,
84 2016; Schindler et al., 2016; Wurtsbaugh et al., 2019), has led to uneven adoption of
85 BNR protocols by cities (Organization for Economic Cooperation and Development
86 2020). Resolution of this impasse requires not only experiments demonstrating the
87 unique effects of N on P-replete systems (Bogard et al., 2020; Finlay, Patoine, Donald,
88 Bogard, & Leavitt, 2010; Harris et al., 2016;), but also evidence that N reductions benefit
89 downstream ecosystems (Schindler et al., 2016; Shatwell & Köhler, 2019). Further,
90 given that many urban centres and intensive livestock operations discharge into flowing
91 waters, documentation of the effects of BNR upgrades on streams and rivers is essential
92 to inform scientific, management, and policy decisions concerning nutrient pollution.

93 Despite impairment of many of the world's lotic ecosystems by nutrient pollution
94 and resulting algal and cyanobacterial blooms (Chambers et al., 2012; Paerl & Otten,
95 2013), little is known of how N regulates phytoplankton development in fluvial systems

96 (Dodds & Smith, 2017). Production of lotic phytoplankton in large rivers is controlled by
97 nutrients when light is not limiting (low turbidity, reduced canopy cover) (Hutchins et al.,
98 2010; Vannote, Minshall, Cummins, Sedell, & Cushing, 1980) and water has a long
99 residence time (Hardenbicker, Rolinski, Weitre, & Fischer, 2014; Leland, 2003;
100 Reynolds & Descy, 1996). Both P limitation (Chambers et al., 2012; Van Nieuwenhuysen
101 & Jones, 1996) and N-P co-limitation (Greene, Miller, Shiroyama, & Maloney, 1975) of
102 phytoplankton growth have been documented for large rivers, and fundamental effects of
103 nutrient pollution have been recognized in other lotic ecosystems in agricultural regions
104 or near urban centers (Paul & Meyer, 2001; Walsh et al., 2005; Walsh & Wepener, 2009).
105 In contrast, relatively little is known about the unique effects of N on suspended lotic
106 phototrophs in rivers (Dodds & Smith, 2017) or in small eutrophic streams (Breuer, Janz,
107 Farrelly, & Ebke, 2017; Wu, Schmalz, & Fohrer, 2011). Further research is needed to
108 improve management of flowing waters subject to nutrient pollution, particularly in
109 productive agricultural regions.

110 Experimental evidence suggests that eutrophication, and the chemical form of N
111 pollution (NH_4^+ , NO_3^- , urea, organic N) in particular, can differentially affect component
112 populations within lotic phytoplankton (Dodds & Smith, 2017). While phytoplankton
113 were previously considered poor bioindicators of lotic trophic status (Wehr & Descy,
114 1998), diatoms rich in fatty acids (Opute, 1974; Taipale et al., 2013) are now assumed to
115 predominate in pristine or undisturbed lotic ecosystems (Lobo, Heinrich, Schuch, Wetzel,
116 & Ector, 2016; Mischke, Venohr, & Behrendt, 2011; Stevenson, Pan, & Van Dam, 2009),
117 whereas planktonic chlorophytes (Mischke et al. 2011) and potentially-toxic, colonial
118 cyanobacteria (Zurawell, Chen, Burke, & Prepas, 2005) are more common in eutrophied

119 waters (Affourtit, Zehr, & Paerl, 2001; Baker & Humpage, 1994; Kim et al., 2020).
120 Experiments in lentic systems (Bogard et al., 2020; Donald et al. 2011; Donald, Bogard,
121 Finlay, Bunting, & Leavitt, 2013; Swarbrick, Simpson, Glibert, & Leavitt, 2019;) and,
122 more recently, in streams and rivers (Breuer et al., 2017; Solomon, Jackson, & Glibert,
123 2019; Varol & Sen, 2018), suggest that cyanobacteria are favoured by intermediate levels
124 of NH_4^+ (1-4 mg/L), whereas chlorophytes benefit from extremely high influx of NO_3^- or
125 NH_4^+ (> 8 mg/L). Diatoms prefer NO_3^- , while their growth is suppressed by exposure to
126 NH_4^+ in cool illuminated waters (Glibert et al., 2016; Swarbrick et al., 2019). However,
127 expected effects of N on phytoplankton community composition may be confounded by
128 intrinsic differences in characteristics of phototrophs (e.g., cell size, motility, generation
129 time, N metabolism, photo-sensitivity, etc.) that influence suitability of flowing-water
130 habitats (Reynolds, 1988; Reynolds, 1994). Further, while larger streams may favour
131 cyanobacteria (Chételat, Pick, & Hamilton, 2006; Stevenson & White, 1995), these
132 systems also often exhibit pronounced seasonal ontogeny from spring (and fall) diatom
133 peaks to mid- and late-summer blooms of chlorophytes and cyanobacteria (Breuer, Janz,
134 Farrelly, & Ebke, 2016; Moorhouse et al., 2018) which may obscure effects of N.
135 Together, these observations suggest that changes in N influx should interact with stream
136 size and seasonal community development to regulate lotic phytoplankton abundance and
137 composition.

138 In this paper, we studied the effect of improved wastewater treatment from
139 tertiary to BNR processes on phytoplankton assemblages in P-rich streams of the
140 northern Great Plains (NGPs). Prior to upgrade, effluent was characterized by extremely
141 high NH_4^+ (> 30 mg N- NH_4^+ /L), but in 2016 the WWTP was upgraded from chemical P

removal (low P, NH_4^+ -rich effluent) to BNR removal of N and P (low P- and NH_4^+ , moderate NO_3^-). Here we used generalized additive models (GAMs) to quantify phytoplankton assemblages bi-weekly from May to September over six years, evenly split between three years before and after the WWTP upgrade. We sought to quantify: 1) effects of the WWTP on the spatio-temporal variation in phytoplankton abundance and composition before and after the upgrade; 2) which physico-chemical parameters associated with the WWTP regulated phytoplankton communities, and; 3) the relative importance of the WWTP upgrade and natural controls arising from climate and regional land-use. We hypothesized that: 1) phytoplankton biomass would increase in WWTP-impacted reaches due to elimination of toxic NH_4^+ (Waiser, Tumber, & Holm, 2011); 2) community composition would shift from chlorophytes and cyanobacteria to diatoms in the impacted sites after NO_3^- replaced NH_4^+ as the main form of dissolved N (Glibert et al., 2016; Swarbrick et al., 2019) and; 3) WWTP effects would overwhelm seasonal patterns of phytoplankton ontogeny (Stevenson & White, 1995; del Giorgio, Vinocur, Lombardo, Tell, 1991; Solomon et al., 2019).

2 Methods

2.1 Study area

The study area consisted of first-order Wascana Creek (WC) and the higher-order (reach-dependent) Qu'Appelle River (QR) (Figure 1), within the 52,000 km² Qu'Appelle River catchment in southern Saskatchewan, Canada (52.94° N, 106.45° W). These streams drain mainly agricultural land (winter wheat, canola, mustard), urban centers (Regina, Moose Jaw, Lumsden), livestock operations, and native prairie grassland (Hall, Leavitt, Quinlan, Dixit, & Smol, 1999). Wascana Creek flows northwest through

165 Wascana Lake before receiving treated urban wastewater from the City of Regina and
166 joining the QR ~65 km downstream of the WWTP. The natural headwaters of the QR
167 arise near Eyebrow Lake, are supplemented by water from mesotrophic Lake
168 Diefenbaker, and flow eastward through eutrophic Buffalo Pound Lake into
169 hypereutrophic Pasqua Lake (Figure 1). Hypereutrophic Wascana and sub-saline, meso-
170 eutrophic Last Mountain lakes drain into the QR north of Regina (Hall et al., 1999; Haig
171 et al., 2020).

172 Streams were sampled at nine locations from WC headwaters to downstream QR
173 near Pasqua Lake during May-September 2010-2012 (pre-upgrade), and 2017-2019
174 (post-upgrade) (Figure 1). Two sites were located upstream of the WWTP outfall (before
175 and after Wascana Lake), three were located along WC between the WWTP outfall and
176 the WC-QR confluence, and three were located along QR after the confluence (one
177 before Last Mountain Creek inflow, two downstream). In addition, one QR station was
178 sampled upstream of the WC-QR confluence. In 2010, sites five and six were not
179 sampled, whereas during 2017, site four was not sampled (Figure 1).

180 **2.2 Field methods**

181 Stream stations were each sampled between 9:00 and 14:00 hrs on two successive
182 days every two weeks. Environmental parameters included air and water temperatures
183 (°C), cloud cover (% open sky), wind velocity (km/s), dissolved oxygen content (mg O₂/
184 L), specific conductivity (µS/cm), salinity (g total dissolved solids, TDS/L), and pH. *In*
185 *situ* parameters were recorded at surface, mid-column, and bottom-water depths using a
186 YSI Model 85 meter and a calibrated Oakten model 20 pH meter. Instantaneous water
187 velocity (m/s), maximum depth (m), and channel cross sectional area (m²) were measured

188 for all wade-able locations (< 1.25 -m depth) using a calibrated Swoffer Instruments
189 model 2100 current velocity meter, and discharge was calculated using Buchanan and
190 Somers' (1976) two-point and $6/10^{\text{th}}$ -depth methods. Whole-water samples were
191 collected from each site at surface and mid-column depths in sterile containers,
192 combined, and screened through a $243\text{-}\mu\text{m}$ aperture mesh. All samples were processed in
193 the laboratory by 17:00 h on the day of collection.

194 **2.3 Laboratory methods**

195 Particulate matter from whole water was filtered onto GF/C $1.2\text{-}\mu\text{m}$ pore filters
196 for subsequent analysis of biomarker pigments by high pressure liquid chromatography
197 (HPLC) or elemental composition and stable isotopes via combustion. Water was also
198 filtered through $0.45\text{-}\mu\text{m}$ pore membrane filters and frozen for analysis of nutrient
199 chemistry and dissolved C and N isotope analyses. Filters and filtered water were frozen
200 at -20°C until analysis.

201 Phytoplankton abundance and community structure was quantified by analysis of
202 biomarker pigments (nmoles pigment/L) using standard trichromatic (Jeffrey &
203 Humphrey, 1975) and HPLC methods (Leavitt & Hodgson, 2001). Pigment analyses
204 were run on duplicate filters and under low-light conditions. HPLC used an Agilent 1100
205 HPLC system using in-line photodiode array and fluorescence detectors, as detailed in
206 Donald et al. (2013) and Bogard et al. (2020). Pigments were tentatively identified on the
207 basis of absorbance maxima and chromatographic position relative to an internal standard
208 (Sudan II dye), authentic pigment compounds from DHI Denmark, and laboratory
209 reference materials (Leavitt & Hodgson, 2001). Biomarker pigments included Chl a and
210 β carotene (total phytoplankton), fucoxanthin (siliceous algae, some dinoflagellates),

211 diadinoxanthin (dinoflagellates, some siliceous algae), peridinin (dinoflagellates),
212 diatoxanthin (mainly diatoms), alloxanthin (cryptophytes), chlorophyll b (chlorophytes),
213 lutein + zeaxanthin (chlorophytes and cyanobacteria), myxoxanthophyll (colonial
214 cyanobacteria), canthaxanthin (Nostocales cyanobacteria), aphanizophyll (N_2 -fixing
215 cyanobacteria), and echinenone (total cyanobacteria) (Donald et al., 2011, 2013). We also
216 calculated the ratio of labile Chl a to its stable degradation product, pheophytin a, to
217 evaluate whether pigments represented live material or detritus. Observed ratios were
218 13.68 ± 0.57 in suspended particulate samples, therefore we assumed that pigments
219 mainly represented metabolically-active phototrophs (Bergbusch, 2020; Leavitt &
220 Hodgson, 2001). Consistent with this inference, preliminary microscopic examination
221 identified whole cells and colonies, and suspended communities grew rapidly in response
222 to nutrient amendments in bottle bioassay experiments (Bergbusch, 2020).

223 Nutrient chemistry was analysed using a Lachat QuikChem 8500 FIA automated
224 ion analyzer following standard procedures (APHA-AWWA/WEF, 1998) at the Institute
225 of Environmental Change and Society, University of Regina. Analytes included NH_3 +
226 NH_4^+ (hereafter ammonium), NO_2^- + NO_3^- (nitrite+nitrate, as nitrate), total dissolved
227 nitrogen (TDN), soluble reactive phosphorous (SRP), and total dissolved phosphorous
228 (TDP). In addition, monthly analyses of NH_4^+ , NO_2^- , NO_3^- , TDN and TDP were
229 provided by City of Regina for all years and most sites. Managers of the municipal
230 WWTP (EPCOR, Alberta, Canada) supplied weekly nutrient concentration data for final
231 treated effluent.

232 Stable isotopes of carbon (C) and N from filtered water were measured for all
233 sampling sites using the protocols of Leavitt et al. (2006). Briefly, GF/C-filtered water

234 samples were freeze-dried (1 week, 0.01 Pa) to obtain residue for analysis. In general,
235 10-15 mg of solids from wastewater-impacted river sites and 20-25 mg was used for
236 isotope analysis of undisturbed sites, although masses were decreased for pre-upgrade,
237 effluent-impacted samples to allow for higher TDN content during 2010-2012. All solids
238 were folded into individual tin capsules and combusted using a Costech model ECS4010
239 elemental analyzer coupled to a Thermo Finnigan Delta V isotope ratio mass
240 spectrometer (IRMS) to quantify C and N content (% dry mass) and C and N isotope
241 values (‰) using standard notation ($\delta^{13}\text{C}$, $\delta^{15}\text{N}$) relative to calibrated laboratory standards.

242 **2.4 Hydrometric data**

243 Stream discharge (Q) was determined using a combination of three highly-
244 correlated methods: 1) direct measurement and calculation using Buchanan & Somers'
245 (1976) two-point and 6/10th-depth methods; 2) instrumental records from government
246 gauging stations, and; 3) values calculated using the drainage area ratio method following
247 Gianfagna, Johnson, Chandler, & Hofmann (2015) as modified by Swarbrick (2017). In
248 2018 and 2019, Q was calculated for all wade-able sites by summing the product of
249 discrete velocities and their respective cross-sectional areas, measured at 10-15 points
250 along a transect following the two-point (> 0.75 m; reading at 0.2 and 0.8 of depth) and
251 6/10th method (< 0.75 m; one reading at 0.6 x depth) (Buchanan & Somers, 1976). In
252 other years, we used Q recorded at provincial and federal hydrometric gauging stations
253 (sites 5 and 7 only), following Swarbrick (2017). For deeper sites, we applied the
254 drainage area ratio method of Gianfagna et al. (2015) to estimate prorated discharge
255 ($Q_{\text{incremental}}$) based on the incremental effective drainage area (EDA), distance to nearest
256 gauging station, and other inputs. $Q_{\text{incremental}}$ was calculated by multiplying Q at the

257 nearest gauging station (Q_{gauged}) by the ratio of the EDA at the sampling site to that at the
258 gauging station ($A_{\text{incremental}}$) and the EDA of the gauged site (A_{gauged}):

259
$$Q_{\text{incremental}} = Q_{\text{gauged}} * (A_{\text{incremental}}/A_{\text{gauged}}).$$

260 EDA was defined as the maximum area that could contribute runoff during average
261 hydrologic conditions (Mowchenko & Meid, 1983) and was estimated for each site using
262 the federal Agricultural and Agri-Food Canada Watersheds Project dataset (AAFC,
263 2008), or calculated from the AAFC EDA total boundary layer, topographic and
264 hydrologic data using ESRI ArcGIS 10.1 (Natural Resources Canada, 2016). These
265 estimates of Q were highly correlated ($R^2_{\text{adj}} = 0.86$, $p < 0.001$) with both gauging stations
266 and drainage-area ratio method values during 2018 and 2019 (Bergbusch, 2020).

267 **2.5 Numerical analyses**

268 We employed generalized additive models (GAMs; Wood, Pya, & Säfken, 2016)
269 to estimate spatio-temporal trends of phytoplankton assemblages and their responses to
270 physico-chemical variables. We fitted five spatio-temporal models, one for each main
271 pigment: trichromatic Chl a (total phytoplankton), fucoxanthin (siliceous algae),
272 alloxanthin (cryptophytes), Chl b (chlorophytes), and echinenone (cyanobacteria). In
273 addition, we developed two models using physico-chemical parameters as predictors of
274 total phytoplankton abundance (as Chl a, $\mu\text{g/L}$) and community composition (other
275 biomarkers, nmoles/L). Other pigments were excluded from the main models either
276 because compounds were infrequent (e.g., peridinin) or exhibited significant taxonomic
277 overlap with selected biomarkers (e.g., cyanobacterial carotenoids). Additionally, due to
278 missing samples in 2017, we estimated trichromatic Chl a values in that year from the

279 overall relationship between HPLC- and trichromatic-derived Chl a (Supporting
280 Information Figure S1). To further evaluate the rigour of this substitution, we also
281 modeled spatio-temporal trends in HPLC Chl a in comparison to those developed solely
282 using trichromatic Chl a (Supporting Information Figure S2). In all GAMs, the QR site
283 immediately upstream of the WC-QR continuum was excluded from analysis as it
284 prevented us from explicitly modeling spatial patterns. Instead, this site was compared
285 separately to values in WC and the QR just above and below confluence, respectively, to
286 better identify the mechanisms contributing to downstream patterns in the QR.

