

Adedoyin Aderonmu

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Professional Summary

Dedicated and compassionate Registered Nurse (RN) with progressive career history in direct patient care, triage and care coordination in fast-paced environment. Proven ability to remain calm under pressure and skillfully handle difficult patients and high-stress situations. Consistently developing strong relationships with patients and families through empathetic communication, respectful attitude and excellent customer service.

Employment History

Registered Nurse

Jan 2018 - Current Parkland Hospital, Dallas, Texas

- Monitored patient condition, including interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.
- Facilitated therapeutic communication, conflict resolution and crisis intervention by redirecting negative behaviors and helping patients regain or improve coping abilities to prevent further disability.
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
- Delivered outstanding care to patients with various diagnoses and managed care from treatment initiation through to completion.
- Documented patient information obtained from interviews concerning symptoms, medications and prior treatment.

Registered Nurse

Dec 2016- Jan 2018 Baylor Scott & White Health All Saints Medical Center, Fort Worth, Texas

- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.
- Supervised professional and paraprofessional nursing staff and delegated tasks to maintain continuum of care.
- Managed care from admission to discharge, including patient assessments, care planning, health educations and discharging support to provide comprehensive care to over 6 patients daily.
- Collected blood, tissue and other laboratory specimens and prepared for lab testing.
- Collaborated with leadership to devise initiatives for improving nursing satisfaction,

retention and morale.

Registered Nurse

Dec 2012- Aug 2017 Methodist Rehabilitation Center, Dallas, Texas

- Secured controlled narcotics and distributed medication on schedule to meet patient needs and minimize misuse opportunities.
- Provided exceptional care to 6-8 high-acute patients needing complex care such as ventilator management, extensive wound care and rehabilitation.
- Developed strategy to target nursing and patient satisfaction issues, improve response and patient care quality and suggest actionable improvements to promote hospital-wide quality and safety initiatives.
- Managed quality care for patients with varied conditions, including heart failure, end-stage renal disease and coronary artery disease.

Registered Nurse

May 2011- Sept 2016 Methodist Healthcare System, Dallas, Texas

- Diagnosed and treated patients with chronic and acute health problems such as MI, arrhythmias, asthma, COPD and pneumonia.
- Managed care from admission to discharge, including patient assessments, care planning, health educations and discharging support to provide comprehensive care to over 6 patients daily.
- Promoted professional development opportunities to encourage nurses to pursue continuous training.
- Delivered medications via oral, IV and intramuscular injections, monitoring responses to catch and address new concerns.
- Maintained quality care and comfort for patients with heart failure, pulmonary hypertension and other conditions.
- Trained new nurses in proper techniques, care standards, operational procedures and safety protocols to optimize performance and safety.

Registered Nurse

Mar 2010- May 2011 Regency Hospital Of Fort Worth, Fort Worth, Texas

- Delivered outstanding care to patients with various diagnoses and managed care from treatment initiation through to completion.
- Informed patients and families of effective treatment options and at-home care strategies, enhancing long-term outcomes.

- Facilitated therapeutic communication, conflict resolution and crisis intervention by redirecting negative behaviors and helping patients regain or improve coping abilities to prevent further disability.

- Diagnosed and treated patients with chronic and acute health problems such as MI, arrhythmias, asthma, COPD and pneumonia.

- Participated in education activities, including evidence-based practice project implementation, nursing competency development and nursing simulation activities.

Registered Nurse (PRN)

Apr 2014- Dec 2015 Medical City Arlington, Arlington, Texas

- Educated patients and answered questions about health condition, prognosis and treatment.

- Reviewed post-operative orders and continuously monitored patients' post-operative vitals, set up PCA and fluids and oriented patients to unit to achieve optimal outcomes.

- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.

- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.

Registered Nurse

Dec 2009- Apr 2011 Bishop Davis Hospice, Fort Worth, Texas

- Implemented care plans for patient treatment after assessing physician medical regimens.

- Observed and documented patient factors such as diets, physical activity levels and behaviors to understand conditions and effectively modify treatment plans.

- Followed all personal and health data procedures to effectively comply with HIPAA laws and prevent information breaches.

- Implemented interventions, including medication and IV administration, catheter insertion and airway management.

- Educated patients and answered questions about health condition, prognosis and treatment.

Registered Nurse

Dec 2009- Mar 2010 FWM Skilled Nursing And Rehab Facility

- Delivered outstanding care to patients with various diagnoses and managed care from treatment initiation through to completion.

- Accurately documented all elements of nursing assessment, including treatment,

medications and IVs administered, discharge instructions and follow-up care.

- Effectively prioritized assignments, executing care based on each patient's relative condition and delegating tasks to available personnel deliver safe and efficient care.
- Worked within interdisciplinary health care team to develop, implement and make adjustments to patient care plans, individualizing strategies and methods to improve health and meet recovery goals.

Education

Mar 2015- Aug 2017 Walden University, Minneapolis, MN

- Master of Science in Nursing (MSN)

Aug 2007- May 2009 Harry S Truman College, Chicago, IL

- Associate Degree in Nursing (ADN)

Certifications & Licensures

Registered Nurse in Texas

- Advanced Cardiac Life Support (ACLS) Certification
- BLS certified
- PALS - Pediatric Advanced Life Support

Accomplishments

- Patient Advocacy

Explained treatment procedures, medication risks, special diets and physician instructions to patients.

- Clinical Skills

Monitored patients' respiration activity, blood pressure and blood glucose levels in response to medical administration.

- Charting

Developed and organized 300+ charts for all new and current patients, routinely updating information for physician reference.

- Implementation

Assisted in implementation of new tracking system that resulted in improved patient care.

- Training

Trained team of staff nurses in medical office procedures to ensure consistent quality of care.

- Documentation

Ensured charting accuracy through precise documentation.

- Patient Care

Ensured quality control through admissions, assessment, treatment and referral for a broad range of patients.

Monitored patients' respiration activity, blood pressure and blood glucose levels.

- Family Support

Provided support to families through education on procedures, regimens, prevention and

care.

Skills

- Preventative health & Chronic disease management
- Physical assessments & Disease specialization
- Acute care expertise & At-risk patient care
- Procedure preparations, Infection control and aseptic procedures
- Collecting vitals & Data entry
- Foley catheters & Proper catheter insertion/removal
- Performing EKGs, Medical laboratory procedures & Lab result interpretation
- Disease prevention and intervention specialist
- Confidentiality & Professional bedside manner
- Family education & HIPAA education
- Direct patient care, Patient assessments & Patient evaluation
- Charting and clinical documentation (EMR / EHR)
- Patient management & Patient privacy
- Medication administration & Vaccine administration
- IV setup and Intravenous therapy

Affiliations

American Nurses Association (ANA) Member
Texas Nurses Association (TNA) Member

References

References are available on request.