**Robert Mitchell**

**Clinical Nursing Assistant**

Robertm6337@att.net

(972) 730-1064

**Objective:** Seeking to utilize the knowledge and skills obtained to grow professionally within the healthcare industry; desiring to perform specified patient care activities and basic patient centered/patient valued care.

**Functional Summary:**

* Provide caring, kind, dependable and personable non-medical in-home care to individuals.
* Tasks typically include: companionship and conversation, meal preparation/planning, light housekeeping, general assistance and errands, personal care assistance (feeding, bathing, dressing, & grooming), medication reminders.
* Provide health care assistance (i.e., taking routine vital signs, blood pressure, glucose monitoring, telemetry monitoring, daily weights, wound care assistance, etc.)
* Provides patients' personal hygiene by giving bedpans, urinals, baths, backrubs, shampoos, and shaves; assisting with travel to the bathroom; helping with showers and baths.
* Provides for activities of daily living by assisting with serving meals, feeding patients as necessary; ambulating, turning, and positioning patients; providing fresh water and nourishment between meals.
* Provides adjunct care by administering enemas, douches, non-sterile dressings, surgical preps, ice packs, heat treatments, sitz and therapeutic baths; applying restraints.
* Maintains patient stability by checking vital signs and weight; testing urine; recording intake and output information.
* Provides patient comfort by utilizing resources and materials; transporting patients; answering patients' call lights and requests; reporting observations of the patient to nursing supervisor
* Experience in distribution, track orders, purchasing , inventory and data entry
* Excellence in customer service, including price quoting and order processing
* Ability to exercise good judgment while reacting quickly to any situation
* Proficient writing and verbal communication skills
* Well organized, self- motivated, detailed oriented,
* Ability to work in fast paced environment & multi –task
* Maintain work operations by following policies & procedures
* Execute daily miscellaneous operations for the department

**Skills & Special Abilities Summary:**

* Ability to demonstrate basic patient care skills and skill in the use of supplies and assigned equipment; ability to communicate effectively with departmental personnel of other departments, nurses, physicians, patients and families; ability to demonstrate patient centered/patient valued behaviors

**Work Standards:**

* Arrives on time for scheduled shifts, meetings and assignments; demonstrates initiative to perform tasks with little supervision; reliable transportation, valid license & insurance; willing to learn specific & complex care regiment if necessary; highly compassionate and service oriented with attention to detail; demonstrate initiative in pursuing improvements to tasks and processes in order to reduce costs or improve value; accepts responsibility for assigned work; ensures results are complete and meets expectations; demonstrates thorough understanding of polices contained within Employee Handbook

**Employment:**

* **2014- Present Parkland Health & Hospital Systems Dallas, Texas 75235/214-590-8000**

**Patient Care Assistant**

* 2001- Present Private Duty Caregiver (PRN) Dallas, Texas 75241/214-212-8295
* 2012- 2014 Niagara Bottling Company/Environmental Support Services Tech

4851 Mountain Creek Pkwy Dallas, Texas 75219/214-939-7400

* 2003- 2012 Oak Farms Dairy/Production Departmental Operator

1114 North Lancaster Dallas, Texas 75203/214- 941-0302

* 2000-2003 Bimbo Bakers USA/Production Departmental Operator

10701 Harry Hines Blvd. Dallas, Texas 75220/214-956-2072

* 1992-2000 Presbyterian Hospital/Central Supply Departmental Clerk

8200 Walnut Hill Lane Dallas, Texas 75231/214-345-6789

**Education:**

A. Maceo Smith High School Dallas, TX High School Diploma

Texas Career Institute Dallas, TX Certified Nursing Assistant Certificate

CNA: Help patients by supporting personal hygiene and daily living needs; providing comfort, transportation, vital sign monitoring, testing urine, recording intake and output information, document actions by completing forms, reports, logs and records; additional assistance as warranted.

***REFERENCES FURNISHED UPON REQUEST***