Sabrina Stribling

SKILLS

- Accuracy
- Attention to Detail
- Communication
- Compassion
- Cooperation
- Customer Service
- Defusing Patient Anger/Frustration
- Dependability
- CPR and first-aid certified
- Patient and environmental safety
- Proficient in basic skills of patient care
- Vital signs and patient observation
- Knowledgeable in medical terminology
- HIPAA and patient privacy
- Excellent communication skills
- Use of proper documentation standards

EXPERIENCE

CHI St. Luke Memorial Hospital, Lufkin, Texas — Patient Care Tech (ICU), (Assessment Center/ ER), Med Surg/ Renal, Telemetry

August 2015- January 2019

- Keep patients rooms neat and sanitized
- Assist patient with their daily living activities such as grooming, bathing and hygiene
- Monitor and record patients vitals signs; temperature, pulse and etc.
- Collect fluid samples or other specimens for testing
- Assist nursing staff in administering basic treatments
- Assist patients with particular issues or needs
- Provide appropriate emotional support

Larkspur Transitional, Lufkin Texas - C.N.A.

January 2011 - July 2015

- Feed, bathe and dress patients
- Serve meals, make beds and keep rooms clean
- Answer calls for help and observe changes in a patient's condition or behavior

Bethany Home Health, Lufkin Texas - Home Health Provider C.N.A.

January 2010 - June 2015

- Monitors patient condition by observing physical and mental condition
- intake and output, and exercise
- Support patients by providing housekeeping and laundry services; shopping for food and other household requirements; preparing and serving meals and snacks; running errands.

Pinecrest Retirement Community, Lufkin Texas - Companion, Caregiver

June 2007 - September 2010

- provide companionship
- provide respite for the patient
- offer encouragement and perform light housekeeping tasks

EDUCATION

Angelina College, Lufkin Texas- Certificate

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June 2007 - July 2007
Lufkin High School, Lufkin Texas- Diploma
August 1999 - May 2003
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AWARDS

Employee of the month
Creativity
Service