LaCandace Sellers, RN, MSN, FNP-C

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SUMMARY

Certified Family Nurse Practitioner with over 13 years of nursing experience. Background in emergency, surgical, rehabilitation, internal medicine nursing and nursing management. Flexible and quick learner who adapts easily to challenges and new situations. Self-motivated professional with a commitment to providing patient-centered, quality nursing care. Excellent communication and strong organizational skills.

CREDENTIALS AND CERTIFICATIONS

Advanced Practice Registered Nurse (American Academy of Nurse Practitioners) #AP133341, TX 2016

Registered Nurse License #726583, TX 2006

Licensed Vocational Nurse #199694, TX 2005 (Inactive)

Basic Life Support (BLS), TX 2017-2019

Advanced Cardiac Life Support (ACLS), TX 2016-2018

National Provider Identifier (NPI) 1407385495

National Registry of Certified Medical Examiners 1860999848

EXPERIENCE

**NURSE PRACTITIONER- CLINICAL DIRECTOR** 10/2017 – Present

**Urgent Care Travel**- Dallas, Texas

* Director of urgent care clinic. Responsible for all front office and back office duties.
* Assisted with formulating policies and procedures for clinic
* Responsible for interviewing and hiring support staff.
* Provided DOT physicals, chronic healthcare management, and urgent care services to truck drivers
* Provided urgent care, primary care and preventative services to non-truck drivers with ages ranging from 18 months to adult.
* Certified in DOT physical exams and specimen collection.
* Provided occupational medicine services.
* Dispense medications from an on-site dispensary

**NURSE PRACTITIONER- HOME VISITS** 06/2017 – Present

**Complex Care Solutions**- Dallas, Texas

* Responsible for annual history and physical assessment of high-risk patients that captures a comprehensive picture of the patient's medical condition
* Enhances communication and collaborative relationships with multidisciplinary healthcare team members
* Screen patients for potential participation in CCS's care management program
* Acts as a patient advocate protecting privacy and confidentiality issues
* Provides patient education, emphasizing importance of consistent monitoring of health needs, and recommending community resources
* Facilitates patient empowerment and quality of life by promoting educated, independent patient choice on all aspects of care
* Identifies opportunities for health promotion and illness prevention
* Demonstrates accountability for own professional practice by participating in educational programs that increase clinical knowledge base and skill set
* Complete all documentation within 48 hours from visit
* Communicate clearly and timely with Team Manager when a clinical escalation is found. Document clinical escalations appropriately

**SAME DAY PROCEDURE CHARGE NURSE/ PRECEPTOR**▪ 12/2013 – 11/2017

**North Texas Veterans Medical Center**- Dallas, Texas

* Provides independent direct patient care to an assignment of up to ten complex veterans that include preparing patients for surgery and special procedures, full patient assessments, initiating intravenous venous sites, inserting Foley catheters, administering intramuscular and subcutaneous shots, assessing glucose levels, and administering medications.
* Functions as an infusion nurse by administering a variety of blood products such as immunoglobulin, plasma, packed red blood cells, etc. Also, administers chemo therapy treatments.
* Provides pre-operative and post-operative care.
* Phones patients at home before surgery to make sure they are properly prepared and phones patients post operatively to ensure all needs are being met following surgery.
* Uses the computer for data collection, knowledgeable of CPRS, VISTA, Excel, Power Point, and Word.
* Functions as the patients’ advocate, provides patient and family teaching, collaborates with other disciplines and services as appropriate for the patients. Participates in discharge planning and continuity of care.

**EMERGENCY DEPARTMENT CHARGE NURSE**▪ 06/2013 – 01/2015

**Crescent Medical Center at Lancaster** - Lancaster, Texas

* Supervises a 10-bed emergency department while providing direct patient care.
* Makes staffing assignments and delegates appropriate duties to staff. Ensures unit is properly staffed. Maintains the flow of patients through the emergency room. Communicates with doctors and auxiliary services to assure efficient patient care.
* Trains and orients new nurses and agency staff to ensure efficient patient care.
* Functions as employee health nurse.
* Maintains functional work environment by performing administrative task such as chart auditing for emergency department and inpatient units, stocking inventory and performing evaluations on agency staff.
* Member of the Nurse Advisory Committee and Nursing Peer Review.

