Athen Owens-Whitfield, BSN, RN

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SUMMARY

Seven years of nursing experience with emphasis on safe and high quality nursing care in dynamic operating rooms. Flexible in working under intense pressure to provide accurate and responsive care. Demonstrates effectiveness in relating to physicians and the surgical team. Proficient in patient analysis, implementation of patient care and surgical team leading. Expertise in multiple specialties including general surgery, orthopedics, neurology, plastic and urology. Analytical, adaptable, efficient, professional.

LICENSES & CERTIFICATIONS

Registered Nurse, Texas Multi-State Privilege

Texas Board of Nursing License #: 973067

ACLS-Advanced Cardiac Life Support

American Heart Association, August 2019

BLS- Basic Life SupportAmerican Heart Association, September 2019

PALS-Pediatric Advanced Life Support American Heart Association, February 2021

NRP-Neonatal Resuscitation Program

American Academy of Pediatrics, January 2021

PROFESSIONAL EXPERIENCE

Plano Surgical Hospital, Plano, Texas

PRN Staff Nurse, Operating Room, August 2018-Present

Facility Type: Surgical Hospital Number of Surgical Suites: 8

Case types include: General, Bariatric, Plastic, Orthopedic, Neuro/Spine, Pain, Endoscopy in Adult and Geriatric populations

- Consult with healthcare team to assess, plan and implement individual nursing care in the intra-operative phase
- · Assure that all members of the sterile field maintain sterility during surgical procedure

Texas Institute for Surgery, Dallas, Texas

Fulltime Staff RN, Operating Room, April 2018-Present

Facility Type: Surgical Hospital Number of Surgical Suites: 9

Case types include: Orthopedic, Podiatry, Neuro/Spine, Plastic, Urology, Pediatric, Adult and Geriatric populations

- Meticulously completed patient pre-operative interview and checklist in accordance with AORN standards and facility policies
- Support anesthesia with safe intubation and extubation of patients undergoing general anesthetic and regional nerve blocks

Medical City Dallas, Dallas, Texas

Travel RN, Operating Room, January 2018- October 2018

Facility Type: Acute Care Hospital Total Beds: 700

Trauma Level: 2 Number of Surgical Suites: 31

Case types include: Adult and Pediatric Trauma, Transplant, Orthopedic, Vascular, Neurology, Robotics, and General Surgeries

Huntington Memorial Hospital, Pasadena, California

Travel RN Operating Room, May 2017- October 2017

Employment Type: Travel Contract

Facility Type: Acute Care Hospital Total Beds: 625

Trauma Level: 2 Number of Surgical Suites: 16

Case types include: Trauma, Orthopedics, Neurology and Spine, Pediatrics, Oncology, Vascular, Urology, Gynecology and General surgeries

Physician Surgery Center Downey, Downey, California

Travel RN, Operating Room and PACU, January 17-April 17

Employment Type: Travel Contract **Total Beds:** 10

Facility Type: Ambulatory Surgery Center

Case types include: Urology, Orthopedics, Gynecology, Plastics, Ophthalmology, GI, and Pain Management

- Circulating and PACU nurse at fast-paced outpatient surgery center
- Provided post-operative support and education on proper discharge care
- Served in charge nurse role for both OR and PACU

Providence Holy Cross Medical Center, Mission Hills, California

Travel RN, Operating Room, February 2016- November 2016

Facility Type: Acute Care Hospital

Total Beds: 377

Trauma Level: 2 Number of Surgical Suites: 10

Case types include: Trauma, Orthopedics, Robotics, Neurology, Urology, Vascular, Plastics, Gynecology, Oncology, Podiatry and General surgeries in adult populations

• Managed the safe care of patients preparing to undergo surgical procedures, while simultaneously collaborating with the surgical team including surgeon, anesthesiologist, and surgical technicians

Kaiser West Los Angeles Medical Center, Los Angeles, California

Travel RN, Operating Room, November 2015-Febuary 2016

Facility Type: Acute Care Hospital Total Beds: 293

Teaching Facility: Yes Number of Surgical Suites: 16

Case types include: Bariatric, ENT, Plastic, Orthopedic, Gynecology, Urology, Vascular, and General surgeries in adult and pediatric populations

Utilized a collaborative care approach that included attendings, residents, anesthesiologists, certified registered nurse anesthetists, registered nurse and surgical technologist

Mary Immaculate Hospital, Newport News, Virginia

Facility type: Acute Care Hospital Total Beds: 230

Number of Surgical Suites: 13

Circulating Nurse- Operating Room November 2013-October 2015

- Responsible for managing all nursing care within the operating room
- Direct nursing care and coordinate activities of the surgical team
- Directly assist with patient sedation and anesthesia

Staff Nurse- Medical Services

July 2012- December 2013

- Provide direct patient care to medical, post-operative and telemetry patients
- Actively participated in codes and rapid responses on the unit
- Routinely assume role as charge nurse by overseeing care of all patients and an available resource for medical staff Serve as nurse preceptor to new graduate nurses during 10 week orientation period

COMPUTER SKILLS

Epic Electronic Health Record Charting System

Meditech Electronic Health Record Charting System

Cerner Surginet Electronic Health Record Charting System

EDUCATION

Bachelor of Science in Nursing, Hampton University School of Nursing, Hampton, Virginia Graduation Date: May 2012 GPA: 3.3

Bachelor of Science in Marketing, Hampton University School of Business, Hampton Virginia Graduation Date: May 2008

