**EDUCATION**

**Bachelor of Science in Nursing**, *Midwestern State University*- Wichita Falls, TX (Graduated: 12/2015)

•Honors: Provost Honor Roll, Academic Excellence Scholarship

**Associate of Arts Degree, General Studies**, *Collin College*- Plano, TX (Graduated: 05/2011)

•Honors: National Honor Society, Who’s Who Among American Colleges/Universities

**American Academy of Ambulatory Care Nursing Leadership Training,** *UT Southwestern Medical Center-* Dallas. TX(2017)

**GLOBAL EXPERIENCE**

**Public Health Study Abroad Program,** *Queen Mary University*- London, England (07/2014-08/2014)

•Provide healthcare for diverse populations within the United Kingdom

•Recognize the impact social determinants have on health outcomes of specific populations

•Compare and contrast health disparities between the United States and the United Kingdom

**CERTIFICATIONS AND LICENSURE**

•Texas Board of Nursing Registered Nurse-Compact license (Expiration: 08/31/2019)

•American Heart Association, Healthcare Providers CPR/BLS (Expiration: 07/31/2019)

**WORK EXPERIENCE**

**RN Case Manager,** *Parkland Health & Hospital System*- Dallas, TX (01/2018-Present)

•Identify, screen, track, monitor and coordinate the care of patients with multiple comorbidities and/or psychosocial needs

•Serve as a preceptor to new Care Coordinators/Case Managers within the Care Management Department

•Establish and maintain an efficient, cost effective care management process by determining patient financial and medical eligibility, medical necessity and by developing, implementing and monitoring individual patient plans of care and communicate these plans of care to patients, families and Parkland staff to ensure quality patient care throughout the healthcare continuum and compliance with Parkland policies and procedures

•Identify barriers in treatment plans, provide adequate patient resources and educate patients on disease processes

•Coordinate services as needed (DME, Home Health, IV antibiotics and referrals)

•Collaborate with the Care Management department educator to create ways to increase survey readiness among staff and improve survey readiness among staff and improve the onboarding process for Care Coordinators/Social Workers

•Utilization review (Interqual guidelines)

**Charge Registered Nurse/Case Manager,** *Baylor Institute for Rehabilitation-* Dallas, TX (05/2017- 11/2017)

•Assess patient phone and MyChart inquiries according to health care provider and departmental protocols and document actions in the patients’ electronic medical record

•Coordinate post-acute care services such as Home Health, DME, Referrals and post discharge transportation

•Streamline workflow processes to provide effective and efficient quality health care

•Prepare equipment and assist health care providers during physical exams and procedures

•Complete disability and FMLA paperwork for patients and send to the appropriate contact

•Serve as a liaison between patients and health care providers to provide efficient care

**Registered Nurse,** *UT Southwestern Medical Center/Peter O’Donnell Jr. Brain Institute-*Dallas, TX (March 2016-May 2017)

•Streamline workflow processes to improve communication among the multidisciplinary team and increase quality patient

•Deliver nursing interventions to assigned patients that are consistent with the patients’ medical plan of care

•Reinforce discharge instructions and provide nursing education to patient’s with various neurological diagnoses.

•Communicate with insurance companies to provide prior authorizations and pre-certifications in a timely manner

•Triage patient phone inquiries according to physician and/or departmental protocols and document in the patients’ electronic medical record

•Provide necessary critical care skills to respond immediately, safely assess and stabilize patients who become unstable or show signs of deterioration.

•Provide working supervision and delegate tasks to licensed vocational nurses, non-licensed medical staff, and/or office support personnel

**Patient Care Technician,** *UT Southwestern Medical Center-*Dallas, TX (07/2015- 02/2016)

•Serve as a member of the healthcare team by providing assistance with activities of daily living and obtaining lab specimens

•Monitor vital signs, intake/output, daily weights and document on electronic medical record

**Clinical Assistant** *United Regional Health Care System-* Wichita Falls, TX(10/2015- 05/2015)

•Assist Registered Nurses with admission, transfer, discharges and vital signs

•Insert Foley catheters, collection and transport of lab specimens, EKG 12 lead/remote monitor, phlebotomy duties and assist patients with activities of daily living

**Patient Care Associate/Sitter/House Technician,** *United Regional Health Care System-* Wichita Falls, TX (04/2014 10/2015)

•Deliver supplies to various departments within the hospital

•Collaborate with Registered Nurses in admission, transfer and discharge duties

•Assist patients with activities of daily living while monitoring their vital signs, behavior and physical condition

**PROFESSIONAL MEMEBERSHIPS AND VOLUNTEER EXPERIENCE**

•2015- Present American Nurses Association