287 Spatio-temporal GAMs included a random effect term for study year, a marginal-
288 smooth term for day of year (DOY) and distance along the stream flow path, and an
289 interaction term for DOY and distance modelled as a tensor-product smooth (Wood,
290 2017). Distance and DOY terms were included in tensor-product smooths with year to
291 allow for changes in the spatial and seasonal effects between years. These models
292 allowed us to quantify seasonal differences in phytoplankton along our lotic continuum.
293 We chose physico-chemical parameters based on biological relevance and included
294 distance, DOY, Q, pH, nutrients (NO_3^- , NH_4^+ , SRP), the ratio of TDN to SRP
295 (TDN:SRP), specific conductivity, and water temperature. While 2-week lag effects
296 were also considered, they did not improve model fit and were discarded. To achieve
297 better dispersion, specific conductivity, NO_3^- , NH_4^+ , and TDN:SRP were \log_{10} -
298 transformed, whereas SRP and discharge were square-root transformed. Correlations
299 between predictor parameters were not significant ($r < 0.35$, $p > 0.10$), suggesting
300 collinearity was low among variables. Both the range and null space of the smoothers'
301 penalty matrices were fully penalized to perform variable selection, improve model fit

302 and parsimony, and help deal with the potential concurvity of smooths (Marra & Wood,
303 2011).

304 Models were run in R (version 3.6.2; R Core Team, 2019) using *mgcv* (version
305 3.6.2) with residual marginal likelihood (REML) smoothness selection (Wood, 2011,
306 2017; Wood et al., 2017). We assumed the response variable to be conditionally gamma
307 distributed (positive, continuous responses). We used the log link function for GAMs of
308 Chl a biomass and fucoxanthin models because concentrations were always > 0 $\mu\text{g/L}$,
309 while a Tweedie distribution (non-negative, continuous responses) was used for other
310 pigments which occasionally exhibited concentrations of ~ 0 $\mu\text{g/L}$. Similarly, Tweedie
311 distributions were used for physico-chemical models that included all pigments as
312 responses. We did not fit models that accounted for data censoring because only $\sim 5\%$ of
313 values were 0 for the entire pigment dataset ($< 20\%$ for echinenone) and likely truly
314 absent (0.0 nmole pigment/L) and because preliminary analysis with Bayesian
315 Regression Models using *Stan* (BRMS, version 2.10.0) (Bürkner, 2018) greatly
316 overestimated observed pigment concentrations (i.e., exhibited a poor fit relative to *mgcv*
317 models).

318 The physico-chemical model used measured stream characteristics to estimate
319 global (all pigments) and pigment-specific smooth terms. Global terms were tensor-
320 product smoothers, whereas pigment-specific terms were factor smoothers (Pedersen,
321 Miller, Simpson, & Ross, 2019) because all parameters exhibited a marked decrease in
322 residuals and better homogeneity of residuals when taxa-specific responses were
323 included. We assessed basis size, dispersion of residuals, homogeneity of variance, and
324 the relationship between the observed and predicted response for all models to ensure

model assumptions were not violated. Smoothers were selected using REML (Wood, 2011). Physico-chemical model marginal smooths and spatio-temporal predictions were visualized in R with plots produced with the *ggplot 2* package (version 3.2.1) (Wickham, 2016).

3 Results

3.1 Stream conditions

Discharge was generally higher in all stream reaches during 2010-2012 than in the years after the BNR upgrade (Figure 2, Table 1). Prior to upgrade, mean (\pm SE) flow in headwaters ($4.08 \pm 1.28 \text{ m}^3/\text{s}$) was 10-fold greater than that during years following BNR installation ($0.41 \pm 0.17 \text{ m}^3/\text{s}$), whereas flow in WC below the WWTP outfall was nearly 5-fold greater ($5.14 \pm 0.94 \text{ m}^3/\text{s}$ vs. $1.17 \pm 0.18 \text{ m}^3/\text{s}$). In general, elevated Q was recorded mainly during 2010 ($3.60 \pm 0.88 \text{ m}^3/\text{s}$) and 2011 ($9.37 \pm 2.25 \text{ m}^3/\text{s}$), while mean flow during 2012 ($2.12 \pm 0.51 \text{ m}^3/\text{s}$) was only modestly higher than that after the plant upgrade ($0.85 - 1.49 \text{ m}^3/\text{s}$). Because the volume of urban effluent was similar in all years, the contribution of WWTP discharge to total flow in WC varied markedly among seasons and years (Supporting Information Figure S3). For example, during pre-upgrade years, the flow in WC was completely attributable to the WWTP for greater than half of the growing season, whereas flow contribution was more variable among months (0-100%) during 2010-2012 (Supporting Information Figure S3). In addition, downstream QR experienced much faster mean flow during 2010-2012 ($27.64 \pm 2.73 \text{ m}^3/\text{s}$, max of $127 \text{ m}^3/\text{s}$) than that during 2017- 2019 ($3.46 \pm 0.22 \text{ m}^3/\text{s}$). Overall, discharge was maximal during May in most reaches and years.

347 Temperature, pH, and specific conductivity were generally similar in years before
348 and after the WWTP BNR upgrade, although parameters varied markedly on both spatial
349 (pH, specific conductivity) and seasonal scales (temperature) (Table 1, Figure 2).
350 Specific conductivity was greatest in headwaters, decreased after Wascana Lake,
351 increased with urban effluent influx, and often remained elevated in downstream reaches.
352 Similarly, pH of WC decreased from 9 to 8 with effluent influx, before rebounding to 9
353 after WC confluence with the QR. Stream temperature was unchanged by urban
354 wastewater inputs, but ranged from 7 to 30°C within the study season (May-September)
355 and was greatest in all years during July.

356 In most years, influx of urban effluent increased concentrations of NO_3^- in WC
357 relative to levels in headwaters or downstream reaches of the QR (Table 1, Figure 2).
358 However, despite higher levels of NO_3^- in treated effluent prior to BNR upgrade
359 (Supporting Information Figure S3), mean (\pm SE) in-stream concentrations of NO_3^- were
360 similar in effluent-impacted reaches before (1.98 ± 0.16 mg N/L) and after changes in the
361 WWTP (1.70 ± 0.16 mg N/L), with greatest NO_3^- values near the outfall after upgrade,
362 and highest concentration ~50 km downstream prior to BNR. Headwater levels of NH_4^+
363 were low in all years (< 0.5 mg N/L), before enriched effluent (Supporting Information
364 Figure S3) increased concentrations in urban-impacted reaches of WC prior to ($6.64 \pm$
365 0.96 mg N/L) but not after installation of BNR (0.33 ± 0.07 mg N/L) (Figure 3.2).
366 Despite higher dissolved N levels in WC during 2010-2012, NH_4^+ and NO_3^- levels were
367 comparatively low and similar (< 1.55 mg N/L) in all years in downstream QR.
368 Similarly, while influx of ^{15}N -enriched effluent ($\delta^{15}\text{N}$ 15-30 ‰ in all years) elevated $\delta^{15}\text{N}$
369 of dissolved N in stream water, those isotope values declined following confluence of

WC and QR in all years, reflecting influx of unenriched N from the upstream QR (Table 1). In general, mean SRP levels were elevated in pre-upgrade years in all reaches, then remained the same or declined after effluent influx in pre-upgrade (0.36 ± 0.02 mg P/L) and post-upgrade intervals (0.07 ± 0.01 mg P/L), respectively. Overall, TDN:SRP mass ratios were much greater at all reaches during 2010-2012.

3.2 Spatio-temporal distribution of phytoplankton

Spatio-temporal GAMs of Chl a explained 71.4% of deviance in total phytoplankton abundance, with significant effects of year, DOY, distance, and their interaction, whether analyzed for trichromatic- (Figure 3) or HPLC-derived pigment (Supporting Information Figure S2). Total phytoplankton abundance in WC generally increased relative to headwater values following inputs of N-rich tertiary-treated effluent, but declined after influx of BNR-treated wastewater, largely reflecting changes in chlorophyte abundance (Chl b) (Table 1, Figure 3). Despite this pattern, mean Chl a in effluent-impacted reaches of WC changed little as a result of the WWTP upgrade (~ 45 μg Chl a/L), largely reflecting high interannual variation in Q and phytoplankton abundance in upstream reaches. For example, headwaters near Wascana Lake had higher mean levels of phytoplankton Chl a during 2017-2019 (67.30 ± 5.60 $\mu\text{g/L}$) than in 2010-2012 (28.52 ± 3.74 $\mu\text{g/L}$) (Figure 2, Supporting Information Figure S5), whereas values in the QR showed little consistent pattern. Upstream of the WC-QR confluence in QR, phytoplankton abundance was elevated during 2010-2012 (56.25 ± 8.08 Chl a/L) but not in 2017-2019 (22.68 ± 3.71 μg Chl a/L) (Table 1), while downstream of the confluence, Chl a concentrations were elevated during 2012 (75.0 ± 8.6 $\mu\text{g/L}$) and 2017-2019 (65.72 ± 5.39 $\mu\text{g/L}$) relative to other years (< 45 $\mu\text{g/L}$). Taken together, these findings suggest

393 that BNR technologies improved water quality in a first-order lotic ecosystem with
394 eutrophic headwaters by reducing phytoplankton abundance compared to headwaters;
395 however, this effect was limited to a ~50-km reach between the WWTP and confluence
396 with a higher-order stream.

397 WWTP upgrade to BNR processes shifted the phytoplankton community to both
398 favour siliceous algae and diminish the historical importance of chlorophytes in effluent-
399 impacted reaches of WC (Figure 3). Overall, deviance explained for each biomarker
400 pigment was high, ranging from 65.7% for alloxanthin (cryptophytes) to 79.6 % for
401 echinenone (cyanobacteria), with intermediate values for fucoxanthin (siliceous algae;
402 74%) and Chl b (chlorophytes; 76.7%). In most models, effects of year, DOY, distance,
403 and their interaction were highly significant both before and after WWTP upgrade
404 (Figure 3). As with Chl a, concentrations of pigments from individual phytoplankton
405 groups increased modestly after influx of tertiary-treated effluent (2010-2012), but
406 declined sharply relative to upstream values following inputs of upgraded effluent,
407 particularly for cyanobacteria and cryptophytes (Figure 3b, Supporting Information
408 Figure S4a). Unlike those two taxa, abundance of siliceous algae and secondarily
409 chlorophytes recovered rapidly at downstream stations in WC prior to the QR confluence.
410 After the confluence, the abundance of taxa usually resembled that found in headwaters
411 in the respective years, although absolute pigment concentrations were often greater in
412 downstream QR in years following the BNR upgrade. Thus, while the phytoplankton
413 community of a first-order WWTP-influenced stream was comprised of diverse
414 assemblages of chlorophytes, siliceous algae, cryptophytes and cyanobacteria, pollution
415 with NH_4^+ -rich tertiary wastewater favoured chlorophytes, whereas BNR-treated effluent

416 with NO_3^- resulted in selective increase in siliceous algae, with lesser responses of
417 chlorophytes and cryptophytes within urban-impacted reaches.

418 Seasonal patterns of lotic phytoplankton abundance and community composition were
419 more variable in years following the WWTP upgrade as compared to the earlier time
420 interval (Figure 4, Supporting Information Figure S4b). Prior to the BNR upgrade
421 (Figure 4a), phytoplankton seasonality was similar in all stream reaches, with a spring
422 Chl a peak derived from mainly diatoms (fucoxanthin), and a mid-summer maximum
423 related to chlorophytes (Chl b), with generally higher abundance of cyanobacteria
424 (echinenone) in late summer (Supporting Information Figure S4b), and less pronounced
425 seasonal changes in cryptophytes (alloxanthin; Figure 43a). In contrast, seasonal
426 progression of taxa varied among years and sites during 2017-2019 (Figure 4b). For
427 example, although spring blooms of diatoms generally gave way to summer maxima of
428 chlorophytes and cyanobacteria in the QR, spring peaks of siliceous algae were less
429 pronounced in headwater (-7 km) and WWTP-impacted reaches (36 km), except in 2018,
430 while timing of summer blooms of cyanobacteria varied greatly among years and did not
431 occur at reaches receiving upgraded wastewater (Figure 4b, Supporting Information Fig
432 S4b). As a result, timing of maximum phytoplankton abundance varied greatly among
433 years during the period following BNR installation (Figure 4b). Taken together,
434 community composition appears to vary both as a result of strong temporal changes in
435 stream conditions (Figure 2), as well as pronounced effects of different types of
436 wastewater treatment prior to the WC-QR confluence.

437 3.3 Response of phytoplankton to physico-chemical parameters

438 Analysis of trichromatic Chl a and biomarker pigments using GAMs suggested
439 that phytoplankton assemblages were generally regulated by changes in similar physico-
440 chemical processes in years before and after the BNR upgrade (Figure 5). Physico-
441 chemical GAMs explained 39.8% of deviance in Chl a when including all years, 56.3%
442 for pre-upgrade years, and 42.7% for post-upgrade years. Similarly, the physico-
443 chemical GAM for all biomarkers and all years explained 68.8% of deviance, with even
444 greater deviance explained when restricted to years before (78.2%) or after BNR upgrade
445 (74.2%) (Figure 6). All Chl and aggregate biomarker models exhibited significant effects
446 of year, distance downstream, and DOY.

447 In general, phytoplankton Chl a and overall community abundance increased with
448 concentrations of NH_4^+ and secondarily water temperature, declined with discharge,
449 specific conductivity, SRP, and NO_3^- , and had weak or inconsistent responses to pH and
450 TDN:SRP ratios (Figures 5, 6). Similarly, responses recorded in models using all six
451 years (e.g., Figure 5a) were most similar to those using only three years prior to WWTP
452 upgrade (Figure 5b) rather than in years following BNR establishment (Figure 5c). In
453 addition, phytoplankton taxa (siliceous algae, cryptophytes, chlorophytes, and
454 cyanobacteria) often responded differentially to physico-chemical parameters (Figure 6)

455 Modest flow had little effect on phytoplankton as Chl a (Figure 5a) or biomarker
456 pigments (Figure 6a) until discharge exceeded $\sim 9 \text{ m}^3/\text{s}$, after which abundance declined
457 sharply until about $50 \text{ m}^3/\text{s}$. In general, community composition was insensitive to
458 change in flow, other than more pronounced effects of chlorophytes and cyanobacteria

459 and diminished effects of siliceous algae, as Q increased slightly during post-upgrade
460 years (Figure 6c).

461 Change in stream pH had little consistent effect on phytoplankton abundance
462 (Figures 5a, 6a) despite variation of ~2 units among stations and time intervals (Figure 2)
463 and pronounced effects of the presence of siliceous algae and secondarily chlorophytes
464 under alkaline conditions (Figure 6a, c). Although phytoplankton abundance as Chl a
465 increased with pH during years prior to WWTP upgrade (Figure 5b), this effect was not
466 captured by aggregate analysis of biomarker pigments (Figure 6).

467 Effects of specific conductance on suspended phototrophs differed when analyzed as Chl
468 a (Figure 5) or all biomarker pigments (Figure 6). In general, Chl a decreased as
469 conductance increased in all modeled time intervals, whereas there were few changes
470 when all biomarkers were modelled at once until specific conductivity exceeded ~2500
471 $\mu\text{S}/\text{cm}$. Above that value, the abundance of phototrophs increased, largely reflecting
472 marked elevation of phytoplankton, particularly siliceous and green algae, at high
473 conductivity during 2017-2019, when flow was diminished.

474 Phytoplankton abundance increased with stream temperature, although the pattern
475 was more pronounced for GAMs modeling Chl a (Figure 5) than those modeling
476 biomarker pigments (Figure 6). The Chl a pattern generally followed the expected
477 seasonal phenology, with diminished concentrations during cool spring conditions
478 ($\sim 10^\circ\text{C}$; Figure 2) giving way to higher biomass in mid- to late-summer when water
479 temperatures exceed 25°C . The more muted, unimodal response relationship of
480 aggregate biomarkers in community model may reflect the differential contributions of
481 individual phytoplankton groups along the thermal gradient (Figure 6). In general,

cryptophyte prevalence decreased with temperature, siliceous algae exhibited an inverse unimodal response, while chlorophytes increased linearly with rising temperature (Figure 6b, c). Overall, contributions of cyanobacteria to the community model were reduced at high temperatures, even though their abundance tended to be elevated in warm summer waters (Figure 4).

Phytoplankton abundance exhibited similar relationships to lotic nutrient levels whether expressed as Chl a (Figure 5) or as various biomarker pigments (Figure 6). In both cases, phytoplankton declined with increasing NO_3^- concentrations, particularly at values greater than 0.2 mg N- NO_3^- /L. This effect was most pronounced after the WWTP upgrade (Figures 5c, 6c) and reflected a greater effect of chlorophytes and secondarily siliceous algae than other taxa at high NO_3^- levels. In contrast, both Chl a and biomarker pigments increased with NH_4^+ levels both before and after BNR installation, although the precise shape of the relationship varied slightly between years and type of pigment analyzed. Similarly, while the relationship varied between a linear decline, a unimodal response, and a descent to a plateau, phytoplankton abundance generally declined with increased SRP concentrations and was usually lowest at values above ~0.35 mg P/L. The role of chlorophytes was more pronounced under both elevated NH_4^+ and diminished SRP levels, particularly prior to WWTP modification. In general, TDN:SRP ratios had little effect on phytoplankton abundance (Figure 6c). Overall, these findings suggest that the chemical form of N pollution was an important determinant of phytoplankton abundance and community composition in small prairie streams receiving urban wastewater.

