## CHELSEA GARRISON

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# **Curriculum Vitae**

**OBJECTIVE**: To obtain a position with a company where I can utilize my current abilities while developing new skills and furthering my education in the nursing field.

### **EMPLOYMENT EXPERIENCES**

April 2018 - December 2018 Garland Behavior Hospital

**Position:** Mental Health Technician

Direct patient care working in a Mental Health Environment with ages ranging from Adult – geriatric. Duties include but are not limited to vital signs, monitoring and recording every 15 minutes on mood/behavior, meals, interaction and participation with peer and group activities. Also assist in intake department with admissions and transport of patients.

August 2017- January 2018 Discovery Point Retreat

**Position:** Medical Assistant

Did daily vitals, assisted with intake for new patients, blood draws, urine samples and assisted nurses as needed.

# September 2016 – August 2017 SUNDANCE BEHAVIORAL HOSPITAL Position: Mental Health Tech

Direct patient care working in a Mental Health Environment with ages ranging from 5 years – geriatric. Duties include but are not limited to vital signs, monitoring and recording every 15 minutes on mood/behavior, meals, interaction and participation with peer and group activities. Also assist in intake department with admissions and transport of patients.

August 2015 – March 2017 Dallas Behavior Hospital

Position: Mental Health Tech

Direct patient care working in a Mental Health Environment with ages ranging from 18 years – geriatric. Duties include but are not limited to vital signs, monitoring and recording every 15 min. on mood/behavior, meals, interaction and participation with peer and group activities. Also assist in intake department with admissions and transport of patients.

November 2014-March 2016 U.T. Southwestern Hospital

Position: *PCT/HUC* 

Direct patient care working in Surgical and Medical ICU. Duties including but not limited to; Baths, comfort measures, blood sugars, dressing and wound care assistance, foley care,

Epic system charting, monitor vital signs, work very closely with Respiratory department as well.

# January 2013 – February 2015 SELECT SPECIALTY HOSPITAL

Position: CNA

Direct patient care involving assisting and monitoring vital signs, input and output, charting and reporting to the nurse and changes in the patient. Also assisting patients with showers, dressing, Feedings, comfort measures, ADL's. Monitor for skin break downs, also experienced in ICU dept. trained with trach and vent patient care.

April 2011 – May 2012 Hickory Trail Hospital

**Position:** Mental Health Tech

Monitor and record every 15 minutes daily activity consisting of meals, interaction with others, Participation in activities, behavior and mood changes, vital signs, finger sticks, comfort measures, etc.

February 2008 – August 2012 GRACE PRESBYTERIAN VILLAGE

**Position**: CNA

Assist each patient as needed with ADL's including but not limited to feeding, dressing, hygiene, and Q2 rounding. Take vital signs, assist with comfort measures and report any change of patient condition to nurse.

#### **SKILLS**

Proficient and comfortable in hospital, assisted living, mental health facilities and geriatric facilities.

Certified CPR instructor, trained to take care of ICU and ventilated patients. Looking forward to furthering my career with a company I can grow with.

## **EDUCATION**

1992-GED D.W. Carter high school

## **REFERENCES**

Will furnish references upon request