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79605, Abilene,  
Texas.



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**Profile for Chioma Maryann Ikedinobi Registered Nurse**  
**Medical Surgical-Orthopaedic Unit**  
**total years of experience: 8**

**PROFESSIONAL EMPLOYMENT HISTORY**

**Start Date:** 4<sup>th</sup> September 2014 to present  
**Position:** Nursing officer 2  
**Hours per week:** 40 to 48 hours per week  
**Name of facility:** National orthopaedic hospital Igbobi  
**City:** Lagos Nigeria  
**Website:** [www.nohilagos.org.ng](http://www.nohilagos.org.ng)

National orthopaedic hospital Igbobi is an acute care and trauma specialist center of a 450-bed government owned tertiary institution situated in Lagos Nigeria. Also a renowned World Health Organization collaboration centre. It offers a broad range of orthopaedics and trauma surgery, general medicine and surgery, Anaesthesia and intensive care, burns and plastic surgery, oncology radiology and imaging services, prosthetics and orthotics, physical and electrical therapy, occupational therapy, speech therapy, pharmaceutical services, pathology/hematology, Training for Orthopaedics, burns and plastic surgery consultancy program for doctors, Post basic training for nurses in Orthopaedics and also Accident and emergency Nursing and training of plaster technicians. I have earlier worked in female medical surgical-orthopaedic ward but presently working in male medical surgical-orthopaedic unit, which has 40 beds.

The medical surgical – orthopaedic unit [male wing 1] admits mix cases with age range from 20 years to 70 years and it has a 40 bed capacity that is fully integrated with about 18 open ward shared into 3 bays with each bay having total of 8 patients per bay, 4 bed for isolation cases, 10 private rooms and 8 private suite room. Work schedule is about 1:6 patient to nurse ratio per shift where we work rotationary shifts. Patient census is about 25 to 30 patient with acute care cases nursed on daily basis.

Types of patients cared for include patients with closed and open fractures managed conservatively or surgically, patients with different types of traction application, plaster of paris applications, wound infection, dislocations, sprains, gunshot injury, diabetic patients, hypertensive patients, sickle cell crisis, anaemia, parkinsonism, urinary tract infections, cerebrovascular accident, heart failure, patient requiring blood transfusion, avascular necrosis, deep vein thrombosis, peripheral arterial disease, osteoarthritis, cruciate ligament injuries, burns injury, tuberculosis, tuberculosis of the spine, osteosarcoma, multiple myeloma, lumbar spondylosis, degenerative spine disease, foot gangrene requiring amputation, sciatica, patient that need different types of wound care, pressure sores at various stages. Patient requiring surgical procedures such as decompression and stabilization surgery, split skin graft with flap cover, open reduction and internal fixation, total hip and knee replacement, arthroscopic surgeries, cast application, appendectomy.

**Start date:** September 2011 to August 2014  
**Position:** Registered nurse; charge nurse  
**Unit:** obstetric and gynaecology unit  
**Hours per week:** 45 hours per week  
**Name of facility:** Emel specialist hospital Lagos  
**City, country:** Lagos, Nigeria  
**Website:** [www.emelhospital.org](http://www.emelhospital.org)

Emel hospital is a 70 bed multi specialist private owned hospital at a secondary level. It offers a wide range of inpatient and outpatient general medicine and surgical services, paediatric emergencies, neonatal intensive care unit, obstetrics and gynaecology unit and internal medicine.

Assigned to obstetrics and gynaecological unit which has about 30 bed but sometimes floated to adult general medicine ward.

Case mix and types of patients cared for include normal labour, precipitate labour, forcep delivery, elective and emergency cesarean section, placenta previa, cervical dystocia, placenta abruption, cervical cerclage, uterine rupture, pelvic inflammatory disease, pre-eclampsia, cervical cancer, breast cancer, ectopic pregnancy, asthma, peptic ulcer disease, liver failure, diabetes mellitus, hypertensive crisis. The nurse to patient ratio is 1:5 and about 25 patients seen on a daily basis in the unit.

<b>Start date:</b>	<b>May 2010 to September 2011</b>
<b>Position:</b>	<b>Registered Nurse</b>
<b>Unit:</b>	<b>Male and Female medical surgical ward</b>
<b>Hours per week:</b>	<b>40 hours per week</b>
<b>Name of facility:</b>	<b>Niger foundation hospital and diagnostic centre</b>
<b>City, country:</b>	<b>Enugu, Nigeria</b>
<b>Website:</b>	<b><a href="http://www.nfh.org.ng">www.nfh.org.ng</a></b>

Niger foundation hospital is a diagnostic centre owned by non-governmental organization at a secondary level. A 150 bed capacity hospital which its central focus is offering world class healthcare quality and patient safety standards with high level of professionalism. It offers wide range of inpatient and outpatient department, family medicine, general surgery, internal medicine, neurological services, urological services, paediatric section, obstetrics and gynaecological and orthopaedic services, diagnostic investigations with the use of MRI and CT SCAN and other laboratory investigation. The facility is patient centered and caters for a wide variety of cases making it one of the biggest, fully integrated and comprehensive healthcare facility in the eastern part of Nigeria.

The adult medical surgical ward is a 50 bedded, case mix with both chronic and acute medical conditions and type of patient cared for include asthma, hypertension, coronary heart diseases, sickle cell anaemia and sickle cell crisis, cerebrovascular accident, intestinal obstruction, cancers of various part of the body, urinary tract infection, diabetes mellitus, patient on chemotherapy, acute and chronic kidney disease, deep vein thrombosis, patient receiving dialysis treatment, gastritis, liver failure, heart failure, prostatectomy, appendectomy, Thoracotomy.