503 4 Discussion

504 Nutrient pollution from WWTP effluent is expected to impair stream ecosystems by
505 increasing phytoplankton blooms of nuisance chlorophytes and cyanobacteria (Mischke
506 et al., 2011; Solomon et al., 2019; Wager & Schumacher, 1970). In addition, nutrient
507 pollution studies often record increased elevated benthic production by cyanobacteria
508 (Peterson & Grimm, 1992), chlorophytes (Dodds, 1991), or eutrophic diatoms (Chambers
509 et al., 2012; Hamdhani et al., 2020). In contrast, little is known about the response of
510 phytoplankton in small streams to urban wastewater (Breuer et al., 2017; Wu et al., 2011)
511 or of how changes in effluent processing procedures might affect phototrophic abundance
512 and community composition (Carey & Migliaccio, 2009; Hamdhani et al., 2020; Holeton
513 et al., 2011).

514 Here GAM analysis of lotic phytoplankton assemblages and physico-chemical
515 conditions over six years revealed that a shift from tertiary (P removal) to BNR (NH_4^+
516 and P) processes reduced phytoplankton abundance relative to headwater values and
517 favoured growth of siliceous algae and secondarily chlorophytes over cyanobacteria, in
518 part due to a shift from NH_4^+ to NO_3^- (Glibert et al., 2016). Alongside urban N effects,
519 temporal and spatial variation in discharge and pH influenced phytoplankton abundance
520 in all reaches of first order Wascana Creek, but these effects were obscured after a
521 confluence with the larger Qu'Appelle River, likely reflecting effects of regional land use
522 (Andrus et al., 2015; Black, Morgan, & Frankforter, 2011), edaphic and geological
523 conditions (Christiansen, 1960), QR (Reynolds & Descy, 1996), influx of phytoplankton
524 from upstream lentic sources (Qu, Wu, Guse, & Fohrer, 2019), and already-elevated
525 nutrient content (Dodds & Smith, 2017). Diminished effects of effluent on QR water

chemistry was also shown in the sharp decline in $\delta^{15}\text{N}$ following river confluence (Figure 2). Instead, effects of temperature on the seasonal succession of phytoplankton from diatoms to chlorophytes and cyanobacteria (Breuer et al. 2016, 2017; Moorhouse et al., 2018) were apparent in all years and stream reaches, except for effluent-impacted reaches where BNR allowed siliceous algae and chlorophytes to remain paramount in most seasons. Together, these patterns show that WWTP upgrade to BNR processes reduced phytoplankton biomass, largely eliminated toxic NH_4^+ , and favoured growth of mainly siliceous algae and chlorophytes over cyanobacteria, although effects were limited to the first-order ecosystem.

4.1 Effect of a WWTP on lotic phytoplankton assemblages

Influx of urban NH_4^+ increased lotic phytoplankton abundance in Wascana Creek (Figure 3a), particularly prior to WWTP upgrade. In many freshwater systems the supply of P controls primary production and the Chl a content of freshwaters (Schindler, 1977, 2006; Schindler et al., 2016); however, findings here suggest that phototrophs in some P-rich prairie streams can be regulated by N influx, similar to patterns seen in neighbouring lakes (Bogard et al., 2020; Donald et al., 2011, 2013; Hall et al., 1999; Leavitt et al., 2006). Elsewhere, regulation of lotic phytoplankton by P is well-documented (Van Nieuwenhuysse & Jones, 1996), whereas the effects of N on flowing waters are only beginning to be understood (Dodds & Smith, 2017). In general, nutrient control of phytoplankton is paramount when light is not limiting and river flow is slow (Reynolds & Descy, 1996), conditions common in shallow prairie and lowland streams (Breuer et al., 2017; Wu et al., 2011) and which may have been exacerbated by inputs of transparent effluent (see below). Here urban NH_4^+ was associated with elevated Chl a for data from

549 2010-2012 despite TDN:SRP mass ratios suggesting P limitation (> 23 ; (Guildford &
550 Hecky, 2000), but consistent with results of nutrient-amendment experiments
551 demonstrating N limitation in headwater WC (Bergbusch, 2020).

552 The WWTP upgrade during 2016 reduced effluent NH_4^+ from as much as 30 mg
553 N- NH_4^+ /L to < 1 mg N- NH_4^+ /L to meet national guidelines and regulations (Canada 2012;
554 CCME, 2012; Chambers et al., 2012). In contrast, in-stream levels of NO_3^- varied little as
555 a result of BNR (~ 5 mg N/L) partly because of diminished dilution by lower baseflow
556 discharge (Figure 2) and partly due to rapid nitrification during pre-upgrade years
557 (Waiser et al., 2011). However, unlike the immediate stimulation of phytoplankton by
558 added NH_4^+ , likely due to its ready use in amino acid synthesis (Flores & Herrero, 2005;
559 Harvey, 1953; Raven, Wollenweber, & Handley, 1992), elevated NO_3^- concentrations
560 were associated with lower overall biomass (Figures 5c, 6c) and changes in community
561 composition were noted only ~ 30 km downstream of effluent outfall (Figures 3, 4) when
562 N concentrations were reduced to intermediate levels due to in-stream denitrification
563 (Dylla, 2019).

564 Phosphorus from urban sources did not appear to stimulate growth of algae or
565 cyanobacteria in Wascana Creek (Figures 5, 6) unlike expectations from temperate
566 streams (Van Nieuwenhuyse & Jones, 1996) and large rivers (Descy, Leita, Everbecq,
567 Smits, & Deliege, 2011; Greene et al., 1975; Kim et al., 2020). Lack of response to P
568 influx is consistent with month-long mesocosm experiments in upstream Wascana Lake
569 demonstrating that N, but not P, limits primary production throughout the ice-free season
570 (Swarbrick, Quiñones-Rivera, & Leavitt, 2020), as well as bottle bioassays from WC
571 showing only N limitation in headwaters during 2017-2019 (Bergbusch, 2020). Further,

the effect of effluent P in phytoplankton may also reflect the fact that P levels changed little in WC following influx of urban P (~ 0.5 mg P-SRP/L) or commissioning of the BNR processes (Figure 2), despite marked temporal and spatial changes in phytoplankton abundance (Figures 3, 4). Taken together, these findings suggest that the chemical form of N in effluent was an important control of phytoplankton abundance and community composition in fertilized reaches of Wascana Creek but that, in this instance, P supply was not a critical control factor.

NH_4^+ -rich discharge from a tertiary WWTP prior to a BNR upgrade supported chlorophytes, moderately suppressed siliceous algae and cryptophytes, and did not affect cyanobacteria (Figures 3, 6). Although NH_4^+ is expected to stimulate both cyanobacteria and chlorophytes (Glibert et al., 2016; Swarbrick et al., 2019), a marked response was only noted for green algae. Several mechanisms could have mediated NH_4^+ effects on cyanobacteria. First, both the transcriptional activator and membrane transporter of NH_4^+ in cyanobacteria are repressed by the presence of NH_4^+ (Glibert et al., 2016; Post, Rihtman, & Wang, 2011), therefore extreme levels of NH_4^+ such as observed here (>30 mg N- NH_4^+ /L) may suppress prokaryotic phototrophs such as seen in Wascana Lake (Bogard et al., 2020). Further, colonial cyanobacteria, including those capable of fixing atmospheric N_2 , were common in headwater assemblages (Supporting Information Figure S4) and growth of diazotrophic cyanobacteria can be depressed by elevated concentrations of most forms of N (NH_4^+ , NO_3^- , urea) (Donald et al., 2011, 2013; Swarbrick et al., 2020). In contrast, chlorophytes can use NH_4^+ uptake pathways that are not repressed by ambient NH_4^+ supplies (Franco, Cárdenas, & Fernández, 1988; Glibert et al., 2016). Similarly, the comparatively modest response of siliceous algae and

595 cryptophytes to urban NH_4^+ may in part reflect the ability of that molecule to block NO_3^-
596 uptake by these taxa, leading to photo-oxidative cell damage, particularly in cool waters
597 (Collos & Harrison, 2014; Glibert et al., 2016; Swarbrick et al., 2019). Together, this
598 study suggests that NH_4^+ -rich WWTP effluent can selectively stimulate chlorophytes in
599 some small, P-rich, prairie streams.

600 BNR-treated wastewater (moderate NO_3^- , little NH_4^+ , low P) supported
601 development of siliceous algae and chlorophytes in spring but suppressed cyanobacteria,
602 in contrast to tertiary-treated effluent (high NH_4^+ , low P). Siliceous algae, in particular
603 diatoms, prefer NO_3^- even when NH_4^+ is present at much higher concentrations (Lomas &
604 Glibert, 1999a, 1999b). Nitrate stimulates diatom growth in flowing (Breuer et al., 2017;
605 Solomon et al., 2019; Varol & Sen, 2018) and lentic ecosystems (Bogard et al., 2020;
606 Donald et al., 2011, 2013; Swarbrick et al., 2019). Diatoms are physiologically adapted to
607 NO_3^- assimilation, rather than that of NH_4^+ , for several reasons: diatoms have more
608 substrate-inducing NO_3^- membrane transporters than NH_4^+ transporters (Ambrust, Berges,
609 Bowler, Green, & Martinez, 2004); NO_3^- balances the redox state of a diatom cell via
610 NO_3^- and NO_2^- reductase pathways (Glibert et al., 2016), and; these NO_3^- pathways favour
611 protective mechanisms that reduce oxidative cell damage (Lomas & Glibert, 1999a,
612 1999b). Similarly, chlorophytes exhibit diverse N uptake pathways, including NO_3^-
613 assimilation, whereas cyanobacteria can have unique, NH_4^+ -repressable NO_3^- transporters
614 or are incapable of any NO_3^- uptake (Glibert et al., 2016). Although further physiological
615 experiments are warranted, it appears that the BNR upgrade favoured siliceous algae and
616 chlorophytes because of the pronounced shift in N from chemically-reduced toxic NH_4^+
617 to oxidized NO_3^- .

Urban wastewater treatment likely affected stream phytoplankton by diluting turbid productive waters with transparent effluent in all years (Supporting Information Figure S6). Wascana Creek discharge was much greater in 2010-2011 than in other years (Figure 2), resulting in effluent generally composing < 50 % of total discharge ('effluent-impacted'; Schultz et al., 2010), whereas WC was 'effluent-dominated' (effluent ~100% of Q; Du, Haddad, Scott, Chambliss, & Brooks, 2015) during much of the interval following BNR upgrade (Supporting Information Figure S3b). Overall, phytoplankton abundance declined with discharge during high flow years to a minimum at about 80 m³/s (Figure 5a, b, Figure 6a, b), values characteristic of discharge within the mainstem of the QR (Figure 2), whereas biomass increased modestly with flow to about 9 m³/s during both intervals. Such an increase in biomass during low discharge intervals may reflect the effects of modestly higher flow on rates of nutrient supply (see below).

4.2 Effects of climate and regional characteristics

Rising temperatures during the growing season appear to have altered community composition, with spring diatoms giving way to more abundant cyanobacteria by late summer as seen in previous studies (Breuer et al., 2017; Moorhouse et al., 2018; Stevenson & White, 1995). In general, siliceous algae such as diatoms prefer cooler water (T_{optimum} 17-22°C) than do chlorophytes (27-32°C) or cyanobacteria (27-37°C), although there is substantial variation among species within groups (Visser et al., 2016). Overall, small cryptophytes exhibited few marked seasonal peaks, possibly because selective grazers on this taxon tend to be less common in shallow streams than in lakes (Walks & Cyr, 2004). Because of the variable timing of peaks, and reproducible annual phenology, GAMs suggested that temperature exerted little unique effect on

641 phytoplankton abundance beyond that associated with seasonal change as captured in the
642 DOY parameter (Figure 5), except possibly in the case of siliceous algae (Figure 6).
643 Similarly, while maximum temperatures of ~25°C occurred during July of all years and
644 thermal optimum are expect to result in growth peaks (Breuer et al., 2017; Moorhouse et
645 al., 2018; Paerl & Huisman, 2008), this did not always result in a Chl a maximum due to
646 the combined effects of urban effluent and confluence of first- and second-order
647 ecosystems.

648 High inter-annual variation in hydrological flow may have affected phytoplankton
649 abundance as seen elsewhere (Reynolds & Descy, 1996; Stevenson & White, 1995).
650 While greatly heightened flow (shorter residence time) reduced phytoplankton biomass in
651 these (Figures 5, 6) and other streams (Soballe & Kimmel, 1987), there is no universal
652 threshold velocity above which Q reduces suspended Chl a in lotic ecosystems (Li,
653 Zhang, Zhu, Xiao, & Chen, 2013). In our study, phytoplankton biomass was stable or
654 increased slightly with discharge until Q exceeded ~9 m³/s, after which Chl a
655 concentrations declined. While modest discharge, such as that observed in mid-stream
656 reaches of WC, can contribute nutrients to support new biomass (Baker & Baker, 1979),
657 high flows limit the ability of phytoplankton to assimilate and retain nutrients (Doyle,
658 2005), due to cellular damage or reduced irradiance as a result of sediment resuspension
659 (Reynolds, 1994). Although speculative, we suggest that such conditions may apply to
660 WC during high runoff years (2010, 2011), as well as to QR reaches downstream of the
661 WC confluence. While high variability in hydrologic flow may have masked nutrient
662 effects in our study, Waiser et al. (2011) reported that phytoplankton abundance in these
663 streams was negatively related to NH₄⁺. Taken together, these patterns suggest that

664 nutrients may only control lotic phytoplankton until a critical flow velocity is reached,
665 resulting in a strong interaction between pollution with urban effluent and natural
666 variation in stream discharge. These findings are also consistent with recent findings that
667 release of high-quality effluent can benefit streams and rivers by augmenting flow
668 (Arnon, Avni, & Gafny, 2015; Halaburka et al., 2013; Plumlee, Gurr, & Reinhard, 2012)
669 and may serve to prevent excessive phytoplankton development.

670 **5 Conclusion**

671 Nutrient pollution from human-influenced landscapes impacts the ecological,
672 social, and economic values of freshwaters worldwide (Allan, 2004; Dodds et al., 2009;
673 Grimm et al., 2008). Unfortunately, N inputs to freshwaters are expected to increase by
674 ~75% by 2050 because of greater urbanization and agriculture needed to meet a growing
675 human population (Bogard et al., 2020; Peñuelas et al., 2013; Schlesinger, 2008; Tilman,
676 Cassman, Matson, Naylor, & Polasky, 2002). Upgrading cities' WWTPs to BNR has
677 been suggested as an effective strategy to reduce both N and P pollution of freshwaters
678 (Carey & Migliaccio, 2009), but little is known about BNR effects on receiving streams.
679 Here we used phytoplankton assemblages as indices of stream ecosystem health, wherein
680 a shift to lower biomass and beneficial diatoms records an improved environmental state
681 (Lobo et al., 2016; Mischke et al., 2011; Stevenson et al., 2009). We found that a BNR
682 upgrade reduced TDN from ~30 mg N/L to < 5 mg N/L, largely eliminated toxic levels of
683 NH_4^+ , decreased phytoplankton abundance relative to headwaters, and favoured growth of
684 beneficial diatoms. In comparison, WWTP-impacted reaches prior to the upgrade
685 supported a greater diversity of phytoplankton, including chlorophytes and potentially-
686 harmful cyanobacteria, as well as generally higher phytoplankton abundance relative to

687 headwaters, as seen in other lotic ecosystems impacted by tertiary-treated effluent
688 (Hamdhani et al., 2020; Solomon et al., 2019; Wager & Schumacher, 1970). We
689 conclude that BNR technologies can improve the health of stream ecosystems,
690 particularly in regions with nutrient-rich soils such as the NGPs (Hall et al., 1999; Leavitt
691 et al., 2006).

692 **Acknowledgements**

693 We thank members of the Limnology Laboratory for assistance with data collection since
694 2009. We also thank Curtis Hallborg and Trent Wurtz of the Saskatchewan Water
695 Security Agency for data on surface flow in the Qu'Appelle River drainage basin, as well
696 as Kayla Gallant and EPCOR for wastewater information and data, Dr. K. Hodder for
697 assistance with discharge calculations and D. Bateson for HPLC assistance. This work
698 was supported by an NSERC post-graduate scholarship, an NSERC Alexander Graham
699 Bell Canada graduate scholarship, NSERC Canada Discovery Grants program, Canada
700 Research Chairs, Canada Foundation for Innovation, the Province of Saskatchewan, the
701 University of Regina, and Queens University Belfast. We acknowledge that the study
702 sites are on Treaty 4 territory and appreciate the willingness of the Indigenous Peoples of
703 Saskatchewan to protect and share Canada's water resources. This is a contribution of
704 the Qu'Appelle Valley long-term ecological research program (QU-LTER).

705 **Conflict of interest**

706 The authors declare no conflict of interest

707 **Data availability statement**

708 The data that support the findings of this study are available from the corresponding
709 author upon reasonable request.

