# Bridget McMullen-Redd RN ADN CRRN

##### Duncanville, Texas 75116 ◆ 469-732-4519◆ dutyroc2002@yahoo.com

### Registered Nurse

## Executive Summary

Nurse Manager with 20 plus years as a nurse and 10 plus years as a nurse manager. Highly qualified professional with extensive rehab experience combined with administrative oversight and staff leadership. Develops and executes programs to improve productivity, and effectiveness with a focus on patient care. Collaborates as needed as a part of a cross functional team to meet the needs of the patients in a high paced rehab environment. Apply solution driven approach to resolve conflict. Manage staff and work with strategic partners to increase patient outcomes.

**Leadership Competencies**

Staff Training and Development | Strategic Partnership Cultivation and Management | Ensuring Compliance Policy Development Process | Improvement Expense Control and Budget Management |Complex Problem Solving Change Management | Interpersonal Communication | Vast Knowledge in relation to Rehab Processes Familiar with Epic, Kronos, ACE IT Meditech , Allscripts, Microsoft, Word and PowerPoint.

## Selected Achievements and Accomplishments

* Assisted and Implemented LVAD program for UTSW Rehab
* Developed program to reduce ACT
* Developed program to increase hand hygiene compliance
* 2003 Zale Lipshy University Hospital Patient Service Award recipient
* May 2016 employee of the month
* 2016 HealthSouth employee of the year

## Employment Experience

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| Nurse Manager August 2015 – Current |
| **HEALTHSOUTH Corporation** Currently serving as nurse manager and is responsible for managing a total of 120 employees. Instituted protocols and educated nurses about the rehab process daily. Assured we had appropriate staffing for what was budgeted. Completed just in time training for staff. Worked with and collaborated with other departments to ensure positive patient outcomes and gains. Occasionally filled in as supervisor when needed. Developed process to improve patient and staff experience to include increasing hand hygiene compliance and decreasing acute care transfer rates. Organized and assists with annual skills fair .Prepared staff for various TJC certifications to include Hip, and Cardiac recertification. Assisted and implemented protocols and polices for the development of new TJC certifications in Spinal cord and Amputee. Ongoing FIm educator for nursing staff. Managed HPPD to keep us at the corporate benchmark of 6.1. Contiguously work on performance improvement projects to increase quality of care... in my 3 years we have had a total of 5 new CRRN’s. Assisi in the development of the orientation process with nurses new to the facility. |

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| Nurse Supervisor Sept 2014-August 2015 |  | |
| **MCA Neuro Floor** |  | |

Served night shift nurse supervisor to Neuro population. Responsible for staffing and ensuring that staff adhere to best practice as well as the policies. Administered medications: PO, SL, subcutaneous, topical, and via gastrostomy/jejunostomy button and via central line. Communicated with patient's health care team and agency regarding patient's plan of care/changes in status. Educated patients /caregivers regarding clients' disease processes. Served as liaison between clients and physicians.

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| Cardiac Rehab Nurse Dec 2013 -Sept 2014 |  |
| **Parkland Hospital** |  |

Responsible for monitoring patients that had a recent cardiac event while the exercised. Responsible for monitoring telemetry while they exercised and evaluating their meds and blood sugars. Contacted physicians when needed for patients or med follow ups. Taught cardiac classes and completed follow up calls for patients. Helped develop recovery plan for patients that were post cardiac events. Met with treatment team weekly to share patient progress. Shared progress with patients weekly.

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| |  | | --- | | Nurse Manager September 2008-December 2013 | | **UTSW**  Served as nurse manager and was responsible for managing a total of 60 employees. Instituted protocols and educated nurses about the rehab process daily. Assured we had appropriate staffing for what was budgeted for an hppd of 6.5 Completed just in time training for staff. Worked with and collaborated with other departments to ensure positive patient outcomes and gains. Collaborated with cardiac team to organized and implement LVAD program for rehab patients. Successfully combined two units from two separate facilities. Collaborated with department head to build Epic documentation modules for the rehab unit. Successfully implemented Epic charting in May 2012.Monitored patient outcomes. Taught Fims classes to both residents, staff, attending physicians and therapist when needed. Organized PI projects for my unit in regard to hand hygiene. Hany hygiene compliance rate changed from 82% compliant to 98% in four months. Sat on the Code blue and falls committee for my hospital. Assisted in teaching annual rehab skills fair. | |  |

**Committees**

Employee Activities Committee, Falls Committee, Pharmacy Committee, DCS Committee, Patient Ambassador, ACT Committee, Quality Committee, Wound Care Committee

**Education/Certifications/Affiliations**

Associates Degree in Nursing Navarro College; CRRN certified; FIM certified; BLS, and ACLS. Member of ARN