2947 Preston Trail   
Grand Prairie, TX 75052   
December 30, 2018

Human Resources

Dear Hiring Manager,

I am interested in becoming employed as a RN, Registered Nurse, at Crescent Medical Center. I have provided a copy of my resume for your reference. Should you be in the market for a dependable, patient-caring, results-oriented professional for your organization, I would like you to remember my credentials.

I am accustomed to a fast-paced environment where deadlines are a priority and handling multiple jobs simultaneously is a requirement. My detail-oriented nature has enabled me to become a fast learner and capable of being a successful nurse. My goal is to provide quality healthcare services to my patients and community while my personal and professional development continues to grow.

The specialty tracks of my interest include: Adult Critical Care Track, Peri-Operative Care, Medical/Surgical Track, Psych/Mental Health Track and Pacu Post Anesthesia Track.

I enjoy a challenge and have worked hard to attain my goal as a Registered Nurse from Western Governor’s University and are now ready to demonstrate all my skill sets and the exceptional training I have learned. I look forward to meeting with you soon with hope of discussing my career path with the recruiter in person. Thank you for your consideration. Have a great day!

Sincerely,

Thera Savala

Thera’s Resume

[therasavala@yahoo.com](mailto:therasavala@yahoo.com)

817-217-1776

Professional Objective: To extend my dedication and compassion to caring for those in need of a skilled, prudent and proficiently trained Registered Nurse that will continually educate and implement best practice methods according to the Texas Board of Nursing.

Education:

Western Governors University Online Dallas, TX Cohort

Bachelor of Science in Nursing

Graduated: 12-2017 BSN Licensure: 10-16-18

Richland College Dallas, TX    
Associate of Science Degree   
Graduated: 07-2014

Tarrant County College Arlington, TX   
RN Nursing Prerequisites   
April 2005-July 2010

Concorde Career Institute Arlington, TX    
Vocational Nurse Program    
Graduated: 09-2009  LVN Licensure: 10-13-09

BSN Clinical History:

60 HRS Across the Lifespan I at Lake Pointe Medical Center/ 01-29-2016 to 02-16-2016

* Several Key Clinical Behaviors demonstrated: Obtained a health history and performed a general physical assessment on the adult patient.
* Integrated principles of comfort in assessing and responding to physical and emotional needs and changes in adult patients
* Integrated principles of skin integrity, activity, and mobility in assessing and responding to needs and changes in the patient

60 HRS Across the Lifespan II at Dallas Medical Center/ 04-15-2016 to 05-16-2016

* Several Key Clinical Behaviors demonstrated: Provided nursing care that ensures safety, quality and continuity of care during the preoperative, intraoperative, and postoperative periods
* Provided patient education that recognized individual attitudes and values
* Used cognitive and clinical reasoning to incorporate the principles of patient-centered care when planning/providing care to adults with common injuries and/or diseases

72 HRS Complex Illnesses in Adults at Dallas Medical Center / 08-03-2016 to 08-31-2016

* Several Key Clinical Behaviors demonstrated: Recognized less-than-desired patient care outcomes and uses that evidence to identify alternative care measures
* Maintained ethical, respectful, professional behavior at all times through reflective practice in nursing care of patients
* Prioritized care of patients on a medical-surgical unit

72 HRS Psych/Mental Health Clinical at Nexus Recovery Center/ 10-26-2016 to 11-16-2017

* Several Key Clinical Behaviors demonstrated: Effective communication skills and therapeutic use of self to manage individuals experiencing mental health disorders
* Established appropriate professional boundaries while promoting safe and therapeutic environments.
* Provided patient-centered care, integrating theories and concepts relevant to mental health across the lifespan.

36 HRS Care of Developing Family at Dallas Medical Center/ 01-07-2017 to 01-21-2017

* Several Key Clinical Behaviors demonstrated: Incorporated the patient/family birth plan into the nursing plan of care and advocated for them related to both the birthing
* Anticipated/planned for unexpected patient & family variations during the antepartum through the postpartum period by identifying potential complications
* Instructed parents on infant/parent identification procedures to prevent infant abduction

36 HRS Care of Growing Family at Head Start of Greater Dallas 02/01/2017 to 02/26/2017

* Several Key Clinical Behaviors demonstrated: Used cognitive knowledge and clinical reasoning to plan and provide safe, quality, patient-centered care in all settings to the child who is ill, injured, or disabled
* Utilized age-appropriate health promotion and health maintenance activities
* Integrated principles of physical, emotional, and psychological growth and development into the pediatric assessment

64 HRS Community Health & Population at AIDS Outreach Center/ 04-16-2017 to 05-14-2017

* Several Key Clinical Behaviors demonstrated: Analyzed primary, secondary and tertiary prevention activities in various settings
* Participated in community-based committee meetings to identify the community partners and collaborative relationships that addressed prenatal morbidity
* Identified Community Health needs in relation to Healthy People 2020 objectives.

73 HRS Critical Care Nursing Clinical at Dallas Medical Center/ 07-19-2017 to 08-01-2017

* Several Key Clinical Behaviors demonstrated: Collaborated with interdisciplinary team to effectively treat, advocate & therapeutically communicate to/for critically ill pt and family regarding care
* Maintained ethical decision making regarding pt preferences to care and cultural standards
* Recognized critical lab values, their significance to pt status and demonstrated applicable interventions

184 HRS Nursing Practicum at Dallas Medical Center ER Dept. / 09-04-2017 to 10-08-2017

* Several Key Clinical Behaviors demonstrated: Synthesized the requisite knowledge and skills necessary to function as a novice baccalaureate prepared nurse
* Utilized clinical and professional insight to detect subtle changes and deviations from expected health patterns when managing a beginning practitioner’s workload with minimal supervision.
* Integrated delineated knowledge and skills to coordinate and advocate a respectful interdisciplinary environment that promotes optimal well-being.