710 **ORCID**

711 *Nathanael T. Bergbusch*, nbergbusch@gmail.com, ORCID 0000-0002-8062-6876

712

713 *Nicole M. Hayes*, hayesn@uwstout.edu; ORCID 0000-0002-5664-9939

714

715 *Gavin L. Simpson*, Gavin.Simpson@uregina.ca, ORCID 0000-0002-9084-8413

716

717 *Vanessa J. Swarbrick*, vanessa.swarbrick@gmail.com, ORCID 0000-0002-9323-6172

718

719 *Zoraida J. Quiñones-Rivera*, Zoraida.Quinones-Rivera@uregina.ca, ORCID 0000-0001-

720 8418-8255

721

722 *Peter R. Leavitt*, Peter.Leavitt@uregina.ca, P.Leavitt@QUB.ac.uk, ORCID 0000-0001-

723 9805-9307

724

725 **References**

- 726 Affourtit, J., Zehr, J. P., & Paerl, H. W. (2001). Distribution of nitrogen-fixing
727 microorganisms along the Neuse River Estuary, North Carolina. *Microbial*
728 *Ecology*, 41, 114–123. <https://doi.org/10.1007/s002480000090>
- 729 Agriculture and Agri-Food Canada (AAFC). (2008). Watershed boundaries of the Prairie
730 Farm Rehabilitation Administration project. Government of Canada. Online data
731 available at: [http://www4.agr.gc.ca/AAFC-AAC/displayafficher.do?](http://www4.agr.gc.ca/AAFC-AAC/displayafficher.do?id=1228407260356&lang=eng)
732 [id=1228407260356&lang=eng](http://www4.agr.gc.ca/AAFC-AAC/displayafficher.do?id=1228407260356&lang=eng).
- 733 Allan, J. D. (2004). Landscapes and riverscapes: The influence of land use on stream
734 ecosystems. *Annual Review of Ecology, Evolution and Systematics*, 35, 257–284.
735 <https://doi.org/10.1146/annurev.ecolsys.35.120202.110122>
- 736 Andrus, M. J., Winter, D., Scanlan, M., Sullivan, S., Bollman, W., Waggoner, J. B.
737 Hosmer, A. J. & Brain, R. A. (2015). Spatial and temporal variation of algal
738 assemblages in six Midwest agricultural streams having varying levels of atrazine
739 and other physicochemical attributes. *Science of the Total Environment*, 505, 65–
740 89. <https://doi.org/10.1016/j.scitotenv.2014.09.033>
- 741 APHA-AWWA/WEF. (1998). Standard Methods for the Examination of Water and
742 Wastewater, 20th Edition. American Public Health Association, Washington DC,
743 USA.
- 744 Armbrust, E. V., Berges, J. A., Bowler, C., Green, B. R., & Martinez, D., (2004). The
745 genome of the diatom *Thalassiosira pseudonana*: Ecology, evolution, and
746 metabolism. *Science*, 306, 79–86. <https://doi.org/10.1126/science.1101156>
- 747 Arnon, S., Avni, N., & Gafny, S. (2015). Nutrient uptake and macroinvertebrate
748 community structure in a highly regulated Mediterranean stream receiving treated
749 wastewater. *Aquatic Sciences*, 77, 623–637. [https://doi.org/10.1007/s00027-015-](https://doi.org/10.1007/s00027-015-0407-6)
750 0407-6
- 751 Baker, A. L., & Baker, K. K. (1979). Effects of temperature and current discharge on the
752 concentration and photosynthetic activity of the phytoplankton in the upper
753 Mississippi River. *Freshwater Biology*, 9, 191–198. [https://doi.org/10.1111/j.1365-](https://doi.org/10.1111/j.1365-2427.1979.tb01502.x)
754 2427.1979.tb01502.x

755 Baker, P., & Humpage, A. (1994). Toxicity associated with commonly occurring
 756 cyanobacteria in surface waters of the Murray-Darling Basin, Australia. *Mar.*
 757 *Freshwater Research*, 45, 773-786. <https://doi.org/10.1071/mf9940773>
 758 Bennett, E. M., Carpenter, S. R., & Caraco, N F. (2001). Human impact on erodable
 759 phosphorus and eutrophication: A global perspective. *BioScience*, 51, 227-234.
 760 [https://doi.org/10.1641/0006-3568\(2001\)051\[0227:hioepa\]2.0.co;2](https://doi.org/10.1641/0006-3568(2001)051[0227:hioepa]2.0.co;2)
 761 Bergbusch, N. T. (2020). The Impact of a Nitrogen-removal Wastewater Upgrade on
 762 Primary Producers in Phosphorous-rich Streams of the Northern Great Plains. MSc
 763 Thesis, University of Regina, Regina, Saskatchewan Canada.
 764 Black, R. W., Moran, P. W., & Frankforter, J. D. (2010). Response of algal metrics to
 765 nutrients and physical factors and identification of nutrient thresholds in
 766 agricultural streams. *Environmental Monitoring and Assessment*, 175, 397–417.
 767 <https://doi.org/10.1007/s10661-010-1539-8>
 768 Bodirsky, B. L., Popp, A., Lotze-Campen, H., Dietrich, J. P., & Rolinski, S. (2014).
 769 Reactive nitrogen requirements to feed the world in 2050 and potential to mitigate
 770 nitrogen pollution. *Nature Communications* 5, 3858.
 771 <https://doi.org/10.1038/ncomms4858>
 772 Bogard, M. J., Vogt, R. J., Hayes, N. M., & Leavitt, P. R. (2020). Unabated nitrogen
 773 pollution favors growth of toxic cyanobacteria over chlorophytes in most
 774 hypereutrophic lakes. *Environmental Science & Technology*, 54, 3219–3227.
 775 <https://doi.org/10.1021/acs.est.9b06299>
 776 Breuer, F., Janz, P., Farrelly, E., & Ebke, K-P. (2016). Seasonality of algal communities
 777 in small streams and ditches in temperate regions using delayed fluorescence.
 778 *Journal of Freshwater Ecology*, 31, 393-406,
 779 <https://doi.org/10.1080/02705060.2016.1160846>
 780 Breuer, F., Janz, P., Farrelly, E., & Ebke, K-P. (2017). Environmental and structural
 781 factors influencing algal communities in small streams and ditches in central
 782 Germany. *Journal of Freshwater Ecology*, 32, 65-83.
 783 <https://doi.org/10.1080/02705060.2016.1241954>
 784 Buchanan, T. J., & Somers, W. P. (1976). Discharge measurements at gauging stations, p.
 785 71. In *Techniques of Water-Resources Investigations of the United States*

786 Geological Survey - Book 3: Applications of Hydraulics. United States
 787 Government Printing Office.

788 Bürkner, P. (2018). Advanced Bayesian Multilevel Modeling with the R Package brms. *R*
 789 *Journal*, 10, 395–411. <https://doi.org/10.32614/RJ-2018-017>.

790 Canada, Government of (2012). Wastewater Systems Effluent Regulations. Fisheries Act
 791 2012. Ottawa, Canada. [https://laws-lois.justice.gc.ca/eng/regulations/sor-2012-139/](https://laws-lois.justice.gc.ca/eng/regulations/sor-2012-139/fulltext.html)
 792 [fulltext.html](https://laws-lois.justice.gc.ca/eng/regulations/sor-2012-139/fulltext.html).

793 Canadian Council of Ministers of the Environment (CCME). (2012). Canadian Water
 794 Quality Guidelines for the Protection of Aquatic Life: Canadian Environmental
 795 Quality Guidelines. Government of Canada, Ottawa, Canada.

796 Carey, R. O., & Migliaccio, K. W. (2009). Contribution of wastewater treatment plant
 797 effluents to nutrient dynamics in aquatic systems: a review. *Environmental*
 798 *Management*, 44, 205–17. <https://doi.org/10.1007/s00267-009-9309-5>

799 Carpenter, S. R., Caraco, N. F., Correll, D. L., Howarth, R. W., Sharpley, A. N., & Smith,
 800 V. H. (1998). Nonpoint pollution of surface waters with phosphorus and nitrogen.
 801 *Ecological Applications*, 8, 559–568. [https://doi.org/10.1890/1051-](https://doi.org/10.1890/1051-0761(1998)008[0559:nposww]2.0.co;2)
 802 [0761\(1998\)008\[0559:nposww\]2.0.co;2](https://doi.org/10.1890/1051-0761(1998)008[0559:nposww]2.0.co;2)

803 Chambers, P. A., McGoldrick, D. J., Brua, R. B., Vis, C., Culp, J. M., & Benoy, G. A.
 804 (2012). Development of environmental thresholds for nitrogen and phosphorus in
 805 streams. *Journal of Environmental Quality*, 41, 7-20.
 806 <https://doi.org/10.2134/jeq2010.0273>

807 Chételat, J., Pick, F. R., & Hamilton, P. B. (2006). Potamoplankton size structure and
 808 taxonomic composition: Influence of river size and nutrient concentrations.
 809 *Limnology and Oceanography*, 51, 681–689.
 810 https://doi.org/10.4319/lo.2006.51.1_part_2.0681

811 Christiansen, E. A. (1960). Geology and ground-water resources of the Qu'Appelle area,
 812 Saskatchewan. Geology Division Report No. 1, Saskatchewan Research Council,
 813 Saskatoon, Canada.

814 Collos, Y., & Harrison, P. J. (2014). Acclimation and toxicity of high ammonium
 815 concentrations to unicellular algae. *Marine Pollution Bulletin*, 80, 8–23.
 816 <https://doi.org/10.1016/j.marpolbul.2014.01.006>

817 Cooper, P., Upton, J. E., Smith, M., & Churchley, J. (1995). Biological nutrient removal:
 818 Design snags, operational problems and costs. *Water and Environment, Journal*, 9,
 819 7–17. <https://doi.org/10.1111/j.1747-6593.1995.tb00921.x>

820 del Giorgio, P. A., Vinocur, A. L., Lombardo, R. J., & Tell, H. G. (1991). Progressive
 821 changes in the structure and dynamics of the phytoplankton community along a
 822 pollution gradient in a lowland river — a multivariate approach. *Hydrobiologia*,
 823 224, 129–154. doi:10.1007/bf00008464

824 Descy, J.-P., Leitaó, M., Everbecq, E., Smitz, J. S., & Deliege, J.-F. (2011).
 825 Phytoplankton of the River Loire, France: A biodiversity and modelling study.
 826 *Journal of Plankton Research*, 34, 120–135. <https://doi.org/10.1093/plankt/fbr085>

827 Dodds, W.K. (1991). Factors associated with dominance of the filamentous green alga
 828 *Cladophora glomerata*. *Water Research*, 25, 1325–1332.

829 Dodds, W. K., Bouska, W. W., Eitzmann, J. L., Pilger, T. J., Pitts, K. L., Riley, A. J.,
 830 Schloesser, J. T., & Thornbrugh, D. J. (2009). Eutrophication of U.S. freshwaters:
 831 Analysis of potential economic damages. *Environmental Science & Technology*,
 832 43, 12–19. <https://doi.org/10.1021/es801217q>

833 Dodds, W. K., & Smith, V. H. (2017). Nitrogen, phosphorus, and eutrophication in
 834 streams. *Inland Waters*, 6, 155–164. <https://doi.org/10.5268/IW-6.2.909>

835 Donald, D. B., Bogard, M. J., Finlay, K., & Leavitt, P. R. (2011). Comparative effects of
 836 urea, ammonium, and nitrate on phytoplankton abundance, community
 837 composition, and toxicity in hypereutrophic freshwaters. *Limnology and*
 838 *Oceanography*, 56, 2161–2175. <https://doi.org/10.4319/lo.2011.56.6.2161>

839 Donald, D. B., Bogard, M. J., Finlay, K., Bunting, L., & Leavitt, P. R. (2013).
 840 Phytoplankton-specific response to enrichment of phosphorus-rich surface waters
 841 with ammonium, nitrate, and urea. *PLoS One*, 8, e53277.
 842 <https://doi.org/10.1371/journal.pone.0053277>

843 Doyle, M. W. (2005). Incorporating hydrologic variability into nutrient spiraling. *Journal*
 844 *of Geophysical Research: Biogeosciences*, 110, G01003.
 845 <https://doi.org/10.1029/2005jg000015>

846 Du, B., Haddad, S. P., Scott, W. C., Chambliss, C. K., & Brooks, B. W. (2014).
 847 Pharmaceutical bioaccumulation by periphyton and snails in an effluent-dependent

stream during an extreme drought. *Chemosphere*, 119, 927–34.
<https://doi.org/10.1016/j.chemosphere.2014.08.044>

Dylla, N. P. (2019). Downstream effects on denitrification and nitrous oxide from an advanced wastewater treatment plant upgrade. MSc thesis. University of Saskatchewan, Saskatoon, Canada. 124 pp.

Elser, J. J., Bracken, M. E. S., Cleland, E. E., Gruner, D. S., Harpole, W. S., Hillebrand, H., ... & Smith, J. E. (2007). Global analysis of nitrogen and phosphorus limitation of primary producers in freshwater, marine and terrestrial ecosystems. *Ecology Letters*, 10, 1135–1142. <https://doi.org/10.1111/j.1461-0248.2007.01113.x>

Environmental Protection Agency. (2007). Biological Nutrient Removal Processes and Costs. Office of Water Washington, DC, USA.
https://www.epa.gov/sites/production/files/documents/criteria_nutrient_bioremoval.pdf

Finlay, K., Patoine, A., Donald, D. B., Bogard, M. J., & Leavitt, P. R. (2010). Experimental evidence that pollution with urea can degrade water quality in phosphorus-rich lakes of the Northern Great Plains. *Limnology and Oceanography*, 55, 1213–1230. <https://doi.org/10.4319/lo.2010.55.3.1213>

Flores, E., & Herrero, A. (2005). Nitrogen assimilation and nitrogen control in cyanobacteria. *Biochemical Society Transactions*, 33, 164–167.
<https://doi.org/10.1042/bst0330164>

Franco, A. R., Cárdenas, J., & Fernández, E. (1988). Two different carriers transport both ammonium and methylammonium in *Chlamydomonas reinhardtii*. *Journal of Biological Chemistry*, 263, 14039–43.

Gianfagna, C. C., Johnson, C. E., Chandler, D. G., & Hofmann, C. (2015). Watershed area ratio accurately predicts daily streamflow in nested catchments in the Catskills, New York. *Journal of Hydrology: Regional Studies*, 4, 583–594.
<https://doi.org/10.1016/j.ejrh.2015.09.002>

Glibert, P. M., Wilkerson, F. P., Dugdale, R. C., Raven, J. A., Dupont, C., Leavitt, P. R., ... & Kana, T. M. (2016). Pluses and minuses of ammonium and nitrate uptake and assimilation by phytoplankton and implications for productivity and community

composition, with emphasis on nitrogen-enriched conditions. *Limnology and Oceanography*, 61, 165–197. <https://doi.org/10.1002/lno.10203>

Greene, J. C., Miller, W. E., Shiroyama, T., & Maloney, T. E. (1975). Utilization of algal assays to assess the effects of municipal, industrial, and agricultural wastewater effluents upon phytoplankton production in the Snake River system. *Water Air and Soil Pollution*, 4, 415–434. <https://doi.org/10.1007/bf00280726>

Grimm, N. B., Faeth, S. H., Golubiewski, N. E., Redman, C. L., Wu, J., Bai, X., & Briggs, J. M. (2008). Global change and the ecology of cities. *Science*, 319, 756–760. <https://doi.org/10.1126/science.1150195>

Guildford, S. J., & Hecky, R. E. (2000). Total nitrogen, total phosphorus, and nutrient limitation in lakes and oceans: Is there a common relationship? *Limnology and Oceanography*, 45, 1213–1223. <https://doi.org/10.4319/lo.2000.45.6.1213>

Haig, H. A., Hayes, N. M., Simpson, G. L., Yi, Y., Wissel, B., Hodder, K. R., & Leavitt, P. R. (2020). Comparison of isotopic mass balance and instrumental techniques as estimates of basin hydrology in seven connected lakes over 12 years. *Journal of Hydrology X*, 6, 100046. <https://doi.org/10.1016/j.hydroa.2019.100046>

Halaburka, B. J., Lawrence, J. E., Bischel, H. N., Hsiao, J., Plumlee, M. H., Resh, V. H., & Luthy, R. G. (2013). Economic and ecological costs and benefits of streamflow augmentation using recycled water in a California coastal stream. *Environmental Science & Technology*, 47, 10735–10743. <https://doi.org/10.1021/es305011z>

Hall, R. I., Leavitt, P. R., Quinlan, R., Dixit, A. S., & Smol, J. P. (1999). Effects of agriculture, urbanization, and climate on water quality in the northern Great Plains. *Limnology and Oceanography*, 44, 739–756. https://doi.org/10.4319/lo.1999.44.3_part_2.0739

Hamdhani, H., Eppehimer, D. E., & Bogan, M. T. (2020). Release of treated effluent into streams: A global review of ecological impacts with a consideration of its potential use for environmental flows. *Freshwater Biology*, <https://doi.org/10.1111/fwb.13519>

Hardenbicker, P., Rolinski, S., Weitere, M., & Fischer, H. (2014). Contrasting long-term trends and shifts in phytoplankton dynamics in two large rivers. *International Review of Hydrobiology*, 99, 287–299. <https://doi.org/10.1002/iroh.201301680>

909 Harris, T. D., Smith, V. S., Graham, J. L., Van de Waal, D. B., Tedesco, L. P., & Clercin,
 910 N. (2016). Combined effects of nitrogen to phosphorus and nitrate to ammonia
 911 ratios on cyanobacterial metabolite concentrations in eutrophic Midwestern USA
 912 reservoirs. *Inland Waters*, 6, 199–210. doi: 10.5268/IW-6.2.938.

