Cynthia Guevara RN

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**Summary**

Bilingual Registered Nurse with 5 years of experience in various patient care settings in both bedside care and leadership roles. Able to handle high-stress environments while maintaining professionalism. Detail-oriented and strong work ethic with motivation to learn new skills and collaborate with others to build professional relationships. Committed to providing safe, high-quality patient-care while maintaining compassion and advocacy.

**Education**

**Chamberlain University**

Bachelors of Science in Nursing

Enrolled February 2018

**Trinity Valley Community College**

Associates Degree in Nursing

Graduated June 2013

**Employment History**

**Dallas Medical Center**

Day Surgery RN

Farmers Branch, Texas

November 2017 – Present

* Promoted to charge nurse within 6 months of hire.
* Managed daily flow of unit, surgery schedule, and staffing.
* Provided care to patients in pre-operative and post-operative phases.
* Performing admission and post operative assessments, including medication reconciliation.
* Facilitation of inter-departmental transfers.
* Initiation of IV therapy, drawing blood for labs, administering medications as ordered.
* Obtain surgical and anesthesia consents.
* Collaborated with surgical team, communicating any pertinent information including diagnostic results and symptoms.
* Provide instructions pre-operatively and post-operatively.
* Responsible for adherence to regulations, standards and hospital or unit policies and procedures.
* Responsible for participation in Performance Improvement activities, unit meetings and in-services.
* Act as a resource for other personnel as appropriate.

**Dallas Medical Center**

Labor and Delivery RN

Farmers Branch, Texas

November 2015 – August 2017

* Managed laboring patients and triaged outpatients.
* Performed admission assessments, cervical exams, and obtained consents.
* Monitored and recorded fetal heart tones, intervening when necessary.
* Initiated and maintained IV therapy, administering medications as ordered.
* Communicated patient status to physicians as needed.
* Collaborated with labor team continuously regarding patient status.
* Prepped patients for vaginal delivery, providing instructions and expectations to the patient.
* Prepped, circulated and recovered c-section patients.
* Provided necessary health education training for patients.

**Hickory Trail Hospital**

Day Hospital Program RN

DeSoto, Texas

December 2014 – November 2015

* Assisted with start up of new location as extension of main hospital
* Oriented new patients to day hospital program consisting of adults, children and adolescents.
* Completed initial assessments, medication reconciliation, and urine drug screens.
* Provided education to patients regarding mental health, detox and withdrawal, medications, addiction, recovery, coping skills and community resources. Provided necessary health education training.
* Responsible for primary care, case management and medication management.
* Accurately documented all elements of nursing assessment, treatments, medications, discharge instructions and follow-up care.
* Coordinated with doctors and nurses to develop care plans.
* Performed utilization reviews as deemed necessary.

**Glen Oaks Hospital**

Inpatient RN

Greenville, Texas

September 2013 – December 2014

* Worked with inpatient population on both adult and child/adolescent units.
* Communicated with physicians regarding changes in patient status.
* Assessed patients in active withdrawal and provided interventions to manage physical and psychological withdrawal symptoms including medication administration.
* Coordinated with doctors and registered nurses to develop care plans for patients. Partnered with team of Registered Nurses to ensure overall well-being of all patients.
* Utilized strong assessment skills to determine necessary patient care.
* Evaluated patient care needs, prioritized treatment and maintained patient flow.
* Provided education to patients on detox and withdrawal, medications, addiction, recovery, coping skills and community resources.
* Implemented and managed patient transfers.
* Worked as charge nurse overseeing and managing all units.

**Professional Skills**

Electronic Health Records: Competent

Medication Administration: Competent

Interdisciplinary Collaboration: Competent

Patient Assessments: Competent

Intravenous Therapy: Competent

Diagnostic Testing: Competent

Patient Education: Competent

Surgery Preparation: Competent

Clinical Decision Making: Competent

**Languages**

Spanish: Native

**Certifications**

* Registered Nurse
  + Expiration 11/30/2019
* Basic Life Support (BLS)-American Heart Association
  + Expiration 03/2019
* Advanced Cardiac Life Support (ACLS)-American Heart Association
  + Expiration 05/2020