

# Sarah Elkins, CST

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## Professional Objective

To obtain a position as a Certified Surgical Technologist while continuing to learn and excel in the medical field. Aspires to improve overall efficiency for operating room staff members by applying thorough understanding, haste, and critical thinking while ensuring each patient experiences the best quality care.

## Education & Certifications

Associate of Applied Science in Surgical Technology

Concorde Career College –  
Pending graduation August 29, 2019

Certified Surgical Technologist

NBSTSA – Pending test  
September 3, 2019

Basic Life Support Certification

American Heart Association – 2018

## Skills & Attributes

Timeliness • Organization • Attention to detail • Team Player • Equipment Preparation and Troubleshooting • Aseptic Technique • OR Accountability • Sharp Safety • Patient Safety • CSPD/SPD Duties • Materials Management

## Experience

### CST/Surgical Technologist Intern

Apr 2019 – August 2019

Texas Health Harris Methodist Hospital Southwest Fort Worth Fort Worth, Texas

- Introduced and scrubbed in over 600 hours during clinical internship at Texas Health Harris Southwest in cases ranging from general to complex specialties such as neuro, genitourinary, ob/gyn, plastics, and robotics.
- Sets up equipment, instruments, and supplies necessary for each procedure based upon surgeons preference,
- Creates, observes, and constantly monitors a sterile field in a safe, timely, and efficient manner.
- Accurately counts and records all sponges, sharps, and instruments throughout the surgical procedure.
- Presented unmatched organization though constant accountability of instruments and maintaining a clean field.
- Commended from various staff of the ob/gyn specialty team due to advanced comprehension in the specialty.

### Music Teacher

July 2016 – June 2017

Palmer Elementary School

Palmer, Texas

### Special Education (Behavioral Adjustment Program)

July 2015 – June 2016

Palmer Elementary

Palmer, Texas