Work History:

12/09/13 to Current

Tarrant County Public Health Dept.-Tuberculosis Elimination Fort Worth, TX. FULL-TIME I am a LVN in Tuberculosis (TB) Prevention specialty whom is responsible for project managing; ordering, packing and delivery of latent TB medications for $2 million DSRIP grant program in Tarrant County to all latent TB clients. In addition to this I follow up on all positive reports to TCPH and arrange for those clients to be further evaluated by a Provider. I case manage TB case/suspect and HIV/AIDS caseloads for clients 10 years old and older to ensure medication compliance through duration of their treatment and coordinate referrals for additional follow up care. I supervise up to 6 CSA team members that deliver TB medication, monitor routes and are a POC for medications issues, I also home/work deliver pt. meds  and observe medication administration, update pt. medication regimen according to Dr. written and verbal orders, place and read TB skin tests, draw various blood labs for baseline values, obtain medical and health history for homeless clients for open chart process, triage/assess pt. issues over telephone and in person for toxicity of TB meds, schedule Dr. appointments for pts., chart pt. progress and medication administration in EMR program ECW, create medication labels for pharmacist use, maintain file system for pt. toxicity reporting forms, document compliance of B therapy, Manages Access, Word and Excel spreadsheets daily to update pt. medication dosing, collaborate pt. care referred into and transferred out of TCPH TB clinic, process referrals for pt. follow up, add billing and coding CPT codes for pt. visits in EMR, attend trainings to maintain licensure and certifications, participate in continuous quality improvement trainings to maintain competency levels and ensure compliance with departmental policies and procedures

 12/06/11 to 12/06/13   
Tarrant County Public Health Dept.-Prevention/ Planning Fort Worth, TX  FULL-TIME  
Worked as LVN in HIV/AIDS specialty clinic that checked-in patients,  assessed/recorded their vital signs, updated pt medication lists in EMR, assisted with patient annual pap/well women's exams, administered due vaccines/ TB skin test as ordered by physician, track/ follow up on healthcare needs referrals, scheduled patient appointments, documented patient care interventions and education in EMR, conducted focused needs assessments, prepared/restocked exam rooms supplies for patient care, conducted medical records requests, created medicine bottle labels for pharmacist, and made f/u calls for medication pick up, called in/faxed prescription refills to pharmacies, submitted prior authorizations for medication approvals, assisted with blood lab draws occasionally, conducted telephonic patient triage and documented outcomes in EMR, ran EKG tests with diagnostic equipment, collected specimens for wound cultures, influenza and strep throat in office and sent to appropriate lab for evaluation, documented patient care interventions and education in EMR, obtained appropriate patient consent forms for release or preparation of medical treatment, inspected equipment to ensure patient safety and proper functioning, reordered medical supplies, completed medical coding/billing forms and clinical documentation daily, maintained clinical/technical skills by attending training programs to maintain competency levels and ensure compliance with departmental policies and procedures

05/21/11 to 12/04/11

Tender Heart Home Health Agency Arlington, TX  PART-TIME

Assessed patients daily for homebound status and improvement/declines in health as ordered including checking for s/s of infection, sickness, weakness and abnormal limitations/issues,  checked blood sugars,  pre-filled insulin syringes and med boxes, provided wound care, oral and Sub-Q medication administration,  provided ADL assistance and gave pt. /family teachings as needed, notified treating dr. on pt. status/missed visits and charted regularly on pt. status

11/08/10 to 05/20/11

Duncanville Healthcare and Rehab Center Duncanville, TX  PRN  
Provided skilled care to geriatric population using HTT assessments, diabetic care mgmt., ADL/transfer assist. care plan mgmt., administered  breathing treatments, monitor for side effects of medications, applied wound vac and dressing care and enteral tube feedings, monitored IV therapy, provided pt./family teachings, charted pt. care regularly, managed nurse station telephone calls and call lights, assisted with narcotic cart counts and medication reconciliation documentation, rotated shifts as charge nurse during meal times and processed patient admissions/discharges, attended on the job skills trainings

10/06/09 to 03/12/11   
No Place Like Home Hospice Care Fort Worth, TX  PART-TIME  
Provided continuous bedside care to sick and deathly ill patients, monitored V/S, gave comfort medications as ordered, provides ADL transfers and oral care when needed, gave family teaching of dying process, charted regularly on pt. status

09/21/09 to 04/09/10   
T&T Home Health Agency Dallas, TX   PART-TIME  
Assessed patients daily for homebound status and improvement/declines in health status as ordered including checking for s/s of infection, sickness, weakness and abnormal limitations/issues, checked blood sugars, pre-filled insulin syringes and med boxes, provided wound care and medication administration, provided ADL assistance and gave pt./family teachings as needed, notified treating dr. on pt. status/missed visits and charted regularly on pt. status

Attributes: Dependable~ Communication Skills~ Self-motivated~ Multi-Task Oriented~ Team Player~ Time/Organization Management~ Fast Learner~ Respectful/Caring~ Works Well Under Stress~ Project Manager~ Reliable~ Leadership Oriented

Licensure/Certifications: BSN RN 10-16-2018 to 11-30-2019 TX 955202, LVN 10-13-2009 to 11-30-2019 TX 224923, BLS certified until 04/30/2020

Awards/Accomplishments: *Honors Academy GPA 3.4 in 2014* (Richland College), *Academic Deans List GPA 3.5 in 2009* (Concorde Career Institute), *Member of CQI Committee in 2013* (Tarrant County Public Health Dept.), *Graduate of Leadership Development Program 2018* (Tarrant County Public Health Dept.) *BSN Nursing Portfolio of Academic Works* (Western Governors University)