**CLINICAL CASE MANAGER**▪ 01/2013 – 06/2013

**Aetna Life Insurance Company** - Arlington, Texas

* Through the use of clinical tools and information/data review, conducts comprehensive assessments of referred member’s needs/eligibility and determines approach to case resolution and/or meeting needs by evaluating member’s benefit plan and available internal and external programs/services.
* Applies clinical judgment to the incorporation of strategies designed to reduce risk factors and address complex clinical indicators which impact care planning and resolution of member issues.
* Using advanced clinical skills, performs crisis intervention with members experiencing a behavioral health or medical crisis and refers them to the appropriate clinical providers for thorough assessment and treatment, as clinically indicated. Provides crisis follow up to members to help ensure they are receiving the appropriate treatment/services.
* Application and/or interpretation of applicable criteria and clinical guidelines, standardized case management plans, policies, procedures, and regulatory standards while assessing benefits and/or member’s needs to ensure appropriate administration of benefits.
* Provides coaching, information and support to empower the member to make ongoing independent medical and/or healthy lifestyle choices.
* Uses holistic approach consults with supervisors, Medical Directors and/or other programs to overcome barriers to meeting goals and objectives; presents cases at case conferences to obtain multidisciplinary view in order to achieve optimal outcomes.

**NURSE SUPERVISOR**▪ 03/2012 – 01/2013

**Methodist Rehabilitation Hospital** - Dallas, Texas

* Oversees and supervises nursing care for patients and is responsible for orienting, training and overseeing the nursing interdisciplinary team. Supervises the provision of nursing care, treatment and services. Responsible for the scheduling, evaluating and participating in the performance improvement process with staff. Maintained nursing database and scheduling by using Microsoft Excel, Access, and Word.
* Coordinates the scheduling of staff to ensure the appropriate types and numbers of nursing personnel necessary to provide nursing care is present and appropriately assigned. Functions as the patients’ advocate, provides patient and family teaching, collaborates with other disciplines and services as appropriate for the patients, and participates in discharge planning and continuity of care for patients.
* Treats a variety of patient diagnoses such as surgical patients, neurological disorders, spinal cord, amputations and multiple traumas.
* Maintains regulatory requirements including all state, federal, and JCAHO regulations. Maintains performance improvement activities for department. Actively participates in continuous quality improvement (CQI) activities. Coordinates administration and clinical activities, both inter and intra-departmentally, so that optimum patient care is provided, staffing is maintained and costs contained.

**REGISTERED NURSE/ CHARGE NURSE**▪ 07/2007 – 03/2012

**North Texas Veterans Medical Center**- Dallas, Texas

* Maintain assignments on an average of four clients that include full patient assessments, initiating intravenous venous sites, inserting nasal gastric tubes, inserting Foley catheters, drawing arterial blood gases, administering intramuscular and subcutaneous shots, assessing glucose levels, performing assessments, administering medications, administering blood products, preparing clients for special procedures, and admission to the hospital. Functions as triage nurse using the ESI triage system.
* Functions as the patients’ advocate, provides patient and family teaching, collaborates with other disciplines and services as appropriate for the patients. Participates in discharge planning and continuity of care.
* Makes staffing assignments and delegating appropriate duties to staff. Ensures unit is properly staffed. Maintains the flow of patients through the emergency room. Assist in direct patient care when staff members need assistance. Communicates with doctors and auxiliary services to assure efficient patient care.
* Successfully serves as a preceptor and mentor. Trains and orients new nurses during their four to six week orientation. Provides feedback to the nurse manager and new nurses about progress in orientation. Mentors nursing students from local high schools and colleges that complete their clinical rotations at the hospital.
* Provides quality care to non-emergent patients in the emergency department’s minor ER clinic. Duties consisted of direct patient care, performing assessments, medication administration, initiating intravenous sites, applying splints, assessing glucose levels, and patient/family teaching.

**REGISTERED NURSE**▪ 12/2005 – 07/2007

**Hillcrest Baptist Medical Center** - Waco, Texas

* Provided quality care to patients at a level II trauma center emergency department. Delivered direct patient care; triaged and assessed patients, administered medications, and performed various nursing interventions; initiating intravenous sites, inserted nasal gastric tubes, proper documentation, preparation for surgical procedures and admission.

**LICENSED VOCATIONAL NURSE**▪ 12/2005 – 07/2007

**Providence Healthcare System** - Waco, Texas

* Provide quality care to patients on a medical-surgical unit (renal/dialysis).
* Maintain assignments on an average of six clients that include performing assessments, administering medications, preparing clients for surgery or dialysis, chart reviews, and more. Worked with a friendly team of nurses.

EDUCATION

**Walden University-** Minneapolis, Minnesota

**Master of Science:** Family Nurse Practitioner, 2016

Graduated with Honors- GPA 4.0

Completed 540 clinical hours that included primary care, women’s health, OB/GYN, and pediatrics.

**West Texas A&M University-** Canyon, Texas

**Bachelor of Science**: Nursing, 2007

Graduated with Honors- Summa Cum Laude, GPA 3.9

President’s Honor Roll, Dean’s List

**McLennan Community College**- Waco, Texas

**Associate of Applied Science**: Nursing, 2005

REFERENCES

Available upon request