Lubia Gwak

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***CAREER GOAL***

Highly experienced bilingual (*fluent in Spanish*) social service professional seeking a geriatric position specializing in the following areas: Case management, advocacy, aging disabilities, research, social psychology and education awareness in effort to enhance and promote positive self-awareness, problem solving social skills, and mental wellness within aging communities*.*

***EDUCATION***

***University of Texas at Arlington*** Graduated: 2018

Master of Social Work

Concentration: Gerontology

***Park University, MO***Graduation: 2013

Bachelor of Science: Social Psychology

Minor: Abnormal Clinical Psychology

***ACADEMIC HIGHLIGHTS***

* Awarded Student Social Worker of the year by

National Association of Social Work (NASW) 2018

* UTA Gerontology Organization President 2018
* Phi Alpha Social Work Honor Society Member 2018
* Golden Key Honor Society Member 2018
* GPA 4.0 2018
* Awarded Graduate Research Assistant 2018
* Awarded Student Organization Leader 2018
* Univision Hispanic Talk Radio Interview 2016
* Featured in the Elder Workforce Alliance Magazine 2015

***CERTIFICATIONS & LICENSING***

Master Social Work License (Training in progress) Expected: June 2019

State of Texas Department of Aging Ombudsman Certification Certified 2015

***LANGUAGES & SKILLS***

* Fluent in English and Spanish
* Experience with clinical assessment tools (bipolar, phq-9, suds, mars,)
* Research investigations
* Community organization (focus groups coordination & stakeholder outreach at a macro level)
* Group therapy facilitation and planning
* Expert in social services management and diverse cultural backgrounds
* Effective communication skills
* Aging researcher
* Ethical core critical thinking abilities
* Dedicated team player
* MS-Office expert

***EXPERIENCE***

**University of Texas at Arlington**

**Graduate Research Assistant 2017 to 2018**

Served as a graduate research assistant for the University of Texas at Arlington School of Social Work department. Conducted written research in aging and robotics which included literature reviews, data analysis, qualitative and qualitative analysis. Formed part of a multidisciplinary team (Music & Arts, Engineering, and Social Work) where robotics and aging projects were created, implemented, and utilized in local communities in effort to find tangible solutions to aging social issues. In addition, presented research findings and educational resources to both peers and people in local communities.

**Clinical Social Work at the University of Texas at Arlington 2016 to 2017**

**Clinical Therapist/Facilitator Internist**

Formed part of a clinical team that served three major groups (veterans, aging, and immigrant families). Facilitated and led support groups in Spanish (translations), implemented clinical protocols for counseling sessions according to client’s needs. In addition, provided resources and referrals as well as collaborative studies with other UT Arlington research centers (medical, resource outreach programs, and educational support) in order to receive quality training and provide evidence-based practice to vulnerable populations.

**Alzheimer’s Association**

**Multicultural Outreach Coordinator 2016 to 2017**

Served as a public awareness speaker provided minority communities with educational information regarding Alzheimer’s and dementia related diseases. In addition, offered tangible support resources like but not limited to: Support group guidance both to caregivers and people with dementia, 24 hr. intake/crisis phone assistance, and created a task committee in effort to continue outreach in local DFW areas.

**Grace Presbyterian Assisted & Long-Term Community**

**Master Social Work Internists 2015 to 2016**

Served as a Master Social Work Internist by implementing leadership skills from field instructors within the social services department. Led care plan meetings with both patient families and professional health care staff. Performed social psych, memory, and behavioral assessments; Completed **400** hours of intense intervention.

**Good Samaritan Society-Betty Dare 2013 to 2014**

**Director of Social Services**

Assisted residents in a nursing home environment by identifying their psychosocial, mental and emotional needs along with providing, developing, and aiding services to residents with special needs. Services were provided in accordance with New Mexico State Code of Ethics along with strict adherence to government regulations. My responsibilities also included:

* Coordinating care plan meetings with residents and family members.
* Leading Medicare meetings and discussing residents’ goals and needs.
* Organizing and coordinating visits from New Mexico State Medicaid representatives in order to enhance resident and provider relations.
* Working with facility physician and psychotherapist in order to offer residents mental and health well-being.
* Fostering a climate that provides residents with the highest practical level of physical, mental and psychosocial well-being and quality of life.

**Richardson Independent School District, Richardson, TX** **2006 to 2009**

**Teacher Assistant**

ESOL Bilingual Teacher Assistant, grades kinder-sixth. Area of focus was to teach foreign students the English language and continue to encourage them to use their native language, in order for students to become fluent and bilingual in dual languages.

***VOLUNTEERING & STUDENT ORGANIZATIONS***

* **St. Joseph Catholic Parish of Arlington**

**Volunteer Social Worker Present**

Presently serve the catholic member community by providing social services support by connecting members and their families to tangible resources such as counseling, housing, immigration counseling, medical services, food pantry, and other much needed services. In addition, I work with a team of religious leaders in effort to make resources available and within reach of those in need.

* **University of Texas at Arlington**

**Gerontology Organization Member 2017 to 2018**

Served as President of UTA Gerontology Organization which involved coordinating monthly community meetings, assigning officer roles, and leading a team of student geriatric members into higher learning educational involvement in order to become better and greater geriatric social workers. Local community involvement and volunteering were also coordinated and implemented in effort to provide quality services and healthcare resources for the aging populations in DFW.

* **State of Texas Ombudsman Program 2015 to 2017**

**Volunteer Ombudsman**

In addition to a full-time position as a graduate student and employee I also serve as a certified State of Texas Ombudsman by representing and advocating for the aging community of Tarrant County in effort to prevent elderly abuse, neglect, and exploitation

* **New Mexico State Government Aging and Long-Term Services Department 2013 to 2014**

**Associate Ombudsman**

Served as a New Mexico State Certified Ombudsman advocate for the civil and human rights of individuals living in long-term care facilities. My responsibilities also included regular visits to nursing homes and assisted living facilities where I advocated for resident’s rights, investigated complaints, resolved concerns, and ensured residents received the quality of care mandated by the state.

* **Adult Protective Services (APS)**  **2012 to 2013**

**Intern/Advocate**

Served as an intern for the elderly community, shadowed case workers, typed reports and participated in in-take cases; In addition, I had the opportunity to participate in state work-shops to make the elderly community aware of outreach services.

* **El Paso Special Olympics**  **2012 to 2013**

**Advocate**

Offered continued support for the local children and adults with intellectual disabilities, by encouraging them to develop physical fitness, courage, and social friendships with our community and families.

* **CASA (Court Appointed Advocate Association)** **2011 to 2013**

**Advocate**

Served as a community, family representative, and state advocate, within the family court system in effort to provide a safe and permanent home environment for the children of El Paso TX. Advocacy planning also included family visitations, observation feed-back, documenting, shadowing CPA case workers, and providing state attorneys and family court judge with follow up information.