**Athen Owens-Whitfield, BSN, RN**

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# SUMMARY

Six and a half years of nursing experience with emphasis on safe and high quality nursing care with dynamic operating rooms. Flexible in working under intense pressure to provide accurate and responsive care. Demonstrates effectiveness in relating to physicians and the surgical team. Proficient in patient analysis, implementation of patient care and emergency operation team leading. Expertise in multiple specialties including general surgery, orthopedics, neurology, plastic and urology. Analytical, adaptable, efficient, professional.

# LICENSES & CERTIFICATIONS

BLS- Basic Life Support, Body: AHA- RN- Registered Nurse, PA, Body: Pennsylvania State Board American Heart Association, Expires: Aug. 2019 of Nursing, Expires: April 2020, License: RN690708

ACLS- Advanced Cardia Life Support, Body: AHA- RN- Registered Nurse, CA, Body: California Board of

American Heart Association, Expires: Sept. 2019 Registered Nursing, Expires: May 2019 License: 95079343

PALS- Pediatric Advanced Life Support, Body: AHA- RN- Registered Nurse, VA, Multi-State Privilege Body:

American Heart Association, Expires: March 2019 Virginia Board of Nursing, Expires: April 2020 License:

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# PROFESSIONAL EXPERIENCE

**Texas Institute for Surgery,** Dallas, Texas

RN April 2018-Present

**Facility Type:** Surgical Hospital **Number of Surgical Suites:** 9

Case types include: Orthopedics, Spine, Plastics, Urology, Pediatric and Adult populations

* Meticulously completed patient pre-operative interview and checklist in accordance with AORN standards and facility policies
* Support anesthesia with safe intubation and extubation of patients undergoing general anesthetic and regional nerve blocks

**Medical City Dallas,** Dallas, Texas

Travel RN January 2018- October 2018

**Facility Type:** Acute Care Hospital **Total Beds:** 700

**Trauma Level:** 2 **Number of Surgical Suites:** 31

Case types include: Adult and Pediatric Trauma, Transplant, Orthopedic, Vascular, Neurology, Robotics, and General Surgeries

**Huntington Memorial Hospital,** Pasadena, California

Travel RN May 2017- October 2017

**Employment Type:** Travel Contract **Unit:** Operating Room

**Facility Type:** Acute Care Hospital **Total Beds:** 625

**Trauma Level:** 2 **Number of Surgical Suites**: 16

Case types include: Trauma, Orthopedics, Neurology and Spine, Pediatrics, Oncology, Vascular, Urology, Gynecology and General surgeries

**Physician Surgery Center Downey,** Downey, California

Travel RN January 2017-April 2017

**Employment Type:** Travel Contract **Total Beds:** 10

**Facility Type:** Ambulatory Surgery Center

Case types include: Urology, Orthopedics, Gynecology, Plastics, Ophthalmology, GI, and Pain Management

* Circulating and PACU nurse at fast-paced outpatient surgery center
* Consulted with healthcare team to assess, plan and implement individual nursing care in the intra-operative and post-operative
* Provided post-operative support and education on proper discharge care
* Served in charge nurse role for both OR and PACU

**Providence Holy Cross Medical Center,** Mission Hills, California

Travel RN February 2016- November 2016

**Assignment Type:** Travel contract **Unit:** Operating Room

**Facility Type:** Acute Care Hospital **Total Beds:** 377

**Trauma Level: 2 Number of Surgical Suites:** 10

Case types include: Trauma, Orthopedics, Robotics, Neurology, Urology, Vascular, Plastics, Gynecology, Oncology, Podiatry and

General surgeries

* Managed the safe care of patients preparing to undergo surgical procedures, while simultaneously collaborating with the surgical team including surgeon, anesthesiologist, and surgical technicians

**Kaiser West Los Angeles Medical Center,** Los Angeles, California

Travel RN November 2015-Febuary 2016

**Employment Type:** 13 week travel contract **Unit:** Operating Room

**Facility Type**: Acute Care Hospital **Total Beds**: 293

**Teaching Facility:** Yes **Number of Surgical Suites:** 16

Case types include: Bariatrics, ENT, Plastics, Orthopedics, Robotics, Gynecology, Urology, Vascular, Podiatry and General

Surgeries

Utilized a collaborative care approach that included attendings, residents, anesthesiologists, certified registered nurse anesthetists, registered nurse and surgical technologist

**Mary Immaculate Hospital,** Newport News, Virginia

Staff RN July 2012-Novemeber 2015,

**Employment Type:** Full-time Employee **Units:** Medical-Surgical and Operating Room

**Facility type:** Acute Care Hospital **Total Beds:** 230

**Trauma:** No **Number of Surgical Suites:** 13

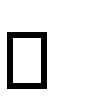
Circulating Nurse- Operating Room

November 2013-October 2015

* Responsible for managing all nursing care within the operating room
* Direct nursing care and coordinate activities of the surgical team
* Assure that all members of the sterile field maintain sterility during surgical procedure
* Directly assist with patient sedation and anesthesia

Staff Nurse- Medical Services

July 2012- December 2013

* Provide direct patient care to medical, post-operative and telemetry patients
* Participate in coordinating discharge planning and home care with physicians, case managers, physical therapists, occupational therapists and nutritionists
* Actively participated in codes and rapid responses on the unit
* Routinely assume role as charge nurse by overseeing care of all patients and an available resource for medical staff  Serve as nurse preceptor to new graduate nurses during 10 week orientation period

# COMPUTER SKILLS

**Epic** Electronic Health Record Charting System

**Cerner Surginet** Electronic Health Record Charting System

**Meditech** Electronic Health Record Charting System

# EDUCATION

**Bachelor of Science in Nursing**, Hampton University School of Nursing, Hampton, Virginia Graduation Date: May 2012 GPA: 3.3

**Bachelor of Science in Marketing**, Hampton University School of Business, Hampton Virginia Graduation Date: May 2008

# PROFESSIONAL ASSOCIATIONS

* Association of Perioperative Registered Nurses (AORN)
* US Department of Health and Human Services, Nurse Mentor
* Chi Eta Phi Sorority, Inc.- Professional Nursing Organization, Chapter Vice President