Objective

Responsible self-motivator who is very team oriented, and dedicated to improving the well-being of clients, with a good track record of establishing and building a good rapport with clients, co-workers, administration, and other agencies seeking employment as a counselor.

Profile

Motivated, personable business professional with a Psychology degree and concentration in substance abuse. Diplomatic and tactful with professionals and non-professionals at all levels. Accustomed to handling sensitive, confidential records.

Flexible and versatile – able to maintain a sense of humor under pressure. Poised and competent with demonstrated ability to easily transcend cultural differences. Thrive in deadline-driven environments. Excellent team-building skills. Member of the NASW

Skills Summary

|  |  |  |
| --- | --- | --- |
| 1. Good organization 2. Compassionate 3. Diligent 4. Multi-tasked 5. Trained in de-escalating some aggressive behavior 6. Documentation skills 7. Excellent interpersonal, listening and communication skills both written and spoken | 1. Computer Literate 2. Customer Service 3. CPR Certified 4. Medical and Healthcare knowledge 5. Providing assessments 6. Individual Service Plan experience | 1. Mental Health/Substance Use/Abuse Behavioral Experience 2. Mental health pre/post screening assessment experience 3. Case Management skills 4. DV crisis hotline evaluation skills |

Professional Experience

## SOCIAL WORK EXPERIENCE:

1. Able to provide appropriate clinical documentation and assures that assessments and correspondence to outside contacts are clinically appropriate and completed thoroughly in a timely manner
2. Able to function as an independent assessor and complete face-to-face Independent Clinical Assessments (ICA) on children, adolescents and adults to determine eligibility for IIH, MHSS, out-patient, targeted case management, psychiatric services and TDT services.
3. Able to work collaborate with multi-disciplinary team members
4. Able to communicate and or educate treatment plan needs to client and family members
5. Knowledge in Human behavior and development, of primary models for the treatment, management and therapeutic interventions with children and adolescents having problems in mental health, developmental disability, and substance abuse
6. Knowledge in the methods of individual, groups, and family psychotherapy, and/or abnormal psychology and the diagnosis of psychopathology using the diagnostic framework of the DSM5
7. Knowledge of systems theory in providing service to children, adolescents, families and the community.
8. Able to remain calm and in control when faced with crisis situations.
9. Communicate medical concepts to patients using layman’s terms to facilitate understanding.
10. Able to perform individual/group counseling
11. Able to develop trusting and emphatic relationships with clients, demonstrating an understanding of their concerns with the ability to intervene appropriately
12. Able to provided individual assessment, treatment planning, and psychotherapy services to socio-culturally diverse adult populations diagnosed with depression, and mild PTSD
13. Able to focus on the needs of client, including serving as an advocate as necessary, while working effectively with in an interdisciplinary team
14. Able to evaluate clients and family dynamics as well as prepare a psycho-social and mental health assessments
15. Able to gather pertinent information for pre and post pre-screener assessments
16. Co- facilitated mixed sex anger management and self-improvement groups
17. Served as an Customer Service Liaison for private Christian Counseling Center & Hampton/Newport News VA Correctional Center
18. Able to provide crisis intervention and emergency services to at risk domestic violence and homeless individuals
19. Experience in participating in a multidisciplinary teams and meetings, for domestic violence, homelessness, mental health and substance abuse populations for the Family Taskforce Committee Newport News/Hampton VA
20. Experience in evaluating individuals for admission for mental health and substance abuse issues and formulated an appropriate treatment plan for a transition shelter setting

Employment History

**CHESAPEAKE INTEGRATED BEHAVIORAL HEALTHCARE**,-Cheasapeake, VA Intake/Triage, Clinician II August 2016-Marh 2018

**Duties:**



**ABACUS-Chesapeake integrated behavioral healthcare**,-Chesapeake, Va Intake/Triage VICAP Clinician II, June-2015- August 2016

**Duties:**

completed face-to-face Independent Clinical Assessments (ICA) on children, adolescents and adults to determine eligibility for IIH, MHSS, out-patient, targeted case management, psychiatric services and TDT services. Provided individual and family counseling.

**Chesapeake Integrated Behavioral Healthcare, Chesapeake**



**MENCHVILLE HOUSE- Newport News, VA Crisis Student Counselor, September 2011 to April 2012**

**Duties:**







* Co- facilitated mixed sex court ordered anger management and self-improvement groups
* documented progress and or needs for improvement to clients’ probation officers and counseling center executive director
* recorded time, attendance as well as participation of clients

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| --- | --- | --- |
| **MSW Student Case Worker/ Social Worker** | | |
| 02/2010 - 05/2011 | HER Shelter | Portsmouth, VA |
|  |  | |
| * Provided assessments for Individual Service Plans for potential and accepted residents * Provided Mental health pre/post screening assessments * Provided some case management skills for accepted residents * Provided One on one individual self-improvement/homelessness counseling * Assisted with domestic violence hotline calls * Assisted with connecting residents of the shelter with other needed community services for the following needs: (clothing, job readiness skills, transportation needs) | | |

**LIVING WATERS CHRISTIAN COUNSELING CENTER- Newport News, VA, October 2011 to May 2012**

* Provided individual pre-screening/mental health assessments
* Developed Individual Service Plans for residents
* Provided one on one counseling sessions for mental health/substance use/abuse behavioral

**NATASHA HOUSE- Yorktown, VA Crisis Student Counselor, February 2012 to April 2012**

* Provided individual pre-screening/mental health assessments
* Developed Individual Service Plans for residents
* Provided one on one counseling sessions for mental health/substance use/abuse behavioral
* Collected pertinent information for pre and post assessments

**Student Mental Health Pre-screener**,

|  |  |  |
| --- | --- | --- |
| 01/2009 - 12/2009 | Chesapeake Regional Med Ctr | 736 Battlefield Blvd N, Chesapeake, VA |
|  |  | |
| * Assisted the Mental Health Clinician with pre/post-screening mental health and substance abuse patients for in and out patient placement. * Assisted the Mental Health Clinician with individual patient assessments, facility placement and documentation | | |

CHESAPEAKE REGIONAL MEDICAL CENTER. – Chesapeake, VA

Emergency Room Technician, August 1999 to 2015

**Duties:**

performed EKG's, CPR, phlebotomy services, obtained vital signs, assisted nurses and doctors with patient care, and orthopedic placement aid.

AUTUMN CARE OF PORTSMOUTH– Portsmouth, VA  
Rehab Technicians, December 1997 to August 2000

CITY OF CHESAPEAKE HOME HEALTHCARE – Chesapeake, VA

In-House Certified Nursing Assistant, Septemeber 1996 to September 1997

CHESAPEAKE HEALTHCARE—Chesapeake, VA

Certified Nursing Assistant, January 1988 to May 1996

Education

NORFOLK STATE UNIVERSITY- Norfolk, VA

Master’s Degree in Social Work with a Clinical Concentration, 2013 GPA- 3.56

REGENT UNIVERSITY- Virginia Beach, VA

Bachelor’s Degree in Psychology with Concentration in Substance Abuse, 2010 GPA- 3.78

COMMONWEALTH COLLEGE- Norfolk, VA Associate Degree in Administrative Medical Assistant, 1986