# Paudelia Harris

### The best qualified candidate

Lancaster, TX 75146 hpaudelia@yahoo.com 2149083341

I whould like to become a paraprofessional member of the interdisciplinary team where i will works under the supervision of a registered nurse and performs various services for a patient as necessary to meet the patients personal needs and to promote comfort.

Authorized to work in the US for any employer

# Work Experience

#### **PCA 2 Personal Care Assistant**

Parkland Memorial Hospital - Dallas, TX February 2018 to Present

taking vital signs, blood drawing, inserting Foley catheters, discontinue Foley catheters, assisting with daily living activities, observing patients and charting changes in their health or behavior, escorting patients and obtaining lab specimens and many more upon request

### **CNA - Certified Nursing Assistant**

VNA Home Health Hospice - Dallas, TX April 2015 to January 2017

caring for a patient's personal needs, changing bed linens, assisting with transportation, bathing patients, transferring from beds to wheelchairs, maintaining accurate and confidential records regarding each patient, preparing meals, checking various vital signs, ...

#### **CNA/Caregiver**

Brentwood Health Care Center - Dallas, TX December 2012 to June 2015

Help with toilet activities, moving from wheelchair to bed and vice versa, help with feeding, showing and dressing. I work on a hall where i take care of 20 people for 8 to 16 hours a day. I do an ADL book ever shift.

### **CNA/Caregiver**

Melvin Greenhut - Rockwall, TX March 2010 to May 2012

Live-in caregiver for Mr.and Miss.Greenhut. With the Greenhuts i provided efficient service at household in Naples,FL and in Rockwall,TX I work with the family until Mr.Greenhut passed away.

### **CNA/Caregiver**

Abby Home - Dallas, TX August 2009 to April 2010 Help with toileting, feeding, cooking, showing, dressing. In the Abby Home i was over 4 to 5 people at a time. I work 4 days on on 3 days off.

### Education

### **CNA** in Nursing

Department of Aging and Disability Services - Dallas, TX 2012 to 2012

### Skills

Cna Certified, PCA 2 (1 year), CNA, Personal Care, Home Health, HHA, Home Care, Care Giver, Blood Draws (2 years), Foley catheters (2 years), Vital signs (5 years)

# Certifications/Licenses

#### **Certified nurse assistant**

March 2016 to March 2020

#### **CPR**

October 2016 to October 2020

## Additional Information

I am a strong candidate for this job because I have a proven track record of performing all types of personal care activities such as dressing, bathing, toileting, feeding, moving patients to and from bed and wheelchairs, and assisting them in rehabilitative exercises. I am also adept at taking and documenting vital signs, weights, intake and output as delegated per facility protocols. In addition, I have a demonstrated ability to prepare and serve meals, assist patients with eating and accompany them on appointments and visits. My enclosed resume will provide you with a complete snapshot of my talents which will be beneficial for your facility.