**KAMILAH HENDERSON**

│ 661-436-2300│ [khjones@ccicolleges.edu](mailto:khjones@ccicolleges.edu)

**CERTIFIED NURSING ASSISTANT**

**SUMMARY OF QUALIFICATIONS**

* Answers patient call signals, signal lights, bells, or intercom systems to determine patients' needs.
* Provides physical support to assist patients to perform daily living activities, such as getting out of bed, bathing, dressing, using the toilet, standing, walking, or exercising.
* Reviews patients' dietary restrictions, food allergies, and preferences to ensure patient receives appropriate diet.
* Measures and records food and liquid intake or urinary and fecal output, reporting changes to medical or nursing staff.
* Records vital signs, such as temperature, blood pressure, pulse, or respiration rate, as directed by medical or nursing staff.
* Gathers information from caregivers, nurses, or physicians about patient condition, treatment plans, or appropriate activities.
* Observes or examine patients to detect symptoms that may require medical attention, such as bruises, open wounds, or blood in urine.
* Documents or otherwise report observations of patient behavior, complaints, or physical symptoms to nurses.
* Reminds patients to take medications or nutritional supplements.

**Nursing Assistant Experience:**

Department of Veterans Affairs

Dallas, TX.

3/2018 to 10/2018

40 hours/week

**NURSING ASSISTANT**

* Direct and indirect patient care duties pre-op/post-op.
* Assist will all ADL’s as needed.
* Stock all med carts.
* Setup all SICU rooms for admissions.
* Record and chart vital signs, blood sugars, weight, intake/output
* Transport
* Assist with bad baths
* 1 to 1 sitting
* Pick up medications from pharmacy
* Pick up and drop off at blood bank/ lab
* Assist with discharge
* Breakdown/strip rooms after discharge
* Assist with walking patients after surgery

Methodist Rehab Hospital

Dallas, TX.

6/2017 to 3/2018

40 hours/week

**PCT**

* Direct and indirect patient care duties post-op.
* all therapy scheduling boards.   
  Assist nurse with new admits by getting vital signs, weights, bladder scan after the patient has first void, updating white board with current info.  
  Record and chart vitals of all assigned patients once a shift.   
  Assist with bed baths and showers.   
  Assist with transfering from bed to chair and vice versa.   
  Perform incontinent care as needed.   
  Always practice handwashing for infection control.   
  Record and chart all intake and outputs.   
  Round every two hours to help reposition, assist to bathroom or perineal care.   
  Encourage fluids and pass out ice water to the patients.

Griswold Homecare

Garland, TX.

1/2017 to Present

**CNA**

* Assist clients with all daily living activities as needed.
* Perform light housekeeping and laundry.
* Prepare meals.
* Grocery shop, pick up prescriptions.
* Transport to doctors appointments when needed.
* Blood glucose monitoring
* Provide companionship
* Medication Reminders
* Assist with bathing and dressing when needed.

Children’s Medical Center Of Dallas Dallas, TX. 9/14/15 to 8/05/16

40 hours/week

**PCT**

**Neurology Floor**

* Took care of pediatric patients with all types of neuro diagnosis, and also general peds.
* When taking vital signs, I chart them as soon as I obtained them.
* Set up rooms for new admissions.
* Height, weight and FOC was done on every admission if 5yrs old and under.
* Vitals to be done on every admission.
* Record I/O’s every 4 hours. Outputs includes all drains and NG Tubes.
* Tech were responsible for removing food trays from patient’s room.
* Daily cares (bed baths, showers, bed linen change)
* Transported patients to and from different units
* Making sure to maintain all supplies and equipment. And order whatever is needed.
* Making sure to communicate with nurses.
* Communicate with patient and parents.
* Hand hygiene

Williamsburg Village Healthcare Desoto, TX.

7/10/15 to 9/10/15

40 hours/week

**CNA**

* Assisted residents with all daily living activities as needed.
* Took vital signs at beginning of shift.
* Assisted with feeding residents breakfast and lunch.
* Help the activity director with facility activities for the residents.
* Made occupied and unoccupied beds.
* Performed bed baths and showers.
* Passed meal trays out in dining room and to residents room.
* Made rounds every two hours on all my residents.
* Made sure my residents stayed hydrated, so ice and water would be put in a pitcher in their rooms.

Sorrento In The Desert Palmdale, CA.

