Ursula Tanner

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LANCASTER tx 75146

**Patient Care Technician, Med/Tele Unit - VA North Texas Health Care System**

Cedar Hill, TX

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(757)945-9904

25 years of experience working as nursing assistant in several areas of healthcare. Currently seeking a new opportunity as a patient care technician in an environment dedicated to its patients and employees.

**Work Experience**

**Patient Care Technician, Med/Tele Unit**

VA North Texas Health Care System

January 2014 to Present

\*Assists patients with their ADL's. \*Preforms vital signs and notifies the appropriate staff of abnormalities \* Charts -Intake & Output ADL & also behavior appropriately in the electronic medical record. \* Promotes infection control. \* Promotes safe patient handing. \* Encourages patient rehab. \* Monitors patients for signs and symptoms of distress and notifies the appropriate personnel. \* Set up patients and room upon floor admission. \* Appropriately places patients up on remote telemetry monitors. \* Preforms EKG's & bladder scans reporting findings to the appropriate personnel. \* Preforms the insertion and removal of Foley catheters aseptically as well as in and out catheterization minimal assistance

**Certified Nursing Assistant/Sitter**

VA North Texas Health Care System

August 2011 to January 2014

\*Provides close monitoring observation of pt. who are at risk for falls, as an alternative to physical restraints. \*Communicates with the nursing staff about the patient & taking patient to other care services around the hospital. \*Assists patients with ADL's in totality. Dealing with various patients ranging the whole wellness continuum such as feeding, personal hygiene, bathing & keeping all lines & tubing in place/out of reach. \*Charts behavior outputs & intake. Observes & reports changes in patients physical condition or emotional status.

**Patient Care Technician**

Intensive Care Unit, Vista Medical Center East

March 2008 to June 2011

\* Assists 6-8 RNs on a 23 bed intensive care unit with vital signs, EKGs, glucose monitoring, blood draws \* Assists the RN in transporting patients for specialized testing such as CT scan and MRI \* Assists in performing CPR during resuscitative efforts \* Patient populations include those recovering from Open-heart surgery, thoracotomy, neurologic/ brain surgery, patients detoxifying from Alcohol and drug withdrawal, renal-impaired patients, traumatic - injured patients.

**Certified Nursing Assistant**

Riverside Convalescent Center

February 2007 to February 2008

\* Caring for patient in a nursing home/ rehabilitation environment \* Assisted residents with short and long-term disabilities perform activities of daily living (ADLs) \* Performed and recorded vital signs, glucose monitoring

**Certified Nursing Assistant**

H.R. Manor Care

January 2004 to January 2007

\* Cares for patients in a nursing home/ rehabilitation environment \* Assists residents with short and long-term disabilities with the performance of activities of daily living (ADLs) \* Performs and records vital signs and glucose monitoring \* Assists patients to recovery with minimal assistance

**Certified Nursing Assistant**

H.R. Heartland Home Healthcare

February 2002 to March 2003

\* Home care duties: Assists patients at their home with ADLs \* Drives patients to their physician office appointments \* Performs other ADL activities including grocery shopping \* Provides therapeutic communication by engaging in conversation with patients in their homes

**Certified Nursing Assistant**

Whitehall North Nursing Home

June 1998 to August 2001

\* Cares for patients diagnosed with Alzheimer's disease. \* Occasionally worked on the Medicare floor assisting patient in their ADLs, performing vital signs as needed. \* Attends care plan meetings

**Education**

**Certified Nursing Assistant**

College of Lake County - Grayslake, IL

1995

**High School diploma**

Joliet West High School - Joliet, IL

May 1989

**Skills**

C.P.R. (Less than 1 year)

CRITICAL CARE (Less than 1 year)

TRAINING (Less than 1 year)

**Certifications/Licenses**

[Add your certifications](javscript:;)

**Additional Information**

Skills \* C.P.R. - American Heart Association, expires 01/2019. \* Knowledge of basic emergency procedures. \* Monitor Technician Education & Training. \* Certified in blood draw, Vista Health Systems, Waukegan, Illinois, 2009. \* E.K.G. certified, last certified in 2008. Vista Health Systems, Waukegan, Illinois. \* Glucose monitoring \* Assisting with critical care patients in a 23- bed Intensive Care Unit & ER. (At a level one trauma center) \* Nursing home experience assisting patients with activities of daily living, reporting significant observations & reporting to the nurse. \* Starting IV'S & taking them out.

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