Linda Eastman

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**Summary**

I am a dedicated, hardworking, and resourceful nursing professional with a little over 4 years experience caring for patients in home and acute care settings while working closely with other healthcare staff. I am well-rounded with diverse experience in patient care, nursing mentor-ship and occasionally functioning in a leadership role such as Charge Nurse on a medical-surgical unit. I am talented at prioritizing tasks in busy acute care settings.

**Skills**

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| * Medication and IV administration * Intake and discharge * Wound care * Unit administration | * IV drug therapy management * Laparasopic procedures familiarity * Care planning * Patient education |

**Experience**

Staff Nurse 07/2015 to Current

Methodist Health System Dallas, TX

* Worked collaboratively with multidisciplinary healthcare team to evaluate patient conditions and adjust treatment plans on a daily basis
* Delivered high-quality, cost-effective nursing care to 4-5 patients per shift when working as a floor nurse and up to 36 patients when working as a Charge Nurse
* Monitored and recorded patient condition, vital signs, recovery progress and medication side effects
* Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services
* Provided skilled direct nursing care to post operative patients in surgical oncology/orthopedics department
* Monitored post-op vitals, set up PCA, fluids, reviewed post-op orders and assimilated patients to unit
* Advocated for patient needs with interdisciplinary team and implemented outlined treatment plans
* Assessed patient conditions, monitored behaviors and updated supervising physicians with observations and concerns
* Ensured quality patient care from admission to discharge through direct supervision of all nursing and ancillary staff
* Trained and mentored new Registered Nurses on best practices, hospital policies and standards of care
* Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries
* Responded to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving interventions
* Administered scheduled medications and therapies intravenously, rectally, orally, subcutaneously and via intramuscular injections while overseeing pain management plans
* Addressed unit staff concerns, including staffing ratios, resource management, allocation of responsibilities and optimized workload management
* Maintained strict patient data procedures to comply with HIPAA laws and prevent information breaches

Staff Nurse 05/2015 to 08/2015

Hope Pediatrics Dallas, Texas

* Monitored and recorded patient condition, vital signs, recovery progress and medication side effects
* Developed and adapted individualized treatment plans according to patient recovery goals
* Inserted and managed central, arterial and PICC lines
* Treated patients by administering various types of medications and therapies
* Evaluated patients to develop and update treatment plans while anticipating day-to-day needs
* Educated patients and families on treatment strategies and at-home care
* Administered medications, tracked dosages and documented patient conditions

**Education and Training**

Bachelor of Science: Nursing 2015

West Coast University - Dallas Campus Dallas, TX

Some College (No Degree): Pre-nursing Studies

El Centro College Dallas, TX

Some College (No Degree): Pre-Nursing Studies

Cedar Valley College Lancaster, TX

**Activities and Honors**

* American Nurses Association
* Sigma Theta Tau Honor Society of Nursing
* Member Texas Nursing Association
* 2 Daisy award norminations

**Certifications**

* Registered Nurse in State of Texas
* Advanced Cardiac Life Support (ACLS)
* Basic Life Support (BLS) Certification (May 2019-May 2021)