Thera Savala’s Resume

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Professional Objective: To extend my love and compassion towards caring for people in need of a skilled, prudent and proficient Registered Nurse, that will continue to grow and get educated in my practice by implementing the best nursing practices of the Texas State Board of Nursing.

Education:

Western Governors University, Salt Lake City, UT

Bachelor of Science in Nursing

Graduated: 12-2017

Richland College, Dallas, TX   
Associate of Science Degree  
Graduated: 07-2014

Tarrant County College, Arlington, TX  
RN Nursing Prerequisites  
April 2005-July 2010

Concorde Career Institute, Arlington, TX   
Vocational Nurse Program   
Graduated: 09-2009

BSN Clinical History:

Caring Arts and Science Across the Lifespan I at Lake Pointe Medical Center/ 01-29-2016 to 02-16-2016

Caring Arts and Science Across the Lifespan II at Dallas Medical Center/ 04-15-2016 to 05-16-2016

Clinical Learning for Complex Illnesses in Adults/ 08-03-2016 to 08-31-2016

Psych/Mental Health Clinical at Nexus Recovery Center/ 10-26-2016 to 11-16-2017

Care of Developing Family at Dallas Medical Center/ 01-07-2017 to 01-21-2017

Community Health and Population Clinical at AIDS Outreach Center/ 04-16-2017 to 05-14-2017

Critical Care Nursing Clinical Dallas Medical Center/ 07-19-2017 to 08-01-2017

Nursing Clinical Practicum at Dallas Medical Center/ 09-04-2017 to 10-08-2017

Work History:

12/09/13 to Current

Tarrant County Public Health Dept.-Tuberculosis EliminationFort Worth, TX

I am a nurse in tuberculosis (TB) prevention whom is responsible for ordering, packing and delivery of latent tb medications on DSRIP grant in Tarrant County. In addition to this, I follow up on all positive tb reports to Tarrant County Health Dept and arranges the clients office visit for tb evaluation. I follow TB case and suspect case loads as a case manager to ensure medication compliance through duration of their treatment and coordinate referrals of additional services needing follow up care. I give and observe medication administration, update pt. medication regimen according to Dr. written and verbal orders, place and read TB skin tests, draw various blood labs for baseline values, obtain medical and health history for homeless clients for open chart process, triage/assess pt. issues over telephone and in person for toxicity of TB meds, schedule dr. appointments for pts. in computer system, chart pt. progress and medication administration in EMR, prepare/draw up medication and labels for pharmacist approval, maintain file system for pt. toxicity reporting forms, close completed and incomplete TB therapy charts on 400C forms, chart in EMR, Access, Word and Excel spreadsheets daily to update pt. info, collaborate pt. care referred into and transferred out of TCPH TB clinic, process referrals for pt. follow up, bill and code pt. visits in EMR, attend trainings to maintain licensure and certifications, participate in continuous quality improvement trainings to maintain competency levels and ensure compliance with departmental policies and procedures

12/06/11 to 12/06/13  
Tarrant County Public Health Dept.-Prevention and Public Health Planning Fort Worth, TX  
Checked-in patients and assessed/recorded their vital signs, updated pt medication lists in EMR, assisted with patient annual pap/well women's exams, administered due vaccines/ TB skin test as ordered by physician, ensured referrals for additional treatments/services went to correct destination, scheduled patient appointments on computer system, reinforced physician instructions in person and over telephone, documented patient care interventions and education in EMR, obtained medical history and physical history as needed, prepared/restocked exam rooms supplies for patient care, retrieved reports of diagnostic exams and medical records for patient personal use, pre-filled med boxes for pts., prepared medicine bottle labels and made f/u calls for medication pick-up, called in/faxed prescription refills to pharmacies, submitted prior authorizations for medication approvals, assisted with blood lab draws occasionally, triaged patients during phone calls and document in EMR, ran EKG tests on diagnostic equipment, collected wound specimens and sent to appropriate lab for evaluation, documented patient care interventions and education in EMR, obtained appropriate patient consent forms for release or preparation of medical treatment, inspected equipment to ensure patient safety and proper functioning,  reordered medical supplies, completed medical coding/billing forms and clinical documentation daily, maintained clinical/technical skills by attending training programs to maintain competency levels and ensure compliance with departmental policies and procedures

11/08/10 to 05/20/11

Duncanville Healthcare and Rehab Center Duncanville, TX  
Provided skilled care to geriatric population using HTT assessments, diabetic care mgmt., ADL/transfer assist. care plan mgmt., administered  breathing treatments, monitor for side effects of medications, provided wound vac and dressing care, monitored IV therapy, provided pt./family teachings, charted pt. care regularly, managed nurse station telephone calls and call lights, rotated shifts as charge nurse during meal times and processed patient admissions/discharges, attended on the job skills trainings

10/06/09 to 03/12/2011  
No Place Like Home Hospice Care Fort Worth, TX  
Provided continuous bedside care to sick and deathly ill patients, monitored V/S, gave comfort medications as ordered, provides ADL transfers and oral care when needed, gave family teaching of dying process, charted regularly on pt. status

09/21/2019 to 04/09/10  
T&T Home Health Agency Dallas, TX  
Assessed patients daily for homebound status and improvement/declines in health status as ordered including checking for s/s of infection, sickness, weakness and abnormal limitations/issues, checked blood sugars, pre-filled insulin syringes and med boxes, provided wound care and medication administration, provided ADL assistance and gave pt./family teachings as needed, notified treating dr. on pt. status/missed visits and charted regularly on pt. status

Attributes: Dependable~ Communication Skills~ Self-motivated~ Multi-Task Oriented~ Team Player~ Time/Organization Management~ Fast Learner~ Respectful/Caring~ Works Well Under Stress

Certifications: BLS certified until 02/13/2018

Awards: Miller Bullen Hanson Foundation Scholarship Richland College Honors Academy Candidate GPA 3.4, Academic Deans List GPA 3.5 (Concorde Career Institute), Member of CQI Committee 2013 (Tarrant County Public Health Dept.)

Leadership Development (Tarrant County Public Health h Dept.)