913 Harvey, H. W. (1953). Synthesis of organic nitrogen and chlorophyll by *Nitzschia*
 914 *closterium*. *Journal of the Marine Biological Association*, 31, 477–487.
 915 <https://doi.org/10.1017/s0025315400011632>

916 Holeton, C., Chambers, P. A., Grace, L., & Kidd, K. A. (2011). Wastewater release and
 917 its impacts on Canadian waters. *Canadian Journal of Fisheries and Aquatic*
 918 *Sciences*, 68, 1836–1859. <https://doi.org/10.1139/f2011-096>

919 Houlton, B. Z., Boyer, E., Finzi, A., Galloway, J., & Leach, A. (2013). Intentional versus
 920 unintentional nitrogen use in the United States: Trends, efficiency and implications.
 921 *Biogeochemistry*, 114, 11–23. <https://doi.org/10.1007/s10533-012-9801-5>

922 Hutchins, M. G., Johnson, A. C., Deflandre-Vlandas, A., Comber, S., Posen, P., &
 923 Boorman, D. (2010). Which offers more scope to suppress river phytoplankton
 924 blooms: Reducing nutrient pollution or riparian shading? *Science of the Total*
 925 *Environment*, 408, 5065–5077. <https://doi.org/10.1016/j.scitotenv.2010.07.033>

926 Jeffrey, S. W., & Humphrey, G. F. (1975). New spectrophotometric equations for
 927 determining chlorophylls a, b, c1 and c2 in higher plants, algae and natural
 928 phytoplankton. *Biochemie und Physiologie der Pflanzen*, 167, 191–194.
 929 [https://doi.org/10.1016/s0015-3796\(17\)30778-3](https://doi.org/10.1016/s0015-3796(17)30778-3)

930 Kim, K., Mun, H., Shin, H., Park, S., Yu, C., Lee, J., ...& Rhew, D. (2020). Nitrogen
 931 stimulates *Microcystis*-dominated blooms more than phosphorus in river conditions
 932 that favor non-nitrogen-fixing genera. *Environmental Science & Technology*, 54,
 933 7185–7193. <https://doi.org/10.1021/acs.est.9b07528>

934 Leavitt, P. R., Brock, C. S., Ebel, C., & Patoine, A. (2006). Landscape-scale effects of
 935 urban nitrogen on a chain of freshwater lakes in central North America. *Limnology*
 936 *and Oceanography*, 51, 2262–2277. <https://doi.org/10.4319/lo.2006.51.5.2262>

937 Leavitt, P. R., & Hodgson, D. A. (2001). Sedimentary pigments, p. 295–325. In Smol, J. J.
 938 P., Birks, H. J. B, & Last, W. M. (eds.), *Tracking Environmental Change using*

939 Lake Sediments. Volume 3: Terrestrial, Algal and Siliceous Indicators. Kluwer.
 940 https://doi.org/10.1007/0-306-47668-1_15
 941 Leland, H. V. (2003). The influence of water depth and flow regime on phytoplankton
 942 biomass and community structure in a shallow, lowland river. *Hydrobiologia*, 506–
 943 509, 247–255. <https://doi.org/10.1023/b:hydr.00000008596.00382.56>
 944 Li, F., Zhang, H., Zhu, Y., Xiao, Y., & Chen, L. (2013). Effect of flow velocity on
 945 phytoplankton biomass and composition in a freshwater lake. *Science of the Total*
 946 *Environment*, 447, 64–71. <https://doi.org/10.1016/j.scitotenv.2012.12.066>
 947 Lobo, E. A., Heinrich, C. G., Schuch, M., Wetzel, C. E., & Ector, L. (2016). Diatoms as
 948 bioindicators in rivers, p. 245-271. In Necchi, J. R. [ed.], *River Algae*. Springer.
 949 https://doi.org/10.1007/978-3-319-31984-1_11
 950 Lomas, M. W., & Glibert, P. M. (1999a). Temperature regulation of nitrate uptake: A
 951 novel hypothesis about nitrate uptake and reduction in cool-water diatoms.
 952 *Limnology and Oceanography*, 44, 556–572.
 953 <https://doi.org/10.4319/lo.1999.44.3.0556>
 954 Lomas, M. W., & Glibert, P. M. (1999b). Interactions between NH_4^+ and NO_3^- uptake and
 955 assimilation: Comparison of diatoms and dinoflagellates at several growth
 956 temperatures. *Marine Biology*, 133, 541–551.
 957 <https://doi.org/10.1007/s002270050494>
 958 Marra, G., & Wood, S. N. (2011). Practical variable selection for generalized additive
 959 models. *Computational Statistics & Data Analysis*, 55, 2372–2387.
 960 <https://doi.org/10.1016/j.csda.2011.02.004>
 961 Mischke, U., Venohr, M., & Behrendt, H. (2011). Using phytoplankton to assess the
 962 trophic status of German rivers. *International Review of Hydrobiology*, 96, 578–
 963 598. <https://doi.org/10.1002/iroh.201111304>
 964 Moorhouse, H. L., Read, D. S., McGowan, S., Wagner, M., Roberts, C., Armstrong, L.
 965 K., Nicholls, D. J. E., Wickham, H. D., Hutchins, M. G., & Bowes, M. J. (2018).
 966 Characterisation of a major phytoplankton bloom in the River Thames (UK) using
 967 flow cytometry and high performance liquid chromatography. *Science of the Total*
 968 *Environment*, 624, 366–376. <https://doi.org/10.1016/j.scitotenv.2017.12.128>

969 Mowchenko, M., & Meid, P. O. (1983). The determination of gross and effective
 970 drainage areas in the Prairie Provinces. Hydrology report #104. Prairie Farm
 971 Rehabilitation Administration, Engineering Branch, Regina, Saskatchewan,
 972 Canada.

973 Natural Resources Canada. (2016). CanVec (Topographic Data of Canada). Online data
 974 available at: [http://open.canada.ca/data/en/dataset/23387971-b6d3-4ded-a40b-](http://open.canada.ca/data/en/dataset/23387971-b6d3-4ded-a40b-c8e832b4ea08)
 975 [c8e832b4ea08](http://open.canada.ca/data/en/dataset/23387971-b6d3-4ded-a40b-c8e832b4ea08).

976 Opute, F. I. (1974). Lipid and fatty-acid composition of diatoms. *Journal of Experimental*
 977 *Botany*, 25, 823–835. <https://doi.org/10.1093/jxb/25.4.823>

978 Organization for Economic Cooperation and Development. (2020).
 979 Variable: ‘‘Wastewater Treatment’’. Available from [http://stats.oecd.org/Index.aspx?](http://stats.oecd.org/Index.aspx?DataSetCode=WATER_TREAT)
 980 [DataSetCode=WATER_TREAT](http://stats.oecd.org/Index.aspx?DataSetCode=WATER_TREAT)

981 Paerl, H. W., & Huisman, J. (2008). Climate: Blooms like it hot. *Science*, 320, 57–58.
 982 <https://doi.org/10.1126/science.1155398>

983 Paerl, H. W., & Otten, T. G. (2013). Harmful cyanobacterial blooms: Causes,
 984 consequences, and controls. *Microbial Ecology*, 65, 995–1010.
 985 <https://doi.org/10.1007/s00248-012-0159-y>

986 Paerl, H. W., Scott, T. J., McCarthy, M. J., Newell, S. E., & Gardner, W. S. (2016). It
 987 takes two to tango: When and where dual nutrient (N & P) reductions are needed to
 988 protect lakes and downstream ecosystems. *Environmental Science & Technology*,
 989 50, 10805–10813. <https://doi.org/10.1021/acs.est.6b02575>

990 Paterson, M. J., Schindler, D. W., Hecky, R. E., Findlay, D. E., & Rondeau, K. J. (2011).
 991 Comment: Lake 227 shows clearly that controlling inputs of nitrogen will not
 992 reduce or prevent eutrophication of lakes. *Limnology and Oceanography*, 56,
 993 1545-1547. [doi:10.4319/lo.2011.56.4.1545](https://doi.org/10.4319/lo.2011.56.4.1545)

994 Paul, M. J., & Meyer, J. L. (2001). Streams in the urban landscape. *Annual Review of*
 995 *Ecology, Evolution and Systematics*, 32, 333–365.
 996 <https://doi.org/10.1146/annurev.ecolsys.32.081501.114040>

997 Pedersen, E. J., Miller, D. L., Simpson, G. L., & Ross, N. (2019). Hierarchical
 998 generalized additive models in ecology: An introduction with mgcv. *Peerj*, 7,
 999 e6876. <https://doi.org/10.7717/peerj.6876>

1000 Peñuelas, J., Poulter, B., Sardans, J., Ciais, P., van der Velde, M., Bopp, L., & Janssens, I.
 1001 A. 2013. Human-induced nitrogen–phosphorus imbalances alter natural and
 1002 managed ecosystems across the globe. *Nature Communications*, 4, 2934.
 1003 <https://doi.org/10.1038/ncomms3934>
 1004 Peterson, C. G., & Grimm, N. B. (1992). Temporal variation in enrichment effects during
 1005 periphyton succession in a nitrogen limited desert stream ecosystem. *Journal of the*
 1006 *North American Benthological Society*, 11, 20–36.
 1007 Plumlee, M. H., Gurr, C. J., & Reinhard, M. (2012). Recycled water for stream flow
 1008 augmentation: Benefits, challenges, and the presence of wastewater-derived organic
 1009 compounds. *Science of the Total Environment*, 438, 541–548.
 1010 <https://doi.org/10.1016/j.scitotenv.2012.08.062>
 1011 Post, A. F., Rihtman, B., & Wang, Q. (2011). Decoupling of ammonium regulation and
 1012 ntcA transcription in the diazotrophic marine cyanobacterium *Trichodesmium* sp.
 1013 IMS101. *ISME Journal*, 6, 629–637. <https://doi.org/10.1038/ismej.2011.121>
 1014 Qu, Y., Wu, N., Guse, B., & Fohrer, N. (2018). Riverine phytoplankton shifting along a
 1015 lentic-lotic continuum under hydrological, physiochemical conditions and species
 1016 dispersal. *Science of the Total Environment*, 619–620, 628–636
 1017 <https://doi.org/10.1016/j.scitotenv.2017.10.139>
 1018 R Core Team. (2018). R: A Language and Environment for Statistical Computing; [https://](https://www.R-project.org/)
 1019 www.R-project.org/
 1020 Raven, J. A., Wollenweber, B., & Handley, L. L. (1992). A comparison of ammonium
 1021 and nitrate as nitrogen sources for photolithotrophs. *New Phytologist*, 121, 19–32.
 1022 <https://doi.org/10.1111/j.1469-8137.1992.tb01088.x>
 1023 Reynolds, C. S. (1988). Potamoplankton: Paradigms, paradoxes, prognoses. In Round, F.
 1024 E. [ed.], p. 285–311, *Algae and the Aquatic Environment*. Biopress Ltd., Bristol,
 1025 UK.
 1026 Reynolds, C. S. (1994). The long, the short and the stalled: On the attributes of
 1027 phytoplankton selected by physical mixing in lakes and rivers. *Hydrobiologia*, 289,
 1028 9–21. <https://doi.org/10.1007/bf00007405>

- 1029 Reynolds, C. S., & Descy, J.-P. (1996). The production, biomass and structure of
1030 phytoplankton in large rivers. *River Systems*, 10, 161–187.
1031 <https://doi.org/10.1127/lr/10/1996/161>
- 1032 Schindler, D. W. (1977). Evolution of phosphorus limitation in lakes. *Science*, 195, 260–
1033 262. <https://doi.org/10.1126/science.195.4275.260>
- 1034 Schindler, D. W. (2006). Recent advances in the understanding and management of
1035 eutrophication. *Limnology and Oceanography*, 51, 356–363.
1036 https://doi.org/10.4319/lo.2006.51.1_part_2.0356
- 1037 Schindler, D. W., Carpenter, S. R., Chapra, S. C., Hecky, R. E., & Orihel, D. M. (2016).
1038 Reducing phosphorus to curb lake eutrophication is a success. *Environmental*
1039 *Science & Technology*, 50, 8923–9. <https://doi.org/10.1021/acs.est.6b02204>
- 1040 Schlesinger, W. H. (2008). On the fate of anthropogenic nitrogen. *Proceedings of the*
1041 *National Academy of Science USA*, 106, 203–208.
1042 <https://doi.org/10.1073/pnas.0810193105>
- 1043 Schultz, M. M., Furlong, E. T., Kolpin, D. W., Werner, S. L., Schoenfuss, H. L., Barber,
1044 M. B., ... Vajda, A.. (2010). Antidepressant pharmaceuticals in two U.S. effluent-
1045 impacted streams: Occurrence and fate in water and sediment, and selective uptake
1046 in fish neural tissue. *Environmental Science & Technology*, 44, 1918–1925. <https://doi.org/10.1021/es9022706>
- 1047
- 1048 Shatwell, T., & Köhler, J. (2019). Decreased nitrogen loading controls summer
1049 cyanobacterial blooms without promoting nitrogen-fixing taxa: Long-term response
1050 of a shallow lake. *Limnology and Oceanography*, 64, S166-S178.
1051 <https://doi.org/10.1002/lno.11002>
- 1052 Soballe, D. M., & Kimmel, B. L. (1987). A large-scale comparison of factors influencing
1053 phytoplankton abundance in rivers, lakes, and impoundments. *Ecology*, 68, 1943–
1054 1954. <https://doi.org/10.2307/1939885>
- 1055 Solomon, C. M., Jackson, M., & Glibert, P. M. (2019). Chesapeake Bay’s “forgotten”
1056 Anacostia River: Eutrophication and nutrient reduction measures. *Environmental*
1057 *Monitoring and Assessment*, 191, 265. <https://doi.org/10.1007/s10661-019-7437-9>
- 1058 Stevenson, R. J., Pan, Y., & van Dam, H. (2009). Assessing environmental conditions in
1059 rivers and streams with diatoms, p. 57-85. In Smol, J.P., and Stoermer, E. F. [eds.],

1060 The Diatoms. Cambridge University Press.
 1061 <https://doi.org/10.1017/cbo9780511763175.005>

1062 Stevenson, R. J., & White, K. D. (1995). A comparison of natural and human
 1063 determinants of phytoplankton communities in the Kentucky River basin, USA.
 1064 *Hydrobiologia*, 297, 201–216. <https://doi.org/10.1007/bf00019285>

1065 Swarbrick, V. J. (2017). Season impacts and regulation of nitrogen pollutions in the
 1066 Northern Great Plains: Insights from microcosm, mesocosm, and mensurative-scale
 1067 studies. PhD thesis. University of Regina, Regina, Saskatchewan, Canada. 217 pp.

1068 Swarbrick, V. J., Simpson, G. L., Glibert, P. M., & Leavitt, P. R. (2019). Differential
 1069 stimulation and suppression of phytoplankton growth by ammonium enrichment in
 1070 eutrophic hardwater lakes over 16 years. *Limnology and Oceanography*, 64, S130–
 1071 S149. <https://doi.org/10.1002/lno.11093>

1072 Swarbrick, V. J., Quiñones-Rivera, Z., & Leavitt, P. R. (2020). Seasonal variability in
 1073 effects of urea and phosphorous on phytoplankton abundance and composition in a
 1074 hypereutrophic hardwater lake. *Freshwater Biology*,
 1075 <https://doi.org/10.1111/fwb.13580>

1076 Taipale, S., Strandberg, U., Peltomaa, E., Galloway, A., Ojala, A., & Brett, M. T. (2013).
 1077 Fatty acid composition as biomarkers of freshwater microalgae: Analysis of 37
 1078 strains of microalgae in 22 genera and in seven classes. *Aquatic Microbial Ecology*,
 1079 71, 165–178. <https://doi.org/10.3354/ame01671>

1080 Tchobanoglous G., Burton F. L., & Stensel H. D. (2003). Wastewater Engineering:
 1081 Treatment and Reuse, 4th Ed. McGraw-Hill Education, Metcalf and Eddy, Inc.

1082 Tilman, D., Cassman, K. G., Matson, P. A., Naylor, R., & Polasky, S. (2002).
 1083 Agricultural sustainability and intensive production practices. *Nature*, 418, 671–
 1084 677. <https://doi.org/10.1038/nature01014>

1085 Van Nieuwenhuysen, E. E., & Jones, J. R. (1996). Phosphorus–chlorophyll relationship in
 1086 temperate streams and its variation with stream catchment area. *Canadian Journal*
 1087 *of Fisheries and Aquatic Sciences*, 53, 99–105.

