**Lisa R. B. McKeithan**

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**Background:** B.S.N. trained Registered Nurse with medical/surgical floor experience and Nurse Sonographer in Pregnancy Center setting.

**Experience**

*Assist Pregnancy Center*, Annandale, VA - July 2016-November 2017

Registered Nurse

* Served as acting Nurse Manager in the absence of the Nurse Manager, and supervised volunteer medical personnel as they performed their assigned tasks
* Completed Urine Pregnancy Tests for women having missed at least one monthly cycle date
* Provided limited ultrasounds to women in their first through third trimesters to confirm pregnancy and described ultrasound findings to client’s and provided follow up calls when necessary
* Explained abortion procedures, risks, and abortion reversal information to clients requesting said information

*Alternative Health Associates*, Alexandria, VA - Jan 2013-Jan 2014

Registered Nurse

* Conducted weekly informational presentations to potential clients
* Provided health promoting education in weekly one-on-one 30 minute meetings to help guide clients along their weight loss journey
* Single handedly oversaw client program progression and provided guidance when needed to increase desired client outcomes
* Accepted and delivered on the humbling request to rewrite the job description for my position to reflect the qualities I brought to the position during my tenure

Reston Hospital Center, Reston, VA- Sept 2010-July 2011

Registered Nurse- Medical/Surgical

* Administered medication and treatment to patients
* Implemented nursing care plans and delivered patient centered care for best patient outcomes
* Instructed patients on how to manage illnesses after treatment

*Comanche County Memorial Hospital*, Lawton, OK - May 2009-May 2010

Registered Nurse-Medical/Surgical

* Performed screening/diagnostic tests and analyzed post test results
* Oversaw a small team of Licensed Practical Nurses’ (LPN’s) and Certified Nurse Aid’s (CNA’s) in the administration of medication and appropriate patient care
* Administered narcotics, blood and other infusions, provided wound care/dressing changes, and numerous other personalized interventions

*DCI Biologicals*, Wichita Falls, TX - Aug 2007-Aug 2008

Phlebotomist, Receptionist, Lab Technician

* Interpreted patient information and carried out needed follow-up actions
* Performed physical exams and health histories
* Monitored donors during and after plasmapheresis process
* Processed donated blood by sampling, sealing, packing and freezing donations for shipment

*United States Air Force*, Holloman AFB, NM - Apr 2001-Nov 2004

Radar Maintenance

* Tested, calibrated and repaired Airport Surveillance Radar (ASR), NexRad Radar along with associated communications and identification equipment
* Isolated malfunctions through outlined systems checking procedures, voltage checks, visual inspections, and other testing methods using electronic test equipment
* Monitored and repaired additional units such as antennas, transmitters, receivers, radar beacon systems, video mappers and related equipment

**Education**

*Northern Virginia Community College*, Alexandria, VA

Business Management

Attendance Date: Fall 2012

*Midwestern State University*, Wichita Falls, TX

Bachelor of Science in Nursing

Attendance Date: Fall 2005 to May 2009

Graduation Date: May 2009

*Community College of the Air Force,* Keesler AFB, MS

Attendance Date: Fall 2001

Radar Maintenance

**Volunteer/Community Service**

* August 2016: Habitat for Humanity: Assisted in cleaning parts of facility and organized donated items
* February 2016 to July 2016: Assist Pregnancy Center: Conduct intakes, pregnancy tests, and perform discharge instructions to clients
* June 2014: So Others May Eat (SOME): Transported home made sandwiches to a DC food kitchen
* April 2014: Assisted in team effort to clean a section of 4 Mile Run by picking up and disposing trash, litter, and sharps
* July 2012: Prince George’s County Thingamajig event volunteer member: Oversaw children and assisted in keeping order
* June 2012: D.C. BBQ Battle: Handed out water to patrons
* November 2011: Zion Church Thanksgiving Day: Handed out clothes and hot meals to the homeless in D.C.