We are required to work rotational shift with about 1:5 nurse patient ratio and about 40 patients seen on a daily basis.

### **Skills and Responsibilities Summary**

\*Use of nursing process to assess, design high quality individualized plan and implement patients care with the use of nursing care plan, also evaluate its efficacy by documenting outcomes.

\*Facilitates admission and discharge process.

\*Perform head to toe assessment of all patients

\*Perform area specific and neurologic assessment depending on the case of the patient

\*Work as a team with other health care professional to render individualized and holistic nursing care to patients.

\*Intravenous insertions and lab draws

\*Oxygen administration via nasal cannula, face mask, non-rebreather mask, venturi mask and bag valve mask.

\*Proper management of patients on blood transfusion, intravenous fluid, saline locks,

\*Proper management of patient on various assistive devices such as tractions, continuous passive motion, Stryker beds, thoraco lumbar orthotics support, cervical collar, headboard, arm sling, also assist with cast application.

\*General and specific pre/post-operative care

- \*Perform thorough observations and able to recognize changes report concerns to residents on duty
- \*Medication administrations via oral, nasal, optic, inhalational, ophthalmic, intravenous, rectal, intramuscular and subcutaneous route.
- \*Wound care assessment and management specific to the wound type: burns abscess, laceration, abrasion, pressure sores and ensuring wound cultures are taken. Use of wound vacuum machine for wound care
- \*Performs diagnostic studies such as blood glucose taking, electrocardiography, urine and stool specimen collection, urine dipstick, ketone strip and pHstrip analysis.
- \*Performs tracheostomy care
- \*Nasogastric tube insertion and tube feeding
- \*proper assessment for pain and utilization of appropriate management techniques.
- \*ensures provision of support and adequate education to the patient and family.
- \*foleyscatheter insertion and removal of wound drains and staple pins
- \*Assist physician with ABG collection, nasal swab collection, arterial line insertion, thoracentesis, chest tube insertion
- \*Provides preoperative and re-inforces it post operatively
- \*Applies cervical collar, arm slings and tractions as appropriate
- \*Infection control management

### **CASES CARED FOR:**

- \*sickle cell anaemia
  - \*hepatitis
  - \*peptic ulcer disease
  - \*diabetes mellitus
  - \*hypertension
  - \*multiple myeloma
  - \*amputation
  - \*cast
  - \*osteoporosis
  - \*pinned fractures
  - \*cervical traction
  - \*rheumatoid /arthritic disease
  - \*fractures
  - \*spinal cord injury
  - \*diabetic foot ulcer
- Surgical cases such as:
- \*decompression and stabilization
  - \*split skin graft and flap cover
  - \*arthroscopic surgeries
  - \*open reduction and internal fixation
  - \*myomectomy
  - \*laparotomy
  - \*cesarean section
  - \*appendectomy
  - \*total hip and total knee replacement
  - \*prostatectomy

- \*tuberculosis
- \*appendicitis
- \*HIV/AIDS
- \*heart failure
- \*acute gastroenteritis
- \*gastritis
- \*bronchial asthma
- \*ectopic pregnancy
- \*intrauterine death
- \*placental pre-eclampsia and abruption
- \*antenatal care
- \*labour
- \*post natal care
- \*heart failure
- \*peritonitis
- \*cardiac arrhythmias
- \*community acquired pneumonia
- \*Renal failure requiring dialysis
- \*Benign prostatic hyperplasia
- \*burns injury
- \*pressure sores
- \*cerebrovascular accident
- \*myocardial infarction
- \*pott's disease of the spine
- \*degenerative spine disease

## **EQUIPMENT USED**

- Vital signs monitoring devices
- Pulse oximeter
- Cardiac monitor
- Nebulizer
- Suction apparatus
- Continuous passive motion
- Traction
- Transcutaneous electrical nerve stimulator machine
- Braces
- Glucometer
- Orthopedic Prosthesis and orthosis
- Infusion pumps
- Syringe pumps
- Ambubag
- ECG monitor

- Redivac drains
- Incentive spirometry
- Wound vacuum machine
- Special orthopaedic beds
- vacuum Assisted Closure Device
- oxygen apparatus
- sonicad

## **EDUCATIONAL BACKGROUND**

Date of qualification: September 2008- September 2010  
 Qualification earned: registered midwife  
 Name of institution: school of midwifery Mater Misericordiea hospital Afikpo  
 City and country: Ebonyi state, Nigeria

Date of Qualification: November 2004 – November 2007  
 Qualification Earned: Registered nurse  
 Name of Institution: School of Nursing Our Lady of Lourdes hospital Ihiala  
 City and Country: Anambra state, Nigeria

Name of course: Mandatory continuing professional Development programme  
 [med- surge]  
 Date of course: 19<sup>th</sup> September – 23<sup>rd</sup> September  
 Facility : Nursing and midwifery Council of Nigeria  
 Location: Lagos, Nigeria

## **LICENSURE & CERTIFICATE:**

RN license: Nigeria, Date earned: May 26th 2008; Expiration date 30<sup>th</sup> June 2019  
 Reg number =130613

RN licence: USA-TEXAS; Date Earned :October 3<sup>rd</sup>,2017. Expiration March 31st 2021

Visa screen certificate: Date Earned: August 14,2018, certificate number: 0006428066

IELTS certificate:	Date earned December 9 <sup>th</sup> 2017 speaking =7.5, listening 7.5, writing=6.5, reading= 6.5 and the overall band =7
NIH Certificate	Date earned Feb 2,2019
ACLS	Date earned 1/31/19 expires 01/2021
BLS	DATE Earned 1/131/19 expires 01/2021