**Thenesha Timmons RN, MSN**

2031 Augusta St Lancaster, Texas 75146

Mobile: 469-363-9220

[thenesha@att.net](mailto:thenesha@att.net)

Hello,

I am an experienced, passionate, and goal driven registered nurse who loves to educate and assist patients in reaching their healthcare goals. I recently graduated with a Master’s degree in nursing and I am looking forward to sharing my experience and nursing knowledge with a company whose values and are in line with my own.

I look forward to meeting you in person for continued discussion about the details of this opportunity. In the meantime, please feel free to review my attached portfolio and professional references.

Kind Regards,

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**Qualifications**

Highly driven and compassionate registered nurse with experience in rehabilitation, acute care tele medical/surgical, case management/ care coordination and healthcare marketing with a focus on healthcare prevention and promotion. I am flexible, goal oriented, a team-player, self-motivated, and a quick learner and a people person. My desire is to utilize my acquired skills and training and enhance your company’s vision and mission to improvement in healthcare outcomes.

**Certifications and Credentials**

Registered Nurse State of Texas 1997-July 31, 2018

Certified Rehabilitation Registered Nurse (CRRN) 2012-2017

CPR and AED for HealthCare Workers (American Heart Association) 2017-2019

Advanced Cardiac Life Support (American Heart Association) 2016-2018

**Skills**

PowerPoint Presentations

Epic Medical Soft-ware System

Meditec/Medical Terminology

**Education**

Elsie Robertson High School Graduation-1989-1992

Diploma in General Studies

822 W. Pleasant Run Lancaster, Texas 75146

972-218-1660

Texas Woman’s University

Bachelor of Science in Nursing Minor Biology 1993-1996

304 Administration Dr. Denton, Texas 76204

940-898-2000

Walden University

Masters of Nursing 2014-2017

100 S. Washington Ave #900, Minneapolis, MN 55401

866-492-5336

**Professional Experience**

**Baylor Institute for Rehabilitation May 1996-2015 Registered Nurse-**Duties included but not limited to the care and management of clients who had sustained traumatic brain injuries, cerebral vascular accidents, spinal cord injuries, orthopedic conditions (knee and hip replacements), back surgeries, and other neurological conditions such as Guillain-Barre, Multiple Sclerosis, and other debilitative conditions. This role included educating the client and family on the rehabilitative process and nursing care to facilitate a safe discharge. I also worked as a mentor and new employee trainer in this role.

**Clinical/Marketing Liaison-** Duties included but not limited to the medical and physical therapy evaluation of clients in need of inpatient rehabilitation to determine appropriateness/ medical necessity for rehab. If appropriate then assistance with facilitating the transfer to BIR, serve as a resource to external customers by assisting/educating referral sources regarding recommendations to the appropriate discharge placement such as skilled nursing, long-term acute care, outpatient, or home with home health. Market to outside referral sources in the DFW area regarding products and services that BIR provides, educate referral sources by providing continuing education luncheons, formal and informal meetings with discharge planners, physicians, and clients, provided marketing materials and educations at vendor fairs, schools, churches, hospitals, and other venues that were felt to have a positive impact on referrals for BIR with the goal of keeping the hospital at full capacity of rehab appropriate clients, monthly long-distance travel to East Texas to evaluate clients if needed and market/educate hospitals included but not limited to Trinity Mother Francis, East Texas Medical Center, and Longview Regional.

**Care Coordinator/Discharge Planner**- Duties included but not limited to obtaining continuation of stay pre-certification by interfacing with payer sources regarding the progression of goals set by the rehab team. In this role I facilitated the rehabilitation team conference meetings with the physiatrist, neuro-therapist, speech, occupational, recreational, and physical therapist to develop goals and discuss treatment plans and whether the client was meeting the goals. A big part of this role was effective and timely communication with the family regarding medical management and rehabilitation progression and to discuss discharge recommendations and planning and ordering DME if required.

**Methodist Rehabilitation June 2012-2014 PRN Rehabilitative Nurse**-Duties included but not limited to providing excellent nursing care to clients that have sustained orthopedic injuries, back surgeries, hip and knee replacements, and mild head injuries. This role included educating the client and family on the rehabilitative process and nursing care to facilitate a safe discharge.

**Clinical/Marketing Liaison-** Duties included but not limited to the medical evaluation of clients at Methodist Charlton Hospital to determine if rehabilitation criteria was met and if so facilitated the transfer to Methodist Rehabilitation Hospital, assisted social workers/care coordinators and physicians regarding appropriate discharge recommendations if denied by MRH, communicated with payer sources such as United Health care, Aetna, Tricare to name a few regarding medical and rehab necessity if insurance denied benefit. Marketing to Methodist Charlton Medical Center by providing continuing education luncheons, formal and informal meetings with discharge planners, physicians, and clients, provided marketing materials and education at vendor fairs, schools, churches, hospitals, and other venues that were felt to have a positive impact on referrals for Methodist Rehabilitation with the goal of keeping the hospital at full capacity of rehab appropriate clients.

**Charlton Methodist Hospital (Medical-Surgical Float Pool RN) 2014-2017-** Duties include but not limited to the care and implementation of the nursing process to medical-surgical (Telemetry) clients that require acute medical management and nursing care servicesall over the hospital for the exception of ICU. Care of orthopedic patient’s post-surgery, cardiac client’s post-procedures, medically complex clients with diabetes, hypertension, congestive heart failure, renal failure, pain management etc. Float pool nurses are experienced must have a minimal of 3 years of RN experience in med-surgical nursing and must possess excellent interpersonal skills must be flexible, and self-motivated.

**Christus St. Michael Oct 2017- present Staff Nurse Orthopedic Unit 3S-** as a staff nurse I coordinate and manage the care of patient who have had knee and hip replacements, lumbar surgeries, non-surgical fractures, and medical-surgical patients.

**Honors/Awards**

Nurse of the Year Baylor Health Care System 2001

Great Award 2014, 2015, 2016, 2017

Daisy Award 2016 &2017

**Professional References:**

Dr. Manual Tellez (Internal Medicine) 972-283-9400

3500 W. Wheatland Road Suite 407 POB I

Dallas, Texas 75231

Tammy Pikey Director of Medical/Surgical Nursing

Charlton Methodist Hospital 214-947-7981

Rhenna Davis RN Med/Surgical Tele Charlton Methodist

469-222-4946

Shequita Goldsmith RN Med/Surgical Tele Charlton Methodist

214-577-7643

Jessica Tisher LMSW Director of Case Management Baylor Institute of Rehabilitation

214-577-1169

Arlene Williams Director of Marketing Methodist Rehabilitation

972-310-9529