1088 Vannote, R. L., Minshall, G. W., Cummins, K. W., Sedell, J. R., & Cushing, C. E.
 1089 (1980). The river continuum concept. *Canadian Journal of Fisheries and Aquatic*
 1090 *Sciences*, 37, 130–137. <https://doi.org/10.1139/f80-017>
 1091 Varol, M., & Şen, B. (2018). Abiotic factors controlling the seasonal and spatial patterns
 1092 of phytoplankton community in the Tigris River, Turkey. *River Research and*
 1093 *Applications*, 34, 13–23. <https://doi.org/10.1002/rra.3223>
 1094 Visser, P. M., Verspagen, J. M. H., Sandrini, G., Stal, L. J., Matthijs, H. P. C., Davis, T.
 1095 W., Paerl, H. W., & Huisman, J. (2016). How rising CO₂ and global warming may
 1096 stimulate harmful cyanobacterial blooms. *Harmful Algae*, 54, 145–159.
 1097 <https://doi.org/10.1016/j.hal.2015.12.006>
 1098 Wager, D. B., & Schumacher, G. J. (1970). Phytoplankton of the Susquehanna River near
 1099 Binghamton, New York: Seasonal variations, effect of sewage effluents 2. *Journal*
 1100 *of Phycology*, 6, 110–117. <https://doi.org/10.1111/j.1529-8817.1970.tb02367.x>
 1101 Waiser, M. J., Tumber, V., & Holm, J. (2011). Effluent-dominated streams. Part 1:
 1102 Presence and effects of excess nitrogen and phosphorus in Wascana Creek,
 1103 Saskatchewan, Canada. *Environmental Toxicology and Chemistry*, 30, 496–507.
 1104 <https://doi.org/10.1002/etc.399>
 1105 Walks, D. J., & Cyr, H. (2004). Movement of plankton through lake-stream systems.
 1106 *Freshwater Biology*, 49, 745–759. [https://doi.org/10.1111/j.1365-](https://doi.org/10.1111/j.1365-2427.2004.01220.x)
 1107 [2427.2004.01220.x](https://doi.org/10.1111/j.1365-2427.2004.01220.x)
 1108 Walsh, C. J., Roy, A. H., Feminella, J. W., Cottingham, P. D., Groffman, P. M., &
 1109 Morgan, R. P. (2005). The urban stream syndrome: Current knowledge and the
 1110 search for a cure. *Journal of the North American Benthological Society*, 24, 706–
 1111 723. <https://doi.org/10.1899/04-028.1>
 1112 Walsh, G. W., & Wepener, V. (2009). The influence of land use on water quality and
 1113 diatom community structures in urban and agriculturally stressed rivers. *Water*
 1114 *South Africa*, 35, <https://doi.org/10.4314/wsa.v35i5.49184>
 1115 Wehr, J. D., & Descy, J. P. (1998). Use of phytoplankton in large river management.
 1116 *Journal of Phycology*, 34, 741–749.
 1117 Wickham H. (2016). *ggplot2: Elegant Graphics for Data Analysis*. Springer-Verlag New
 1118 York. ISBN 978-3-319-24277-4, <https://ggplot2.tidyverse.org>.

1119 Wood, S. N. (2011). Fast stable restricted maximum likelihood and marginal likelihood
 1120 estimation of semiparametric generalized linear models. *Journal of the Royal*
 1121 *Statistical Society Series B: Statistical Methodology*, 73, 3–36.
 1122 <https://doi.org/10.1111/j.1467-9868.2010.00749.x>

1123 Wood, S. N. (2017). *Generalized Additive Models: An Introduction with R*, 2 edition,
 1124 Chapman and Hall/CRC.

1125 Wood, S. N., Pya, N., & Säfken, B. (2016). Smoothing parameter and model selection for
 1126 general smooth models. *Journal of the American Statistical Association*, 111,
 1127 1548–1563. <https://doi.org/10.1080/01621459.2016.1180986>

1128 Wu, N., Schmalz, B., & Fohrer, N. (2011). Distribution of phytoplankton in a German
 1129 lowland river in relation to environmental factors. *Journal of Plankton Research*,
 1130 33, 807–820. <https://doi.org/10.1093/plankt/fbq139>

1131 Wurtsbaugh, W. A., Paerl, H. W., & Dodds, W. K. (2019). Nutrients, eutrophication and
 1132 harmful algal blooms along the freshwater to marine continuum. *Wiley*
 1133 *Interdisciplinary Review Water*, 6, e1373. <https://doi.org/10.1002/wat2.1373>

1134 Zurawell, R. W., Chen, H., Burke, J. M., & Prepas, E. E. (2005). Hepatotoxic
 1135 cyanobacteria: A review of the biological importance of microcystins in freshwater
 1136 environments. *Journal of Toxicology and Environmental Health Part B*, 8, 1–37.
 1137 <https://doi.org/10.1080/10937400590889412>

1138

1139 Table 1. Mean (\pm standard error) of physico-chemical conditions at four sites along
 1140 Wascana Creek (WC) and the Qu'Appelle River (QR) when receiving tertiary treated
 1141 wastewater (Tertiary; 2010-2012) or biological nutrient removal (BNR; 2017-2019)
 1142 treated effluent. Values are means of one to three sites sampled May-September.
 1143 Locations include a headwater site within WC, WC sites receiving wastewater treatment
 1144 plant (WWTP) effluent, and subsequent sites in the QR both above (control) and below
 1145 (downstream) of the confluence of WC and the QR. Soluble reactive phosphorous =
 1146 SRP, total dissolved nitrogen = TDN, and N stable isotope ratios = $\delta^{15}\text{N}$.
 1147

Treatment process (Sampling years)	Tertiary (2010-2012)				Biological nutrient removal (2017-2019)			
	WC Headwaters	Impacted WC	QR control	Downstream QR	WC Headwaters	Impacted WC	QR control	Downstream QR
Location								
Site	2	3-5	6	7-9	2	3-5	6	7-9
Distance to WWTP (km)	-7	5-60	-	65-140	-7	5-60	-	65-140
Chl a ($\mu\text{g/L}$)	28.52 \pm 3.74	41.49 \pm 4.77	56.25 \pm 8.08	49.01 \pm 4.09	67.30 \pm 5.60	44.15 \pm 8.01	22.68 \pm 3.71	65.72 \pm 5.39
Discharge (m^3/s)	4.08 \pm 1.28	5.49 \pm 0.86	15.66 \pm 5.64	27.64 \pm 2.73	0.41 \pm 0.17	1.20 \pm 0.16	2.99 \pm 0.54	3.46 \pm 0.22
pH	8.50 \pm 0.08	8.06 \pm 0.05	8.43 \pm 0.11	8.51 \pm 0.05	8.37 \pm 0.06	8.33 \pm 0.07	8.50 \pm 0.04	8.64 \pm 0.03
Sp. conductance ($\mu\text{S}/\text{cm}$)	942.48 \pm 47.64	1292.53 \pm 35.15	917.88 \pm 51.83	1235.95 \pm 43.31	900.06 \pm 34.90	1481.91 \pm 33.14	872.76 \pm 53.90	1193.64 \pm 38.58
Temperature ($^{\circ}\text{C}$)	18.50 \pm 0.85	18.56 \pm 0.48	19.49 \pm 1.25	19.36 \pm 0.44	17.22 \pm 0.68	17.82 \pm 0.39	17.81 \pm 0.65	18.00 \pm 0.36
NO_3^- (mg N/L)	0.22 \pm 0.05	1.98 \pm 0.16	0.27 \pm 0.13	1.17 \pm 0.11	0.05 \pm 0.01	1.70 \pm 0.16	0.01 \pm 0.002	0.19 \pm 0.03
NH_4^+ (mg N/L)	0.13 \pm 0.03	6.64 \pm 0.96	0.07 \pm 0.01	0.19 \pm 0.03	0.09 \pm 0.02	0.33 \pm 0.07	0.04 \pm 0.02	0.04 \pm 0.02
$\delta^{15}\text{N}$ (‰)	5.70 \pm 0.49	18.98 \pm 0.75	11.14 \pm 1.13	10.71 \pm 0.89	5.73 \pm 0.52	14.71 \pm 0.45	5.35 \pm 0.65	8.14 \pm 0.39
SRP (mg P/L)	0.36 \pm 0.03	0.36 \pm 0.02	0.13 \pm 0.03	0.17 \pm 0.01	0.04 \pm 0.01	0.07 \pm 0.01	0.02 \pm 0.005	0.02 \pm 0.003
TDN:SRP	3.73 \pm 0.81	22.02 \pm 2.52	9.06 \pm 2.37	13.24 \pm 1.40	54.57 \pm 9.04	90.85 \pm 10.03	68.07 \pm 8.97	160.83 \pm 54.39

1148

1149 **Figure 1.** Map of sampling locations within Wascana Creek and Qu'Appelle River (main
1150 panel), within the Qu'Appelle River catchment (lower right) in Saskatchewan, Canada
1151 (upper right).

1152 **Figure 2.** The modelled spatial and temporal distribution of physico-chemical covariates
1153 in 2010-2012 (pre-upgrade) and 2017-2019 (BNR upgrade) in Wascana Creek (WC) and
1154 Qu'Appelle River (QR) along a continuum in reference to Regina's wastewater treatment
1155 plant (WWTP). Modelled physical-chemical variables and their explained deviance
1156 included: discharge (92.9%), pH (79.5%), specific conductance (78.1%), temperature
1157 (89.3%), NO_3^- (75.3%), NH_4^+ (86.2%), $\delta^{15}\text{N}$ (84.3%), soluble reactive phosphorus (SRP)
1158 (85.7%), and total dissolved nitrogen (TDN):SRP (87.0%). Coloured lines are predicted
1159 means at four days of year, 136, 170, 200, 236, in that correspond to summer months in
1160 the growing season. Shaded areas are 95% confidence intervals. Square boxes and error
1161 bars are the monthly mean and confidence intervals, respectively, of a control site in QR
1162 ~5 km upstream of the WC-QR continuum that was not modelled. Red and black dotted
1163 lines represent the inflow of WWTP effluent into WC and the confluence of WC with
1164 QR, respectively.

1165 **Figure 3.** The modelled spatial distribution of phytoplankton trichromatic Chl a and
1166 HPLC-derived biomarker pigments in 2010-2012 (pre-upgrade) and 2017-2019
1167 (wastewater treatment upgrade) in Wascana Creek (WC) and Qu'Appelle River (QR) as a
1168 function of distance to Regina's wastewater treatment plant (WWTP). Modelled
1169 phytoplankton (pigments) and deviance explained include total phytoplankton (Chl a;
1170 71.3% dev. explained), cryptophytes (alloxanthin; 65.7% dev. explained), siliceous algae
1171 (fucoxanthin; 74.0% dev. explained), chlorophytes (Chl b; 76.7% dev. explained), and

total cyanobacteria (echinenone; 79.6% dev. explained). Coloured lines are predicted means from 10,000 model simulations for 100 distance values and six years. Shaded areas are 95% confidence intervals. Square boxes and error bars are the yearly mean and confidence intervals, respectively, of a control site in QR ~5 km upstream of the WC-QR continuum that was not modelled. Red and black dotted lines represent the inflow of WWTP effluent into WC and the confluence of WC with QR, respectively.

Figure 4. The modelled seasonal pattern of phytoplankton trichromatic Chl a and HPLC-derived biomarker pigments in pre-upgrade (2010-2012) and post upgrade years (2017-2019) in Wascana Creek (WC) and Qu'Appelle River (QR) as a function of distance to Regina's wastewater treatment plant (WWTP) at headwaters (7 km upstream of the WWTP [WC]), WWTP-impacted (36 km downstream of the WWTP [WC]), and downstream (137 km downstream of the WWTP [QR]) locations. Modelled pigments with deviance explained include total phytoplankton (Chl a; 71.3% dev. explained), siliceous algae (fucoxanthin; 74% dev. explained), cryptophytes (alloxanthin; 65.7% dev. explained), chlorophytes (Chl b; 76.7% dev. explained), and total cyanobacteria (echinenone; 79.6% dev. explained). Each line is the predicted mean for one distance and day of year for periods before or after the WWTP BNR upgrade. Shaded areas are 95% confidence intervals.

Figure 5. The modelled marginal smooth effects of physico-chemical variables on total phytoplankton biomass (centred trichromatic Chl a) in Wascana Creek (WC) and the Qu'Appelle River (QR) in 2010-2012 and 2017-2019. Models include a) all years (39.8% dev. explained), b) pre-upgrade years only (2010-2012; 56.3% dev. explained) and, c) post-upgrade years only (2017-2019; 42.7% dev. explained). Red lines represent

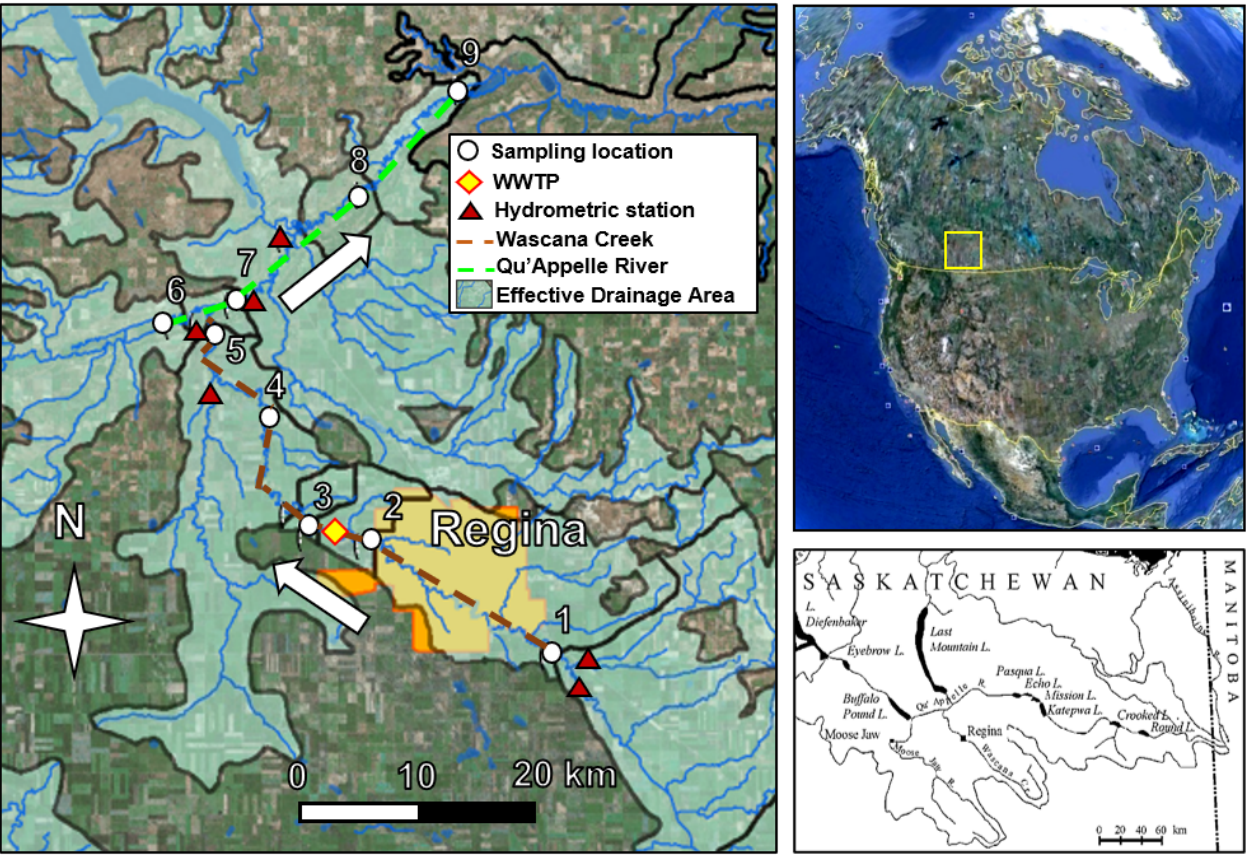
1195 the mean effect, while blue dotted lines are 95% credible intervals. Variables that were
1196 not significant for any model (TDN:SRP) are not presented. Significance of model fit is
1197 presented as P-values in panels.

1198 **Figure 6.** The modelled marginal smooth effects of physico-chemical variables on
1199 centred phytoplankton pigments in Wascana Creek (WC) and the Qu'Appelle River (QR)
1200 before (2010-2012) and after (2017-2019) upgrade to biological nutrient removal
1201 technology. For the global pigment smooths (all pigments included) red lines represent
1202 the mean effect and blue dotted lines are 95% credible intervals. The taxa-specific
1203 effects (how the specific pigments vary over the global effect) are to the right of the
1204 global effect panels and shaded areas are 95% credible intervals. Cryptophytes
1205 (alloxanthin) are in yellow, chlorophytes (chl b) are in green, cyanobacteria (echinenone)
1206 are in blue, and siliceous algae (fucoxanthin) are in orange. Deviance explained for the
1207 phytoplankton models was 68.8% for all years, 78.2% for pre-upgrade years (2010-
1208 2012), and 74.1% for BNR upgrade years (2017-2019). P-values are presented at the top
1209 panels.