3/3/14 to 6/30/15

40 hours/week

**CNA**

* Took care of patients whom were vent and trach dependent.
* Performed bed baths
* Recorded weights, intake and outputs, charted vital signs.
* Performed bladder scans
* Performed range of motion
* Blood glucose monitoring
* Made occupied and unoccupied beds
* Assisted with all ADLs using universal precautions
* Interacted with all family members
* Performed mouth care
* Assisted with laundry when needed
* Assisted with feeding for the patients that were not NPO
* Operated and used Hoyer lift for patients that were not able to get out of bed

Sunrise Senior Living

Valencia, CA.

2/2012 to 6/2012

**Care Manager/Caregiver**

* Assisted residents with daily living activities as needed. Assist with serving meals in dining room. Also interacted in different facility activities with the Alzheimer residents.
* Performed light housekeeping in their rooms.
* Made sure beds had clean linen and made.
* Made sure trash was emptied.
* Made sure the floor area was clear of clutter.
* Assist with showers when needed.
* Assist with transferring in and out of bed.
* Assist with grooming and dressing.

Baylor Medical Center At Garland

Garland, TX.

4/2010 to 11/2010

40 hours/week

**Patient Care Tech**

* Assisted patients with daily living activities as needed.
* Charted vital signs, weights, intake and outputs.
* Recorded the percentage of how much patients ate.
* Transported patients to different floors.
* Assisted in E.R with new admissions.
* Blood glucose monitoring
* Urine specimen collection
* Collected stool specimens.
* Assisted in ICU with patient care and also kept rooms stock with supplies.
* Performed bed baths.
* Performed post-mortem care.
* 1:1 sitter for some higher risk patients.

Tyler Continue Care Hospital

Tyler, TX.

11/2008 to 11/2009

40 hours/week

**Patient Care Assistant**

* Assisted patients with daily living activities as needed.
* Obtain and record patients’ vital signs, weights, intake and output
* glucose monitoring and report results and observations.
* Assisted nurses when needed and performed care using universal precautions.
* Also respected and honored patients’ rights.
* Rounding every two hours.
* Performed bed baths.
* Encouraged fluids to the patients.

Country View Manor

Terrell, TX.

2/2008 to 12/2008

**Certified Nurse Aide**

* Assisted residents with all daily living activities.
* Performed bed baths and showers.
* Assist with oral care, grooming and dressing
* Transferring from bed to wheel chair and vice versa.
* Assist some residents with feeding
* Calculate and chart intake and outputs
* Encourage fluids, so residents can stay hydrated
* Rounding every two hours

Cedar Hill Healthcare CedarHill, TX.

5/5/05 to 1/10/2008

40 hours/week

**CNA**

* Assisted residents with dressing, transferring from bed to wheel chair.
* Performed pericare on male and female residents as needed.
* practiced using universal precautions with all residents.
* Distributed pitchers of ice water and other nourishments to the residents.

Desoto Nursing And Rehab

Desoto, TX.

2/2001 to 3/2005

40 hours/week

**CNA**

* Taking care of resident’s daily living activities.
* Taking vital signs
* Doing rounds every two hours.
* Distributed pitchers of ice water and other nourishments to the residents.
* Passed out meal trays.
* Assisting with feeding, dressing, bathing, ambulating, etc.
* Making occupied and unoccupied beds.
* Performed peri care on males and females.
* Performed nail care and mouth care.

Grace Presbyterian Village

Dallas, TX.

7/11/98 to 9/15/99

40 hours/week

**CNA**

* Assisted residents will all daily care activities as needed.
* Performed bed baths.
* Assisted with ambulatory around the facility.
* Made occupied and unoccupied beds.
* Assisted with dressing and feeding.
* Helped with bowel and bladder training.
* Assisted with going to appointments with residents.
* Respected patients rights.

IHS Heritage Manor

Plano, TX.

4/5/1997 to 5/20/1998

**CNA**

* Assisted in the Alzheimer unit.
* Took vital signs and charted in system.
* Assisted with cooking, gardening, and arts & craft activities.
* Light housekeeping.
* Helped with bowel and bladder training.
* Communicated with family members.

**Other Experience**

Wal-Mart Super Center Mesquite, Texas

**Front End Cashier** 3/2009-3/2010

* Greet and serve customers.
* Work on the cash register.
* Rezone different aisles, making sure they were presentable.
* Restocking

**Education:** Career Care Institute Lancaster, CA

**Vocational Nursing School** 4/2012-8/3013

North Texas Job Corps. McKinney,TX

**G.E.D/ Nurse Aide Certificate.** 1997

**References upon request**