

Tamara Johnson

Patient Care Technician - ICU/Medsurg/Tele PCT

Dallas, TX

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Multitask role in a very high priority function in caring for patient, going above and beyond to serve excellence care.

Work Experience

Unit Secretary &(Patient Care Technician)Medsurg/ Neuroscience and Scoliosis

Texas Health Presbyterian Hospital - Plano, TX

August 2017 to Present

Multi Task Role;

- Maintain stock supplies
- Maintain the medical record
- Basic data entry into clinic EMR and Meditech
- Filing, faxing and organization of clinic files

Communicate clearly and openly

Build relationships to promote a collaborative environment

Be accountable for your performance

Always look for ways to improve the patient experience

Take initiative for your professional growth

Be engaged and eager to build a winning team

Meet patients needs with assisting in all daily activities.

Taking initial vitals, collecting specimens, checking glucose, temperature, charting BM Void output.
patient as needed per RN delegation

Assist pt with CPM equipment and ice packs, refilling ice machine to apply to operated incision,
reposition

pt as needed.

Ambulate pt with safety equipment such as walker, gait belt, sliding board.

Set up food trays for pt. Who require more assistance.

Rounding every hour to assure pt. Needs are fulfilled and customer satisfaction.

continually offer fluids or ice in water pitcher if pt. Isn't NPO or fluid restricted.

Patient Care Technician

ICU PCT - Grapevine, TX

July 2018 to May 2019

- Critical care/long term acute care
- ostomy care
- trachea
- foley care

- EKG monitor
- dialysis care
- womb vac care
- jp drains
- peg tubes
- Bedside patient care
- Medhost software
- vitals
- glucose check
- temp
- in and output recording

Patient Care Assistant/Behavioral/ POST OP/Surgical/ LTAC

Phanci Medical Care - Dallas, TX

January 2014 to July 2018

Provides patients' personal hygiene by giving bedpans, urinals, baths, backrubs, shampoos, and shaves; assisting with travel to the bathroom; helping with showers and baths.

Provides for activities of daily living by assisting with serving meals, feeding patients as necessary; ambulating, turning, and positioning patients; providing fresh water and nourishment between meals. Observes and reports patient's status and needs.

Answers call lights and attends to/reports patient needs. Get new rooms ready for pending admissions.

(Patient Care Technician)Float Pool/Behavioral/ Medsurg/Oncology/Telemetry

Medical Center of Plano - Plano, TX

March 2013 to March 2015

Provides adjunct care by administering enemas, douches, nonsterile dressings, surgical preps, ice packs, heat treatments, sitz and therapeutic baths; applying restraints as directed and rounding for pt. safety

Maintains patient stability by checking vital signs and weight; testing urine; recording intake and output information.

Provides patient comfort by utilizing resources and materials; transporting patients; answering patients' call lights and requests; reporting observations of the patient to nursing supervisor.

Documents actions by completing forms, reports, logs, and records.

Maintains work operations by following policies and procedures.

Protects organization's value by keeping patient information confidential.

Hospice Aide

The Hospice Center - Richardson, TX
August 2010 to March 2014

Serves and protects the hospital community by adhering to professional standards, hospital policies and procedures, federal, state, and local requirements, and standards

Take and record patients' vitals such as pulse, temperature and blood pressure in patient log books

Provide good body alignment and positioning by ensuring that bedridden patients are timely turned and that they air mattresses are in good working order

Assist patients in and out of bed or chairs and encourage range of motion for non-ambulatory patients

Plan and prepare nutritious meals based on each patient's individual needs and assist them in partaking their meals

Report any changes in patient condition to RN

Education

Pharmacy Tech

Ashworth College - Norcross, GA
March 2017 to March 2018

Skills

- CNA (10+ years)

Certifications/Licenses

CPI

May 2019 to May 2020

CPI certifies update and trained