1210

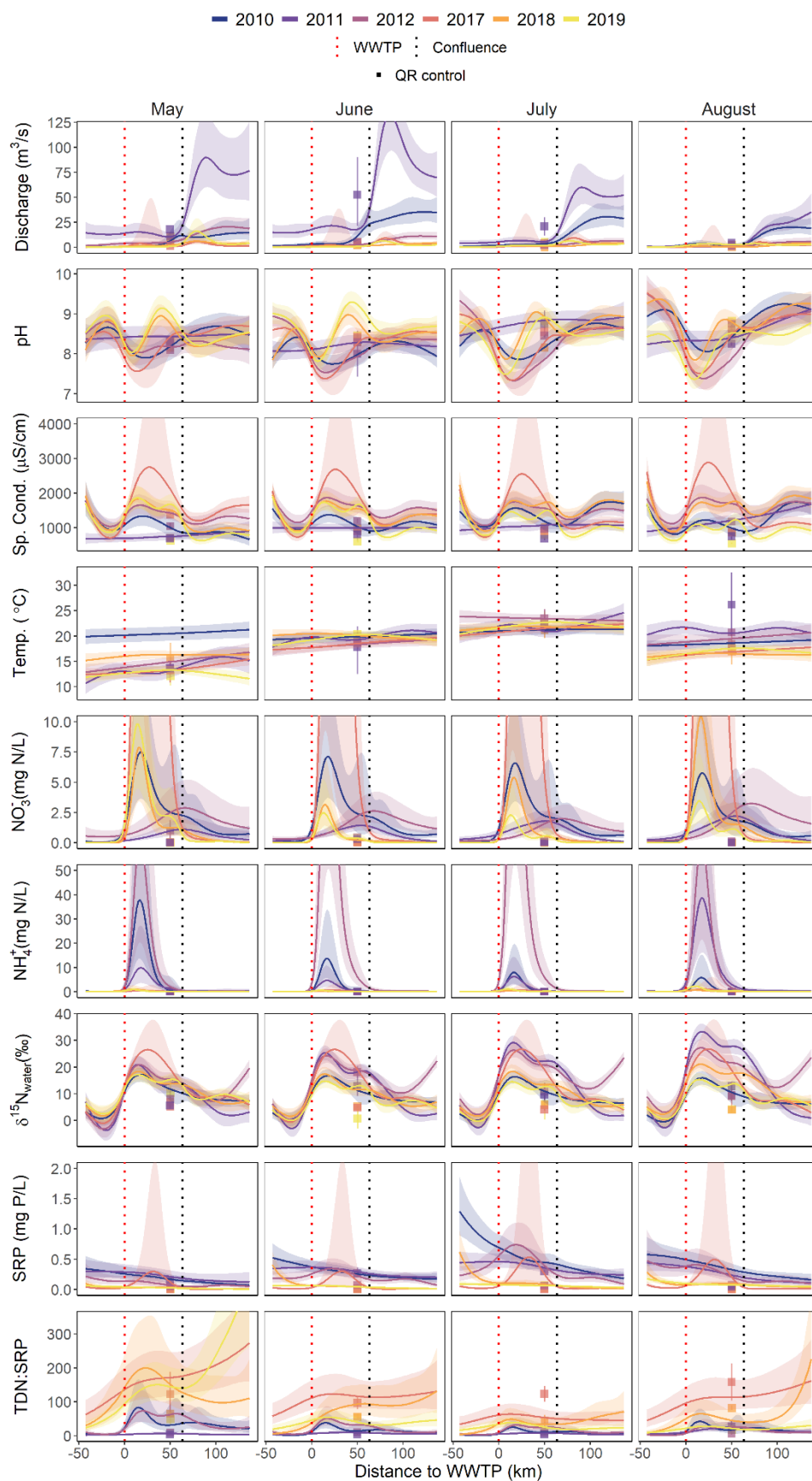
1211

1212

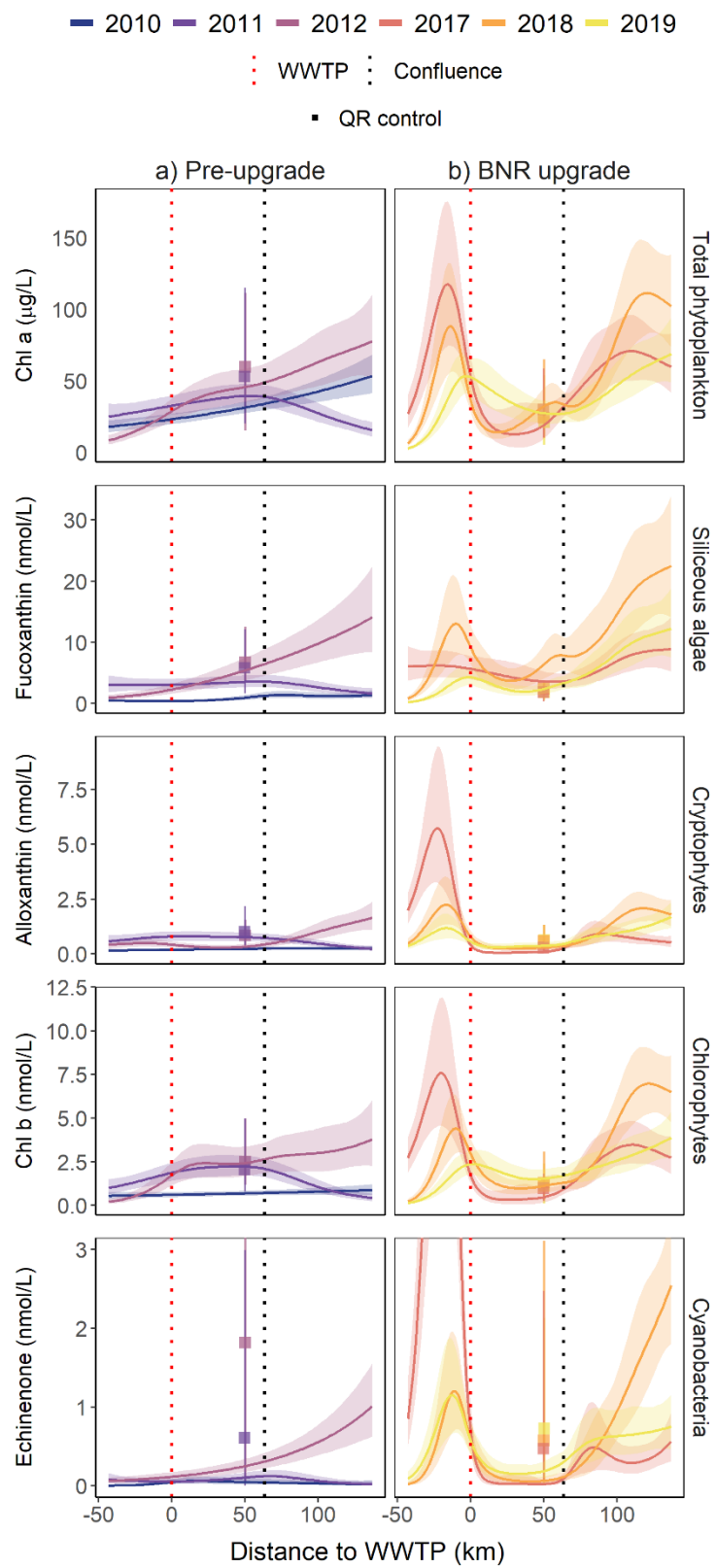


1214

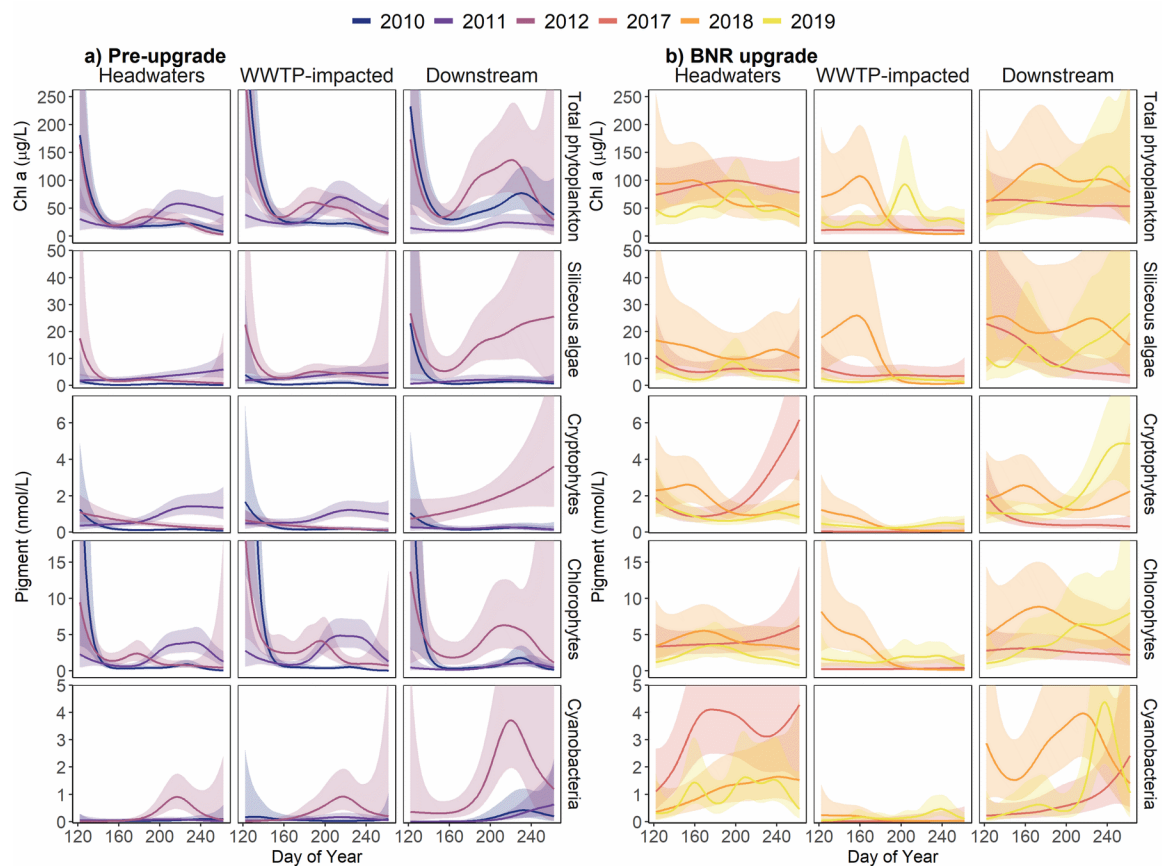
1215 **Figure 1.**



1217 **Figure 2.**

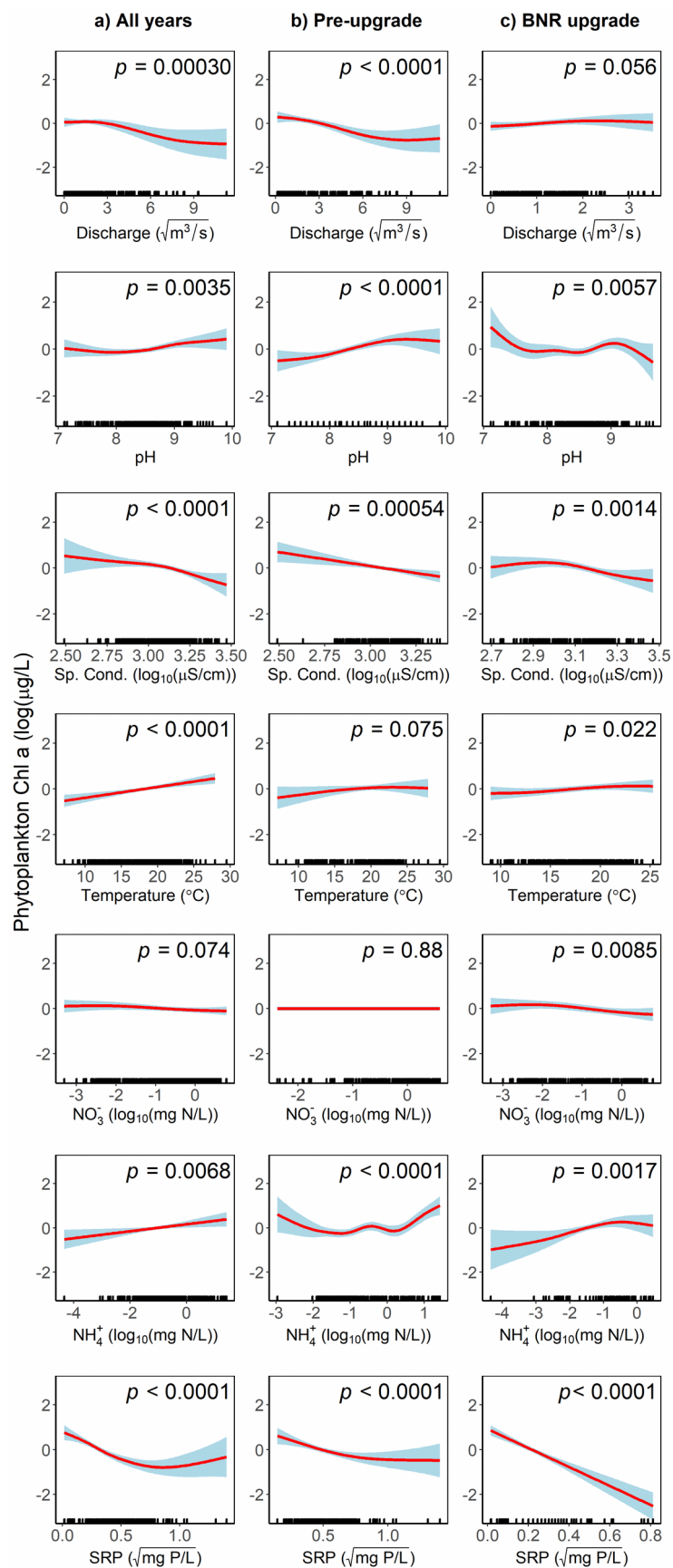


1219 **Figure 3.**

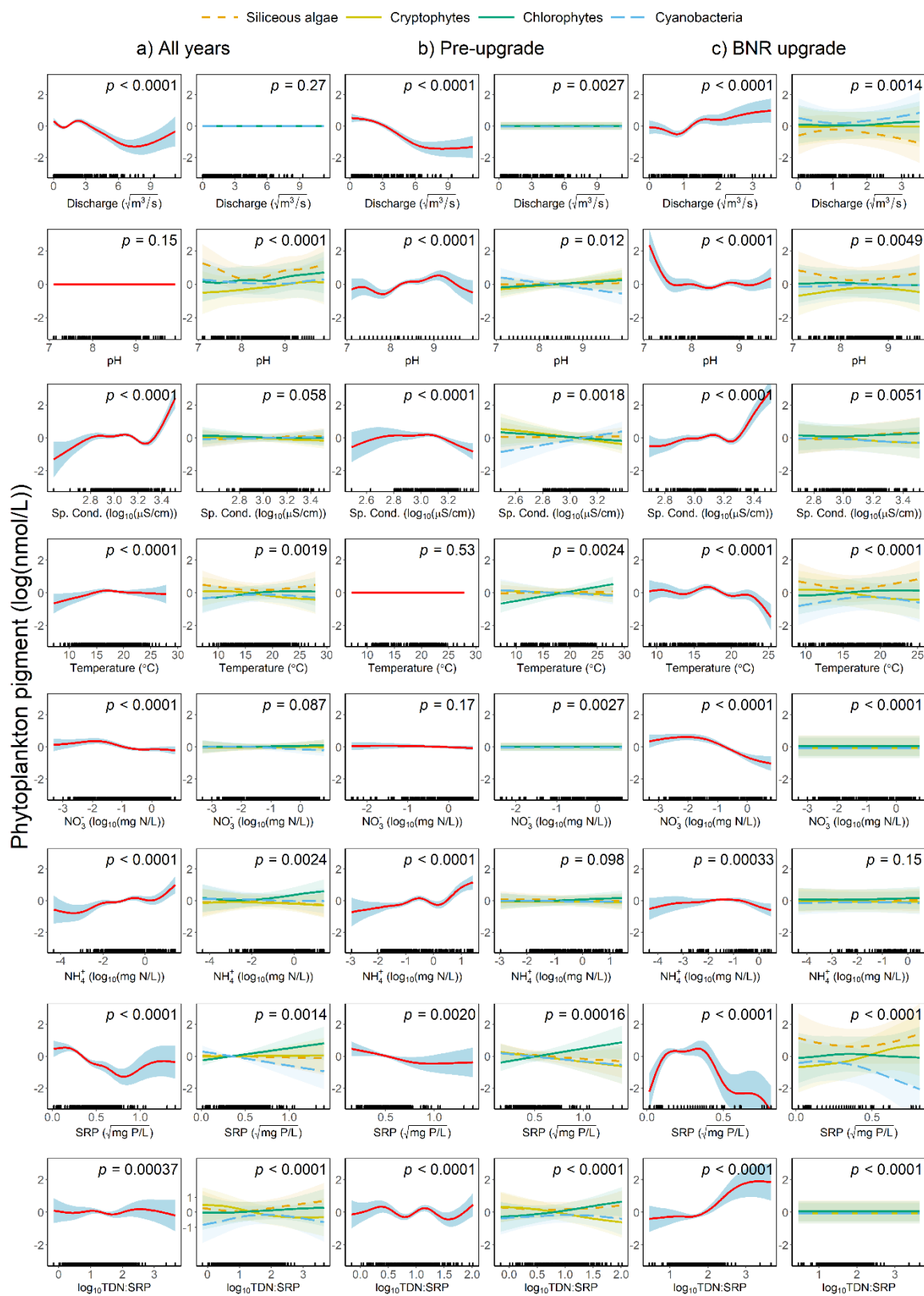


1221 **Figure 4.**

1222



1224 **Figure 5.**

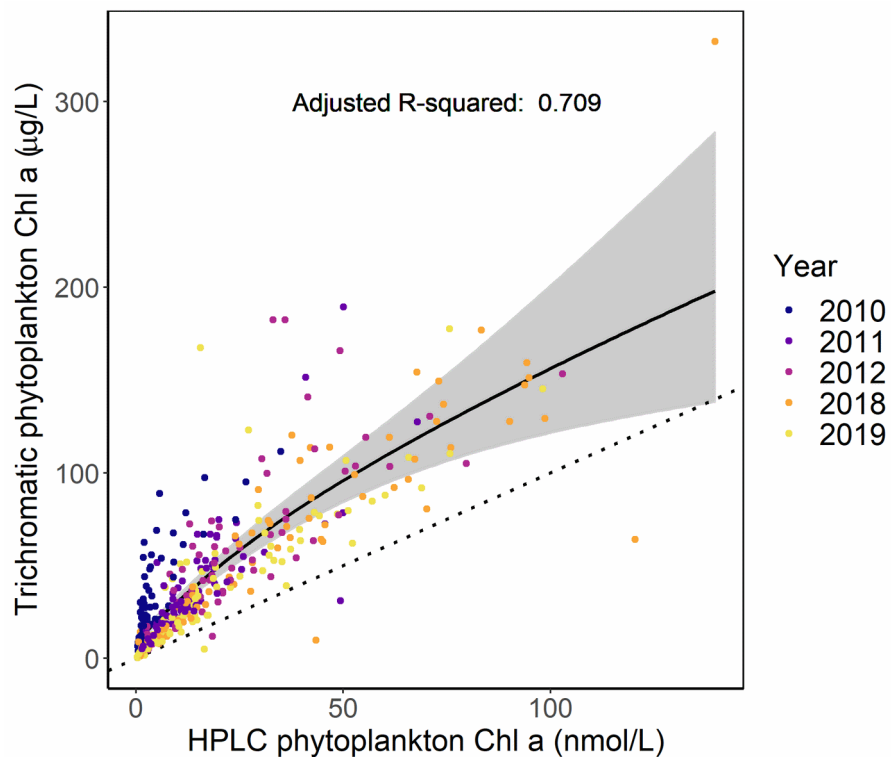


1225 **Figure 6.**

1226 **Supporting Information**

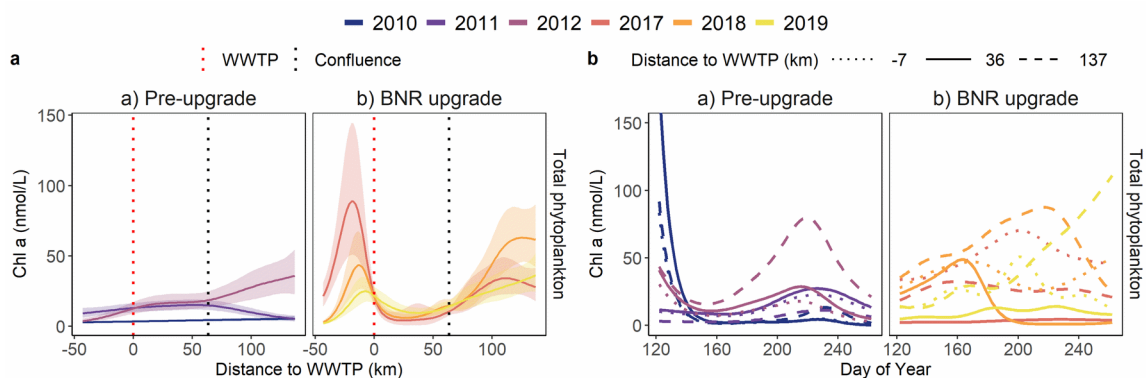
1227

1228

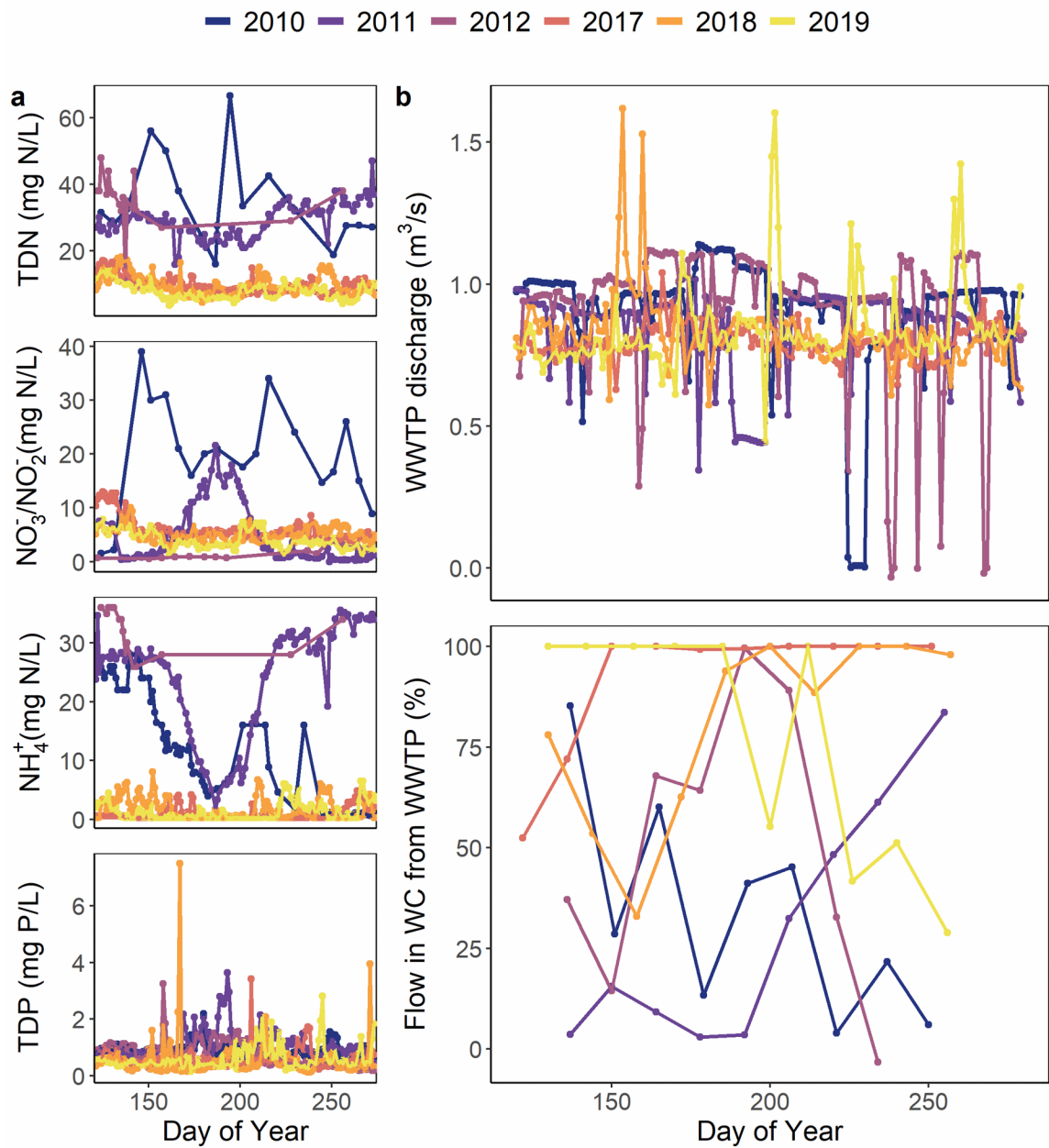


1230 **Figure S1.** Comparison of Chl a measured by trichromatic and high performance liquid
1231 chromatographic methods in 2010-2012, 2018 and 2019. The black line is the mean
1232 estimate and the shaded area is the confidence interval from a generalized additive
1233 models (GAM). This relationship was used to estimate trichromatic Chl a from HPLC
1234 Chl a in 2017.

1235



1237 **Figure S2.** Modelled spatial (a) and temporal (b) variation in phytoplankton abundance
 1238 estimated by high performance liquid chromatography analysis Chl a during 2010-2012
 1239 (pre-upgrade) and 2017-2019 (BNR upgrade) in Wascana Creek (WC) and the
 1240 Qu'Appelle River (QR) as a function of (a) distance from the City of Regina's
 1241 wastewater treatment plant (WWTP) and (b) day of year for three distances from the
 1242 WWTP (-7 km, 36 km, 137 km). Overall deviance explained by generalized additive
 1243 models was 76.8%. Coloured lines are predicted means from 10,000 model simulations
 1244 for 100 distance values and six years. Shaded areas are 95% confidence intervals.
 1245 Coloured lines are predicted means from 10,000 model simulations for 100 distance
 1246 values and six years. Shaded areas are 95% confidence intervals. Red and black dotted
 1247 lines in a represent the position of effluent influx into WC and the location of the
 1248 confluence of WC with QR, respectively.
 1249



1251 **Figure S3.** Final effluent nutrient concentrations and outflow from the City of Regina
 1252 wastewater treatment plant (WWTP). Effluent discharge and contribution of Wascana
