**Shannon Armstead, MS, APRN, AGNP-C**

1751 Overlook Drive Lancaster, TX 75146

(214) 636-7855

[Sarmstead05@yahoo.com](mailto:Sarmstead05@yahoo.com)

**Objective**

Critical care registered nurse with more than 10 years of experience focused to provide continued patient centered care.

**Summary of Qualifications**

* Extensive and diverse health care experiences as an ICU RN charge nurse, preceptor, and mentor
* Experience with EMR and H&P documentation including patients’ rights and confidentiality
* Experience with individualized assessment, diagnosis, plan and evaluation with physical exams, management of chronic diseases such as hypertension, cholesterol, diabetes, thyroid disorders, well woman/pelvic exams, lab interpretation, antibiotic management, wound management
* Experience with health promotion, disease prevention, health maintenance, counseling, and patient education

**Education**

Texas Woman’s University- Adult Gerontology Nurse Practitioner 05/2017

Post Master’s Certificate

Texas Woman’s University- Nurse Educator Masters of Science 05/2012

Texas Woman’s University- Bachelors of Science 12/2009

**Certifications**

Advanced Practice Registered Nurse, Texas Exp. 01/2018

Registered Nurse, State of Texas Exp. 01/2018

American Academy of Nurse Practitioner Certification Exp. 06/2021

Advanced Cardiac Life Support Exp. 05/2018

Basic Cardiac Life Support Exp. 01/2018

Texas Board Nurse DEA License Exp. 01/2018

**Professional Experience**

AGNP - Texas Infectious Disease Institute- Richardson, TX 01/2018- present

* Functions independently and collaboratively with physician to provide continuity of health care services for individuals, families or groups
* Evaluates the health status of acute and chronic episodes of illness and health care needs.
* Navigate individuals through comprehensive history, physical exam, and data interpretation.
* Analyzed data to identify health/illness problems, the human responses to actual or potential healthy/illness problems
* Design and evaluate individualize treatment plan
* Identify learning needs and providing specialized education to enhance descision making
* Experience with office consultations, exams, infusion clinic, wound management, infection control, antibiotic stewardship, and assisting with HIV management
* Responsible for rounding at LTAC facilities

ICU RN-Baylor Scott and White Medical Center, Irving, TX 09/2002- 12/2018

* Prepare, plan, manage, and assess care given to critical patients, administer medications, perform procedures
* Patient population include cardiothoracic and medical-surgical intensive care patient
* Prepare, assist, and monitor intubation, arterial line, central line placement, hypothermia, continuous renal replacement therapy (CRRT), coronary bypass graft (CABG), hemodynamic monitoring
* Implement interpersonal and team skills through collaborating as a team member
* Implement and maintain leadership skills as a charge nurse, code team member, preceptor, and mentor of the unit
* Acts as a preceptor and train graduate nurses, nursing students, and high school students

**AGNP Clinical Experience**

* Texas Health Physicians Group- Dallas Health Associates Internal Medicine, 8220 Walnut Hill Lane Professional Office Building 2, Suite 600, Dallas, TX 75231
* Baylor Scott & White Family Medicine- Las Colinas, 400 W Lyndon B Johnson Freeway, Suite 200, Irving, TX 75063

**Professional Organizations & Achievements**

* Sigma Theta Tau Guest Speaker Program: Why Are Nurses Leaving the Bedside, 2017
* Electronic Cigarettes and Adolescent Poster Board Presentation- Youth Group, Princeton, NJ, 2017
* Intensive Care Unit Based Council Chairperson, 2013
* Intensive Care Unit Based Council Co-Chairperson, 2012
* Armstead, S. (2012). External impact to disciplined inquiry, nursing research, and evidence translated into nursing practice. Van Sell, S.L. and Oquin, C. (in print). Located in Van Sell, S.L., *Principles of Nursing Research* (1st ed.). Independence, KY: Cengage Learning
* Epsilon Omega Epsilon Honor Society Member, 2011
* Sigma Theta Tau National Nursing Honor Society, 2011
* Graduate Nursing Online Education Scholarship Recipient, 2011