 1253 Creek flow (WC) during the May to September growing season in (a) 2010-2012 and (b)
 1254 2017-2019

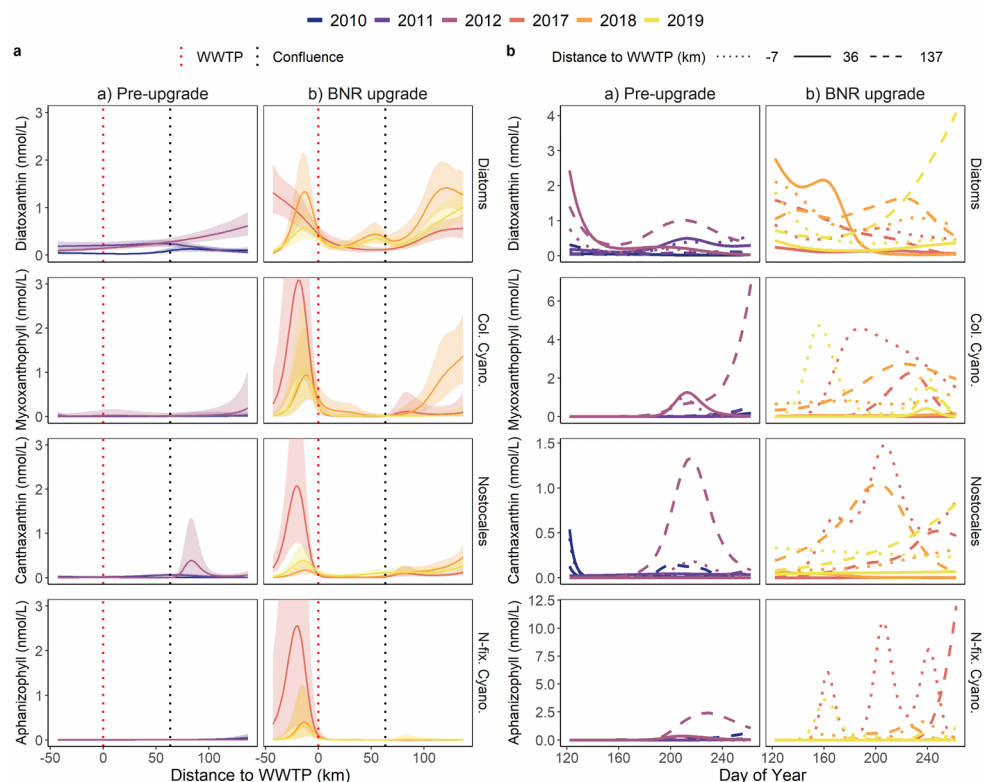


Figure S4. Modelled spatial (a) and temporal (b) distribution of auxiliary biomarker pigments analyzed using high performance liquid chromatography during 2010-2012 (pre-upgrade) and 2017-2019 (BNR upgrade) for samples from Wascana Creek (WC) and the Qu'Appelle River (QR) as a function of distance from Regina's wastewater treatment plant (WWTP). Modelled pigments with deviance explained include diatoms (diatoxanthin; 74.8% dev. explained), colonial cyanobacteria (myxoxanthophyll; 82.5% dev. explained), Nostocales (81.7% dev. explained), and N_2 -fixing cyanobacteria (aphanizophyll; 90.4% dev. explained). Dinoflagellates (diadinoxanthin) was removed because of poor model fit, but values were within 1-3 nmol/L. Coloured lines for the spatial model are predicted means from 10,000 model simulations for 100 distance values and six years. Shaded areas are 95% confidence intervals. Red and black dotted lines represent the inflow of WWTP effluent into WC and the confluence of WC with QR, respectively. Coloured lines for the temporal model are predicted Day of Year means for six years at three distances from the WWTP (-7, 36, 137 km) represented with dotted lines.

1271
1272
1273
1274
1275
1276
1277
1278
1279
1280
1281
1282
1283
1284
1285

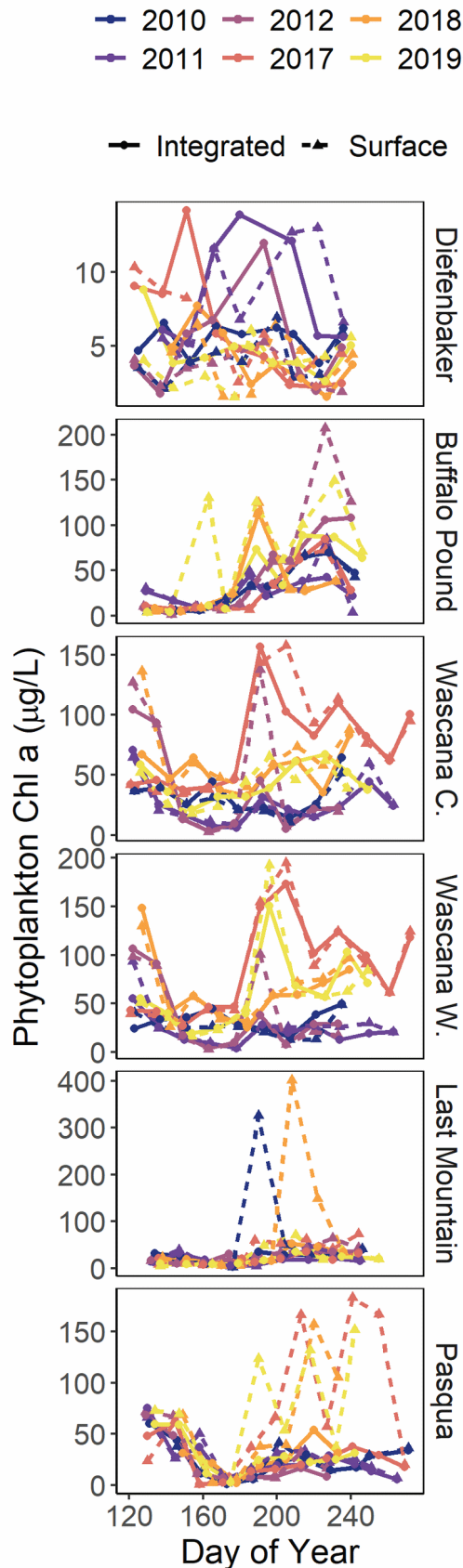
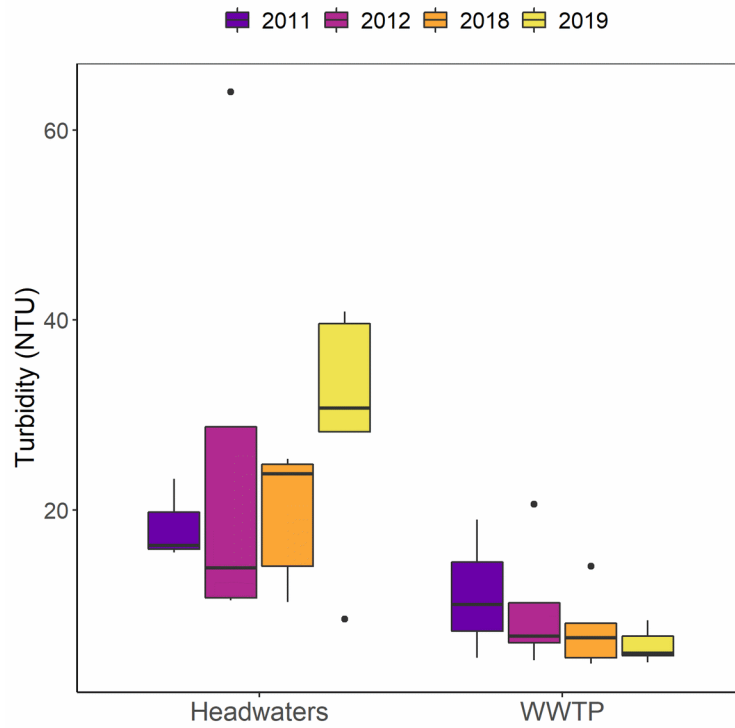


Figure S5. Surface and integrated phytoplankton Chl a values in five Qu'Appelle Valley prairie lakes over the growing season (May to September). Basins are geographically ordered from headwater western sites to eastern basins; Diefenbaker, Buffalo Pound, Wascana., Last Mountain, and Pasqua lakes in 2010-2012 (pre-WWTP-upgrade) and 2017-2019 (post-BNR-upgrade). Coloured lines and points are years, and dotted and straight lines represent surface and integrated values, respectively.



1287 **Figure S6.** Boxplots of stream turbidity (NTU) at sites directly upstream (headwaters)
 1288 and downstream (WWTP) of urban wastewater inputs in 2011, 2012, 2018, and 2019.